

# *The Path of Truth* *and* *Practical Philosophy*



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# THE PATH OF TRUTH

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EDITORIAL

*How  
Prejudiced  
are You?*



Most of us have some prejudices and we must get rid of them. Particularly let us not pass them on to our children.

Religion is a subject about which many people are prejudiced, and this is wrong. Each of us has the philosophy of life that is suitable to his standard of spiritual growth, and therefore we should not criticise the forms which are adhered to by other people. All paths lead to God, and this is something we should remember when we feel inclined to judge the way of life of others.

We should NEVER speak ill of someone else's form of worship. For one thing, we might take away his faith in it and be unable to replace it.

Then some people are prejudiced against certain races, and this too is wrong. All men are God's creation regardless of race, colour, or creed, and should be treated as such. We are all members of the great human family and our aim should be to help one another in all possible ways. Instead of giving way to prejudice let us bring out the best in everyone.

EXTRACTS FROM LETTERS RECEIVED BY THE SCHOOL OF TRUTH

"I asked you to  
Pray -"



When we left S.A. for Australia, we were in dire need of a job and my husband, who had not worked for other people for years, became terribly worried and began to feel he would never get a good position on account of his age – 64. As he was walking down the streets in S. one morning, he looked up and saw “Office of Works,” and something told him to go and see if they wanted an architect. It was definitely God guiding him. They were so keen to have him that they called a special Board meeting and appointed him within 30 hours. We also obtained just the right accommodation in the loveliest and most convenient part of S.

***The spiritual and material support so steadfastly given to the work of Truth by our known and unknown friends is a source of great inspiration and help to us, and to them all we render our most grateful thanks.***

In my last letter to you I asked for prayers and guidance when my husband was given notice to leave the mining-house where he was employed. You will be pleased to hear that he is still with this company and nothing more has been said. Apparently, there was a misunderstanding which, through prayer, has been rectified.

A few months ago I had to have a rodent ulcer removed – it was next to my nose and just below my right eye. I had to go to the B – where the operation was performed. In the meantime, my sister-in-law had written to you to ask for your prayers for me. The operation was a success, and I thank our loving Father for answering your and our prayers.



Thank you very much for your sincere prayers. Some time ago I wrote to you asking you to pray for me to find new employment. Now all is well, and I have a well-paid job. I still remember and use the affirmation: “God goes before me making easy and successful my way – I give grateful thanks.” My prayers and thoughts are with you always, and once again I thank you from the bottom of my heart.



During the weekend rush about two weeks ago, I lost a parcel containing over R200 collected for an association. As I am a person of modest means, my plight can best be imagined. Moreover, as this happened on a Saturday and at a suburban shopping centre, the chances of recovering the money appeared slender. But I never accepted the loss as a reality and, as I usually do in time of trouble, appealed to the School of Truth. Within a few days the money was returned intact to the shop where I had reported the loss – surely a miracle in a busy, crowded city and a demonstration of the power of prayer.

Thank you for your prayers on behalf of my daughter about whom I wrote to you a few months ago. In her case, a miracle has been performed. Although I have in my possession a doctor's letter stating that a perforation was clearly visible in the eardrum and that an operation would probably have to be performed for drainage of the mastoid, when I took her to the specialist, he said that there was no sign of a perforation and that her hearing was only very slightly affected. I am absolutely convinced that this is only the result of your prayers and not an incorrect diagnosis by the doctor, because unless he had been certain beyond doubt that a perforation existed, he would not have committed himself in a letter to the specialist.



On the farm it has been a year of severe drought, but somehow, every time the position became desperate, there was a timely rain. My faith has never let me down; all the sowing on the farm gets done in parched ground with no sign of rain, and usually, within a few days of completion, soaking rains fall. My friends call it luck, but many are doing the same.



It is over a year ago that W. severed the large nerve above her elbow. The nerve was stitched together, but several fingers were useless. We asked you for prayers, and I am happy to be able to tell you that she has regained the use of all her fingers and that her hand is filling out again.

On account of financial trouble, I could not sleep for several nights – especially the night before I read “The Power that Sets Free” in the magazine. As suggested, I devoted a certain amount of time to fully grasp the truth of the God of Love within me and that there is therefore no cause whatever for fear. The following night, immediately after closing my eyes, I fell asleep and slept like a child. Again, I and my family thank you very much for your assistance through the articles in the various magazines. God bless all of you at the School of Truth.



My son, for whom I asked you to pray because he was backward at school, showed me his transfer card yesterday, saying that he has passed into High School. I want to thank you and God for everything. I cried when my son handed me the card and I just said, “Thank you, God. Thank you, God!”



I wrote to the School for prayers for a family – friends of mine. The father had heart trouble after several bouts of pneumonia. This condition became steadily worse until the doctors said there was no hope of recovery. I then wrote to the School for prayers. This man started to improve very slightly, and they all battled on in spite of setbacks. Thereafter I only saw them occasionally, but last night I saw the daughter who said to me that her father now gets up at six every morning and goes for a swim. He has completely recovered. Thank you for your help.

Thank you for the many prayers that have been offered for my wife's recovery. She was operated on a few days ago and a large fibroid removed from the womb. To the great surprise of the specialists and surgeons, there was definitely no sign of cancer although with her previous history they were certain they would find a cancerous growth. They cannot account for this and describe it as a million-to-one chance. This I feel is a real example of an answer to prayer and my wife and I offer our deep gratitude to God and to you, His instruments, for what is in fact a miracle.

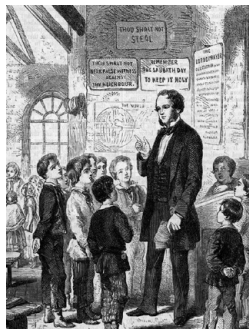


After you had prayed for my husband, he was granted an increase in wages, and we also managed to get a nice home in another locality. Since I have been a Truth student, I have found that God certainly works in a mysterious way.



I want to ask you to thank God, our Father, for and with me for my recovery. I know you had me on your prayer list. I was taken to hospital about five weeks ago. I had pneumonia and a clot and was on the danger list, but I have made a complete recovery. I want you to help me make my grateful and loving thanks. Everyone has been very kind, and my daughter has arrived from Bangkok, having been given a free seat by the airline. Isn't it all too wonderful!





LECTURE DELIVERED IN JOHANNESBURG BY NICOL C. CAMPBELL

# New Age of Youth

I am going to change the expression “youth of the new age” into the “new age of youth,” which latter phrase holds far more significance for us than does the former. Today humanity has progressed to a point where it is capable of carrying the light of this Truth to others who are exploring the path of progress. It is quite plain to see that at this present time people are growing *younger*, not only mentally and emotionally, but physically too, as they advance in years.

The old killer – worry and fear – is being destroyed as individuals awaken to the new understanding of the Presence of God constituting them, and learn to align themselves with this indwelling Spirit, so driving out fear and bringing about the externalisation of this new awareness in their minds, bodies and affairs.

There is no reason at all why we should age; science cannot supply a single one, and the time has gone when we are expected to accept whatever is *told* us regardless of what our own reasoning powers have to say on the subject. Once, if a book or a person claiming authority stated that the world was flat, or a substance

black that our senses assured us was white, we had to defer to them and believe these things. But in the last sixty years a change has come about, and we no longer react so meekly to the printed word or to self-styled pundits. Nowadays, we do not close our eyes and ears and merely believe, emotion alone does not carry conviction; our critical and logical faculties must be satisfied before we allow ourselves to become convinced of anything, and nothing and no one can halt this spiritual progress.

Science is beginning to realise the basic truths that religion has given to the world, and *vice versa*: an integration is taking place between these two bodies of opinion, and the heart of man is being infused into his mind, which, in its turn, is coming under the influence of his emotions, so that a balance is being struck between these two aspects of his nature, and not just a feeling individual alone, but a *thinking-feeling person* is being evolved.

Are you satisfied with your particular consciousness in respect of your body, your prosperity, or any other qualities of good that you wish to have expressed through you? Look into your heart and affairs and decide whether you are really pleased with what you see there. If this is not the case, that is as it should be, because it is only through this discontent that spiritual expansion, a further seeking after the Presence of God, will be stimulated.

If we all had perfect health, happiness, and prosperity, none of us would, I am sure, pay much attention to the Author of our beings. We should argue that we had all that we wanted and that

there was no need for us to worry about Him. I have often heard persons belonging to the upper strata of society ask: "Why must I believe in God? I have a very successful business, a beautiful wife, several children, all the money I need; I am doing very well as it is. Religion is for people who are in difficulties, the poor and the sick, not for folk like us!" And when to this stupid statement I reply, "But surely your house of awareness is built on sand, you could lose your business at a month's notice: you, your wife and your children could be struck down by some incurable disease, and if then you had no conscious faith in God, how would you face disaster?" "Oh," I am told, "such things don't happen to us," but they DO, and not infrequently, and the man who has pooh-poohed the idea of God is usually a far greater coward than the majority of his fellows. He becomes cringing in his attitude, not only to God but to people like ourselves who try to teach the finding of this Presence, and he begs of us, "Please ask Him to help me, to restore my fortune, to heal my wife or to help my children! Won't he do this for me?" And we reply, "Of course he will if you have faith, but *that* is essential."

"It has taken me," I continue, "many years of experience, accompanied by much trial and error, to attain to the outer fringes of this quality that we call faith; to build into my consciousness the realisation of the verity of God-in-man, constituting him and fulfilled through him, so how do you expect to achieve it at the drop of a hat after having ignored your Maker all through your life?" These experiences of poverty, unhappiness or disease

through which you are now passing are the very ones that you have yourself invited, which will cause you to be, as Christ put it, “reborn” into the awareness of something transcending the little physical self in which up to now you have exclusively believed.

All of us, myself not excepted, are inclined to murmur, blaming Deity or persons, when things go wrong, but it is we ourselves who are responsible. God is Omnipotence and Omniscience and Love’s Plan, which He can neither change nor modify, is fulfilled in this material, mundane world as well as on the highest spiritual plane. His Life has come forth into being – as perfection – brought to pass through many human entities; Now it is up to us and the millions of other students of Truth on this planet to unite in making the most of this “new age of youth” in which bodies are being rehabilitated, failures turned into successes, unhappiness changed into harmony, and fear transmuted into a living, dynamic consciousness of faith.

The time factor is governed by our own vision, whether that be focused on negation or on a new earth; that is, a fresh realisation of the Presence of Love within us, reflecting through our bodies and into our affairs. It has nothing to do with God or outside circumstances, conditions or appearances; it depends solely on ourselves and the constructive effort we are making. I have told you many times that if your minds and hearts are attuned to God, if you can touch the hidden spring that releases Him, you *must* see Him manifesting Himself in your lives. I have always found, when my heart is right with God, when I am judging veraciously,

when my vision is one-pointed and I am seeing clearly, the Father, as Substance, Health and Happiness, is poured out upon me and through me, not according to my needs, but in the measure of His riches and bounty.

It is important, however, that this attitude be a sincere and spontaneous one. It is not enough that we fulfil the letter of the Law, doing as a duty and to guard against misfortune, what we should do in unselfish love. The promise is, “You shall find Me when you seek Me with *all* your hearts.” It depends, then, upon our motives as to whether we find some anthropomorphic being up in heaven or a cold, impersonal principle constituting us, or whether we come into the realisation of Love-*as-us*, caring for us as Its body temples, protecting us, guiding us, and opening up for us all the channels of our good.

Let us remember that we are part of this new age, this new awareness. Let us become living advertisements of it, that we may, by our example, uplift and not tear down our fellowmen, for if *we* falter, others will follow suit, in consequence of our weakness.

Divine Love is the same yesterday, today and forever. It never ceases to care for us. Just as you, when you see your children doing wrong, do not leave them in the lurch in order to punish them, so does It not chasten us when we err but is ever waiting to become to us the healing balm that will bring peace into our hearts, minds, bodies and affairs. Such is the nature of God, which each and every one of us must and will experience. It may be that for a period those who have not yet found the consciousness which *we*

are building up, who have not yet been, as Christ said, “reborn,” will think of us as a “peculiar people” but what is that to us?

What is your general attitude to the School of Truth? Are you like the people that one of our lecturers, in a little town in the Eastern Province, had to deal with? They were all very keen on becoming students, they all had the little books, but they were afraid to be seen at the lectures lest members of the orthodox Churches should point a finger at them asking, “What are you doing there?” Are you, too, ashamed to be members of the School? Are you also afraid to lift up your torches and show your light? Must you, because others are living lives of poverty, misery and disease, share their non-demonstration with them?

For myself, I am not prepared to be dragged down because of the unbelief of others. The whole world may laugh at me, but I can say with absolute conviction, “Once I, too, was blind, I believed that the will of God could include evil, that my afflictions were visited upon me by Him to punish me, but I have now seen the light. My vision is the *new* insight of the youth-age, in which my intelligence tells me that what my heart feels about the Father is *right*.”

I can point to thousands of manifestations in my own life and in the lives of other people – to facts that have been demonstrated – and I can afford, as you can too, to advertise the goodness of God.

You are the pioneers, introducing this new awareness of the indwelling Presence of Love, of a Love that gives, forgives, outlives, and ever stands with open hands. And while It lives, It gives, for this is Love’s prerogative – to give, and give, and give.



## In Gratitude

The other day a very unpleasant and – to my mind – unprovoked and undeserved experience came my way. In my bewilderment and resentment, I took it to one of the teachers of the School of Truth, who with infinite kindness and patience developed for me a very illuminating point of view.

I could follow his reasoning and because (from the spiritual angle) it seemed logical to me, I accepted it.

I realise that it has been my past assessments of the personalities and situations that have been presented to me, and my reactions to them, that have, in so far as they touched me specifically, stamped their character upon them, proving that there is nothing either good or bad but thinking makes it so.

To change their discordant aspect into a harmonious one, I recognise that I shall have to practise God's Presence – which means that I shall have to think His thoughts, which are of "good report" only, about everyone and every situation I encounter, and to deal with them accordingly.

This will necessitate my reversing my previous negative summing up of persons and events on the ground (not generally

appreciated by the human being) that, because God is All-in-all, these have been activated by His Mind's functioning, and this being so, no matter what their character *appears* to be, they must for *me* (if I react constructively to them) contain God's blessing.

To change my prejudices into understanding, my resentments into acceptances, I need God's help (which I know will be ever available to me); I shall have to eliminate from my consciousness the *personalities* connected with the lessons sent to me, and shall have to see them ONLY as actors playing the role allotted to them in the happenings designed by God to expand my spiritual insight.



## *The Good Turn*

*Never neglect the opportunity to do a good turn,  
but when you do it, do it from a feeling of love and gratitude  
and never in a spirit of grudging necessity.*

*Sometimes just a smile of friendship, sometimes just a word  
of praise, sometimes just your company and unspoken  
sympathy, will have the power to lighten a heavy heart,  
renew failing courage, revive a tired soul.*

*Give your help, for you can never know how far that  
help will go and, like bread cast upon the waters,  
it will return to you after many days, perhaps just when  
you need it most yourself.*





# The Need for Self-Confidence

Many people are not making the most of their lives because they lack self-confidence. When we have no faith in ourselves it stands to reason that others have little faith in us; and unfortunately so many of us show quite plainly that we do not believe in ourselves. We say: “I can’t” instead of “I can”, and others usually accept us at our own valuation.

When meeting people for the first time it is important to make a good impression – whether we are looking for a position, appearing on a platform, appealing for money for a charity, or what you will. If we want to succeed in a competitive world we cannot afford to show weakness, or indecision, or a sense of inferiority. We need to believe in ourselves, know ourselves, and have control of ourselves. It takes control to assume an air of confidence when we are nervous.

How can we acquire faith in ourselves, if we do not possess it? First of all, by realising our unity with God, and all that He has and is. His divine Spark is in each one of us, and each of us is a part of God – part of the one great whole – and each of us possesses His

attributes. Not all men develop them, but nevertheless they are there, waiting to be cultivated. Naturally, if we do nothing about them they will remain dormant.

Those people who allow the God within them to rule their lives cannot lack self-confidence – they cannot lack faith in themselves and their ability to accomplish what they set out to do. Of course, they must work to achieve their goal. There can be no confidence where there is no knowledge; and to acquire knowledge they must study. It is possible to bluff people to a certain extent, but sooner or later the truth is discovered. The incompetent man who bluffs himself into a good job will not hold it for long. On the other hand, the timid person who possesses all the ability required to hold a responsible position, may never be given the opportunity to prove himself. He may remain an underling all his life.

It is not always the man or woman with the best education who reaches the top. There are any number of stories told of people who, through sheer determination, grit, and ability, but with little education, have risen to be leaders. But such men are hard workers and have driving force.

If you are one of the nervous folk, take yourself in hand at once. If you know you are capable of doing what you set out to do, square your shoulders, and raise your chin, and **ASSUME AN AIR OF CONFIDENCE WHETHER YOU FEEL IT OR NOT!** Never let yourself or anyone else doubt your ability to succeed.

You must first learn to control yourself before you can expect to be able to control others. Control your nerves so that you can rid yourself of timidity. Control your features and limbs so that you may appear calm and courageous. Don't, of course, go to the other extreme and become bombastic. That would merely alienate people. Most men doubt the person who brags, but are convinced by an air of quiet confidence.

Do you inspire confidence in your friends and acquaintances? For instance, are you a personality to them? Do they think more of some good quality you have, than of your looks, your position in society, or your income? I hope they do! In order that they may, there are certain things we should avoid, such as talking too much about ourselves. It is better to encourage others to talk than to be constantly using the personal pronoun. Let us also avoid discussions on illness as far as possible, unless they are necessary – and certainly let us refrain from talking of our own ill-health. It is so negative to do so! We should cultivate alert minds, and be intensely alive to all that goes on about us. We should be sympathetic, but in a constructive way; helping others to overcome their troubles. And there is another thing – never end a conversation on a downward note – give it an upward trend.

Also let us try to shed happiness wherever we go, showing the world that the power of the Spirit within us, enables us to rise above destructive emotions and adverse circumstances. In this way our self-confidence will help others as well as ourselves.



# True Spiritual Growth

**"IF THOU BEAR A CROSS CHEERFULLY,  
IT WILL BEAR THEE"** is an approximate translation of a Latin dictum attributed to Thomas à Kempis, and to me it is a very wonderful idea that I know to have worked out in many private as well as public lives.

Demosthenes would probably never have become the great orator that, in later life, he was if in his early days he had not suffered from a grave impediment in his speech. Helen Keller might not have attained world stature had she not from birth been stricken with what most people would have accepted as the shattering handicap of blindness. And Peter Howard might never have become an international footballer had not a serious congenital deformity put him on his mettle and driven him to develop the physical prowess that turned him from a cripple into an outstanding athlete.

These people used what lesser folk would have thought of as insuperable difficulties as the spur that drove them with infinite courage, patience and persistency to conquer their afflictions and to grow the wings that carried them to spiritual, mental and even physical heights undreamed of by those around them.

That they possessed determination, resolution and grit far above the average is plain, but they must have had something more – faith in their Divine Heritage and the steadfastness of purpose that enabled them to be not weary in claiming it.



This article was inspired by a remark a friend of mine passed not very long ago on his seeing a copy of *The Path* lying on my table. Said he, picking it up and glancing curiously through its contents with the curiosity which marks some people: "What's this? Religion? Oh, I've no time for anything like that." He put it down.

I have encountered a great many people who resemble him in this way, and their attitudes vary as greatly as their numbers. In the mass they look upon anything that might be given the name "religion" as savouring of cant and sanctimoniousness. They shun participation of any kind in any conversation or group or even community which is what they term "religious". As this is usually done without any kind of inquiry, I am inclined, in most instances, to impute it to a superstitious fear of what others would think of them.

Personally, I do not like the word "religion"; nor do I like its corresponding adjective, "religious". They have caused a lot of misunderstanding which could have been avoided by their absence.

Everybody likes to flatter himself that he is broad-minded, yet it is strange in these matters how few people are. On the one side of the scale the adherents of orthodoxy look upon any views not expressed by their established mentor as unworthy of attention; and on the other, the so-called atheist proudly inflates his waistcoat and says, “I do not believe in God.” In passing, it is perhaps worthy of note that he usually undergoes a startling change of mind when any danger threatens him.

With the adherents of orthodoxy I am not here concerned. They are, to use the catchword again, described as “religious”.

This article is for those who either profess themselves atheists or who, like my friend, believe in God but cannot be bothered with Him. These, as a rough classification, can be termed the so-called non-religious.

The atheist is soon disposed of for he does not exist. If his mind is of so expansive a nature that it does not require a God, he will probably be amenable to reason. Taking reason for my hypothesis I can, without doubt, draw from him the admission that effect has a cause. Well, if this world, this universe is an effect, what was the cause? It is obvious that it was a Force of some kind or another. This Force gave motion to everything that is; it gave Life to the world; it permeates and is expressed by everything – everything, mark you – that is in the world. This Force I call God.

Our friend the atheist may be a painter: he worships and strives to elevate himself to this Force by trying to reproduce it in

oils on a canvas sheet. He lives for, or adores, he will tell you, his Art. As this Force is everything, including the beauty of art, he is worshipping God.

Unpalatable as it may sound to him, the logical inference is irresistible. The same reasoning naturally applies to every walk of life.

We now come to the second type: the man, again like my friend, who is quite prepared to acknowledge the existence of Omnipotence, a High Being, God, or call Him what you will, but runs away from it all because it is called "Religion." It is by people of this attitude of mind that I hope these words are read.

They will readily concede, I think, that their mode of living is not everything it might be. Surely there are some smaller adjustments they could make which would give them a smoother passage. There are few people who, in the innermost recesses of their hearts, are conceited enough to think themselves perfect. To these I make this appeal: to cast aside for the moment all prejudices and superstition. I ask them to open their minds, not to steel them against conviction or to weaken them with credulity. I ask them to listen to the advice of Francis Bacon: in all things "to weigh and consider." Here, then, is the argument.

Truth is not religion in the poor-spirited and effeminate interpretation that many give to that word, or anything that mentions the name of God or Jesus Christ. It is not a cult of cant and hypocrisy; it is not fanatical or prejudiced; it is not all pious

theory and indifferent practice. It is not austere and long-faced, forbidding pleasure and imposing penances. It is not confined to any creed or sect or denomination: it embraces every form of religion that exists, for there is nothing higher than Truth. It does not tell you that you have to go to church and it does not tell you to stay away. Truth gives you a mode of conduct, the rules of which are presented with scientific accuracy. It teaches you to control first yourself and then your circumstances.

Its followers can be likened to a band of adventurers travelling along Life's Highway searching for a country where everything is beauty and loveliness; helping one another, directing one another and loving one another in their journey to the realm of the Good.

It is a philosophy which was taught by a Great Master in the Art of Living. Teachers had taught it before and have done so since His time but He gave it to the world in the form that has attracted the admiration of millions upon millions of followers. He promised that if we observed certain conditions we should get certain results; and what is more marvellous, His philosophy embraces every emergency of human life. He promised us the complete fulfilment of the righteous desires of our hearts. It is a system whose infallibility has been proved; it is a standard by which every human action can be judged. Whenever you are in doubt as to whether you should do something or say something, you apply your knowledge of Truth and your doubts dissolve. With its help you can broaden and refine your mind to that state of beauty which only philosophical reflection will give you. The



same harmony is carried to your body and affairs. I often smile when I see a fellow who would run at the sight of the Bible, but will study books on personal psychology to improve his memory, will power, earning capacity, etc., when Christ gave him the same instructions two thousand years ago with decidedly less technicality. People will pay pounds for these mental training courses when a simple knowledge of Truth can be had for nothing. If nothing else appeals to them, the economy is worth attention.

For years metaphysicians have recognised its efficiency when it is stripped of all bewildering trimmings and decorations with which centuries of superstition and fanaticism have surrounded it. Metaphysicians have known this, but having bared its great Truths, they have merely disguised them again with technicalities of their own devising.

The time has now come, however, when this knowledge is being presented to the world in its simple unadorned state. It is for the benefit of those who either cannot, or have not the inclination to enter the field of metaphysical reflection to work it out for themselves. The word metaphysics, though formidable in appearance, need frighten none. Its study merely gives us a rational and logical basis whereon our belief and thence our faith may be established. To those who are frightened off by Biblical quotations – and with these people I am principally concerned – I would lend the assurance that they can study and apply these laws of Truth without even having seen a Bible in their lives. Do not let the religious aspect of it alarm you. An acquaintance of

mine was very reserved when he was introduced to Truth. He was far from interested in it from the religious aspect, but by some contortion or other he got hold of the idea that it would improve his personality! Well, this was sufficient incentive to read further. Needless to say he soon found far more in it than he imagined and he is now sailing along merrily – and improving his personality!

Truth teachings are usually supported by the words of Jesus of Nazareth for He was a man inspired and empowered to interpret these spiritual laws far better than we can. His particular gift lay in the ability He possessed of imparting them to people of only average intelligence. His message was to the poor and oppressed and, remember, He preached to fishermen of little or no education.

For a person to pick up any Truth literature and drop it immediately with the cry, “I’m not interested in religion,” is foolish. Whether you know it or not, believe it or not, every action in your life is directed to that one object – the Realisation of Truth. Whether you consider yourself religious or irreligious, it makes not the slightest difference. You are unconsciously searching for the laws that govern your being and they are to be found only by a knowledge of Truth.

A matter of far greater importance than many Truth students realise is this fact: that because their magazine, or school, or fraternity is dubbed “religious”, it frightens off a greater number of their brothers and sisters who should be utilising these simple laws to their advantage and enlightenment, and would be using

them if they were presented under – to them – a less terrifying name than religion.

As a student I would urge all my fellows who read this to observe in their discourse on these matters a strict simplicity. We, whose privilege it is to aid in the dissemination of His Truth, must be conservative to a degree. We must avoid any puritanical behaviour. We must live Truth, not talk it. And, another caution, perhaps very hard for the enthusiast: we must not try to force these arguments on people who may not be ready to adopt them. “When the student is ready, the teacher is found.”

By loving Him and following His teachings, we will become examples which others will follow without precept or coercion and without having to bother themselves over metaphysical abstrusities.



*One thing only I know, and that is that I know nothing.*

– Socrates



*The royal road to a man's heart is to talk to him  
about the things he treasures most.*

– Dale Carnegie



*Few human beings are proof against the implied  
flattery of rapt attention.*

– Jack Woodford

MEDITATION

# Health and Prosperity



Father, in the consciousness of Your holy Presence, we now open our hearts and minds to You. Knowing Your love for us, knowing Your will for us is only good, we bring ourselves to the Throne of Your Grace, gladly and lovingly offering our lives to Your service.

We know that You Who gave us life, gave us perfect life. As we feel Your Life coursing through our veins, filling our bodies with vitality, we know we are whole, complete, free and perfect. Consciously and in accordance with Your will, we make ourselves fit channels for Your Life, to manifest and show forth Your perfection, by yielding ourselves up entirely to You.

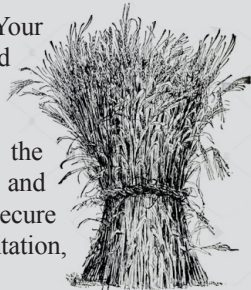
We know that You give, not according to our need, but according to Your riches and so we know that You have given us abundant prosperity. We see Your prosperity manifest in our affairs now, our individual lives and in the lives of our friends. We see Your riches flowing into us and we know that, as You are the source of all supply, so are we, Your children, heirs to Your bounty and one with the abundance which is everywhere manifest.

We rejoice as we see Your riches around us, for we know that, just as You have given to our brothers and sisters, so have You given to us. We know that, before we called, You had already

answered, for You have promised us and Your promises cannot fail. We know You live in us as Prosperity and as we give out what You have given to us, so do You flow through us more and more, in such blessing to all around us.

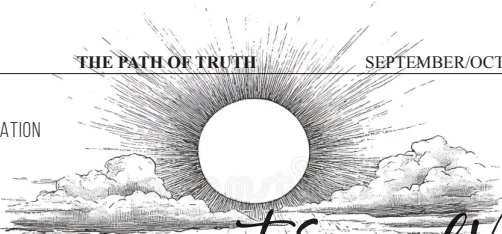
We take no thought for the morrow, for we know the morrow is in Your care. We know that You have provided for us all we can ever need. We know that as we serve You in love and faith, You provide for us in abundance, homes, food, clothing and money for all our purposes. We know we are Your Agents, and we are responsible to You and You are responsible for us, and so we serve all people happily and efficiently, knowing that the results are in Your care and that only blessing and joy can come from our service. We know You use Your own channels, and in love and gratitude we open ourselves to the inflow of Your rich bounty.

As we rest secure in the knowledge of Your abundant provision of health, happiness and prosperity for us, so do we know that Your provision is also made for... *(Name those you wish to remember.)* We thank You for the knowledge that they are safe in Your care, and we see them rich and prosperous, happily secure in the knowledge of Your love, free of all limitation, doubt, anxiety and fear.



We thank You, Father, for the certain knowledge that You hear our prayer, and we know that, in accordance with Your loving promises, ***IT IS DONE NOW. IT IS ACCOMPLISHED.***

## MEDITATION



# *Have you a correct Sense of Values*

Perhaps one of the most fertile causes of trouble in the world lies in the fact that man's way of living has placed values in false perspective. Any student of art – anyone with even an elementary knowledge of drawing – knows that to ignore the laws of perspective is to distort the picture. To over-emphasise or under-emphasise certain things will make a travesty of the whole. And to some extent that seems the condition of affairs in life.

Any life has its particular use and purpose and to understand even in elementary fashion what that purpose is, and to forward it, we must have a correct idea of values. And we can take it as a basic law that each life serves its purpose in development and experience. God desires for each of us the maximum of happiness, but our own thoughts, actions and aspirations, determine to what extent we shall partake of our divine birthright.

We must first be sure whether we are happy or unhappy. There is much that may bring us a little surface contentment, but it would be wrong to judge our happiness from that standpoint. There will also be a surface ruffle of sadness at times, and a certain amount of discontentment – but we should not judge from this either. These things are part of life. Some may feel that they have little

in the way of peace and wonder whether what they are doing is wrong. Each one of us must test conditions for himself. And the test question is this: Could I change my way of life and retain the least measure of peace in it? If the reply is in the negative, then the unhappiness is merely a surface one. But if the answer is in the affirmative – if your beliefs and aspirations do not satisfy you, then you are basically unhappy and there is something wrong with your code of life.

Often you will find that that deep discontent has arisen through looking at life with a false perspective. You have made your goal some trifle which is really of little importance. It may be the pursuit of pleasure; of power; of wealth; of fame; or any prominence amongst your fellowmen. Are these true values? Of what use is wealth over and above that which you need for peace of mind? What value is power, unless it is used to bring happiness to those you rule? Of what value is influence unless you use it for the benefit of others? What good does pleasure bring that is followed by headache and heartache? If these are your aims, then you are making your goal a little speck in the landscape, which you over-emphasised because you have not obeyed the rules of perspective. You have drawn the molehill from which you wish to address your fellows with too heavy a line – made the twig with which you could belabour your fellows into a heavy and unwieldy rod. Draw them as they are – the molehill just a tiny eminence above the grass – the twig just a small shoot on which little tendrils may lean if they will.

Try to look at life as a whole, that you may see it as it should be. Unimportant aspects of it should then cease to attract you and your picture will be well balanced. Content and peace of mind are two qualities which should be emphasised. Put first things first – realise what is needed to make life worth living, and strive for some high ideal. Seek power by all means, if you can use it to bless and not harm – but remember how few are able to use it in the right way. Seek wealth, too, if by it you can bring alleviation from suffering for those who are less fortunately placed. But strive for the things which money cannot buy – love, unselfishness, truth, goodness and beauty; for in acquiring these you will have gained qualities whose value cannot fall, and the possession of which will be a joy for ever.

Paint your life in accordance with the rules of perspective and see that the light comes from the sun and not from the little candle which you have set up.

### **THE SCHOOL OF TRUTH HAS PRAYERS AT 11:00AM**

*Students are encouraged to join us in prayer at that time.*

***Prayers are indeed very powerful.***

#### **A SUGGESTED PRAYER MAYBE:**

***The Light of God surrounds me,  
The Love of God enfolds me,  
The Power of God protects me,  
The Peace of God is over me,  
Wherever I am, God is.***

This prayer may be used at any time.







# Prayer

*Our Father, Spirit That is Love within me,  
Revered and holy be Thy name,*

*Let Thy Kingdom of Love and Goodness  
come into expression through me,  
and Thy Will be carried out in and by me,  
here upon earth as is done in Thy Spiritual Realm.*

*Be thou, this day, the fulfilment of my every need  
and the Illumination of my understanding.*

*Help me to forgive my debtors that I myself may be set free.*


*Teach me of Thy Presence of All-good and  
lead me away from all error thinking, all negation,  
delusion and vacillation.*

*Preserve me, my Father, from every kind of separation,*

*For Thine is the Kingdom within me,*

*The Power and the Glory that fill me,*

*For ever and ever,  
Amen.*



**September 1<sup>st</sup>****MONDAY**

*Commit your work to the Lord, and your plans will be established – Prov. 16:3*

How many of our plans fall by the wayside – even after we have tried our “best.” It is as though part of us wanted to succeed but another part was disinterested – in today’s parlance we were not truly “hungry.” So insidious is our modern culture of achievement that many of us live under a pall of guilt, believing we have not tried hard enough.

Materialism simply does not accept that greater than intellect is Mind, greater than feelings is Soul, greater than our effort is Power; that Divine purpose exists for each of us regardless of whether we have yet grasped It. Indeed, the hesitancy that seekers feel about themselves is often inner realisation that what seems obvious to society is not right for them.

What do we do about this? The answer is: commit our every endeavour – mental, emotional and physical – to God within; to say “Father, this that I do I do for You, knowing thereby that You reveal Your purpose in me.” Think it, feel it, act it – and discover your life becoming rich in meaning and fulfilment, regardless of all worldly assessments.

***I work, and God shows the way***

**September 2<sup>nd</sup>****TUESDAY***I delight to do Thy will; Thy law is within my heart**– Ps. 40:8*

"**T**hou hast given me an open ear," says the Psalmist. We call it conscience. Deep within us is a polarity, a direction, towards Good. When we defy this Divine inclination we violate our very being and have no choice but sooner or later to put things right.

"Forgive us our debts, as we also have forgiven our debtors," prays the Master. Greater than forgiveness itself is the recognition that it is God's law in us. We *must* forgive, or else our debt is called in through some aspect of ourselves. But God's law is not there to punish us, it is there that we may be fulfilled.

Obey your conscience. Follow its leading, for it is your most direct connection to your heavenly Father. Eternally He whispers in your ear: "I am here. Trust Me to show you your highest good. What are other calls to you? Follow Me alone."

***Conscience calls me to obey God's law***

**September 3<sup>rd</sup>****WEDNESDAY****October 1<sup>st</sup>***This is a day of good tidings – II Kings 7:9*

Each day is a new page in the book of life, and whether at the end it is covered with a neat record of hours well spent, or whether it is smudged with blots and soiled, depends on us.

Make up your mind that today will be a good day. Yesterday you may have failed to do your best work – if so, determine to do all you can to make up for it. Or you may have found life discordant because of disagreements with your co-workers – if so, do all you can to make and keep the peace. Perhaps you missed some opportunities yesterday because you were lacking in initiative – if so, make up your mind that you will not make the same mistake today.

Decide that today shall be a happy day – for you, and for those with whom you come into contact. Remember it is yours to do with as you wish – it comes to you straight from God. Make the best of it. Put your best into it.

***With God's help today will be a full  
and happy day, rich in opportunity***

**September 4<sup>th</sup>****THURSDAY****October 2<sup>nd</sup>***Who comforteth us in all our affliction* – II Cor. 1:4

Nothing but the understanding of the individual concerned can “comfort” him in his affliction, but that understanding can do more than just bring him surcease from worry, pain and fear; it can remove the cause of all his sufferings – not for a period only, but for always.

What, then, is the nature of this magical enlightenment that shall transform his life for him? It is the inner knowledge of the TRUTH, the recognition that omnipresent God is GOOD, is man, and is in consequence expressing in, as, and through him. The unqualified realisation of this spiritual fact disposes of all possible “affliction” because it shuts out evil. What we have to try to do is mentally and emotionally to accept the spiritual Verity that, God-being-us, only His attributes and conditions can prevail for us. When we can ignore appearances and *believe* this, the erroneous manifestations will “cease from troubling” for they will be dissipated by the Truth.

***I am the expression of the living God and all  
experience releases Him through Me***

**September 5<sup>th</sup>****FRIDAY****October 3<sup>rd</sup>**

*For as he thinketh within himself, so is he – Prov. 23:7*

We are possibly only on the fringe of recognising what can be accomplished by the mind, but we do know that thought is creative, and that therefore we should be careful to see that our thoughts are positive and constructive.

There are people who think that they must endure adversity with Christian fortitude because it is God's will that they are placed as they are. Actually, all that comes to us is the result of our own thoughts, words, and actions. If we think negatively, negative conditions will materialise in our lives. It is certainly not God's Will that we should suffer. He wants only what is for our highest good, as any earthly father desires for his children if he is worthy of the name.

If your circumstances are not such as you wish, look to your thoughts. If you have been thinking in terms of poverty, sickness, or failure, you must not be surprised if you are having to endure these things.

***I use the power of my mind  
to create what is good***

**September 6<sup>th</sup>****SATURDAY****October 4<sup>th</sup>***He that soweth and he that reapeth may rejoice**– John 4:36*

**W**e have been created members of the body of God, and are components of His Being as our fingers and toes are integral parts of our human physiques. Our sowing consists first in recognising this Truth and then expressing it in our daily living.

The quickest way to come by this knowledge is to go direct to the Spirit indwelling and learn of It and then to express the new-found Verity in our personal lives, our contacts with our neighbours and our communion with God. If we do this our harvests will be blessed, but the human being sees many alluring paths opening up before him and, if he hearkens to his own understanding, he will travel along one of these and will lose himself in the fogs of materialism, be torn by the sharp thorns of error, misled by the harsh lights of mortal desire. Then, having sown the wind, he will reap the whirlwind and will have to retrace his steps to set out once again on the sunlit way of LOVE.

***In my every thought and action I seek to be  
motivated only by Love***

**September 7<sup>th</sup>****SUNDAY****October 5<sup>th</sup>***Let not your heart be troubled – John 14:27*

There are times when we are so heart-broken at the loss of a dear one that sorrow threatens to overwhelm us. And if, through a mistaken idea of loyalty, we shut ourselves off from people and life, we are very unwise. That is an old-fashioned idea which sensible people do not follow nowadays.

If you are suffering from any great sorrow, or if you are troubled in any other way, look to God for help, and help Him to help you by occupying yourself with something that will take your mind off your grief. Do not sit and brood over it, no matter what your trouble may be.

Those who believe that all things work together for ultimate good are able to rise above sorrow. We cannot escape it as we go along life's highway, but we can refuse to be overcome by it. If a dear one has been removed we should know that it was the best thing that could have happened to him; and that we do no good by shutting ourselves away with our burden.

***With God's help I rise above grief***



**September 8<sup>th</sup>****MONDAY****October 6<sup>th</sup>***The way of life goeth upward* – Prov. 15:24

If we look at the world's history recorded from the very earliest times, we shall see that every setback has been followed by a much more than compensating surge forward. And in our own lives, if we examine them carefully, we shall be forced to admit that almost all of our successes have been built on the foundations laid for them by our previous failures. As one poet put it, "We rise on the bodies of our dead selves, to higher things."

It is only by and through experience that we can advance. If we could just drift along with some benign current, making no effort and encountering no obstacles, we could not possibly develop spiritually – any more than the muscles of an individual who took no physical exercise at all could lengthen, thicken and grow strong.

If we would make our journey on this plane an upward adventure, we must be willing to "fight the good fight" – not against people and circumstances, but against our own doubts, fears and inertia.

***I know without doubt that all experience works  
to unfold my inner powers***

**September 9<sup>th</sup>****TUESDAY****October 7<sup>th</sup>***The fruit of the spirit is... self-control**– Gal. 5:22, 23*

Self-control depends on mind-control, so we must learn to control our thoughts if we would control our actions; for all we do begins as thought. If, in the past, we have allowed our emotions to govern us we shall not gain this control in a day or a week – like everything else that we achieve which is of value, we must strive for it. But with God's help and our own efforts we shall win a victory if we persist.

To give way to anger – or to any other destructive emotion – is not only undignified, but has an injurious effect on our health. We are also liable to suffer a great deal of remorse, when we have recovered our control, for the things we have said and done. We cannot recall our words or our actions, no matter how much we may wish to do so, and our behaviour during a fit of temper may cause a great deal of suffering to others as well as to ourselves.

***Help me to control my emotions, Father,  
that I may be a good instrument in Your service***

**September 10<sup>th</sup> WEDNESDAY****October 8<sup>th</sup>**

*He is thy life and the length of thy days*  
— Deut. 30:20

**W**hat is life to you, and in what way does the “length of your days” affect it?

Many people look on life as a kind of physical energy animating their bodies, which is snuffed out in some mysterious manner when they “die” (in Truth there is no death), and which, during their sojourn on this plane, waxes and wanes and, as they get older, dwindles and wastes away until finally it is no more.

Life does not come and go, soar and recede. It is constant and eternal, and whether it is spelt with a small or a capital L, it is ONE – the Spirit of LOVE in action. It is omnipresent because It is God, and the individual life that we ourselves manifest and see expressing in and through all creation is His UNFOLDMENT here on earth by means of His self-chosen instruments. As long as He is, our life will endure, nothing can endanger it, for we live, and move, and have our being in Him Who maintains and sustains us.

***I dwell in the secret place of the most high and  
abide under the shadow of the Almighty***

**September 11<sup>th</sup>****THURSDAY****October 9<sup>th</sup>***This is my resting-place forever – Ps. 132:14*

**W**e find our resting-place in God – in the knowledge that He is within us, and in the peace which this knowledge brings to us. No longer need we wander in darkness and despair, for He is with us at all times to guide and help us on our way.

Our resting place is where God is, and He is everywhere. Therefore, no matter what our surroundings may be, we can turn to Him at all times, knowing that He is not in some faraway heaven, but in the heaven of our own hearts. We can rest in His love for us, and ours for Him, trusting all our cares to Him, for has He not offered to bear them for us? If a burden is too heavy, He is ready and willing to take it from us; and if a problem is too difficult for us to solve, He will give us the answer if we will but leave it to Him in perfect faith.

***My mind and heart are stayed on God.  
I shall not fear***

**September 12<sup>th</sup>****FRIDAY****October 10<sup>th</sup>**

*To each one is given the manifestation of the Spirit  
to profit withal – I Cor. 12:7*

**E**ach one is constituted of the Spirit that it may manifest through him to his, and to Its, “profit withal.”

No one can listen – with ears that hear – to the song of a bird without profit to himself. No one can utter an encouraging word or do a kindly action without profit *shared* with the other person concerned. No one sows a seed but he reaps a profit, an abundant one.

God does not disapprove of profits, though man, when they are not his own, adopts a reserved attitude towards them!

Open any seed pod and try to count the tiny grains of new life within; attempt to reckon the spawn of fish living in the seas; estimate the eggs deposited by the insects that fly through the air – their numbers allow for all hazards, and after terrific loss has been visited upon them, there is still an enormous margin for increase.

God's Nature is a lavish one and through each of us He manifests in a different way to our “profit,” to the good of all we meet, and to His own everlasting glory.

***I allow Love to work through me and  
my life is blessed with the increase to share again***

**September 13<sup>th</sup>      SATURDAY      October 11<sup>th</sup>**

*By this shall all men know that ye are my disciples,  
if ye have love one to another – John 13:35*

**B**ecause there is too little love in the world, there is trouble between individuals and amongst nations. It is lack of love which makes them want to take all and give as little as possible in return.

Christ came to teach us to love, but too many have ignored His teaching. Only a universal love will bring His kingdom to earth – His peace which passeth understanding. His words have come down to us through the ages – have been read throughout the centuries, but too few have put His teachings into practice.

Let us give love and more love to all our fellowmen, for in giving it to His children we give it to God. It is not an emotional love that we need to cultivate, but a willingness to show loving kindness to all mankind, and to all that God has created; and a willingness to help in time of need.

***I seek to be loving and kind to all men and all  
created things, for this is the Christ way***

**September 14<sup>th</sup>****SUNDAY****October 12<sup>th</sup>**

*In diligence not slothful; fervent in spirit;  
serving the Lord – Rom. 12:11*

When it is a question of something we want to do, we are never dilatory; we become slothful only when that which lies before us appears to us to be onerous or unprofitable. And so it comes about that many of us find all sorts of excuses for not serving LOVE. We need to look after our own interests; our neighbours are uncongenial – even undeserving; we have not the means available; times are hard. We can, in fact think up innumerable reasons for going our own ways instead of following in the footsteps of the Master.

If we would pause to think about the service to the Lord that is required of us, and that we can carry out only as we radiate love, we should see that even from a purely selfish point of view, we cannot afford to abstain from it. What we give out returns to us again, not in the measure of our original bestowing, but multiplied an hundredfold; and if we would have His Good heaped up, pressed down, and shaken together as our portion, we must not be weary in well-doing.

***Whatsoever my hand findeth to do, that will I do,  
not only with my might but in Love***

**September 15<sup>th</sup>****MONDAY****October 13<sup>th</sup>**

*I exhort therefore, first of all, that supplications, prayers, intercessions, thanksgivings, be made for all men... that we may lead a tranquil and quiet life – I Tim. 2:1, 2*

Perhaps the majority of us need more quietude than we have, in this world of speed and noise. We dash from one thing to another, and from one place to another, and many of us waste a tremendous amount of energy in the process.

In his book *Poise and Power*, Christian D. Larson stresses how necessary it is to cultivate the first in order not to lose the second of these qualities. He tells us that to save power and attain poise the energies of the system must work in a calm action; that every action that is not calm wastes energy, and every calm state that is not in action is a dormant state. He tells us that poise is more than serenity – that when you are in poise you not only feel perfectly calm, but immensely strong.

Let us not waste our power, which is part of the Universal Power, but give time and thought to cultivating poise, that we may work calmly but quickly.

***Let me be calm in spirit, but swift in action,  
Father***



September 16<sup>th</sup>

TUESDAY

October 14<sup>th</sup>*Now is the acceptable time – II Cor. 6:2*

We are creatures given, one and all, to procrastination. The Spaniard's favourite response to all suggestions is "manana", and the Germans have a proverb which declares that the way to hell is paved with good intentions. We all tend to put off till tomorrow what we should be doing today, forgetting that *now* is the day of salvation.

It is, of course, never too late to turn to God, to seek the Truth, or to attune ourselves to LOVE; for the Father knows no other time than the ever-present NOW. But from a purely human standpoint, which takes account of the passing weeks, months and years, the earlier we recognise our complete integration with Him, the sooner will His All-good – which was, is, and ever will be within us – manifest throughout our lives, minds, bodies and affairs. The moment for us to *live* the Truth does not lie in any future – it is **this day** that we have to radiate love to all and sundry, because only in the giving of our love shall we find our own fulfilment.

***Let me seek daily to express the highest  
that is in me***

**September 17<sup>th</sup>      WEDNESDAY      October 15<sup>th</sup>**

*Consecrate yourselves today to Jehovah...  
that he may bestow upon you a blessing this day*  
— Ex. 32:29

It would be a good thing if, every morning before we start our day, we would consecrate ourselves anew to God and His work; if we would ask His blessing on all our undertakings; and if we would ask to be used by Him as His instruments here on earth. Just a few minutes spent in lifting up our hearts to Him and feeling our oneness with Him would be so well spent. It would help us to start the day in the right way and the right spirit.

Let us ask God to bless our work that it may be done well, as unto Him. Let us ask Him to bless us in our social relationships that we may not fail in our duty to our fellowmen — that we may do unto others as we would have them do unto us. Let us ask for a blessing on our leisure hours that they may be a time of refreshment for body, mind, and spirit. Let us also ask His blessing on all men everywhere.

***Inspire me, Father,  
that I may be fit to do Your work***

**September 18<sup>th</sup> THURSDAY October 16<sup>th</sup>**

*A man is justified by faith – Rom. 3:28*

There is nothing but faith – allied to love – that does justify a man, here on earth and on all other planes of awareness. It is not what he thinks, wishes or believes that establishes him in the Truth, but that in which he has faith and knowledge.

What, then, is this that he has to make his own? It is the recognition of the one fundamental Verity that ALL IS LOVE.

The world in which he lives is an expression of LOVE, the stranger within his gates is a child of LOVE, the seeming enemy who would hurt him and seeks even to destroy him is an instrument of LOVE, and the only God to Whom he himself owes everlasting and unswerving allegiance is the God WHO IS LOVE.

Once he has recognised, not with his mind but in his innermost heart, that Love is Omnipresence, he will see It everywhere. And because It is the fulfilment of the Law governing his whole being and all that concerns him, his life, mind, body and affairs will become conformed to Its Perfection.

***Only as I love both God and all mankind,  
shall I truly live***

**September 19<sup>th</sup>****FRIDAY****October 17<sup>th</sup>**

*For he will give his angels charge over thee, to keep thee  
in all thy ways – Ps. 91:11*

It is good to know that there is a protecting presence with us at every minute of the night and day. No matter where we may be, or what trouble we may be in, God is with us. There is no part of the Universe where He is not to be found. If we would know and feel this, fear would disappear from our minds, and we should live in peace; ready to meet with courage whatever comes; strong in the knowledge that with God's help the trouble can be overcome.

Get into the habit of turning to God at all times, in your joy as well as in your sorrow or times of trial, then you will automatically look to Him as your refuge, and will be making the Most High your habitation. You will call on Him and He will answer; He will be with you in sorrow; and He will deliver you, and honour you, and show you His salvation.

***I abide under the shadow of the Almighty  
who is my strength and my salvation***

**September 20<sup>th</sup>      SATURDAY      October 18<sup>th</sup>**

*Neither do I condemn thee... go thy way;  
from henceforth sin no more – John 8:11*

**S**urely a woman taken in adultery was deserving of condemnation. How came it then that the Christ – Whose standards were so immeasurably higher than ours are – could utter these words, “Neither do I condemn thee”? Was it not perhaps that condemnation is always completely unconstructive, that if we would help any creature to better things we must, rather than censure him, offer him as much encouragement as we possibly can?

The Master did not condone, or even ignore, the woman’s past, for He told her to “sin no more.” Then He sent her on her way with words of kindness that engendered the tiny spark of hope within her that she herself subsequently fanned into a living flame that burned away all the dross from her heart and left her a purified instrument worthy of entering the service of her Lord.

Let us take this lesson to ourselves, and when from a “holier than thou” feeling we would criticise some weaker brother, let us remember the Christ’s example.

***Daily do I strive to see as God sees –  
only the Good in all my fellowmen***

**September 21<sup>st</sup>****SUNDAY****October 19<sup>th</sup>***Thy faith hath made thee whole – Matt. 9:22*

We are only on the fringe of understanding all that can be accomplished through the power of the mind. Probably future generations will be able to do marvellous things as greater knowledge is given to them through experience.

The woman in the story from which today's text is taken said that if she did but touch the Master's garment she knew she would be healed. And so it was. She was healed through her own faith in the power of the Christ.

That power is ours to claim if we are living in accordance with the laws of God. His healing flows into us as we open all our channels to receive it. But too often we block them up with doubt or wrongdoing – then we wonder why we do not get well. Any destructive emotion is liable to stop the flow, so we must clear our hearts and minds of all hatred and jealousy, greed and unkindness – of everything that is not of God, if we want to be fit to receive His healing.

***I open all the channels that the healing  
and cleansing power of God may flow in***

**September 22<sup>nd</sup>****MONDAY****October 20<sup>th</sup>***Incline thine ear unto wisdom – Prov. 2:2*

Man's intelligence tells him to look out for himself, to store up the treasure against a rainy day and always to take care to promote his own good lest a competitor get the better of him. Divine Wisdom knows that God is every individual's all-sufficiency in all things, that nothing has either to come to us or be changed for us, because God Who is Allness is omnipresent in the EVER-NOW. All our needs were provided for at our beginnings, and our every desire established unto us before it entered our minds in the guise of some lack that we longed to have fulfilled.

We are not casual creatures that came haphazardly into being and grew spasmodically without pattern or plan; we were designed by GOD to be His instruments of Self-expression and are maintained and sustained by Him as perfect vessels suited to His use. We have to get to know this Truth, which we shall not find hidden in human understanding but shall have to seek amid the "deep things of God."

*As I eliminate my little self  
God glorifies Himself through me*

**September 23<sup>rd</sup>****TUESDAY****October 21<sup>st</sup>**

*A word fitly spoken is like apples of gold – Prov. 25:11*

Do you realise that what you say often influences others tremendously? You may disapprove of something they have done, or criticise their work, and the result may be more far-reaching than you can imagine.

Let us try to encourage people rather than discourage them. Let us do our best to fill them with hope, rather than with despair. Surely there is enough trouble in the world and enough unhappiness without our adding to it. As students of Truth our task is to lift people up, not thrust them down.

If we have any good feeling towards our fellowmen our wish is to influence them for good – to help them. Then let us look for things to praise in them, even though they may be hard to find; for let us remember that the people who get the least approval are probably those who need it most.

***With God's help I influence others  
only for good***



**September 24<sup>th</sup>      WEDNESDAY      October 22<sup>nd</sup>**

*Remember without ceasing... your labour of love*  
– I Thess. 1:3

It is almost a contradiction in terms to speak of the “labour of love” for Love is that eternal givingness Which is incapable of withholding any good, and Which flows out of the Heart of God flooding His whole creation with His blessings.

Man can as yet form only a very imperfect idea of what Love is. In our human minds it is always tinged with emotionalism, an unstable quality, while Divine Love is the most steadfast thing there is. It is the Force underlying creation, the Law that holds the cosmos together, and It is the attraction that unites our Heavenly Father indivisibly, endlessly, and unshakably with every creature He has made. No one can get outside the orbit of His Love; nothing in all the universe can ever be alone, lack any good, or have the slightest cause to fear, because all that is, is encompassed in His giving, guarding and protecting LOVE. *If we could realise what this means* we should be entirely free to live lives of light and laughter, knowing that no evil could befall us; for none can exist in the Perfection of His Love. That is God.

***Divine Love is within me and about me.***  
***All is well***

**September 25<sup>th</sup>      THURSDAY      October 23<sup>rd</sup>**

*Be not dismayed, for I am thy God – Isa. 41:10*

According to the dictionary, the word “dismay” means to be filled with consternation or discouragement.

This is something which happens to all of us at times. Things do not work out as we had expected them to do; unforeseen happenings fill us with consternation; or failure, perhaps, depresses us. At such times let us remember the words of today’s text – let us remember our Father.

Why should we become distressed when we know that God is with us, ready and willing to help us? It is because we do not trust Him fully, perhaps – or even because we forget Him. He waits for us to call on Him, but if we do not do so He does not force His aid upon us. He stands at the door and knocks, but if we do not open to Him, He does not enter.

Instead of giving way to discouragement, go to the One Who is All-power, and be uplifted in the knowledge that He is your loving Father.

*In God’s Love I find reassurance at all times*

**September 26<sup>th</sup>****FRIDAY****October 24<sup>th</sup>**

*My soul, wait thou upon God;  
for my expectation is from Him – Ps. 62:5*

We are very apt to ignore the Christ's admonition and to put our faith "in princes" instead of depending solely upon the Love of God. We can see the prince of this world, he often dazzles us, and God we cannot see except as our eyes are opened and we behold Him in His wondrous works.

Who spans the skies with the rainbow, who brings out the stars at night, who divides the waters from the dry land, patterns the earth with flowers and brings forth fruit in due season? Mere man can do none of these things, and certainly they cannot "just happen." Order is not produced except in accordance with Law, and if there is Law there must be a Lawgiver, and whether we call Him God, Intelligence, or Creator, we surely must admit that He IS, is greater than we are, and is good. If this is so, our expectation can be from Him alone, and it behoves us to acknowledge Him in all our ways; dedicating our hands to His service and keeping our hearts steadfast toward Him in gratitude and love.

***The heavens declare the glory of God and because  
I have eyes to see I bless his Holy name***

**September 27<sup>th</sup>****SATURDAY****October 25<sup>th</sup>**

*Blessed are they that hunger and thirst after righteousness: for they shall be filled – Matt. 5:6*

**W**e usually get what we want if we want it badly enough. We can find time to do what we want to do if we want to do it badly enough. And we can be what we want to be within the Law, if our desire is great enough.

To hunger and thirst after something is to desire it greatly, and the Master said that those who hungered and thirsted after righteousness should be filled; but the majority of us are only half-hearted about it – we do not put our highest endeavour into the effort to progress spiritually. We allow worldly things to come between us and our religion; and all too often, while we go to God when we are in trouble, we forget to do so when the trouble has passed.

A strong desire for righteousness will make us wish to become more aware of God, and our unity with Him. To do this we must devote time and effort, and we shall find what we are seeking.

***I shall know God only as I seek diligently.  
There is no other way***

**September 28<sup>th</sup>****SUNDAY****October 26<sup>th</sup>***A soft answer turneth away wrath – Prov. 15:1*

**T**he Chinese have a saying that the most powerful force is water because it is entirely non-resistant. Most of us find it very difficult not to defend ourselves sharply if we have been unjustly accused; not, in an argument, to “give back as good as we get”. And what do we gain by this aggressiveness? If we could only realise that what others do to us is of no importance but that *we* stand or fall mentally, emotionally, physically *and* materially by what we do to them. No man can harm us if we refuse to accept the evil directed towards us – it goes back to its source like a boomerang if we do not resist it; but if we react with anger, *that* will destroy us. It will unbalance us mentally, upset us emotionally, injure us physically (perhaps inducing sickness), and will inevitably affect our material affairs for no one can think and act effectively when his whole being is out of gear because of vexation and resentment. The “soft answer” not only turns aside the “darts of the wicked”, it stabilises our own feelings and makes room in our hearts for love.

***I try not to overcome evil with evil  
– only with good***

**September 29<sup>th</sup>****MONDAY****October 27<sup>th</sup>**

*Blessed are the peacemakers:  
for they shall be called sons of God – Matt. 5:9*

**A**re you living amongst quarrelsome people? Is your life filled with discord which is not of your making? If so, turn to the Christ within you.

You can, if you wish, build an invisible wall around yourself which will protect you against the inharmony which surrounds you. But while that will help you, it will not help those who are causing the inharmony. To do this, send out thoughts of love and peace to them. Refuse to take part in their quarrels and see them as the perfect people God intended them to be. Give soft answers when they speak harshly, and smile when they frown. Remain calm and poised when they lose their temper, and thus help to restore the peace.

Instead of criticising them for their behaviour, bless them. Look for the good in them, however difficult it may be to find it, knowing that the Spirit of Christ is in each one of us. By recognising it in them you will help them to recognise it in themselves.

***In the centre of disquiet I remain calm,  
and strive to bring tranquillity to those about me***

**September 30<sup>th</sup>****TUESDAY****October 28<sup>th</sup>***Think on these things* – Phil. 4:8

There are such a number of things of which we would say, were we questioned about them, that we know the answers.

We know that God is Omnipresence; we know that all men are made in His image and likeness, and we know that the Master's last commandment was that "we love one another." We can quote chapter and verse, and we are quite satisfied that we are good folk, having nothing with which to reproach ourselves.

It is quite true that we are familiar with the letter of the law, but how often do we go apart and THINK on these things? We keep them in our heads, we can argue about them very complacently, but do they abide in our hearts from where, alone, they can flow forth as a healing stream and bless our fellowmen? It is only when spiritual realisation takes over from human knowledge and the Truth illumines our understanding that we can say, "My Father worketh hitherto *and I work*, and bring forth fruit – good fruit. "

***I will not be just a speaker of the Word of truth  
but a doer of it***

**WEDNESDAY      October 29<sup>th</sup>**

*They go from strength to strength – Ps. 84:7*

Perhaps your work is monotonous and this tends to make you weary. If so, realise that you are working for God, not for man, and your sense of frustration and tiredness will disappear. Also, there is no need for you to stay where you are if you are capable of doing other things. With God's help, you can move on to something better if you make up your mind to do so – you can go from strength to strength.

Weariness is a state of mind as well as of body; in fact, like everything else it begins in the mind. So if you would stay fresh throughout the day, instead of thinking of yourself as tired, tell yourself that you are filled with God's strength.

Life should mean a continual moving onward. Physically we may slow down with age, but spiritually we can continue to progress if we rely on God's help and believe that we are the instruments which He uses to further His purposes on this earth.

***I am renewed in strength for I look to God  
to revitalise me***



## THURSDAY

October 30<sup>th</sup>*Be patient therefore, brethren – James 5:7*

It is not often that we become impatient with ourselves; if anything, we are inclined to be over-indulgent when it is a question of our own weakness and failings. But how hard we can be when our neighbour falls short. It is then that we are ready to criticise and condemn, and to judge, not righteous judgment, but according to the appearances, which may very well be deceptive.

Let us pause for a moment and look into this. Who *is* this fellowman we are treating so severely? Is he not an integral part of God's Being? Cannot he say, with the Christ, "I and my Father are one"? And if he can, what is his relationship to us, who are setting ourselves up in judgment upon him? Unless *we* are aliens in the Kingdom of God – he is not just our erring brother; he is our very selves, for *we are one body in Christ*, all of us members one of another. Let us consider whether it is so very difficult to be patient with ourselves, and if it is not, cannot we extend the same charity and forbearance to all mankind?

*Let me not forget that, though to err is human,  
to forgive is divine*

## FRIDAY

October 31<sup>st</sup>*The tongue of the wise is health* – Prov. 12:18

The majority of us are careless about our speech. We talk negatively instead of positively about ourselves and others.

Let us find something good to say of everyone, otherwise, if we cannot think of anything pleasant, let us be silent. Even though on the surface there may seem nothing to commend, let us make a mental picture of people as the perfect sons and daughters of God – see them as He meant them to be, and help them to become so.

Then, too, let us speak in terms of health, and not of sickness. Some people are constantly talking of their own ill-health, or that of their neighbours, forgetting or not knowing the power there is in words. We should keep our thoughts and words constructive always.

Solomon said that life and death were in the power of the tongue, so let us guard our speech carefully at all times.

***I use the power of my thought and  
spoken word only to help and bless***

SCHOOL OF TRUTH – NICOL C. CAMPBELL

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