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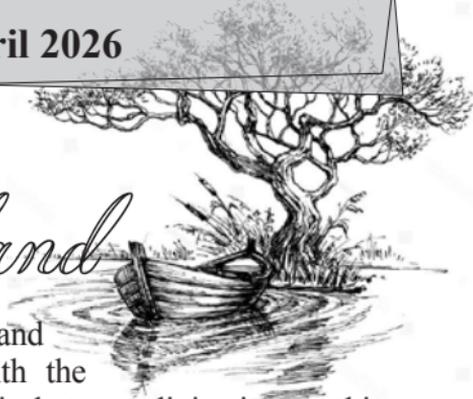
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THE PATH OF TRUTH

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No Man is an Island



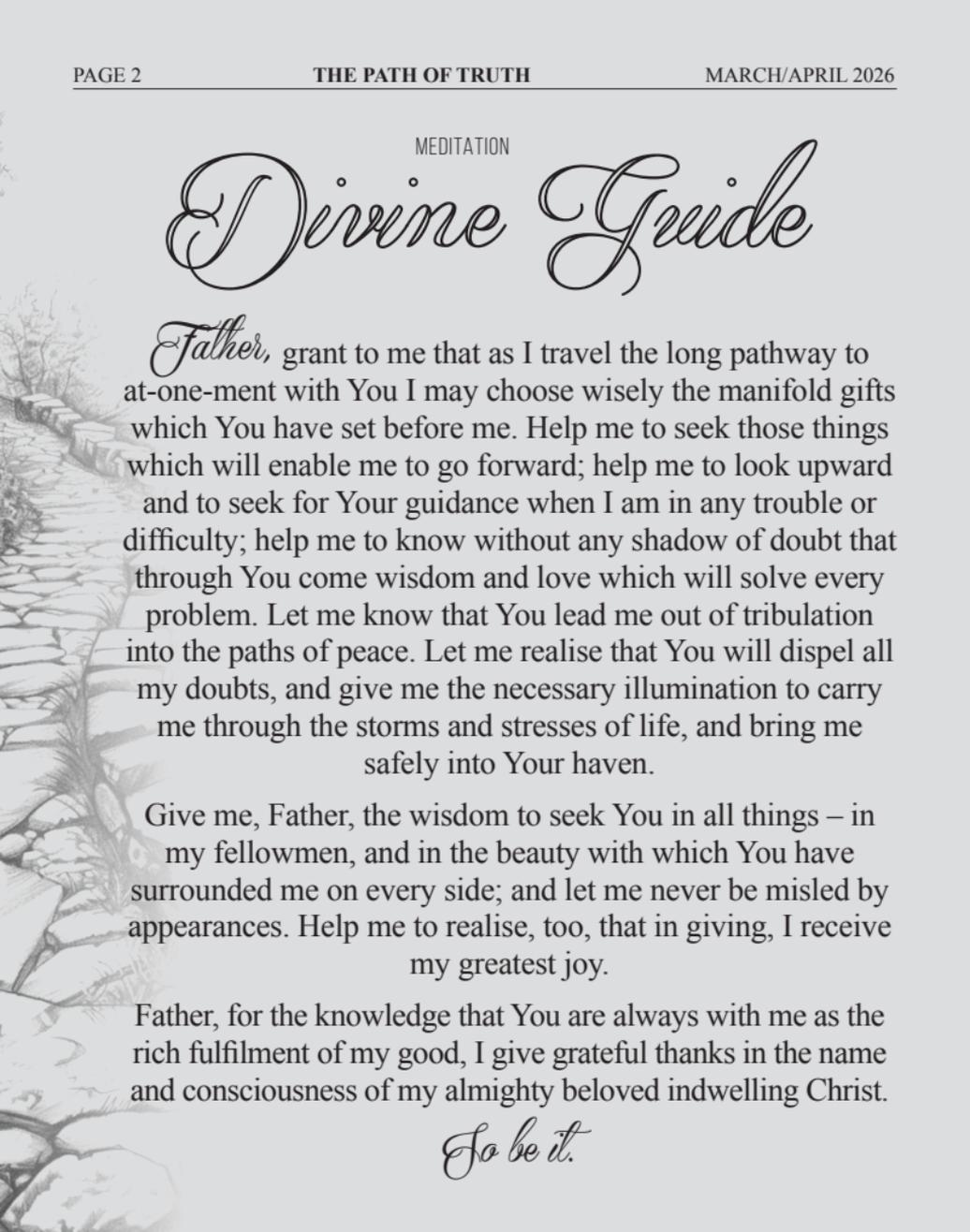
A thoroughly wrong belief, and one in total conflict with the whole spirit of the Christ's teaching, is that our religion is something that should be kept apart from our everyday life; that it is not required to influence and inspire us in our daily attitudes to what is going on in the world around us.

Let us NEVER forget that all mankind forms part of the body of God. Every creature, both human and animal, is the vehicle through which His life is expressing, and what harms one harms ALL eventually. It has been truly said that no man is an island, and where we, in our individual life, countenance or support injustice and cruelty towards any of our fellow-creatures, there do we betray our inner divinity. Therefore know this: "God is not mocked; whatsoever a man soweth that shall he also reap."

The Spiritual Law governing this universe speaks through the voice of man's conscience. He may – and does – try to deaden it in his futile efforts to preserve his own welfare at the expense of his fellow-beings, but the universal law of justice shall prevail always; and to this end the mills of God grind slowly, but they grind exceeding fine.

MEDITATION

Divine Guide



Father, grant to me that as I travel the long pathway to at-one-ment with You I may choose wisely the manifold gifts which You have set before me. Help me to seek those things which will enable me to go forward; help me to look upward and to seek for Your guidance when I am in any trouble or difficulty; help me to know without any shadow of doubt that through You come wisdom and love which will solve every problem. Let me know that You lead me out of tribulation into the paths of peace. Let me realise that You will dispel all my doubts, and give me the necessary illumination to carry me through the storms and stresses of life, and bring me safely into Your haven.

Give me, Father, the wisdom to seek You in all things – in my fellowmen, and in the beauty with which You have surrounded me on every side; and let me never be misled by appearances. Help me to realise, too, that in giving, I receive my greatest joy.

Father, for the knowledge that You are always with me as the rich fulfilment of my good, I give grateful thanks in the name and consciousness of my almighty beloved indwelling Christ.

So be it.

EXTRACTS FROM LETTERS RECEIVED BY THE SCHOOL OF TRUTH

*"I asked you to
Pray -"*



Please rejoice with us. We are installed in our new work and are both very happy and terribly busy. Plenty of hard work stretches ahead but it is work we love and we are well content. Thank you for your prayers on our behalf and for your guidance along the Path of Truth.

I must tell you how grateful my daughter and I are to you for your prayers and to God for restoring her to health and that peace reigns once more. The day I phoned you to ask for help, things had improved and are now back to normal. Thank you for giving me this wonderful peace of mind after anxious moments.

It is with sincere gratitude that we acknowledge the spiritual and material support so constantly given to this work of Truth by our known and unknown friends, and our love and blessing go out to them.

I wrote asking you to pray for my daughter, a teacher in a small country village, who was suffering from sinus. Last night she phoned me to say that she has been free from sinus ever since, in spite of having to go to school by way of a very dusty road. How wonderful God is if we only trust Him.

Thank you for praying for me in connection with the serious operation I recently had to undergo. I have always been a believer in prayer but never before was a prayer answered as this time. My operation lasted just over an hour although the specialist expected it to be two hours. I never had a pain or even a temperature and was only in hospital for a week instead of ten days. Words fail to express my thanks to God and you good friends who helped me through these dark days.



It gives me wonderful happiness to let you know the news about my friend. I asked you to pray for her after the dreadful car accident when her broken body and limbs had to be cut out of the car. Both arms and legs were fractured as well as her pelvis, and a broken rib punctured her left lung. She lay unconscious for several days but her indomitable spirit and her mother's constant love and attention helped to pull her through. Your prayers have been fully answered and my profound and grateful thanks go to God and you.



At the beginning of this month I asked you to pray for my daughter who was due to undergo an operation according to the doctors who had examined her. On her arrival here she was examined by the local surgeon who was to carry out the operation. He was surprised to find that the condition had improved and decided to postpone the operation for a fortnight. When next he examined her he found her condition so much improved that an operation was no longer necessary.

Some time ago I asked you to pray for two couples as they were having a lot of domestic trouble. I am very pleased to tell you that everything has come right with them and they have now found real happiness. We all do feel very grateful to you for your prayers and our most grateful thanks to our loving Father for all the wonderful help we have had.



I asked you to pray for my daughter and now write to tell you that her cure was almost instantaneous. When she went back for a check-up the specialist gave her an excellent report. She has continued on the road to recovery ever since and is her bright self again. God bless you and many thanks.



I wish to thank you most sincerely for your prayers. I was in agony with a dreadful rash all over my body and within an hour I had relief. The following day there was no sign of it. I thank God for His love and you for your prayers. May God bless your work.



When I first wrote to you about a year ago I thought that my little world had come to an end. Now I am very happy. I mentioned to you that I had developed an attitude of laziness and you pointed out that I needed interest, so I asked for guidance and the owner of a chain of garages came to see me and asked if I would care to manage the workshop of one of his branches. He offered me a very good salary which I accepted and I have never before been so happy. I work better than ever, I know more and have greater confidence – only because God is my constant help and I seek guidance in everything. My faith in Truth is growing daily.

LECTURE DELIVERED IN JOHANNESBURG
BY NIGEL C. CAMPBELL

Treasure Fulfilled



I am about to make a very positive statement that does not, I am convinced, admit of contradiction, and it is that once anyone decides to work exclusively with God, he will discover that whatever he desires will become manifest in a measure that far exceeds any of his calculations or expectations.

From my own experience, because God has wrought such wonders for me, not only spiritually and emotionally but in physical and material ways too, I can declare this with complete confidence. Unfortunately we, who call ourselves realists, and who think we must be practical, are inclined to look to human beings for our good. We feel that we cannot afford to live on the higher plane of abstract spiritual consciousness but rather keep our feet on the ground. I have no fault to find with this because God is to me an *operative* living experience, a real presence, principle or power in my life, in Whom I have implicit trust and to Whom I can bring all my problems in the peaceful assurance that all of my needs will be taken care of. I never find it necessary to seek aid from personalities that are all temples of the spiritual Power in Which I really believe.

You all know that for any artist to achieve success, he must put his soul into his work; if he neglects to do this, no matter how academically sound or technically brilliant he may be, his interpretations will lack depth and will not satisfy. The same holds good when we set out to work with God. If we apply, in a parasitic way, the *modus operandi* that Christ gave us, people will say of us that we may be *good*, but we lack feeling, and what I want you to grasp is that it is the *emotional* content in you that releases the indwelling power that holds your bodies together and causes this cosmic force to express through you as physical health, heartfelt happiness and material success and prosperity.

You cannot, I know, *live* in such consciousness until you have experienced its fulfilment, but all of you can make-believe. If I take the part of a villain in a play, I cannot – if I want to be convincing – rely on cold technique alone, I have to enter into the spirit of the rôle psychically and emotionally. It must become so much a part of me that my audience is forced to participate in whatever I am portraying. This is what you too must do, you also have to live in the consciousness of what you wish to experience and must react emotionally to God Who is the Substance thereof, of life, beauty and protection, of all that you can need or desire.

Your thinking mechanism is not confined to your brains, it is seated in your hearts as well, and in order to receive, you must first have *accepted*, not merely mentally but emotionally also; this is fundamental.

God is changeless – the same yesterday, to-day and forever – He is the Presence of Love permeating the whole of the universe and it is the *feeling* side of man (yours and mine), that stirs the Divine Substance, moulds It and crystallises it into visible phenomena. As long as we are intelligent beings, able to control our thoughts, we can all bring this to pass for we can live in the consciousness of our health, happiness and true prosperity. Within every human being is the imprint of God, and his search for the Good is the indwelling Presence of Christ, his own spiritual nature, desiring to express this through him. Day by day God, or Love, tells us that it is His Will that we have the Kingdom, that He is waiting to press Himself into livingness through us, but our temples are closed, and He is powerless to act until we open the gates and set Him free. To do this we have to be re-born into a new state of consciousness, a fresh understanding of the verities of being, that sets no store by the evil manifestations that have for so long played their part in the lives of men, becoming with the years integrated components of their awareness. We are all capable of making this fresh start; if we are not, we should not be students of Truth.

As I have explained many times, there are four categories of humanity, the spiritual, the emotional, the mental and the grossly material types and those in the last class are not interested in God or the spiritual qualities of Good, their whole attention is focused upon materialism and the accumulation of mundane possessions; but if *in our* hearts there is the desire for any specific thing of a

spiritual, mental, emotional or physical nature, we can produce this, because the wish for it arises from within, in our spiritual selves.



Naturally we all have our limitations just as we all have our individual gifts, and it is up to us to discover the thing that we can do better than anyone else, and if we are dissatisfied with our present circumstances – frustrated and unfulfilled – we must ask the Spirit within us to impart to its vehicles, our brains, the nature of the particular talent that is to be developed in us. You do not need to run hither and thither to discover your personal bent if you will but look inside, and turning to God, Who is All-knowledge, ask of Him and then *accept* the answer that He puts into your minds and *start* at once to carry it out. At first you may have to make-believe, to visualise yourselves doing the work you have been promised, knowing that there is nothing the physical man could desire that the Spirit within has not already provided. But your ears are turned outwards, your vision is externalised, and your whole beings are focused upon conditions, appearances and personalities so that you continue to impose these upon yourselves. Yet you are (and you should know it) the temples of God, of Beauty, Knowledge, Wisdom, Substance and Prosperity, and when – realising this – you can turn within and listen attentively, the spiritual Force, which is one with every individual in the world, will produce in you, or through someone else *for you*, the spiritual ideas constituting and controlling your good.

But you are too apathetic. For a day, a week or a month you believe, then because you lack persistency of purpose, you become disgruntled and dissatisfied, and question: “Why does not God do this or that for me? Why does He not lead me? How much longer must I wait?” And as your thoughts run along these lines of negation, you are systematically divorcing yourselves from the power within you, looking outside and waiting for some extraneous entity to knock on your doors or tell you of your good. But you are separating yourselves from the indwelling qualities of God that are the Substance of the success, prosperity, and guidance that you need, whereas, if you but opened up your consciousness and became receptive to Love, you would hear Him speaking to you. Every voice is the Voice of God, every hand is His Hand, every body is His temple. It is a tragedy that you should have more faith in man than in God that you should be willing to trust *me*, who am but a speck in the universe, to serve you in a minor or even major capacity, while you are not prepared to depend, at least to the same extent, upon the Creator of the cosmos. You would feel quite happy if I assured you that I would take care of your needs, but if you had passed these on to God, you would not feel nearly as secure.

Do you not realise that as a man thinketh in his heart, so is he? Can you not infuse joy into your experiences, live constructively, putting your hearts and souls into *play-acting* your good, so allowing His compassion and power to radiate from you into your visible bodies as success, beauty, tolerance, courage and

faith? I simply cannot understand why people fail to trust God. Who is everywhere evenly present as All-power, All-knowledge and the sumtotal of All-good waiting with an infinite love and longing to express these qualities through them! We know that He is changeless, why then can we not put our trust in Him, Who is willing and able to provide for us, to direct and guide us, to protect us from all evil, and to give us the courage and capacity to overcome any and every negative habit? We can overthrow whatever seems stronger than ourselves; we can cease to depend upon people when we look to God alone and, in so doing, find the happy consciousness of freedom of action and spirit that follows when we permit Deity Himself to work through us.

How often do I not hear you declare that you are not “good enough”, that you are not steadfast in your trust, that you do not deserve His blessings? And how often have I not told you that the Father no more sees these negative qualities in you than light sees darkness and that Love *loves* you in spite of yourselves, whether you are good or bad, rich or poor, black, white, or yellow for you are Its temples, inseparable from It, except as you yourselves bring about a temporary sense of division that externalises for you as disease in your bodies, unhappiness in your hearts, confusion in your minds, and failure in your affairs?

As long as you entertain this idea of severance, you will experience no harmony or true prosperity; you will be obsessed by a constant fear of the future and of insecurity and you will

lack any real Substance. Can you not understand that God is your sheet-anchor and remains the same whether you are 5, 15, 50 or 150 years old? What has age to do with faith?

What I would have you do is to live your roles in life, in the full realisation that you will be acting the part *either* of the Presence of God in the world, or of the immanence of evil. Then put your trust in Him and *show* Him your faith by becoming the thing you want, which, because of your love, will be a desire for peace, for a better awareness of faith, for a greater realisation of Truth, and for increased stability where your minds and emotions are concerned.

God will never talk to you in terms of fear, depression, sickness, discord or failure, for He speaks only of His Own nature, of the

Substance of Good. It is we who decide

how He shall appear to us, with Hands of Love, open or closed, with Hands of Prosperity, open or closed, with Hands of Faith, open or closed. The choice is ours. Our

fate is ours to determine; let us then raise our eyes to the hills and behold the Kingdom that the Father has bestowed upon us. Then, as our vision is, so shall its fulfilment be, and our highest good in all things shall manifest for us, under grace and in a perfect way!





Meeting a sincere man is always an event to be treasured and remembered, because of all sins to which mankind is inclined, that of insincerity appears to be the most common. This causes the man whose voice and words come straight from the inner self to stand out against that of the one who simply makes polite conversation without any real meaning.

How often has one not listened to a person with the thought that it is not the real man who is speaking? It seems all too easy to give lip-service to opinions, slogans and catchwords of which the origin is hardly known. Often opinions can be recognised as coming from commercial advertisers or political adventurers and pseudo-religionists, and such ideas are acquired by the unthinking like fleas which jump at any passer-by. We should never allow such opinions or slogans to influence our actions without first examining them in the clear light of Truth.

When we have a goal towards which we are striving we are no longer swept here and there by all kinds of cross-currents, nor side-tracked by unimportant trifles to delay us; and those who are sincere in an undertaking are prepared to make sacrifices in order to reach their goal. If God is to show us the way in which to go, we must do our share by attuning ourselves with all humility to the Creator of All, and when a particular line of action is called for, WE have to take the steps to carry out such action, thereby proving our sincerity and worthiness to receive our share of the universal gifts, which are unlimited.

That is what is so difficult for many of us to realise. Doubt and the fear that this is not so and that there may not be enough to go round lie at the root of insincerity. Even though Jesus so long ago taught us a lesson by feeding thousands with a few loaves of bread and fishes, many to this day do not understand. Nowhere is this more true than in the case of the spiritual food of Love and Truth. The more we give away, the more we have of everything.



If the true spark of religious and civil liberty be kindled, it will burn. Human agency cannot extinguish it. Like the earth's central fire, it may be smothered for a time; the ocean may overwhelm it; mountains may press it down; but its inherent and unconquerable force will heave both the ocean and the land, and at some time or another, in some place or another, the volcano will break out and flame to heaven.

– DANIEL WEBSTER



Seeking the Presence

One of our very earnest students told us recently that he did not think there was anything in this business of seeking the Presence of God. It was, he felt, something of a waste of time for any ordinary man or woman, concerned with everyday cares and worries, to try and know the Unknowable. He had, he insisted, tried time and time again to go into the Silence and wait for God for guidance, wisdom, knowledge, and above all for that wonderful feeling of peace and security and quiet inner joy about which he had heard so much. But all his efforts, he said, led nowhere, and he found it a strain rather than a time of calm repose and renewing. So he gave it up, decided that he would affirm guidance, try to remember always that he was being guided although not conscious of it, and just go ahead and do his best. But he felt that even that was asking more than he was going to receive, and he had little or no faith in the outcome.

So we began to ask a few questions. We found a condition in our friend's mind which we know is so very common among students that we are going to analyse it for the benefit of all those who may be feeling as our friend felt.

The first thing we found was that he had made up his mind that he would go and ask God to tell him exactly what he was to do about a particular problem which he was facing at that time. He approached God with a prayer something like this: "Father, I am up against it badly. I haven't the slightest idea what to do, but if I don't do something very soon I shall be lost. I have nobody I can go to for help and I don't know where to turn. Only You can help me. Tell me what I am to do." There was a lot more in this strain, and he kept on praying for, perhaps, ten minutes, then remained quiet for what seemed like hours, waiting for God to tell him what to do. He tried the same thing at intervals for several days, and then came to the conclusion we have quoted above.

The first thing we asked then was this: "You told God that if you didn't do something very soon you would be lost. Are you lost? Has anything really calamitous happened?" "No," he said, "not yet, but it will do very soon, I expect."

Now let us consider his prayer. First of all, he affirms that he has a very serious problem and he affirms his utter incapacity to meet it. Then he affirms his absolute faith in some calamity. Then he affirms that he neither knows what to do nor where to go. Finally, as a sort of last-minute concession to God, he says, "Only

You can help me. Tell me what to do.” “What,” we asked, “did you expect God to do then?” Our friend scratched his head. “Well, I don’t really know what I expected,” he admitted. “I suppose I thought I would hear a voice telling me what to do, or a sudden bright idea would come to me, or else I would get this marvellous sense of wellbeing and assurance that I have read about.”

Suppose you were to go to the Mayor of your city, or to your member of Parliament, or a Cabinet Minister, and ask for an interview. You wish to ask some very great favour, some urgent help, and you hope he might be persuaded to give you that help. Would you rush up to his office, demand an interview in a few breathless sentences, and then chafe and fume at the apparent delay in giving you attention? Or would you, craving a very great favour, be patient, hopeful and properly respectful, even grateful, for the chance of stating your case?

We believe that you can answer that question without even stopping to think about it. We have no doubt whatsoever that your attitude would be one of respectful attention and hopefulness. If you would feel that way when seeking a favour from some mortal personality, how much more should you be so when approaching Almighty God, Creator and Governor of the whole universe? How much more calm, poised, grateful and confident should you be when asking a favour of the One great unfailing Power which can accomplish all things in the twinkling of an eye? And, above all, how much more patient!

Our friend knew as well as we do that it is the Prayer of Faith that brings results, not the beseeching wail of unbelief and doubt. We repeat, he knew as well as we do, but for the time being he had forgotten it. He had completely forgotten it in his anxiety, his worry and fear, and in his almost hysterical efforts to find a solution to his problem. He had so given way to doubt and fear that he actually went to God to tell Him everything was already lost — for that is what it amounted to. Because he, a Son of Almighty Power, so far forgot himself and his Divine right as to bleat and wail, he made the further mistake of losing all patience and babbling almost incoherently because God did not instantly answer in just the way he had decided God should answer. He was so full of problem and sheer terror that he could not have heard if God had spoken. We doubt very much if he would have heard “The Last Trump.”

Our friend was somewhat startled when we pointed this out to him, as well he might be. In and out of season we teach students to “let go”, to hand the problem over to God, to believe that God will take it over and settle it, to be patient while God works it out in His Own perfect way, to believe that God does hear and answer, to expect only the good and the true, to rest and trust in faith and rely utterly upon God’s promises. We say the same thing in different ways over and over again day after day, week in and week out, month by month, and yet of all we have ever said, our friend remembered exactly nothing! In a vague way he thought God might help, but he had no faith, he no more trusted

God than he trusted his domestic servant. His attitude was, “Well, I’ll try God, but I doubt if He can act in time now, even if He would.” If that student’s affairs had collapsed it would have been no more than he was actually praying for. His prayer was a constant affirmation of negativeness, doubt and failure. Instead of approaching God in a spirit of calm, grateful, confident faith, he tried to dash into the Presence, bewailing and crying his woes.

What he should have done, of course, was to sit down quietly and reason a while. He was in a bad place, apparently, but he could have remembered God’s promises. He could have thought, “Well, I know God cares about me. I know if I ask Him, He will help. I know His power is supreme and cannot fail. I know that if I wish to receive, I must believe that I have received. I know He is courage, and I know I am His child, living in Him as He lives in me, so I know I have no need to fear. I can meet this situation with all courage and confidence, because Almighty Power is at work for me. I shall go to my Father and ask His guidance, and I know He will give it to me.”

Then he could have composed himself to approach God in the right spirit. His prayer would have been one of positive affirmation, something like this: “Father, I know this threatened evil has no reality, for You are the only Presence, and You are all good. Gratefully and thankfully I give this affair into Your keeping, knowing that You will guide me to do what You wish me to do, so that all will work out in perfect order and harmony. I

know that there can be no failure, and no threat that can frighten me, for I know You have heard and answered now. I know You are all the Power there is, and there is no power that can affect me. Father, in patience and peace and faith I now wait on You. Guide me now to do Your perfect will, and while I wait renew again Your inspiration of love in me.”

Then should have followed a period of calm waiting, in case God wished to speak to him. In the absence of any direct leading immediately, faith should not give way, but burn on as a steady light. For even if you do not see or hear God’s answer, it does not alter the fact that He has answered. To-morrow, perhaps, He will lead, even if you are not conscious of His leading, and things will “happen,” ideas will come to you, from within or from others, the clouds will lift and the sun will come shining through.

Do not make the fundamental mistake that our friend made, and beseech a far-off God. Remember that God lives IN YOU, and He knows all there is to know now, about you and about everybody else connected with the situation. His Infinite Wisdom will lead you in the right way, the way that will bring no sorrow with it, and will be a blessing to everybody. Do not affirm that you give this matter over to God, and then wonder what He is going to do, or wonder whether He wishes to afflict you “for your own good,” or whether you will have to wait a long time for your deliverance, or whether you must suffer privation and unhappiness before you get your answer. But instead, affirm

that God is in charge, that He is All Good and that He sends you only Good, that all is harmony and love and that the problem is now solved with blessing and joy for everybody. Expect only the good, deny the evil if any appears, as not belonging to you and not in God's plan for you, and insist in your own mind that only the Good is yours.



Characteristics of a Bully

There is no animal, how contemptible soever, that will venture boldly to face the turkey cock, that he will not fly from. With great insolence, however, on the other hand, he pursues everything that seems to fear him, particularly lap-dogs and children, against both which he seems to have a particular aversion. On such occasions, after he has made them scamper, he returns to his female train, displays his plumage around, struts about the yard, and gobbles out a note of self-approbation. In fact, he exemplifies all the characteristics of a bully. Like the human bully, he is officious, insolent, and loves self-display. His victories are trumpery, yet he is full of self-applause. He is an arrant coward, and therefore struts and swaggers, and delights in brag.

MEDITATION



Faith from Fear

I am thankful, Father, for the realisation that has been born in me that the greater my need the more surely may I put my trust in You to fulfil it. Now I know that, when I am emptied of all thought of self-sufficiency and cannot turn to anything outside myself to free me from my trouble, then have You the opportunity to make Your strength perfect in my weakness and glorify Yourself through me.

When I had been confronted by what seemed to me a mountain of difficulty, and knew how weak my personal self was to cope with it, I used to be afraid of my weakness and felt that, because of it, You were unable to help me; and no matter where I looked for the way out, all I could see was darkness. But You, Father, in Your infinite love have a way of drawing Your children back into the consciousness of their good, and I knew then that, in my despair, I would have to turn to You as my last resort.

Filled as I was with fear – for I had been ignorantly reacting according to the evidence of the physical senses which tried to persuade me that all was failure – I could only pray in that state of anguish, and at times I was incapable of voicing more than Your Name. But that was the seed of my blind belief in a power greater than myself, and You used that seed, Father, and with Your love, wisdom, and power You grew it into a tree of faith. Gradually I witnessed the darkness of difficulty dissolving as mist before the sun and saw my good come forth to bless me with greater spiritual growth and material well-being.

Now, Father, no longer do I recognise anything but Your presence and power, Your love and life constantly expressing in and through me, to share and to spare. If at times it would seem that You are absent from me, then do I know that I must raise myself into a more complete consciousness of love and faith to partake more abundantly of Your rich blessings of fulfilment, and like the Prodigal Son I shall find You there to meet me.

For this inner knowledge, Father, I give grateful thanks in the name and consciousness of my beloved indwelling Christ.

So be it.



Fear is the mother of foresight.

– H. TAYLOR



Let us all
be glad!

Have you ever noticed how people react when you tell them to cheer up and be glad?

“Glad?” someone exclaims. “What have I to be glad about, I should like to know? My servant has left me in the lurch, and I’m so tired I can hardly stand!”

“What about me?” another may retort. “My husband has lost his job and I haven’t had a servant for months – can’t afford one. I have to do everything myself – and I simply loathe housework, anyway!”

“Well,” yet another moans, “I’d change places with either of you. I’ve got all the servants I want – and most other things that money can buy – but I can’t eat the most simple meal without suffering agony after it. What’s the good of money without health? Tell me that.”

And so the conversation goes on – each one trying to out-moan everyone else, and refusing to recognise the many things they really have to be glad about.

Do you not like that word “glad”? I do! It grows on one. It suggests music, sunbeams and laughter. Why is it that when we are glad we feel we want to be in open spaces? Or, if we are at home, we want to open all the windows as wide as possible. We want to sing, and dance, and laugh! Do you know why? It is because when we are glad we are in tune with life – in harmony with the endless music of time – we are joining in the songs of joy that have been ringing down the ages from time immemorial. Those notes of gladness have never died, and never will die. Each paean has joined with the first that was ever sung, until the very ether vibrates with joy.

The queer thing is, that no matter how depressed and irritable we may be, if someone comes along who is radiating happiness, we share in the warmth. It is infectious, is it not? And we wish that we, too, could feel glad. Well – why not? If we pause and think, we shall find quite a lot to be joyous about.

Just for a moment let us consider the problem of the woman whose servant has deserted her. It is early morning, and the housewife wakes and abruptly realises that there is no one to cook the breakfast. Immediately she begins to feel sorry for herself. She is tired – and full of aches and pains. In fact, she feels she has a real grudge against life. Then, the children will not get up when they are called, and her husband seems to be stupidly helpless on this trying day! By the time she has finished giving orders to them all, they are in a thoroughly bad mood – and they leave home feeling disgruntled and unhappy. Quite possibly teachers, typists,

and the office boy will suffer in consequence! Certainly there was no gladness in the home that morning.

Well – if you find yourself in similar circumstances, just try this method. I have made the experiment myself, and found that it was a great success. In fact, it was very good fun.

When you wake – thank God for your night’s rest, and for the use of your limbs and your senses. Thank Him that you have children and a husband to love and care for. Forget your tired and aching body, and begin to prepare something especially nice for breakfast. INVITE the family to help you, making them feel that they are playing an important part in the household. You will find that everyone catches the happy spirit, and that all is pleasant and harmonious. The meal is a merry affair, and everyone leaves home feeling “on top of the world.” Do not worry because the house has not been put in order as usual. What does it matter? Is happiness not of more consequence than a tidy house? Of course it is! And you are filled with gladness because all has gone so well on what might have proved a most distressing morning. Being without a servant is not so bad after all – and anyway, you feel how fortunate you are to be living in a country where it is possible to employ others to help you. And in this cheery frame of mind, you set about the day’s duties and perform them quickly and efficiently.

Perhaps you are thinking that this is a very simple problem to solve – and so it is! But often these simple things are very difficult to overcome. And the effects of not finding a solution can be so

far-reaching. But even if your problems are more complex, and are concerned with poverty, ill-health, or unhappiness, you will have much to be glad about. And as soon as you start to be glad, all sorts of things happen to make you more so.

We all know how powerful sunshine is – how it makes things grow and beautifies them. Human sunshine is just as powerful – it transforms lives, homes, and whole communities of people. As one writer has said: “All things respond to the call of rejoicing.”

When you are feeling disappointed or discouraged, think of something to make you glad. It is, you know, just a matter of changing your thoughts. Some years ago I was walking with a friend in his garden, and we were discussing certain happenings in my life. I shall always remember how he placed his hand on my shoulder and said, “When things become unbearable, go into a garden and study the flowers – you will soon feel better.” I have often taken that advice, and it has proved very sound. One certainly does get nearer to God in a garden – or in any other of nature’s beauty spots. And where one is conscious of His presence – there is found the fulness of joy.

We overcome our difficulties by not allowing them to accumulate; by facing each one as it comes along. As children of God we have access to all power and all wisdom – so surely we should be able to overcome all difficulties. Nothing on earth has any power over one who is brave and confident. To be able to smile at trouble indicates strength of character; it shows that the mind is in control of the body.

Often when people come to me – especially young people – with tragedy and suffering written all over their faces the first thing I do is to make them smile; and you have no idea how it helps. I have come to the conclusion that we do not laugh nearly enough. And there is so much pure fun in this lovely old world that it seems strange that so many people are dismal.

Be glad and rejoice – because there is a lot to be thankful for, is there not? Grumbling can become a habit – just as fault-finding and criticism can become habits – and such ugly habits they are! Make up your mind to be happy. Instead of a frown – try a smile. Instead of a grumble – give praise. Instead of worrying – just trust. And you will find that your life is full of gladness, because you will be one with the very spirit of joy – which is God Himself.

THE SCHOOL OF TRUTH HAS PRAYERS AT 11:00AM

Students are encouraged to join us in prayer at that time.

Prayers are indeed very powerful.

A SUGGESTED PRAYER MAYBE:

***The Light of God surrounds me,
The Love of God enfolds me,
The Power of God protects me,
The Peace of God is over me,
Wherever I am, God is.***



This prayer may be used at any time.

March 1st**SUNDAY***Meditation***MY TRUE BEING*****My Father,***

I now concentrate on my being – on my awareness. I quietly enter the deep recesses of my Soul to a place of peace and rest. Here I realise my unity with You, I know that the ego is but a changing thing of time and circumstance, whereas the real immortal Self is birthless, deathless, changeless.

I am patient, for I am one with All-Time. I am wise, for I am one with All-Knowledge. In this awareness I am beyond pain, for I see beyond pain's sense limitation to the Truth within me.

I am rich, for there is no limit to the abundance which is my divine inheritance. I am successful, for my mind at one with Your Mind ensures achievement beyond human imagination.

Vanity and ego, time and shadow, depart from my consciousness as, more and more, I understand what the Master meant when He said: "I and the Father are one."

March 2nd**MONDAY**

Seek ye his kingdom, and these things shall be added unto you – Luke 12:31

God's Kingdom is the Kingdom of Right Ideas, and when we hold the right concept of everything we shall have all that is, to use and to enjoy, and shall not need that anything be added.

To achieve this true point of view we shall, of course, have to know what God is, and what is our personal relationship to Him, but when we are clear on this, the Kingdom will BE OURS.

We have Christ's word for it that we are Gods, that we can do the things He did, and have within us the Power – which is certainly not human – to do “even greater” ones. And if we, who seem to be very limited mortals, are thus endowed, it must be that the Father Himself dwells in us, AS US. Should we not accept this as fact and, discounting the appearances (which *we* ourselves called forth), act as though it were true? Then, if all comes out right, conviction will inevitably move in upon us and the play-acting will be over as, recognising the Truth, we begin consciously to LIVE IT and so to experience It in all that concerns us.

***All that God is, that potentially I am,
I seek day by day to realise this***

March 3rd**TUESDAY***Judge not, that ye be not judged – Matt. 7:1*

*W*hy is it that men are so often more lavish with blame than with praise? Is it perhaps because they are – possibly unconsciously – jealous of one another? Whatever the reason, anyone who desires to live the Good Life should criticise only constructively, and then with understanding and gentleness.

We are liable, very often, to judge people by their less worthy actions, forgetting that these may be offset by kindness or some other virtue. Our business as students of Truth is to look for the good in our fellows. We should EXPECT the best from them and thus give them an incentive to live up to the highest that is in them.

Let us not judge by appearances but judge righteously. We do not always know why people behave as they do, and if we had had their upbringing and their background how can we tell that we should not have done the same? Then let us see beyond the seeming evil to the Spirit of God within them.

*I seek always to magnify the good
in my fellowmen*

March 4th**WEDNESDAY****April 1st**

Cast thy burden upon Jehovah, and He will sustain thee
– Ps. 55:22

*M*ore than once the Bible seems to suggest that we can turn all our problems over to LOVE and have them solved for us – and we can – but it is not quite as simple as it sounds.

Before we can do this we have to learn the Truth, which has to be spiritually discerned, of our relationship to God, then we shall understand that we have the *right* to go to Him with our worries because, since we are one with Him, we and our affairs are His chief concern. Furthermore, as He is All-good and All-in-all, *He* cannot suffer discord, nor can any obtain within His Being so that we who live, and move, and exist therein cannot have troubles *which are Realities*, only such as are illusions; consequently, He has nothing to overcome for us and all is well. Nevertheless, we are come to this plane to learn the “deep things of God” and it is by and through our lacks, diseases, fears and failures, that we are forced to go within and hearken to the Voice of our indwelling Spirit declaring to us that we can never be separated from the Father.

*I know that I live forever under the shadow
of Love's wing and am safe from all harm*

March 5th**THURSDAY****April 2nd**

His delight is in the law of the Lord – Ps. 1:2

We cannot expect God's goodness to manifest in our lives if we are disobeying His law.

Sometimes we do wonder, perhaps, how God can be all that is good, and yet permit people, apparently good people, to be living terribly tragic lives, and in return receiving hardships. To us, these may seem to be grossly unfair.

Let us know that there is no injustice in God's universe. As a man sows, so he shall reap, if, not in this life then in another, until HE REALISES HIS UNITY WITH THE SPIRIT WITHIN HIM. He will then know that the Spirit is perfect, and if he is one with Spirit, then he must be perfect too.

Another law is that as a man thinketh, so is he. If, therefore, you are suffering from lack, look at your thoughts and learn to think in terms of abundance. As with supply, so with health, and anything else you need. Thought is creative, and so are words, so use both constructively.

*As I obey the spiritual law,
so do I know only good can come to me*

March 6th**FRIDAY**

Your heavenly Father knoweth that ye have need of these things – Matt. 6:32

If the Father did *not* know about what we need here on earth no one would, and there would be none who could supply us, for there IS only God, filling all space, being all knowledge, and constituting all things.

Deity is not someone on the end of a spiritual telephone whom we call up when we need material things, nor is He a Divine Physician to Whom we apply when we are sick or seek relief from pain; He is not even a Celestial Banker Who will dole out a little money when we remind Him that we cannot pay our debts. He is our All-sufficiency in all things, and is furthermore the same yesterday, today and forever, so it was in the yesterday of our beginnings that He equipped us with all we would ever need. His work in this respect is done, and if we *knew* it, no negation would ever express through us. We have to grasp the Truth that all that the Father has is ours to use, to enjoy and to share; then shall we no longer beg for things but shall give thanks that the Kingdom is ours.

***I know that because God is my Father
my highest good always comes to me***

Good Friday

April 3rd



FOR GOD SO
LOVED THE WORLD,
THAT HE GAVE HIS
ONLY BEGOTTEN SON,
THAT WHOSEVER
BELIEVETH IN HIM
SHOULD NOT PERISH,
BUT HAVE
EVERLASTING LIFE

– JOHN 3:16

*O*n this day we humbly thank God for giving us His Son who came to give us a new covenant of love and forgiveness. We are thankful for all his teachings and lessons that we too can experience the Kingdom of Heaven here upon earth.

We strive to follow Jesus' last commandment: "Love one another as I have loved you." – *John 13:34*. Let us reminisce on this, together with His last selfless act so that we may be saved and have all our sins forgiven.

This is confirmed in *I Peter 2:24* – "Who his own self bare our sins in his own body on the tree, that we, being dead to sins, should live unto righteousness: by whose stripes ye were healed."

As well as by Paul in *I Cor. 15:3–4* – "...how that Christ died for our sins according to the scriptures; and that he was buried, and that he rose again the third day according to the scriptures."

March 7th**SATURDAY****April 4th**

Praise the name of the Lord your God, that hath dealt wondrously with you – Joel 2:26

God has indeed dealt wondrously with us, for all that we require is already ours in the invisible realm of the Spirit, and it will come into the visible when we know how to claim it.

We are not claiming it when we think and talk in terms of sickness, or poverty, or misery. We claim it when we give thanks in perfect faith for it even though we cannot see it. Faith is an assurance of things hoped for, a conviction of things not seen. We must BELIEVE AND KNOW that we share in the riches of God's Kingdom if we want them to manifest for us. And we must abide by His laws.

The first two commandments are that we must love God and all His children, and these are the most important of all because they are those on which all the others depend. We shall not sin against our brothers when we love them. If we obey these two laws then all our needs will be met, for such is the promise.

***I give thanks for the provision which God
has made for me in all things***

March 8th**SUNDAY***Meditation***GRATITUDE...**

***My Father,***

In quietude and peace I direct my thoughts to You in gratitude for the abundant blessings in my life. I recall the many occasions when, helpless and confused before circumstances, I have turned to You and received Your loving guidance and encouragement as I sought my way out of the darkness of ignorance and unhappiness. Always, when I turned to You in faith and trust I heard this heartening assurance “Lo, I am with you always” and gradually I found myself rising above my human limitation as I claimed Your dominion over all seeming difficult experiences.

I give thanks for all the Beauty which I see around me and with upraised vision I identify myself with the inherent Good in all things. In service to my fellow travellers on the path of life I become part of the Divine activity at work in the world to bring about Your Plan of Harmony.

Now, with love in my heart and peace in my mind I feel attuned to Your Harmony and Happiness. Thus, knowing that You are always with me, I do my share to fulfil the purpose You have set before me this day as I go forth with joy and gratitude in my heart.

Easter Sunday

April 5th

HE IS NOT HERE, BUT IS RISEN:

REMEMBER HOW HE
SPAKE UNTO YOU
WHEN HE WAS YET
IN GALILEE, SAYING, THE
SON OF MAN MUST BE
DELIVERED INTO THE
HANDS OF SINFUL MEN,
AND BE CRUCIFIED,
AND THE THIRD DAY
RISE AGAIN



— LUKE 24:6-7

We are thankful that the Christ is risen and for His teachings which have been passed down to mankind since His resurrection. He is a wonderful exemplar and in following His teachings we too can participate in the blessings of the Kingdom of Heaven.

Praise be to the God and Father of our Lord Jesus Christ! In His great mercy He has given us new birth into a living hope through the resurrection of Jesus Christ from the dead. — *1 Peter 1:3*

Let us follow His injunction: “Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall find rest unto your souls.” — *Matt. 11:29*

Let us always be thankful His last promise to us is “... lo, I am with you always, even unto the end of the world.” — *Matt. 28:20*

March 9th**MONDAY****April 6th**

Hereby we know that we love the children of God, when we love God and do His commandments – I John 5:2

The love that we are expected to have for all mankind is not an emotional love. We cannot love all men in the same way as we love those who are nearest and dearest to us, but we should learn to love humanity with a universal love which desires to do the best it can for all.

We belong to the great human family and our ideal should be to regard everyone as a brother. We are all children of one Father, and therefore we are brothers and sisters. This should make us rejoice in another's success and share his sorrows. Instead of looking for his faults we should extol his virtues – instead of criticising, we should love, no matter what his behaviour to us may be.

No matter how much knowledge we may have, or faith, if we have not love, we are nothing. Though we may give all our goods to feed the poor, and give our bodies to be burned, if we have not love, it profits us nothing.

***Help me to cultivate love for all
my fellow-beings, Father***

March 10th**TUESDAY****April 7th**

Be ye doers of the word, and not hearers only

– James 1:22

*I*t is not the hearing of the word but the “abiding” in it that will bring forth our good. Nothing is easier than to hearken attentively to an inspired teacher, to practise for a short while what he has been preaching and then to revert to the old ways, forgetting all we have given ear to.

The mistake we make is in thinking that we shall be depriving ourselves of something we value – or enjoy – if we put off the old man and put on the new. We forget that the Master’s yoke is easy and His burden light; that in living according to the divine Law of LOVE we can experience nothing but the All-good which it inevitably brings in its train. We do not have to sacrifice anything to Love except the load of negation, fear, self-seeking, envy, uncharitableness – all qualities which destroy us – that we are dragging behind us. Love is the fulfilment of the Law of all Being and it is only as we *consciously* live, and move, and ACT in it that our lives will be full, happy and productive, and that we shall find the Pearl of Great Price.

***I will not be passive but active in my loving,
which shall bless both my fellowman and myself***

March 11th**WEDNESDAY****April 8th**

It is God which worketh in you both to will and to do of his good pleasure – Phil. 2:13

Does God enter into everything you do? Of course He does, for without Him you would not be alive at all.

If you would do the right thing, make God a partner in all your undertakings. Do not regard Him as Someone outside yourself, but realise that you have your being in Him – that you are part of Him, and He is part of you. Know that what He is, you are, potentially; and that if you would progress you must develop His attributes, and recognise your unity with Him.

Lift up your heart to the Father within you. Consult Him in everything that you want to do and seek His guidance. If you are in doubt about anything, ask yourself what He would have you do, and when you know the answer, do it.

Do not think the Master's way of life is not practicable in this modern age when "business is business." His teachings were meant for all time and are as applicable today as when He was here.

***I recognise myself as God's instrument
of service in this world***

March 12th**THURSDAY****April 9th***Rest and be still – Jer. 47:6*

When we are in trouble, facing some stiff problem, suffering from some chronic disease, or swamped in some desperate unhappiness, it is not easy to rest and be still. We feel that we must be up and doing, either fighting the condition, running away from it, or working feverishly upon it, when all we have to do is to still our frantic anxiety and place our dilemma in the Hands of God.

This we cannot hope to do while we are in a state of tension and agitation, for in these circumstances we shall not be able to bring any trust to bear, and that is essential if we would cast our burden on Him and go free. All our fear is, in Truth, without foundation, for it does not exist in God, Who is waiting to express His Perfection through us the moment we let go of the nightmare of the senses and recognise our everlasting unity with Him and His infinite Good. Nothing has to be changed, or even modified, for us; all is well with us at this present, for NOW IS THE APPOINTED TIME, now is the day of our Salvation.

***God's time is now and His all-good
is everpresent with all men***

March 13th**FRIDAY****April 10th**

He will cover thee with his pinions, and under his wings shalt thou take refuge – Ps. 91:4

God is so often mentioned as a refuge in the Bible, and indeed to whom else can we turn with absolute faith? Man may help us at times, but there are experiences which come to us in which human aid is useless.

There are people who turn to God only in their extremity, and because they are unaccustomed to communing with Him it may be that they have little faith. We should go to God daily and ask for His blessing, and give thanks for His infinite goodness to us. We should take Him our joy as well as our sorrows and our difficulties. He is our Father, and our greatest Friend, and surely therefore we should keep in touch with Him?

“He that dwelleth in the secret place of the Most High shall abide under the shadow of the Almighty.” Think what that means! And the secret place of the Most High is within yourself.

***God is my refuge and strength at all times.
I will not fear***

March 14th

SATURDAY

April 11th*Love envieth not* – I Cor. 13:4

In order to envy anybody there must be a sense of separation between the one envying and the person to whom he is directing this emotion, consequently LOVE, which knows of nothing but oneness, could not possibly entertain any such feeling.

Love never divides. It only unites. It sees creation as a Whole, in which all the parts are in complete accord, and in which all things work together for the common good. If it (consciously) pervaded every human heart there would be no evil anywhere, in our lives, minds, bodies or affairs. It does in Truth, fill all space, but not as far as man's *awareness* is concerned. Our hearts are often empty of It, Its place being taken by jealousy, rivalry, and malice; we frequently cannot discern It in our neighbours, and some of us even worship a god who is devoid of It. All this despite the Master's teaching whose KEYNOTE is LOVE.

Sooner or later we shall all have to recognise that we owe no man – nor even God – anything but love, and that, until Love fills our hearts and minds to the exclusion of all that is unlike It, we shall never truly live.

Love is the fulfilment of the law of my own being and I strive to radiate it to all

March 15th**SUNDAY****April 12th***Meditation***COURAGE*****My Father,***

I withdraw for a few moments to dwell in the light of Your Presence and to offer my gratitude for the knowledge that I no longer carry the misconception that I am alone in facing life's situations. There is joy in my heart, for fear now occupies its proper place in my consciousness, and in coming into a realisation of the wrong in giving fear domination over me I have grown to the higher realisation of true courage through the knowledge of Your Divine guidance in overcoming ignorance.

This knowledge of Your indwelling Spirit of Courage within me now lifts me above every seeming obstruction to my good as I acknowledge and work with it. I gladly accept the challenge of the present and the future with peace and courage in my heart for, under Your Protecting Power, I know that all things work together in Your love for me.

March 16th**MONDAY****April 13th**

*I will lift up mine eyes to the hills from whence
cometh my help – Ps. 121:1*

There is but one foundation upon which we can base our living and that is love. All man's help may fail, all human institutions let us down, all earthly laws be overridden, but love is steadfast, never changing, for it is GOD, LIFE and LAW eternal. It is our all-good, the vital force that animates us, the one law that guides, protects and governs us. We live in it and it dwells within us *for the purpose* of manifesting through us, if and as we allow it so to do. That is *our* part, that is what we are come to this plane of awareness to do. We are here to *let* love express consciously in us, AS us. There can be nothing automatic about this; we have deliberately, and in spite of conditions, appearances and circumstances, to let love flow through us to all with whom we come into contact, even those who persecute us, despitely use us and seek to destroy us. And to do this we must have made OUR OWN the spiritual knowledge that all mankind is one in the One Love that is God.

***In God alone do I put my trust, knowing that in
His care I have nothing to fear***

March 17th**TUESDAY****April 14th**

And my God shall supply every need of yours

– Phil. 4:19

How often do you say: “I can’t afford it”? And how often have you heard others make the same statement? Yet what a negative thought that is to hold in the mind and express in words! As long as we think on these lines we are not likely to obtain the good things we should like to have.

It is not God’s wish that we should live in poverty, but as we think in our hearts, so are we, and if we continue to think and speak and act negatively we are liable to go without. Look to God as your Source of Supply, not man, and think in terms of abundance and not of lack. Send out thoughts of prosperity that you may place yourself in the thought-wave of abundance. If at the moment you are in need of Supply, become rich in your mind. If you are ill, think in terms of health. If your environment is uncongenial, be as happy as you can in it.

***I give thanks to God that all things
work together for my good***

March 18th**WEDNESDAY****April 15th***Thou shalt be steadfast – Job 11:15*

No one gets anywhere by wavering. If you have a hill to climb you must keep on going upwards in order to reach the top; if you have a lesson to learn you must continue studying if you would master it; and if you have set out to acquaint yourself with God, your whole thinking must remain steadfast towards Him.

Let us consider wherein this steadfastness lies. We all know that He is omnipresent Good, so if we would keep our minds upon Him we cannot afford to parley with anything that is negative, evil or discordant; consequently we shall not be able to accept much of the evidence that our physical senses present to us, for they testify to disease, lack, sorrow, failure, and all sorts of other unprofitableness.

We must steadily refuse to cognize these lies. Instead we have to understand that as the only Presence there is, is PERFECTION, such things *cannot* be other than illusions, and we must remain constant to the Truth that ONLY GOOD IS. As we do this, slowly but surely all that is unlike It will fade out of our awareness and our hearts, minds and lives will be filled with the Light that is love.

***I walk in the path of Truth steadfastly for I know
that God is my guidance and inspiration***

March 19th**THURSDAY****April 16th**

Give us this day our daily bread – Matt. 6:11

What a pity it is that so many of us do not live each day as it comes, leaving the future in the hands of a loving Father.

To be alive and well are things to be grateful for, and we are not showing gratitude when we worry. Then let us not allow the possibilities of tomorrow to make us inefficient in our work; or to spoil our pleasure in today. They may never happen!

Let us replace anxiety with faith in God, remembering that His Spirit is within us – that we are one with Him and all that He has and is. Let us remember that Christ told us not to be anxious for our lives, what we should eat or drink, or what we should put on. He said to us that God knows we have need of these things; and that sufficient unto the day is the evil thereof.

Faith is the cure for worry, so let us cultivate it.

*I give thanks to God for today
and make the most of it*

March 20th**FRIDAY****April 17th**

Thy whole body shall be full of light – Matt. 6:22

In religious parlance “light” and “life” are synonymous, but for once, in the above text, I would like to substitute the word “lightness” for to my mind that suggests the gaiety, freedom and laughter I associate with Love. The idea of a forbidding judge sitting frowning upon creation has nothing in common with the Truth concept of Divine Love.

Life should be a joyous experience for all God’s world is “very good”; why then should man – His masterpiece – crawl upon the earth dragging a load of misery after him? Is it not that we have for so long geared our minds to negative, sad, and destructive concepts that we have come to accept these as realities in spite of all the evidence round us and about us that points to the fact that God’s world is a garden of gladness in which we *should* meet with nothing but good?

Let us consider this for a moment and then become still – putting all our problems out of mind – so that we can go within and ask our own indwelling Spirits to do our thinking for us.

I know that God within me is constantly evolving me into the light of knowledge

March 21st**SATURDAY****April 18th**

Casting all your anxiety upon him, because he careth for you – I Peter 5:7

Many of us hand over our troubles to God, but continue to worry, thereby blocking up the channel through which His help flows. We live in fear because we are wanting in faith – because we cannot accept that God is more powerful than circumstances and conditions and human beings.

How are we to get rid of fear? By acting as if we did not know the meaning of the word. By affirming faith, and by ousting each negative thought as it enters our minds, and replacing it with a positive one. Fear lives in the mind, and only by controlling our minds shall we get rid of it.

When anxious thoughts of yourself or those dear to you raise their heads, replace them with the knowledge that the Spirit of God is within you, ready to protect you and relieve you of all fear when you trust It to do so.

***I am God's expression in this world
and I trust Him steadfastly***

March 22nd**SUNDAY****April 19th***Meditation***LETTING GO*****My Father,***

I know that my purpose in life is to raise my consciousness and to expand my knowledge and understanding of my unity with You. The success and harmony of my life reflect my inner progress, and in serene confidence I place my future under Your divine control and guidance. I place every problem of my life in Your hands and accept Your perfect plan outworking in my affairs for my highest good as I subdue my own selfish desires and wishful thinking.

Even now Love seeks to answer my every need, and as I believe in my heart, so is it done unto me. I keep my thoughts constantly directed to Your GOOD and behold the Truth in all things. I feel Your Presence as I let go of my sense of limitation. All fears, doubts and waverings are overcome in the greater realisation of Your Divine Power flowing in and through me and I AM FREE.

There is a glorious feeling of joy in my heart and with a full sense of gratitude I say, "Thank You, Father."

March 23rd**MONDAY****April 20th**

If ye love them that love you, what thank have ye? – Luke 6:32

Love in the sense that it is used in today's text does not mean the usual human affection but universal love. We are not expected to love all men in the way we love our own. We love them emotionally, but emotion does not enter into cosmic love.

When we love in the ideal manner we are not concerned whether our love is returned or not. We give out the love of God which flows into us in unlimited quantity, and we give it, as He gives it to us, whether people are worthy or not, and whether they give love to us or not. What is that to us? Our duty is to give kindness to all men, for we and they are the children of one Father, and we are one with Him and with each other.

We should not even expect gratitude from those we help. While we ourselves should at all times be thankful for what God and our fellows do for us, we should be ready to help others without thought of reward.

Whatever good I do, let me do it without thought of return

March 24th**TUESDAY****April 21st***I will arise and go to my Father – Luke 15:18*

Unless we consider the above text carefully it will suggest that the speaker is in one place, where his Father is not, and is proposing to start out for another one in which he will *find* that Father. But this interpretation does not accord with Truth teaching in which we learn that there is no separation between God and man, or for that matter between Him and anything that He has created. Man, however, can think from two points of view: he can, with his physical brain, entertain negative and destructive thoughts which are lies about the Truth of Being, or he can, with the Mind that is the Spirit within him, think “God’s thoughts after Him.” He is absolutely free to choose which he will do, BUT if he entertains false concepts about Deity and His universe, he will separate himself in consciousness from his Maker, and before he can enter into his essential unity with Him – in which state alone he will be able to enjoy all His benefits – he will have to *raise* his mental outlook above appearances to his Father and see all that He has made and “behold it is very good.”

Daily do I go within and look with my spiritual vision, which is love, at the world in which I live

March 25th**WEDNESDAY****April 22nd**

Let each man prove his own work – Gal. 6:4

*W*hat was good enough yesterday is not necessarily good enough today – it certainly is not unless we have given of our best.

Were your tasks not performed as well as they could have been yesterday? If so, make up for your slackness by doing them especially well today. It depends on you whether you will be deemed fit to undertake greater work or not. This may be a testing time to find out how efficient or conscientious you are, and if you do the lesser tasks well perhaps you may be given more responsible ones to do.

No matter what you have to do, do it well. If you love God and your fellows you will want to do your best in whatever position you happen to find yourself. Be enthusiastic over what you are doing, no matter how humble the work may be.

Remember that you are working primarily for God, and only your best is good enough to be offered to Him.

*Help me always to serve with zest, Father,
that You may be glorified through me*

March 26th**THURSDAY****April 23rd**

*Be thou an ensample to them that believe in word,
in manner of life, in love, in purity – 1 Tim. 4:12*

We shall certainly have to go very carefully if we want to be “an ensample” to our fellowmen, for we all have so many faults and failings that we shall have to keep a very firm hold on ourselves if we would neither do the things we ought not to do, nor leave undone the things we ought to do. The Christ, of course, pointed out the way and said that His yoke was easy and His burden light, but we are a trifle sceptical as to that until we know something of Truth. When we do, we understand that God is not a fearsome ogre who, having laid all sorts of snares and pitfalls for us, is watching and waiting for us to fall into them that He may mete out the punishment He has in store. On the contrary, we learn that He is LOVE and has prepared for us, His children, only our highest good in everything, and that our longings are not helpless yearnings, but are HIS will for us that He is imparting to us. All He asks is that we believe this and take it, consciously, in grateful trust.

***God is my all-sufficiency in all things
and daily I give thanks that my every need
is bountifully fulfilled***

March 27th**FRIDAY****April 24th**

Love worketh no ill to his neighbour – Rom. 13:10

*I*t is because there is not sufficient love in our hearts that we so often look for the worst instead of the best in those with whom we come into contact.

There is far too much scandal talked by people who should know better. There is too much condemnation. If it is true that we often blame in others what we dislike in ourselves, how we give ourselves away to those who understand these things when we criticise our neighbours destructively. We condemn ourselves at the same time, and we draw to ourselves other condemnatory thoughts.

Instead of blaming people, let us look for something in them which we can praise. If we want to work no ill to our neighbours, let us look for health in them rather than sickness; for joy rather than unhappiness; and for abundance rather than poverty. And let us look for the good rather than the evil in those we meet.

I am lavish with praise and sparing with blame

March 28th**SATURDAY****April 25th***I press on toward the goal – Phil. 3:14*

*Y*ou are come to this plane that God may express through you and this He can do only as your mind is attuned to Him. To this end it is not important that you acquire a sound education, make money, or achieve material success, but it is vital that you learn to love. To do this you will not need to pour out any gushing sentimentality or to indulge in exaggerated emotionalism, but you will have, yourself, to set in motion, and to direct, the greatest Force in the cosmos. You will have to discipline your own thinking, speaking, feeling and acting so that these conform always to the Law that governs all people and all things. Out of your own heart you will have to bring forth sympathy, tolerance, understanding, patience, forgiveness, and complete unselfishness, and these you will have to harness to the service of friends and seeming enemies alike. You will have to give of yourself again, and again, and again, with no thought of return, and by virtue of your spiritual dominion you will have to rise above all mortal suspicion, injustice, rejection and scorn. It will not be easy but, if you are not weary in well-doing, in due time you *will* reap, if you faint not.

*My daily prayer is that that mind may
be in me that is also in Christ*

March 29th**SUNDAY****April 26th***Meditation***ABUNDANCE*****My Father,***

Why is a fear of lack so easily prominent in my mind, being a constant and nagging worry, gnawing at my thoughts. A feeling of something missing, be it health, happiness or supply.

I ponder what lesson is being given me that I must learn to overcome this hurdle of nagging lack.

In my garden I see a yesterday, today and tomorrow shrub in prolific full bloom with violet, lilac and white flowers and a wonderful scent. I see how abundantly You have provided in this instance. I then realise how abundantly You have provided for all instances and occasions.

I never consider or fear that the oxygen supply could be depleted and so my thoughts turn to You, knowing that all things work together for my highest good as I love You.

Thus, must I constantly turn to You in faith and love, believing that I am with You and that You share *all* You have with me.

March 30th**MONDAY****April 27th**

Being therefore always of good courage – II Cor. 5:6

Many are the experiences which we encounter where our courage fails us and we should inevitably give way to despair were it not that over the wings of the wind there comes a murmur saying, “I will never leave thee nor forsake thee for I am with thee always, even unto the end of the world.” Perhaps at first we hardly heed this Voice, but after we have sought human sympathy and it has evaded us, asked for human help and it has been denied us, fought with human weapons and they have failed us, we turn in our extremity to LOVE.

Love does not query our past actions, argue with us or set out conditions for us, It takes us by the hand and leads us away from all that has been tormenting us and shows us a path of peace that goes gently upward to God.

All we have to do is to *put our trust in It*, to give ourselves over to Its guiding in the conviction that It alone is the Way, the Truth, and the Life, and that if we abide in It, It will bring to pass our complete salvation.

Into Love's hands do I put my life

March 31st**TUESDAY****April 28th***Commit thy works unto the Lord – Pro. 16:3*

Do you feel that you are not in your right place – that you could do far better work in some higher sphere? If so, there is no reason why you should not advance if you are efficient. God's power is within you for you to draw upon at any time, and all you need is the faith to accept it.

Often it is necessary, however, for us to prove ourselves worthy before we are moved on to higher things.

It is important for us to do our best just where we happen to find ourselves, looking on our work as work done for God. If we regard it in this way, we shall put our best efforts into it. We shall not be likely to do this, though, if we are discontented. The better way is to give thanks for all the blessings that are ours, and also for those which are yet to come. Thus we prepare the way for them to materialise.

Every necessary task is worth doing well, however menial it may be.

*By doing the lesser things well,
I prove myself worthy of the greater*

WEDNESDAY**April 29th**

I will give thanks unto Jehovah with my whole heart
– Ps. 111:1

Do we always remember to give thanks to God for His many blessings? Or do we take them for granted? There is so much for which to be grateful.

There may be some who fail to see that the gift of life is something to be thankful for, but as it comes to us from God it is a perfect gift. What we do with it is our own affair. We can make or mar it as we will.

Most people find life precious, however. Especially is this so to those who possess alert minds. They love life and make the most of it, and in loving it they love the Giver of it, and in their appreciation they show their gratitude.

The best way in which to show our thanks is not in words but in deeds, by sharing the love the Father gives to us with all that He has created. What better way is there of expressing our gratitude? And when we love we always desire to help.

***I thank God for the privilege of being used
as an instrument in His service***

THURSDAY

April 30th

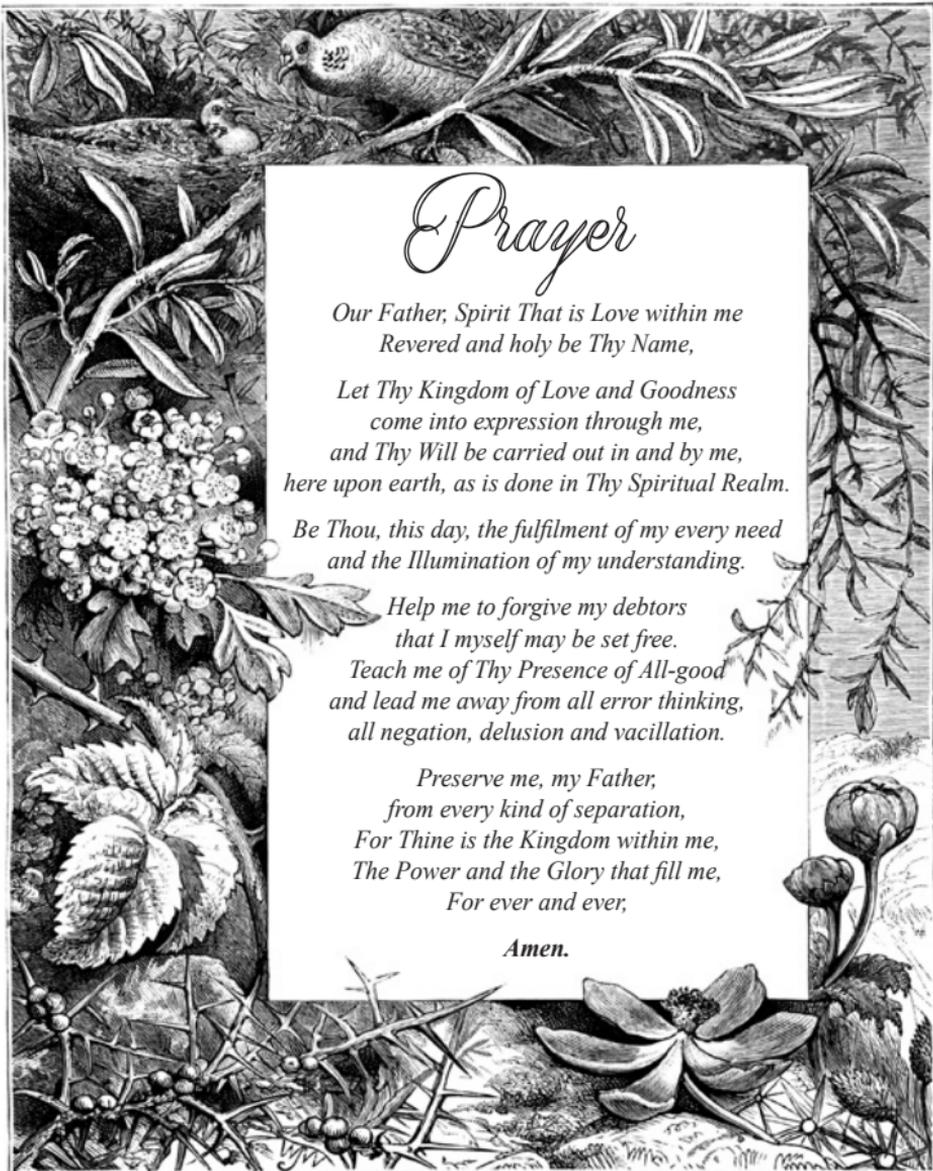
If your eye is sound, your whole body will be full of light – Matt. 6:22

*A*s the eye is to the body, so understanding is to our whole life. When we perceive ourselves as inadequate and our world as hostile and dangerous, it is like locking ourselves in a dark room, but when we perceive ourselves as God's beloved children and our world as His world, we find ourselves surrounded by light, space and opportunity. *With* God all things are possible, but we must direct our expectations towards Him.

How easily we all slip into negation, into irritability and aggression. It happens so fast sometimes that it shocks us and we ask ourselves, "*Was that me?*" But we are given almost infinite opportunity to return to the path, again to put all our hope in Him, and to step forth as His representatives. That we are aware of our lapses and regret them are very good signs for us.

The practice of Truth is steadfastly to claim our Sonship. It may be easier at some times than others but because of our persistence, our "*importunity*" as the Master puts it, He opens the doors one after another that take us further into His kingdom.

***Steadfastly I direct my expectation
towards Him***



Prayer

*Our Father, Spirit That is Love within me
Revered and holy be Thy Name,*

*Let Thy Kingdom of Love and Goodness
come into expression through me,
and Thy Will be carried out in and by me,
here upon earth, as is done in Thy Spiritual Realm.*

*Be Thou, this day, the fulfilment of my every need
and the Illumination of my understanding.*

*Help me to forgive my debtors
that I myself may be set free.
Teach me of Thy Presence of All-good
and lead me away from all error thinking,
all negation, delusion and vacillation.*

*Preserve me, my Father,
from every kind of separation,
For Thine is the Kingdom within me,
The Power and the Glory that fill me,
For ever and ever,*

Amen.

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