

The Path of Truth *and* *Practical Philosophy*



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THE PATH OF TRUTH

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Editorial

The Fundamental Principle

What sort of witnesses to the Truth are we? Can our fellowmen see by our deeds that we are doing our best to live the life of Truth? Do they realise how an understanding of Truth has helped us?

Our actions speak louder than words. We may profess this or that, but unless we endeavour to practice what we preach it is hypocrisy. How can others be convinced? The one principle on which all Truth teaching hangs is Love, and only as we try to live up to this can we be good witnesses. It is useless to profess our concern for our fellowmen and then to participate actively in, or condone passively, any action that would hurt them.

And it is not enough to love the few, we must love all regardless of colour, race, or creed. We cannot at our present stage of spiritual growth love all alike, and we are not expected to do so, but we must seek to cultivate a cosmic love of our fellowmen, and be ready to help those in need at any time, in any way we can, and to the best of our ability.

“I asked you to pray –”

Extracts from letters received by the School of Truth

It is with great joy that I write to you to let you know that B has passed his second year at University and with far better results than he ever expected to obtain. I would like to add that not only have our prayers helped him with his studies but that he has turned into a very good-living boy and he sets us many a fine example.

To all our known and unknown friends who share in this work of Truth we do in God's service and who, by their spiritual and material support, become our co-workers in its expansion, we extend our most sincere and grateful thanks.

I have wonderful news for you – my husband has got a job on a sugar estate in Natal and has started on the 1st of this month. When he telephoned me the first night he sounded a little dubious about the job but when I spoke to him again tonight he was much happier. He said that it was such a big concern that the volume of work was a little bewildering at first, but he now seems confident that he will soon get into the routine of things. He is entitled to a company house at a nominal rental, free fuel, light and water. I feel this is nothing short of a miracle and thank God for answering your prayers for us.

Again my sincere thanks for your wonderful prayers. The deafness has gone and I can again hear quite normally.



I phoned you in a terrible state asking you to pray for my grandson who was 24 hours old and a very sick little boy. His kidneys were not working, he was receiving oxygen and the doctors gave him very little hope. After speaking to you I felt a calmness come over me and I knew he would get well, with the Grace of God. He is now 6 weeks old and home for 3 weeks. He has gained weight and his doctor is very happy with his progress. There is no sign of brain damage. I want to thank you and the Almighty for keeping him safe and well. I thank Him all day in the quietness of my heart.



I am pleased to tell you that Mrs. L has had the operation to her nose at the plastic surgery hospital which was such a renowned hospital for burnt seamen during the last war. The operation is a complete success, and although she had a skin graft taken from her cheek, both places have healed up and no scars left. I would like to thank you for your prayers on her behalf. It was a comfort to us to know that you were joining us in our own prayers for her complete recovery.



The surgeon and doctors who operated on my husband for a heart complaint, feared for his life. In my distress I telephoned you and you helped me considerably by insisting

that I should “let go and let God”. That was exactly what I did. I handed my husband, myself, the doctors and nurses, even his employers over to God, and I felt sure that He would not let us down. You will be pleased to know that he is well and back at work. Thank you very much for your prayers.



This letter is to thank you for praying for me when I was desperately ill in hospital and a friend telephoned you for help. I was stricken down with cerebral thrombosis, but thanks to God’s healing power I have recovered completely.



When I wrote to you my son was passing through a period of nervous depression following a serious accident with a motor car in which he was a passenger. He could not study and could not forget his best friend who was killed in the accident. Within a few weeks of writing to you, he started taking an interest in things and in his school subjects again and I am happy to be able to let you know that he is making marvellous progress and should pass with flying colours.



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The Light Within



THE other night I dreamed that I was watching a man with a torch, in which there seemed to be no globe, walking to and fro in a very dark garden. Eventually he came up to me and said, “I can’t see a thing.” And when I asked him why not he repeated, “Well, I just can’t. I have this torch but I cannot see with it.” Then I told him that it had no globe, to which he replied, “Oh yes it has, I checked that before I left home; the globe is there all right,” “That is strange,” I said, “let me look at it.” And taking it from him I pressed the switch and on came the light. “You just forgot to switch on,” I told him. “How incredibly stupid!” he exclaimed. “Here am I, with the instrument in my hand that is waiting to give me all the light I need, and I don’t switch it on.”

“There are many people like you,” I said. “They have in their hands health, substance and prosperity to share and to spare, together with all the knowledge and power they need, but they too neglect to flick on the switch so they grumble because they cannot see the qualities they yearn for, blaming this on God, religion or their fellowmen.” I paused and then quoted the words, “I AM the Light of the world. I am the omnipresence of Understanding – or Love – in every human being, waiting for the switch to be put on that will illuminate all My world!”

With my experience of mankind I can assure you, with deep sincerity, that there are innumerable folk like the man in my dream who are walking about lightless, falling over bushes, tripping over stones and bumping into trees because they have omitted to switch on the torches they hold in their hands. They have eyes and cannot see, ears which hear, but they do not comprehend. We draw their attention to the basic Truth that though **all that God is actually constitutes man**, He is powerless to flow through them as Love, Light, Health, Happiness and Prosperity unless they permit Him to do so.

The average mind thinks like this: “Perhaps in the future I shall be healthier, happier, more prosperous and successful. I have no idea through what channels these blessings will come, but since I need them, God will provide them.” We who are looking on ask them, “Why do you not release these things by putting on the switch,” and they become annoyed and say, “It is all very well for you, who have everything, to talk, but for us it is difficult. We haven’t *got* such and such, cannot *do* this and that because we cannot afford it.” To which we reply, “It is not a question of affording – **it is a matter of consciousness, the awareness that the spiritual idea is within you**, not outside you, which realisation will set it free.”

This explanation again meets with the same reaction, “It is easy for you to speak like that, but I am sick, poor and unhappy, so let us not pretend.” We counter this once more with the assurance that we are not pretending; that we know

very well that they are simply existing, not living; that they are sick, poor and unhappy, IN CONSCIOUSNESS, because the measure of their awareness is one of mere “trickling through”. Then the question comes, “Why does not *someone* give me what I need?” And we have to say that no one can give them anything unless they have the relevant awareness; and that if this is lacking what has already been bestowed upon them will, in a few days, weeks or months, be completely dissipated. If their consciousnesses are sieves, what pours in will simply drain out.

I cannot understand such a frame of mind. The Master made it clear that the “I AM” Presence of God indwells man, and that if he has the courage to accept this, not as a personality, but as Divine Life and Love, It will have to manifest.

I have often likened this Immanence to His Voice tapping at your awareness, appraising you of what is already yours, and have told you to accept It, to make-believe that you are experiencing it; then as you live in that awareness, it – not having any power of choice and being quite incapable of deciding whether or not it shall manifest – will have to take on visibility. Whether you be good, bad, high, low, black or white, the moment you flick the switch, light shines forth. And so it is with God who is All-health, All-happiness and All-prosperity.

Human beings unfortunately are perverse. Thousands of times I have heard people, who have had many demonstrations,

say, "It is no use pretending that I have something when I have not. How can I spend what I do not possess?" Let me try to explain.

You could be living in a tenement building amid great poverty and squalor, but your mind could be dwelling in a paradise, a palace elsewhere. And don't tell me that you can't do this, for you can. Your squalor represents your current state of consciousness which is all you deserve, no more and no less. It is you, not God, or some individual who have put yourself where you are. It is now for you to look beyond the surrounding dilapidation, to close your eyes and ears to the poverty of that slum and instead to *behold the Spiritual Kingdom as you pretend that you are living where you would like to be.*

This personal choice will be what *God Himself has chosen for you,* and as you hold to it, you will demonstrate the lovely home, beautiful garden, car and exquisite furniture you long for. To bring this about you must in imagination do the things you would do if you were indeed living in such a mansion, not merely pretending, but knowing that it is so. Then when (coming back to earth) you see the sordidness of your environment you will be able to say, "All this is just a lie in consciousness; it is where I have temporarily placed myself, but I will visualise it no longer. I deny it completely. Everything connected with it is finished and done for *I am now living, in awareness, where God Himself abides.* I am

the light in my own world for God in me, His body temple, is the Light that I AM.”

It might take a few months – or years – to go from step to step, stage to stage, suburb to suburb, but I can assure you that if you have the courage to persist (and here is where most people fail) you will progress from squalor to wealth, success and security and everything else you want. This I will guarantee, but only **for those who endure**, not for those who sit down and say, “Why does not God do this or that for me? Why did He bring me into livingness if only to deal unkindly and unjustly with me, to make me so unfortunate?”

These are sad, hard-luck story people who never get anywhere. If you and I are unsatisfied we are ourselves to blame, for that Radiance which is in the Inner Self – not on the outside – can shine through us only as we allow It to do so. Our worlds are the effects of the spiritual causes we have set in motion, *after* we have determined what God wants us to have or to be. No one who started from nothing has achieved anything without going through great travail, mental torture, emotional unhappiness, physical sickness and complete material frustration. Every single one has had to walk along the same Path of Truth, but it is when the eleventh hour presents itself that courage comes in. Conditions will appear to be swamping you, and as days and weeks go by it will seem that God is not working. I, however, have discovered that when I have planted a seed, I do not observe the germination taking

place, so I wait patiently for two or three days, in some cases for weeks and even years until this happens because, as long as it has been watered and committed to the soil, nothing in the entire universe can prevent propagation from happening.

Humanity is less predictable. Individuals who have the choice of many paths, any one of which they could take, say, “Ah, I have found it,” and for a week, a month, six months, or a year they travel along it and then come to the conclusion that it does not work as apparently nothing is happening. From that moment on, throughout their entire lives, they try one road after another until they pass on, still not having found the Way. On the other side they take up the same burden. The seed they sowed on the first path inevitably germinated. It would have borne fruit had they cultivated it, but – philosophically speaking – they dug it up convinced that it was no good, and so they go on indefinitely.

The other day a woman told me she had “tried everything” during the past few years, continuing, “I have been through the whole range of religious teachings (citing numerous denominations) and none of them has helped me.”

She was rather shocked when I said, “Don’t you think that it is *you* who have failed the religions, not they you?” as I asked her how long she had persevered with any one of them.

She told me she had read through their literature, to which I replied, “Do you think that just reading through text

books, getting an intellectual insight into what they set forth should bring results? How do you live? In every one of those religions you were taught how to think, feel, speak and act, is that not so?”

“Yes,” she admitted, and I went on, “If I understand the substance of religious teachings, it is the general emphasis all these lay on love, harmony and faith that is important. And in this connection here comes the vital question, upon the answer to which hinges your success or failure: Did you live in the CONSCIOUSNESS of your good?”

“What do you mean?” she asked.

“Simply this: Did you believe that you had already received the good you were trying to demonstrate, and did you live momentarily in that awareness?”

“Of course not,” she retorted, “I haven’t the time.”

“Are you telling me that you have not the time to live and think? If you are, it is an untruth because you *are* living, thinking, and feeling at this present. Your whole life is governed by your ideas, emotions and actions. If with complete honesty and sincerity you can say to me, ‘I not only live in, but practice the consciousness of my health, happiness and prosperity, and my hand is always fearlessly open.’ I shall tell you that in that case you *must* demonstrate. Even God Himself cannot prevent this because such is the Law. No one – let me repeat this – no one who, having the

power of choice, sets a spiritual principle into operation can do so without its springing forth into externalised form on this plane of experience (in your case the earth) upon which that person is living.”

From time immemorial, not only in Christian theology, man has been taught how to develop a consciousness of, and to demonstrate a faith in, the unseen Power which will work all manner of wonders for him. This has been going on for thousands of years; it is not something new that we are teaching. There is no such thing as new thought. Truth as we understand It is not something that has just been made up, that took Its rise in this generation. It goes back into the mists of time.

It is always man, who falls by the wayside. Man is miserable, sorry for himself because he believes that God does not care for him, so he lacks the courage to persist. In my experience God says, “All Mine is thine. All that I am you too are, AND *I am the Light of the world.*”

What, think you, does human lack represent? Is it not symbolised by the man of my dream who walked abroad with an unlit torch in his hand, perturbed because he could not see his way? The battery, the globe, and the switch were there, not asking him if he loved God, was a good Christian, possessed of a consciousness of faith, but waiting for him to SWITCH ON, after which the light could not but have shone for him automatically.

If we want a mansion, a large car, good clothes and beautiful furniture yet live in a poverty consciousness, that is what we shall demonstrate. It will not be God's fault (or that of humanity in general) but only our personal stupidity, for none interposes between us and our good save only ourselves. Think of the words, "I am the Light of the world" which apply not only to the Master, but to every man alive. If our Light is cut off we shall be unable to perceive the beauties of God, or Love, Life and Nature. To achieve this vista we simply have to switch on.

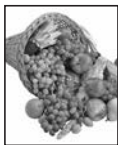
A spiritual architect sees creation as a mental concept; the builder, in the heart of man, supplies the bricks and mortar which give it form, since it is as a man thinketh in his heart, not his head, that it is done unto him. It is the emotional thought processes, the connection that takes place between thought and feeling which brings about an integration that enables God to pour forth His Substance of Good. Once you can sustain this awareness you will find God *through human beings* – bringing your fulfilment to pass by means of them. When you start out you naturally encounter many pitfalls, suffer disillusionment and frustration; but you are not a puppet, you are God-in-action. You can accept this NOW or in the far-distant reaches of time, depending upon your state of consciousness. Ask yourself whether your Light is radiating greatness or littleness, Omnipotence or impotence through you. Look at what is happening in your world in accordance with your acceptance of God or *not-good*, of plenty or

poverty, and remember that your own mental activity never ceases and **the content of God within you never lapses.** It does not change either, desiring for you happiness and affluence today, misery and poverty tomorrow. **It is the same yesterday, today and forever, GOD THE GOOD FULFILLED.**

When you and I think on the quotation, “I am the Light of the World” let us bear in mind *our* responsibilities toward our Maker and ***switch on*** in terms of health, happiness and abundance for it is we who, *through His desires within us,* determine whether we shall have ALL that He is and has, or nothingness.



Demonstrating the Good



I have told you more than once that if you find yourselves facing a problem, the solution of which you cannot bring about yourselves, you need not despair for, if you can put your trust in God and turn the matter over to Him, He will straighten out the difficulty for you. But, in order for you to be able to do this, you must have advanced in spiritual understanding up to the point where you have a conscious awareness of the Presence of God within you as the determining factor in your lives and affairs.

If you have not this childlike trust, that simply *relies* upon God, convinced that the day by day destiny of the individual is in His hands and that all is therefore well, you will have to put a great deal of effort into the art of living and, taking complete control of your emotional natures, and holding your minds rigidly attuned to the spiritual good you require, you will have to take your own practical steps in its direction.

As I have pointed out on many occasions, there are four main types of people:

(1) those who are concerned, selfishly, only with their own spiritual development and who seek, by means of meditation and prayer, to secure themselves entry into the place they call “heaven,”

(2) those who depend solely upon their own reasoning faculties to rationalise everything,

(3) those who do not question the whys, hows and whens, but who *feel* inwardly that all is worked out in advance, both spiritually and materially for them, and finally,

(4) those who are quite indifferent to spiritual issues and, concerned only with their personal material welfare, seek nothing outside of “the loaves and fishes.”

I meet a great many of these in the course of my work, but today I want to talk to the practical folk who, feeling that God helps only those who help themselves, so that *they* must therefore *do* something, find it extremely difficult to hand their problems over to the spiritual Power we call God.

I, as a teacher of Truth, have to try to understand the various types of people who come to me for help. I cannot deal with them wholesale having persuaded myself that there is but one approach to the Father. Every human being is the temple of God and I know, from experience, that it is not only possible but certain that, no matter to which category he may belong, he can – and eventually must – find the consciousness of the Divine Presence within himself.

I have spent all my time, hours, weeks, months and years spiritualising myself and examining various ways of contacting God. I have used, as do the psychologists, meditation and concentration; I have practiced affirming,

striving through reiteration to draw the desired good out of the unseen into visibility; I have tried “turning it over,” saying to the Power within me That constitutes me – and also you – “I cannot solve this problem, therefore I am putting it into Your hands in childlike trust, for You to deal with it”; and I have tested the way that is the most difficult of all, not because God is not omnipotent and might fail, but because, as it requires everything that the individual has to give, mentally, emotionally and physically, there exists the possibility that he might lack the necessary persistence of purpose.

He has to have a clear-cut objective and all his thoughts during every waking moment have to be concentrated upon it, in the conviction that, if he faints not, it must come forth into materiality for him.

This is not a method that appeals to me because I have an emotional nature and the simple kind of faith that can hand anything over to God and forget about it. Whether I need money or anything else of a physical nature, my personal experience over a number of years has built up within me such an awareness of the reality of God’s indwelling Presence that I KNOW that “before I call, He has answered!”

The practical person, however, who judges only by what he sees, hears, smells and touches must be able to see the substance in manifest form before he can accept it and, as Truth works not from without but from within, he does not get the practical indication that he needs, so he has to spend

long periods of continuous concentration, affirmation and visualisation before the manifestation takes place.

We all desire healthy bodies and sufficient means to enable us to live in prosperous comfort so the rationalists have to hold before themselves the picture of what they want. Psychology maintains that what we see we think about and what we think about we ultimately conceive, and that once conception has occurred, the natural sequence is for the idea to come forth as phenomenon. So, the man who wants health – and who does *not*, since without it he would be miserable and unable to earn his keep – must have an image on which to fix his attention, something that he can use as a spiritual plan, and what could be better for that purpose than a picture of the Master which would certainly symbolise complete bodily perfection?

This is what he desires above all things, more than wealth, happiness, or any other material asset, and as he looks at the likeness, he knows that what he sees there is already in expression in his spiritual world, and his desire for it is merely the Spirit of Life tapping at his consciousness to tell him that it is on its way to him, for, were this not so, he would be quite content to accept his physical discord as being God's will for him.

Accordingly he begins to work from a purely material point of view, in accordance with the teaching of modern psychology, which is perfectly sound as far as it goes and only

limited in scope because it does not transcend the human; he concentrates, affirms and visualises but, bearing in mind that he is a co-worker with Spirit, in partnership with God, he does not lose sight of the fact that it is His Spirit, or Love, within him that is impelling him to take these practical steps so necessary to physical externalisation.

He is not able to “hand it over” but he takes an affirmation, a positive statement like “I am health” or “God is my health” or “I am the health of God in manifestation,” that coincides with what he is looking at and is the counterpart of that which is – and always has been – manifest within him, and so he works it out for himself.

It does not matter how chronic the condition seems to be or how it appears to be taking possession of your bodies you, by accepting only what you are holding before your eyes, rob the disease of the substance that originally built it up, so that it has no choice, having nothing to sustain it, but to dissolve into the nothingness from which it sprang.

You cannot however afford to slacken your efforts, your mental one-pointedness, your constructively spoken word; these must be maintained all the time, and if anyone speaks to you of your sickness, you must either audibly or to yourself deny it immediately saying: “It is not true, it is the outcome of the imperfect plan I built up, the reflection of the faulty picture I created in the first place, the only real me is the spiritual Presence of Perfection.”

You do not need to use a likeness of the Master, you can cut any illustration out of a magazine as long as it portrays what you wish to achieve. If a doctor is attending you, you must not decide to dispense with his services forthwith, for yours are practical minds that demand practical, material aid; rather should you accept the fact that you need the kind of help that you can see and touch, the sort that you can get from a medical man, a naturopath or a herbalist and you must think of the person that supplies this as a co-worker with you and also with God.

You will get the same results as does the individual who says with childlike trust: "Father, You take this over, I am not going to try to work it out for myself because I know that I have not the stability of purpose necessary to maintain the consciousness of health that alone can bring it about." He knows that he does not require any outside aid because the Power within him, working through him, is All-power, All-knowledge and All-substance. He has no qualms about letting go, he does not absorb the negative thoughts that are uttered in his hearing, his reaction is: "Let them talk! Let them be afraid of my condition, it does not inspire any fear in me! I know that God is doing this for me." And even while the discord persists he is unconcerned because he is sure that God is being fulfilled in him, that His time is *now*, and that, consequently, it is done.

That is the NOW consciousness, and the man who can align himself with it has no reason for anxiety for he knows

that God is bringing to pass for him, just as a child knows that when it takes problems to its parents they will solve them for him. Both can be depended upon, the father who works out the sums and the Father who works out the health! It is the same with all the other things that make up your daily needs. God can expand your consciousness, give you a clearer insight into the jobs you are doing, make your minds receptive to ideas; or if you are unhappy in your present positions He can open other channels through which greater prosperity will come your way. That would be very easy for Him since every human being and every firm in existence are but manifestations of Himself.

It is just as simple for you to bring about the good in your affairs by the concentration and visualisation method as it is for you to do so in respect of your bodies; it requires courage of course, and faith which is the inner consciousness of the thing as done.

If you want better positions you cannot hold on to the unsatisfactory ones you have until better ones crop up on the principle that "half a loaf is better than no bread." Nor will you, by merely changing your disagreeable positions, get good ones. If you do not alter your outlook from one of limitation to one of affluence any change you make will land you in the very conditions that you hoped to escape; it is only by an expansion of consciousness that you can attain the material development that goes with this.

As an example, it is very much open to question whether, years ago, we could have maintained the School of Truth on its present footing; at that time we had neither the courage, nor the faith to give as we are giving now, but it always follows, if the mental attitude is a right one, that progress is continuous.

If you experience a certain degree of lack you must cast about and see where you have limited yourselves as to your giving, and change your attitude. If you find that you are on the up-swing, you know that you are in line with the Law of God, or Perfection, so you strive to keep out of your consciousness anything that would work in opposition to It.

It is all within yourselves. You begin to work with God and you give Him better service, and even if the cost of living goes up and the value of your wages drops, that is not my affair, any more than your expenses are mine.

My business is towards God, whether by serving one individual or a thousand, either here in Johannesburg or anywhere else. It is the *type* of service that counts, what I let flow through me and what you let flow through you, and you will qualify for better things when you begin to work for a better than human master, for whereas the latter concentrates upon his own profit, weighing up how much he can get *out* of you in return for the least that he is prepared to give *to* you, God rewards you, not according to your needs or even your modest desire, but in keeping with His riches that are unlimited.

There is no doubt in my mind as to whether this will work or not, I *know* it does! It makes no difference whether you go from door to door selling pencils, whether you are artisans or members of some profession, if you give honest service to God, all channels will open up for you and as your consciousness expands you will find that, having shaken off limitation, you will receive more than your employers, who still have limited outlook.

You need not limit God to any particular spheres, you can serve Him anywhere, in your offices, your homes and through your families by dedicating yourselves to Him, and whatever you do for Him will be recompensed in a measure that goes far beyond your requirements.

The money you receive from employers is not important for it is the substance of God, and if It were only in the form of a penny, that copper coin would also be of Him and would grow, and grow, and grow, provided you had built up a prosperity consciousness.

If you would increase this awareness recognise that whatever your calling, profession or vocation, you have consecrated it to God and that you expect your return from Him, not from human patrons. Then if at the end of a month, or three, or six these latter have not given you any increases, do not let this upset you, for the moment you do that you will be admitting that you are *not* serving God but personalities, and you will have limited yourself to those entities, who may

even fire you; and if this happens you will have to know that you no longer need the jobs you have lost. Instead of worrying about them and wondering when you will find something to replace them, you can rejoice, knowing that this has come about because you have, yourselves, by your frame of mind and your willing service, invited something better, which in the form of “good-bad news” has come along.

Spiritual Law is working! And as you recognise this you will realise that you are not dependent upon any firms or employers and that no human being, or group of people can interpose between you and your prosperity, or between you and God.

Whatever mental pictures you hold of yourselves and your situation in life must project themselves through your bodies and into your affairs – the inside must express on the outside – for you do not get what you pray for, but what you expect. Consequently if, through right thinking and acting you have become convinced of your own affluence this will express for you in your visible world.

You cannot make the excuse that you have not the spiritual, mental or emotional faith needed for the bringing forth of your good, for this practical way is open to all of you. If you cannot, by means of prayer and meditation, *know* that it is being done for you, that your diseases are being healed, the discord in your homes overcome, embark on this simple technique. First decide upon the thing you want, then make a

very clear picture of it; next, day by day, affirm silently and audibly that it is done, and finally take all the practical steps that you feel should bring it into manifestation.

If you will do this, you will achieve the same results as do the people who, with a simple childlike faith, can say to the Father, “I let go, I set it free, and it is done FOR ME.”



Lord, make me an instrument of your peace; where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; and where there is sadness, joy.

O Divine Master, grant that I may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love; for it is in giving that we receive, it is in pardoning that we are pardoned, and it is in dying that we are born to eternal life. Amen.

St. Francis of Assisi

Practical Steps for Truth Students

Do not retaliate if someone tries to harm you, Truth teaches, resist not negation, agree with your adversary. The man who tries to hurt us will reap the result of his actions, while we will receive a blessing, this is so because nothing in all the universe, except only that we accept, can injure us or damage to our affairs. To resist is to give power to the person or condition because we would be conceding that we have faith in their ability to harm us and that we are separated from God who is our protection.

Forgive all of the past in yourself and others. By forgiving all debts owed to you, Love frees you from the debts yourself have incurred. We are taught to pray “forgive us our debts as we forgive our debtors. “If we do not forgive others, God Who is Law, cannot forgive us. Love is the fulfilment of the Law. Do not tell so-called white lies. Remember, I am the way, the Truth and the life. Practical religion consists in following TRUTH and living it.

Have absolute trust in God, not in individuals and objects. The Christian Bible says, without faith it is impossible to Please God. (Or reach Him). When we work with Love – When It is actively and consciously taken into Partnership by us – it becomes fulfilled through people and things. After having asked God’s guidance in any matter, do not fret and worry, and try to work it out yourself, but wait quietly and confidentiality for His answer. Be still and know, He says that I am God. He is NEVER LATE!

Be thankful for all things great and small. Express your thanks to God. The Giver, the Gifts, and God are ONE, and the Father says, in all things be grateful. Thankfulness is Love in expression.

The School of Truth has prayers at 11:00 a.m.

Students are encouraged to join us in prayer at those times.
Prayers are indeed very powerful.

*A suggested prayer may be:
The Light of God surrounds me
The Love of God enfolds me
The Power of God protects me
The Peace of God is over me
Wherever I am, God is.*

This prayer may be used at any time.



Meetings: Sept/Oct 2019

Johannesburg

Theosophical Society

Corner Lothbury & Streatley Avenue, Auckland Park

First and third Sunday of each month at 11:00 a.m.

Lecturers: Sunday 1 September: Jimmy Wilson

Sunday 15 September: Dorian Thomas

Sunday 06 October: Gerd Pontow

Sunday 20 October: Edwin Wood

Durban

Phone: 072 319 8666 – 031 201 5860

Second Sunday of each month at 10:00 a.m.

Sundays 08 September and 13 October

Lecturer: Diane Evelyn

Pretoria

Theosophical Society Lodge

Via D.T.I. Building, Entrance Meintjies Street, Sunnyside

Second Sunday of each month at 10:00 a.m.

Sundays 08 September and 13 October

Lecturer: Dorian Thomas or Edwin Wood

Hoedspruit

Venue: Drakensig Sports Centre, Conference Room

Contact: Mark Tomlinson

Home: 015 793 0100 – Cell: 079 369 4604

Cape Town, Erin Hall

Erin Hall, 8 Erin Road, Rondebosch

First Sunday of every month at 10:00 a.m.

Sundays 1 September and 6 October

Lecturers: David Grant, Nicky Swartz and Penny Gottlieb
(alternating)

School of Truth Zimbabwe

Harare (00263) 488 5186: Mary Jane Williams

Bulawayo (00263) (BYO) 2800

(Esigodini 679) 679 (US)

Geoff & Gwen Calvert

To confirm date and times of meetings, contact your
representative or Johannesburg Centre:

Telephones: +27 (11) 482 5622/5856

Members' Guide

We believe that students of truth should make their daily life reflect their beliefs and faith. One way of doing this is to choose an idea or affirmation that can be thought of during the waking hours, perhaps the affirmation offered in the daily thoughts. "THE PATH" provides a number of guidelines, some of which may help one to focus in a spare moment of time:

9. If people appear to misunderstand, misjudge or mistreat us, readily forgive them, beholding Love (God) in each individual concerned.
10. Instead of looking to our employers, our debtors or other human sources, we look directly to Truth in us for our Supply.

Meditation in the silence,

St Paul, in 1 Cor. 2:14, says,

The unspiritual man does not receive the gifts of the spirit of God, for they are foolishness to him and he is not able to understand them, because they are spiritually perceived.

In prayer and meditation, and the active living of Love, we gradually learn to understand our natural state, and we know success only to the extent that we yield to the influence of a power which is beyond our present limited comprehension. Ultimately we have to realise that “the worlds were formed by the word of God, so that things which are seen, are not made of things which do appear.” One way to come into the consciousness of the Infinite Invisible, the Infinite Intelligence which formed us and the universe in which we live, is to meditate, pray and contemplate in Silence.

We are advised by the Master to “go into our closet and shut the door and pray to our Father Who hears in secret, and Who will reward us openly”. SO, to meditate upon Love and the Things of Love, we go into the inner recesses of our own Souls, leaving behind all human concerns, problems and desires, and there make conscious contact with the Author of our being.

“The Path”

September 1**Sunday****MEDITATION****JOY**

My Father,

All around me I see Your abundance of GOOD – the abundance of joy expressed in beauty, harmony and colour. My happiness radiates to all within my world and my gratitude for all Your goodness wells up within my soul.

As a babbling brook expresses its music in the praise of a gladsome day so does my joy sing its praises for all the good in my life.

Joy reigns supreme for I know that I am in you and You are in me. I give myself to You, Father, with the one desire to be a channel of more of Your Joy, Your love, Your Beauty.

As I go forth let my whole world be filled with gladness because I have today lived and walked with Your Joy in my heart. Thank you, Father.

September 2**Monday**

◆ *Rest in Jehovah, and wait patiently for Him. – Ps. 37:7.*

**GOD IS MY STRENGTH AND MY SALVATION.
I WILL NOT BE AFRAID.**

In times of stress we find it difficult to be patient. We expect our prayers to be answered at once, instead of being willing to rest in God's Love realising that He knows our need. Our faith is not great enough to insure that we remain calm in face of appearances. So many of us lose our self-control in an emergency and so we cannot help ourselves or others.

Let us cultivate the faith that will enable us to be patient and wait for God's Will to be made manifest. Let us learn to be still and know that He is God, and that He is in control. Let us claim His peace which passes understanding.

If you find yourself giving way to fear, or impatience which is the child of fear, say to yourself: "I stand still this day and see the salvation of God." Then relax in mind and body, breathing deeply and quietly. Let go to Him, knowing that His strength and His Power are yours to claim.

September 3**Tuesday****October 1**

◆ *“And let thy heart cheer thee. . .” – Eccl. 11:9.*

I LAUGH AND THE WORLD LAUGHS WITH ME.

How often do you laugh? Is your life so grim that you find nothing to laugh about, or are you too involved in the business of making ends meet to appreciate the humorous side of life? Do you know that psychologists judge your mental and emotional state by your ability to laugh?

Laughter is the safety valve of the emotions, a wonderful release from tension and strain. It is said that you cannot develop an ulcer while you laugh; that's comforting, is it not?

If you seldom laugh, or laugh not at all, you are taking yourself too seriously. You are acknowledging that the world is a hard place to live in, that you are EFFECT and circumstances, people and things are CAUSE.

Come on then, laugh and this above all, laugh long and loud at yourself, because it is your mental attitude towards life that determines what life means to you.

September 4**Wednesday****October 2**

◆ *Freely have ye received, freely give. – Matt. 10:6.*

**I DO NOT REACT DESTRUCTIVELY TO ANY
NEGATIVITY WITH WHICH I AM FACED.**

When a student of Truth complains of the difficulties he is having with “the other person” he is always told that he himself must change, and few of us accept this advice either gladly or enthusiastically. We are quite sure that the fault does not lie with us – and perhaps on the surface it does not (though certainly there is a lesson we have to learn). We may be living with someone who is aggressive, bad tempered and hasty, and we ask why we should put up with all this and be expected always to give the soft answer to a torrent of abuse.

It is then pointed out to us that what the other man does is no concern of ours, it is *our* actions that will redound upon ourselves. He sometime, somewhere, will get what he is earning, but do we want the same pay for the same negative performance, or do we want to achieve our Father’s commendation “Well done! Thou good and faithful servant in whom I am well pleased”?

September 5**Thursday****October 3**

◆ *Stretching forward to the things which are before. – Phil. 3:13.*

THIS IS THE DAY THAT GOD HAS MADE; I WILL ENTER INTO THE SPIRIT OF IT.

I wonder to what extent we should stretch forward to the things which are “before”? Very definitely we should not brood upon the past, long to recall it, or consume precious energy in sorrowing over it. We are taught that God’s time is NOW, and did not the Christ bid us to take no thought for the morrow but to let the morrow take thought for itself?

Actually we can live only in THIS DAY, and we can experience tomorrow only when it has become today. We waste a lot of time speculating on the future, fearing it and thinking wishfully about it. None of this mental and emotional activity is productive. We cannot advance – or retard – time by one iota, we can but use it to the best of our ability during every minute. We can make of it a blessing or a curse according as our thoughts run in positive or negative channels. If we live through each day in the consciousness of our at-one-ment – we shall not fear but be living fruitfully and happily in accordance with the Divine Will.

September 6**Friday****October 4**

◆ *Now that I am become a man, I have put away childish things. – 1 Cor. 13:11.*

I TRY ALWAYS TO ENLARGE MY CONSCIOUSNESS OF THE OMNIPRESENCE OF GOD.

Those who were brought up to think that God sent people to hell for their sins may find it difficult to rid themselves of the idea. But how can they reconcile it with the fact that God is Love?

We make our own heaven or our own hell according to whether we obey the Laws of the Universe or not. Heaven is a state of consciousness, and so is hell. Just as heaven is not a place beyond the sky, so is hell not a fiery furnace; and the sooner we get rid of these childish ideas the happier we shall be.

God is Spirit, not a person. This is difficult for a child to understand, but once we have become adults we should think things out for ourselves, and not allow any misleading ideas which may have been presented to us in childhood to sway our judgment.

September 7**Saturday****October 5**

♦ *I will lift up mine eyes unto the hills . . . – Ps. 121:1.*

THE SPIRIT OF GOD GUIDES AND SUSTAINS ME THROUGH ALL TRIBULATIONS.

Life is a pulsation, a reaching and withdrawing, a rise and fall, an ebb and flow, just as the earth itself is a place of vales and hills, of wastelands and fertile field, of deserts and oases.

The course of life is no different. We all pass through the valleys on our way to the hills, some shallow, some deep, and it is good to know that just as the natural valleys provide most of the food that sustains our physical body, so do the metaphorical valleys of tribulation give us the strength and knowledge to scale the hills of attainment that await our conquest.

If you are in one of these valleys at present, if the way is dark and the going heavy, thank God for giving you the guidance and courage you need and keep pressing on. He will neither fail you nor desert you. When eventually you look down from the tranquil hills, you will realise that it was in the valley that you became aware of His closeness.

September 8**Sunday****October 6****MEDITATION**
FORGIVENESS

My Father,

Let Your gift of forgiveness find expression in my life. Help me to hand over all the hurts and disappointments of the past and present, and to replace them with a positive and understanding attitude of mind.

No longer am I in bondage to human appearances, nor do I have to suffer unhappiness, which I now realise has been caused by my own attitudes and sensitivity. The physical conditions of inharmony are seen to be but outward expressions of locked-up emotions within me and they disappear as I let in the light of love to all mankind.

I accept Your Grace now expressing in and through me and the realisation of the true meaning of forgiveness is the key that opens the door to my dominion and mastery of self.

As I forgive so am I forgiven by You, and my cup of happiness overflows. *Thank You for peace of mind.*

September 9**Monday****October 7**

◆ *I must be about My Father's business. – Luke 2:49.*

**WITH GOD'S HELP I SHALL ACHIEVE THAT
WHICH I HAVE TO DO.**

Emerson once said, “The Over-Soul had need of an organ where I am else I would not be here,” and each and every one of us, when life seems – as it does at times – weary, flat and unprofitable, can know that God has a place for us which we alone can fill. There is something He wants us to do that no one else can do for Him as well as we can. He has specifically equipped us for this particular task and though He will certainly expect us to put our backs into it and steadfastly to carry on, He will always be on hand to help us over the hurdles and to lead us in the way in which we should go.

Nothing we can think up for ourselves will ever bring us the deep satisfaction that this job, divinely ordained and diligently carried out, will bring with it in its train, for as day by day we give ourselves up to it, not counting the cost, grudging the effort, or looking for a reward, it will inevitably bring our highest good to pass.

September 10**Monday****October 8**

♦ *My soul shall be joyful in my God. – Isa. 61:10.*

**HELP ME TO ADD A LITTLE HAPPINESS TO
THE WORLD, FATHER.**

If a man's religion does not make him happy, of what use is it to him? God wants us to be joyful. It is no part of His plan for His children that they should lead lives of misery.

Is there anyone who doesn't want to be happy? And are not most of the things we do directed towards this end? Not that happiness should be our sole aim in life – but it is natural to man to desire it. And notice how often joy is mentioned in the Bible. The Master said: "These things have I spoken unto you, that my joy may be in you, and that your joy may be made full."

Joy is an attitude of mind – pleasure comes from outward things. We may find it in watching a film or a game, but true joy comes from within – it uplifts us. We may travel to the ends of the earth without finding it, and yet we may experience it where we are, through meditation.

September 11**Wednesday****October 9**

◆ *To each one is given the manifestation of the Spirit to profit withal. – 1 Cor. 12:7.*

**THE SPIRIT OF GOD WITHIN ME SHALL LEAD
ME INTO TRUTH.**

Once we have reached years of discretion we should make our own decisions. There are times when most of us need advice, and we should certainly ask for it, but we should not allow others to force their opinions on us. We should think for ourselves.

Particularly should this be so in the matter of religion. We must seek for the truth personally and not just accept what others may try to thrust upon us. And we must be ready to discard what we learnt in our youth if the ideas taught to us at that time are now outworn.

The Spirit within us will guide us in the right path if we will allow It to do so. It will teach us to judge righteously – it will enable us to know the true from the false.

September 12**Thursday****October 10**

◆ *The Kingdom of God is within you. – Luke 17:21.*

**MY FATHER AND I ARE ONE, AND HE FULFILLS
MY NEED.**

Like a leaf that is part of a tree, you are part of God, but if a leaf were asked what fundamentally and actually it is, it could only say, “I’m not exactly a tree, but I’m tree-*ness*.” You, however, could – and should – declare, “I’m *all God*”, because though you are not the *whole* of Him, you are nevertheless constituted of His qualities.

Nothing that you could possibly need or desire has to be added to you, for you are it already. Manifestation is a natural, automatic process involving no loss. A jet from an underground spring is identical with its source, an ice-block floating in fresh water is one with fresh water. And so it is with you. All your qualities are uniquely GOD. Your health and supply – inner and outer, invisible and visible – are identical one with the other.

September 13**Friday****October 11**

♦ *As a man thinketh in his heart so is he. – Prov. 23:7.*

**I GUARD MY THOUGHTS AND FEELINGS AND
GOVERN MY LIFE ACCORDING TO GOD'S
GOOD-WILL FOR ME.**

Never did Solomon display his wisdom more concisely than in the above-quoted proverb which is the essential part of Truth.

To “think in his heart” means to think with FEELING and CONVICTION, and what a man thinks and feels constitutes his FAITH. A Greater than Solomon, knowing the magnetic power of thought plus feeling, said: “According to your FAITH be it done unto you.”

Let us then accept the wisdom of Solomon and the Authority of Christ in this matter and guard our thoughts and feelings so that we shall think only in terms of harmony, health, happiness and plenty. Let us banish all feelings of hatred, spite and resentment from our heart, and with malice towards none and good-will towards all, go forward courageously.

September 14**Saturday****October 12**

♦ *They shall prosper that love thee. – Ps. 122:1.*

**ONLY AS I EXPRESS LOVE TOWARDS MY
FELLOW-BEINGS CAN DIVINE LOVE FLOW
THROUGH ME TO BLESS.**

Since love is the fulfilment of the Law it is inevitable that those who love the Lawgiver should prosper; but most of us, far from keeping the Law, transgress it and then bemoan the results.

God does not punish us for not loving; we, however, separate ourselves from the outflow of His good as inevitably as we should cut ourselves off from the sunshine by putting up an umbrella.

Love is the oil that lubricates all human intercourse, and the strangers to whom we give it we bind unto ourselves with hoops of steel. All we have to do to lead happy and fulfilling lives is to “love all and do wrong to none” for in so doing we shall be at one with our Creator and with all our fellowmen.

September 15**Sunday****October 13****MEDITATION****LOVE BE MY GUIDE**

My Father,
Deep in the meditations of my heart,
Is the desire
To live as You would have me live,
To speak as You would have me speak,
To act as You would have me act . . .
Show me the way that You would have me go
So that I may remove all obstructions
That appear to keep Your Good from manifesting in me . . .
Open my eyes that I may see the
True Beauty of all things.
Open my ears that I may hear Your Divine Harmony
Above the discord of human endeavour.
Teach me to speak words of praise and encouragement to all,
And overlook my failures
So that they become stepping stones to success . . .
Let my meditation be acceptable to You
And Love be my guide.

September 16**Monday****October 14**

◆ *They shall prosper that love Thee. – Ps. 122:6.*

**WITH MY MIND AND HEART STAYED ON GOD,
I HAVE NOTHING TO FEAR.**

Never think that God wants you to be poor, unsuccessful, or miserable. Would any earthly father wish a child to be any or all of these things? Of course not! Then how much more important is your welfare to your heavenly Father.

Do you need work? Give thanks now that God is leading you to your right employment and under grace and in a perfect way. There is a place for you to fill, so trust Him to open the way for you to find it. It is no part of His plan for you that you should be idle.

Have you failed in the past? Forget your failure and concentrate on success. Know that you have the Power and Wisdom of God to claim to help you go forward on the road to achievement. Claim them in love, faith, and humility, giving thanks at all times.

God works through our own efforts. He helps us but He does not do for us those things we are able to do for ourselves.

September 17**Tuesday****October 15**

♦ *Be still and know that I am God. – Ps. 46:10.*

**WITH MY HAND IN THE HAND OF GOD
I GO FORWARD WITH CONFIDENCE AND
CHEERFUL EXPECTANCY.**

Are you in a state bordering on panic, running around in circles? Can you see no way out of your present predicament? Oh, how the mind whirls in its search for a solution, running hither and thither like a caged animal! How feverish one becomes and how restless! But the answer IS available.

Be still! Silence your thoughts for a moment, and listen: “Before you have called I have heard you and whilst you are yet speaking I have answered you.” Did you hear it, “the still small voice” of the In-dwelling Spirit? Calm your fears and listen again: “Son, I am ever with you and all I have is yours.”

Yes, that is the Voice of the Comforter – the Holy Spirit. Your needs are known and will be met. Be still and silently give thanks for what you are about to receive, then calmly proceed to do your part in thought, word and deed, just as you were doing before, except that now you adopt an attitude of cheerful expectancy, because you have placed your hand in the Hand of God and all is well.

September 18**Wednesday****October 16**

♦ *To this end have I been born . . . that I should bear witness unto the truth. – John 18:37.*

I SEEK ALWAYS TO EXPRESS THE TEACHING OF TRUTH IN MY DAILY LIVING.

Each of us must live according to the truth as he sees it. Pilate asked what was truth and it is a question we must answer for ourselves. What may seem true to you is not necessarily true for me.

A religion which did not seem true to us would be unacceptable. Whatever form our religion takes, let us make it part of our very lives.

Benjamin Franklin said: “Here is my creed. I believe in one God, the Creator of the universe. That He governs it by His Providence. That He ought to be worshipped. That the most acceptable service we render to Him is doing good to His other children. That the soul of man is immortal, and will be treated with justice in another life respecting its conduct in this. These I take to be the fundamental points in all sound religion.”

Let us be ready at all times to bear witness to the truth as we see it. We should not force our ideas upon others but neither should be we too shy to speak of them.

September 19**Thursday****October 17**

♦ *Be still. – Ps. 4:4.*

I TAKE TIME TO BE ALONE WITH GOD.

We should take time off from our various activities and, if possible, shut ourselves away from our surroundings and from people and be alone with our thoughts and our God. This is good for our spirits, our minds, and our bodies, provided our thoughts are concentrated on what is good. Let us take our minds away from everyday things and lift them to a higher level.

Some find it difficult to concentrate, but even these will benefit if they will be still and know that He is God. If they cannot fix their attention on one subject for any length of time let them decide to think only of the good, the true, and the beautiful. The more we allow our thoughts to dwell on spiritual values the better lives we will lead.

Learn to relax whenever you can and wherever you happen to be – it will do you good.

September 20**Friday****October 18**

◆ *Forgetting the things which are behind, and stretching forward to the things which are before, I press on. – Phil. 3:13,14.*

**I DO NOT DWELL IN THE PAST. I LIVE FULLY
AND RICHLY NOW.**

So many of us find it difficult to forget the things which are behind. We go on worrying about our past mistakes, perhaps, or what we call our sins, and waste our valuable time in vain regretting. This is wrong. If we can rectify the errors of the past, by all means let us do so, otherwise let us get on with the task of living and put our mistakes behind us, and “already the evil begins to be repaired” if we live rightly.

We can begin afresh each day. Were you unkind to someone yesterday? If so, send out thoughts of love to him today. Was your work not well done yesterday? Determine that today you will put your best efforts into it. Did you do something of which you were ashamed, yesterday? Decide to do everything as unto God today.

Do not be chained to the past. For freedom did Christ set you free.

September 21**Saturday****October 19**

♦ *He that believeth shall not make haste. – Isa. 28:16.*

**IN PATIENCE I NOW WAIT UPON GOD FOR
DELIVERANCE.**

If you are impatient and beginning to doubt the efficacy of prayer and positive thinking or the Love and Power of God, heed the above-quoted admonition from the Book of Isaiah.

Your desires, welling up from the centre of your being, are thought-seeds which, if undisturbed by fear, anxiety and impatience, will take root and bring forth fruit after their kind. The germ of growth is within them.

Adopt the attitude of the successful farmer who knows full well that the seed he plants will not spring up overnight, but will appear above ground in due course, provided he irrigates the land at regular intervals. He knows, too, that what he plants he will reap in season, and not before, and he knows that the harvest will partake of the nature of the seed.

You are dealing with the same relentless Law as the farmer, though on a higher scale and this Law can never be cancelled.

September 22**Sunday****October 20****MEDITATION****FREEDOM**

My Father,

As I come into Your Presence in this quiet hour, I cast aside all physical emotions and sense desires. All inner turmoil ceases, and, like the waters of a still lake, I reflect Your Peace within my consciousness.

Underneath are Your ever-lasting arms, and I am now freed from all worry and anxiety. My heart is glad with the realisation of Your Love for me.

In this time of unity with You my mind is rested and all intellectual arguing ceases. Every nerve in my body relaxes and lets go to You.

As Your Spirit of Love and Peace pervades my whole being, all that was weary in me is refreshed, all that was sick is made well, all that was limited is made free. I am recreated in mind, soul and body.

In Truth I rest in Divine Love and know that You are with me always.

September 23**Monday****October 21**

◆ *Jehovah is a God of justice. – Isa. 30:18.*

**I GIVE THANKS THAT WHAT IS MINE COMES
TO ME BY DIVINE RIGHT.**

God is Absolute Justice, and anything that seems unfair does not come from Him, for there is no injustice in His Kingdom. Appearances may give that impression, but nevertheless it is not so in reality. Whatever comes to us is the result of our own thoughts, words, and actions.

Nothing and no one can keep from us that which is ours by divine right. We do not even need to ask for justice, for it is automatically ours. What belongs to us must come to us.

When we accept this, we do not envy others their good fortune. Nor do we think that what someone else has is rightfully ours. We believe that God's Justice is expressed in and through us in all circumstances. If another is promoted to a position which we had expected to have, we accept it without any ill-feeling towards anyone, because we know that no matter how appearances may point to the contrary, he is where he should be.

September 24**Tuesday****October 22**

◆ *For now we see in a mirror, darkly; but then face to face. – 1 Cor. 13:12.*

I TRY TO FIND THE REALITY BEHIND PEOPLE AND CONDITIONS.

We see through a mirror darkly because we do not see the Truth. We see only the appearance instead of the reality. In our true being we are Spirit, and Spirit is perfect – it cannot be sick, or poor, or unhappy. It is complete. And it is this spiritual viewpoint that we should cultivate.

Not only must we look at ourselves in this way, but also at others. We must not judge by appearances, for men are not always what they seem. Underneath a tramp's clothes you may find a philosopher, so delve beneath the surface and try to find the real man. Below a dour exterior you may find a loving heart, but you may never discover it unless you search for it.

Look at men and circumstances through the medium of love and faith. Try to get wisdom and understanding. But first you must learn to understand yourself, for unless you do, how can you hope to know your fellowmen?

September 25**Wednesday****October 23**

♦ *If ye have faith nothing shall be impossible unto you. – Matt. 17:20.*

**MY FAITH IN GOD IS STEADFAST AND HE
FULFILS MY HIGHEST GOOD.**

Faith is not any passing fancy, some capricious notion, it is divine Substance, a quality that underlies all Reality.

In whatsoever you put your faith, that becomes a verity for you, which is why it is so disastrous for the individual who, judging by appearances, puts his faith in negation, because what he thus decrees moves in upon him and forms the tenor of his life.

The Christ said, “Have faith in Me if only for the works’ sake” meaning that if those who came to hear Him could not put their faith in His teaching they should at least accept it when illustrated by palpable happenings. By faith people build bridges, cross the seas, send spacecraft up into the stratosphere, and by setting one foot before the other WALK. Without faith mankind could accomplish nothing; with it the world is his and all he chooses to put into it.

September 26**Thursday****October 24**

◆ *Inasmuch as ye did it unto one of these my brethren . . . ye did it unto me. – Matt. 25:40.*

I GIVE IN LOVE WITHOUT THOUGHT OF RETURN.

So often we give in the wrong spirit. People lack the necessities of life, perhaps, and we feel it is our duty to help them. But that is not the right feeling to have when giving to God's children. We should give in love and because we want to do so, not from a sense of duty. If we realise that we are giving back to the Father an infinitesimal amount of what He gives to us, instead of giving because we feel we ought to do so, we should be able to give with thankful hearts.

Let us do what we can wherever we happen to be. Let us not wait to do something big, but be content to do what we can where we can. And who shall say what is big and what is little in God's sight? Seize every opportunity that presents itself to serve Him that it may become a habit.

September 27**Friday****October 25**

◆ *I am with you always, even unto the end of the world. – Matt. 28:20.*

**I GIVE THANKS THAT THE FATHER IS ALWAYS
WITH ME.**

God cannot leave us, and if we were fully conscious of this fact how comforted we should be in these uncertain times.

Where can we find security? Not in material things. We can lose money and possessions, so we cannot put our trust in them. We must know that God is with us if we want to feel secure. Solomon of old said: “But whoso putteth his trust in Jehovah shall be safe.”

We all want to be free from fear, and we can know such freedom only by having faith in the Omni-presence of God. Fear is a good thing if it makes us turn to Him; but to be free of it enables us to live richly and fully and courageously, facing all that comes with a gallant spirit.

Think of God’s Presence whenever you are in doubt about some decision you have to make. Trust Him.

September 28**Saturday****October 26**

◆ *But if any of you lacketh wisdom, let him ask of God, Who giveth to all liberally and upbraideth not; and it shall be given him. – James 1:5.*

**GOD IS MY REFUGE AND STRENGTH, IN HIM
DO I TRUST.**

We are so liable, when we come up against some obstacle that seems insuperable, to struggle in our own human strength to surmount it, instead of turning to God and quietly asking for His help.

When we are in trouble, let us not panic. Let us relax, knowing that God is with us and will guide us in whatever we may have to do. Instead of giving in to anxiety let us turn to Him in faith and stop struggling. We may not know what to do, but to Him there is no problem at all.

We may be lacking in wisdom but God is Wisdom itself. If you have come to the cross-roads, and do not know which path to take, ask Him to guide you, and trust Him to do so, then wait patiently for the answer to your prayer.

September 29**Sunday****October 27**

MEDITATION
UNDERSTANDING



My Father,

I open my heart and mind to a deeper understanding of Your Laws. Today, as I reach out for a closer communication with You, I realise the need for a higher obedience in following the path You have set before me. I do not shirk the common daily activities for I know that the enthusiasm and love I put into the smallest task reflect my willingness to co-operate with You on all levels of consciousness. However, having fulfilled my day-to-day obligations, I keep ever before me the truth that my spiritual growth is important, for spiritual unfoldment is the true purpose of my existence.

My willingness to do my share is expressed through my wholehearted working with Your Love and I see reflected in and around me Your Peace and Harmony according to my inner conviction and trust.

Now, resting in Your Wisdom, I give thanks for this Understanding which is Your Gift of Love to me.

September 30**Monday****October 28**

♦ *Stir up the gift of God that is in thee. – 2 Tim. 1:6.*

**MY FATHER INSPIRES AND LEADS ME TO DO
WHAT HE WOULD HAVE ME DO.**

What are your talents, and are you developing them, or are you allowing them to lie dormant? They were given to you in order that you might use them to enrich the world, so it is your duty to cultivate them.

The greatest gift of God is the gift of the Holy Spirit, which is Love, Goodness, Power, Wisdom, and Beauty. If you are feeling depressed over anything remember the Spirit within you and turn to It for help. If in the past you have failed, determine that through the Power of God within you, you can and will succeed in the future.

Stir up this Spirit of God within you, that you may be positive in thought, word, and deed, When you know you have all this Power within you, there is no need for you to be envious of anyone. You may be weak but God is strong. Claim His Strength in Love, faith, and humility, and use it, but be sure you use it only for good.

Tuesday**October 29**

◆ *In Thy Presence is fullness of joy. – Ps. 16:11*

**LET ME BE EVER MORE AWARE OF YOUR
PRESENCE OF PERFECTION WITHIN ME,
FATHER.**

Help me this day, O Lord, to become ever more conscious of Your Presence within me. Let Your Light shine in me and through me that all with whom I come into contact may feel Its glow.

Let Your Spirit of Perfection within me inspire me in all that I think, say, and do, that You may be glorified through me, Your humble instrument here on earth. May my home be a place of peace and harmony because You are the Head of it. Inspire me, too, in my work that it may be done as unto You. Let Your Wisdom be made manifest in all my undertakings this day and for ever.

Your Presence is the Presence of Love, and It is in me and around me wherever I happen to be. Let It flow through me to everyone whom I meet this day, blessing and helping them where there is need of help. Let It guide me and all Your children in the paths of righteousness now and always. Let It give me confidence to face all situations in the right spirit, my Father.

Wednesday**October 30**

◆ *He shall teach you all things. – John 14:26.*

**ONLY IN THE EXPRESSION OF LOVE, FAITH
AND SERVICE CAN I APPROACH THE GATES OF
THE KINGDOM.**

The Christ who came to this plane of experience that we might have life and life more abundantly said in His teachings, “Take My yoke upon you and learn of Me, for I am meek and lowly of heart and you shall find rest unto your souls.” He also told us, “Behold! ye are gods,” that it is the Father’s good pleasure to give us the Kingdom and that the Kingdom of Heaven is not lo! here, or lo! there but *within* us.

How many of us heed His words and really follow in His footsteps? The Path of Truth awaits all pilgrims, and those who travel upon it, never deviating, do indeed find qualities of the Kingdom here on earth, but it takes steadfastness, humility, persistency of purpose and abounding love to continue upon that “way of pleasantness where all the paths are peace.”

Thursday**October 31**

◆ *Father, I have sinned against heaven. – Luke 15:18.*

**RECOGNITION OF MY IGNORANCE IS THE
BEGINNING OF WISDOM AND FROM THERE MY
FATHER GOD LEADS ME.**

The above text are the words which the Prodigal Son decided he would say to his father when he returned home. You will notice that he admitted that he had been wrong. He did not intend to make any excuses for himself or to blame circumstances or people for his wrongdoing. In his ignorance he had sinned and was ready to make amends. He was prepared to ask his father to take him as a hired servant.

But what happened? While he was yet afar off his father saw him and was moved with compassion, and ran and fell on his neck and kissed him. He was given a wonderful welcome. He was clothed, a ring was put on his finger; and there was great rejoicing.

Christ surely told this story that man might know that though he might fall from the path of righteousness, yet his Father was ready and waiting to receive him back into the kingdom of His love.

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