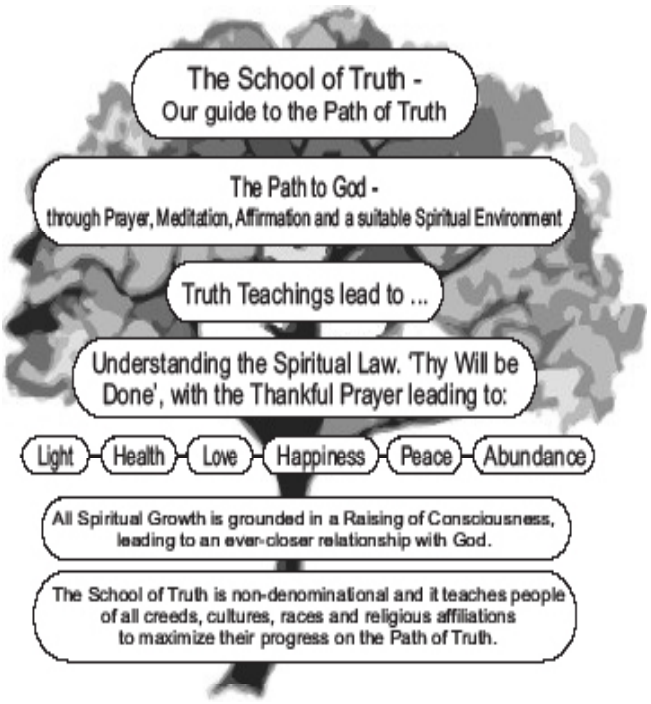


# THE PATH OF TRUTH

This magazine is published by the School of Truth and  
circulated to all parts of the world

**March/April 2016**



The School of Truth -  
Our guide to the Path of Truth

The Path to God -  
through Prayer, Meditation, Affirmation and a suitable Spiritual Environment

Truth Teachings lead to ...

Understanding the Spiritual Law. 'Thy Will be  
Done', with the Thankful Prayer leading to:

Light - Health - Love - Happiness - Peace - Abundance

All Spiritual Growth is grounded in a Raising of Consciousness,  
leading to an ever-closer relationship with God.

The School of Truth is non-denominational and it teaches people  
of all creeds, cultures, races and religious affiliations  
to maximize their progress on the Path of Truth.

## *Some History of the School of Truth*

The School of Truth was founded by Nicol Campbell in 1937 and has the same standing as orthodox churches in South Africa.

The School's teachings are found in the Old and the New Testaments, but may also be found in the scriptures of other religions, and the spiritual insight of the great philosophers.

The purpose of the School of Truth is to assist people to obtain a greater God Consciousness, or spiritual awareness, and so to improve their health, happiness and prosperity. We make no charges for our service, but we do accept voluntary donations (and bequests) which go towards meeting the expense incurred in publishing and distributing this magazine *free of charge*.

We look forward to hearing from you from time to time, since we take a deep interest in your progress.



## ***“I asked you to Pray.....”***

*Extracts from letters to the School of Truth*

I wish to express my grateful thanks to you and to God for answered prayers. On the evening after I receive your letter my husband came home and told me that the business had been sold. He said that as he entered the shop that morning he stood at the entrance and said a prayer, and the same afternoon a gentleman came in and made him an offer. Of course he accepted it and although it is not a cash sale we are grateful that the place has been sold. That miracles do happen was further proved by the fact that my husband found work the first day he went out job-hunting. Now we will be able to pay all our debts.



Last Friday I was told by a specialist that my father was dying. He had had an abdominal operation for cancer and his heart was failing. In desperation I phoned your office and the kind lady who answered the phone said she would send his name through for a special prayer. That evening there was a slight improvement and now, almost a week later, he is so much better that he may soon leave the hospital. The doctors are shaking their heads in disbelief. As for me, I have no words to express my gratitude.



Earlier this year I wrote and asked you please to join us in prayer for our nephew who was taking his final examinations to obtain his degree in engineering. We are ever so pleased to tell you he has received the results and that he has qualified and is to start working shortly. We give heartfelt thanks to God and also to you at the School for the wonderful help we get at all times.



I am glad to report that A.G. has passed her Matric. I have written to you about her all her life. She fell victim to polio at a very early age, before she was due for immunisation. She has achieved this success despite a severe physical handicap necessitating thirteen surgical operations to her spine and limbs. She is a bright, cheerful girl, in spite of all the time she has had to spend in hospital. I know you will rejoice for I know that your prayers have helped her.



Thank you for praying for my husband and me. He has definitely changed for the better and we have moved into a lovely little home after living under terrible conditions !

My husband now speaks of how good God is to us but I do not comment, only silently thank Him for hearing our prayers.



It was very wonderful for me to look back over the last eight months and savour the peace and happiness your wonderful help has brought me. After being ill for so long I can hardly believe it is really I who am moving about doing all the things I used to do, and knowing what it really means to find that coming closer to God in faith and prayer can work so many real miracles. Please just help me to thank Him for having answered our prayers.



My little niece has completely recovered from polio and is a perfectly normal child in every way. Thank you for your prayers for her. Your guidance, your literature and your sympathetic encouragement mean a great deal to me and my family.



Grateful thanks for your prayers and help. I am completely cured of a nervous condition after many years of suffering.



The spiritual and material support so lovingly and faithfully given by our known and unknown friends to this work of Truth we do in God's service, is a source of inspiration and blessing to us, and we offer our most sincere gratitude.

*Our thoughts create our reality, so it is essential that we are aware of the thoughts that habitually occupy the mind. We need to examine them and analyze them: are they good true, and beautiful? Or are they negative and nasty?*

*The cells of the mind become conditioned to the thoughts, and produce in like kind, in the physical world.*

*An affirmation is essential to recondition the mind, and should be used at every opportunity, throughout the day. This affirmation could be: I AM FILLED WITH LOVE, I AM FILLED WITH JOY, I AM FILLED WITH PEACE. By the use of this affirmation, changes will soon begin to appear in life.*

*- E Wood*



In happy moments, PRAISE GOD; in difficult moments, SEEK GOD; in quiet moments, WORSHIP GOD, and in every other moment, THANK GOD.

- Anon



**The School of Truth has prayers at  
9:30 a.m. and 11:30 a.m.**

Students are encouraged to join us in prayer at those times. Prayers are indeed very powerful.

A suggested prayer may be :

***The Light of God surrounds me  
The Power of God protects me  
The Peace of God is over me  
Wherever I am, God is***

This prayer may be used at any time.



Lecture by Nicol C. Campbell

## The Easter Message



There comes, I think, for every individual a time when he feels that life has become impossible and that he is completely out of tune, not only with the physical fellowship of man, but with the spiritual fellowship of God; and when he is in this valley of depression, Easter brings for him a very special message as it reawakens in him an understanding of the reality of Love and its Power and Dominion invested in him for his *personal* use.

As I awakened this morning the words, “Call upon Me in your day of trouble, and I will deliver you” flashed into my mind and I began to think about them. I remembered with gratitude the many hundreds of times that God had delivered me from all kinds of adverse conditions, from the machinations of people and the pressure of circumstances; then my thoughts turned to others who had been, I knew, much less fortunate and I wondered why this should be so. Every heart, including that of the agnostic and the atheist, when trouble comes, turns to Him, either for relief from pain, surcease from unhappiness or help in the face of some material blow, and apparently many of these appeal to Him in vain.



This may not seem so unreasonable in the case of those who doubt, and the others who absolutely deny God, but it appears to be very hard on the genuine seekers who, we feel quite sure, are praying aright and are nevertheless receiving no answer whatsoever. The more I thought along these lines, the more unjust did it seem to me that Love that is of too pure eyes to behold iniquity and Whose one desire is to pour Itself out into livingness through man, should withhold Itself alike from the earnest seeker as from the sceptic and the downright unbeliever.

I am nothing but a weak human being with many faults, yet if the completest stranger came to my door hungry and thirsty, my first impulse – of compassion, love and understanding – would be to help him by giving him food and drink. I should not question whether he be good or bad, I should not want to know of his religious affiliations; I should be filled with pity for his condition and should want to do my utmost to alleviate it.

Even if my greatest enemy came to me in such circumstances, though I might still dislike the qualities in him that had given rise to estrangement between us, I would not dream of refusing him anything that he needed. If that is the first reaction of an ordinary man like me, would not God, as Love, be infinitely more touched rather than, as would appear, entirely impersonal and completely unconcerned where the needs and

desires of His children are concerned? My own experiences refuted any such monstrous supposition and I concluded that the fault must lie not in Deity but in man! Again I thought about myself and had to admit that God is indeed a hard task-master for if ever my state of mind had been one of negation, the results thereof had expressed promptly either in my body or my affairs so that I never escaped the punishment that I had *myself* called down upon me.

If I put my hand on the stove I burned my fingers, if I was over-critical this brought about adverse physical manifestations; if I withheld anything whatsoever I suffered (probably financially) in consequence, and I was always able to trace the effects of any wrong cause that I had set in motion. The Law never spared me and I who was convinced of God's existence, who was certain that He constituted me as my life, my wisdom, my very being in visible form, *I* went through as much mentally, emotionally, physically and materially as the man who did not believe in Him at all. Yet, as I realised this, I had to be fair not only to myself but to God, and this brought me up against a very hard fact.

The only thing that hinders the individual from finding the consciousness of the good he craves is his own sense of separation from the Father, and all he has to do for God to hear his call, is to raise the level of his awareness until he understands that *all* has already been provided and *is his*, awaiting only his recognition of it.

If you walk up and down the road outside my home I can hardly know that you are hungry and thirsty; you have to knock on my door and make your needs known to me. Similarly, if you want God to be fulfilled through you as any particular good, you have to open the door of your own consciousness, you must go within to God, in reverence and worship and with hearts overflowing with Love.

It is an absolute truth that God answers every single prayer. Not one goes unheeded, but unfortunately He hears, perhaps, not more than one in 10,000. The other 9,999 are but clamourings that are not in tune with Him, with the spiritual Law, or the nature of *that which is Good*.

God, as you know is not a personality Who loves us; He is the spiritual Harmony and Peace that together constitute Love, and it is only when we are in tune with these qualities that He can hear us and so set Himself free through us.

You will remember that in spite of His awareness of His own Christhood (His tremendous knowledge of the Law, and His faith in the Omnipresence of God that ensured His at-one-ment with Him), Jesus went through intense mental, emotional, physical and material conflict. He was spared nothing of pain and suffering, so that at one stage, when these were practically unbearable, He asked that the cup that He had Himself invited, might be, if possible, removed from Him.

Although He had for three years prophesied His approaching death, foretelling all the events that would lead up to His subsequent crucifixion, when this was upon Him, He prayed as you and I do when we see some terrible catastrophe facing us, “If it be Thy will, remove this cup of sorrow from me, yet not only my will but Thine be done,” and at the very last, when the ultimate agony threatened to overcome Him, He cried out to God, “Why, why have You forsaken me?”

Has not this last despairing call echoed at times in all our hearts? Yet God is incapable of deserting the least of His creations. Jesus trod the *via dolorosa* that He himself had chosen, just as you and I are today following the road to which we have committed ourselves. Sometimes we, too, fall by the wayside in weariness as we feel overburdened by the problems of humanity – the weakness of their faith and their constant denials of the presence of God – but we cannot stop, even if we would, for Love has chosen *our* particular body temples for the manifestation through them of certain qualities that can only be expressed through *us*, so we have to continue along the path, and if it leads to so-called death, there is therein no ending, only *life eternal!*

Each time a woman goes through travail and produces new life she feels that never again will she submit to such an ordeal, yet in a few days it is forgotten in the wonderment of what has been created through her. By the fabulous mechanism of God even the memory of her pangs has been wiped out, she can no

longer recapture the sensation of pain; so does nature restore her and God's blessing descend upon her. All of us are continuously engaged in bringing forth new life, for out of our experiences and our suffering – be they of a mental, emotional, physical or material nature – Spirit is unfolding and greater strength is being built up in each individual temple of God.

Realisation begins to dawn in the consciousness of the one afflicted, and if he is lifted up into the awareness of good-over-evil, health-over-disease, prosperity-over-poverty, or happiness-over-misery as the case may be, he will raise those in his immediate environment and “draw all men unto Me”, even unto the Christ of God dwelling in him, and in the soul of every man on Earth.

This is my understanding of Easter. I do not think of it merely as a sequence of events that led up to the death of a particular being called Jesus. For me it is not some unique happening that took place 2000 years ago; it is a daily experience in the lives of all mankind. All of us are born, all of us at one time or another enter the Garden of Gethsemane, all of us feel that we have been forsaken and that God has let us down. Eventually everyone overcomes the adverse conditions and experiences his personal resurrection, a fresh understanding, a renaissance into a new state of awareness.

Not for all the world would I have escaped the difficult mental emotional, physical and material experiences through which I have passed. At times, of course, I suffered greatly

(just as you do) but surely any pain we undergo is worthwhile if it brings in its train the consciousness of God, the realisation that there is a Presence of Love that reiterates from now unto the end of time the promise, “Come unto Me all ye that are weary and heavy laden, and I will give you rest”.

Is not that an assurance of mental, emotional, material and physical peace?

We are not an organisation engaged in passing on to you a lot of platitudes; we do not seek to explain the wonders of God for the sake of putting on a show or gaining a livelihood. Our object is to share with you whatever spiritual unfoldment we have attained and to point out to you that it is not only possible for you to find the Presence of God, but it is positive that you will find It together with the knowledge of how to use It, so that It will become to you a living, dynamic thing, in material manifestation.

Do not imagine that I never grow weary, am never unhappy, that I do not feel at times that I would like to run away from all I have undertaken and just live by and for myself, with my own thoughts of peace for company. I feel all this on occasion, but then my heart speaks to me, telling me that thought I may know so little, there are yet others who know much less and with them I can, and must, share my meagre knowledge which, though at first it can be nothing more than information, will through experience eventually become an integral part of their awareness.

The message of Easter that has been coming down to us until today, is one of overcoming, of triumph in the knowledge of the Truth that sets us absolutely free, free from every negative condition and circumstance.

Unfortunately many look upon it merely as a festival steeped in dogma and they ask why this or that has happened to some poor fellow, why such injustice has come into his life and why, in the long ago, God did not answer the prayer of His only son? We all argue that if we had a millionth part of His power we would certainly protect our very own from suffering but we are beside the point: *that was the way God chose to express through Jesus* and it is also the way – one of fulfilment, dominion and power that He chooses to unfold through us. Nothing can thwart this purpose, not all the so-called immovable objects in the world can stop His irresistible power from flowing through one individual, or a billion people!

What does Easter mean to me? should be the question in the heart of every man; what is its message? It is the story of good's overcoming evil, of Life's reversing the alleged victory of death, of happiness overthrowing discord, of abundance displacing lack; in short, of the ever-presence of the Substance of God.

It tells not of the death of Jesus, it proclaims the living Christ that dwells in every human being in the world, waiting to express, waiting for you and me to awaken It, to release

It by going forward courageously in spite of conditions, circumstances and people, in the sure knowledge of “I in you and you in Me, that we may be one forever”. That is the prayer of the Christ for the integration of Spirit with mind, soul and flesh. At present we all harbour a certain sense of separation; Spirit is something we do not understand, the mind rejects It, the heart accepts It, and material conditions deny It. Where then, is this living Christ? Where is the power of Omnipotence that is God? Why has He failed? He has failed only because we have failed, we have not set Him free.

The Easter message is a constant reminder of the Omnipresence of Spirit permeating and filling all of mind, soul and body, a repetition of the Verity that these are God (for He constitutes them) and promise that if we will but know this Truth, Love shall indeed set us free.

*Ref. The Path of Truth, April 1977*



*The first point of wisdom is to discern that which is false; the second, to know that which is true.*

- Lactantius







*What, let us ask, is a miracle? Nothing more nor less than this: a highly illumined soul, one who has brought his life into thorough harmony with the higher spiritual laws and forces of his being, and therefore with those of the universe, thus making it possible for the highest things to come to him, has brought to him a law a little higher than the ordinary mind knows of as yet. This he touches, this he operates. It responds. The people see the result, and cry out, Miracle! Miracle! when it is just as natural, just as fully in accordance with the law of the higher plane as is the common, the everyday on the ordinary. And let it be remembered that the miraculous, the super-natural of today becomes, as in the process of evolution we leave the lower for the higher, the common-place, the natural, the everyday of tomorrow.*

- R.W. TRINE in This Mystical Life of Ours



## *I Make My World*

The greatest blessing that comes into our lives is the consciousness of the presence of God, the Good. Then all the difficulties of our lives fade. God does not have to be, cannot be defined. Rather He has to be worked with. When we turn to God, change takes place in all the areas of our lives: “The crooked shall be made straight, and the rough ways shall be made smooth.”

As we increase our God-consciousness, there is an improvement in our perceptions; we become less critical of our situation and more tolerant of the shortcomings of others. Our intuition grows. Previously we depended on intellectual logic but now another faculty emerges: we begin to be led by the Spirit of God. Words are inadequate to describe this awakening, but we feel a Presence. We feel joy, comfort, belonging, completeness. Now we realise that there was always something missing in our lives – God-consciousness.

Now we become sensitive and receptive to knowledge of being. When the student is ready, the teacher comes. The Spirit of God, Soul, was always within us and now illuminates our mind and body. Why do we all thus express Soul into life? For many their life’s difficulties become unbearable. “Thou hast made us for Thyself,” says St Augustine, “and we know no peace until we find Peace in Thee.”

The School of Truth believes we should strive to live the life rather than talk about it. God arises within us and expresses outwards into our material world. It is not a case of adapting to our worldly environment but changing our environment by our God-consciousness, by that which we radiate to our surroundings and to other people.

Starting in the invisible realm within us, we express not verbally, God's power and dominion over the circumstances and conditions of life. The Psalmist put it thus:

When I look at Your heavens, the work of Your fingers,  
And the moon and the stars which You have established;  
What is man that You are mindful of him?

Yet You have made him a little lower than the angels,  
And crown him with glory and honour.

You have given him dominion over the works of Your hands;  
You have put all things under his feet.

The work that we are to do, the fulfilment of God's kingdom here on Earth, the realization of god's peace and harmony in the home, the workplace and the world, can be done only by expressing our God-ness, by understanding ever more of God's Law.

If we are not satisfied with our lives we begin by changing *ourselves*. You cannot directly change other people but, when God's light shines through you, others receive it and are influenced in kind. You do not blame others for disappointments but release them and move forward freely along your path of Truth. Truth reveals Itself in our lives as surcease from distress, as health, joy, peace and true prosperity.

We set aside time each day to relax and meditate upon the Truth of our being, and every moment of our day we hold God closely in consciousness. We see our difficulties as prelude to Divine resolution, starting in the spiritual realm and expressing finally in the material realm. Our state of heart and mind, our inner condition, determines and resolves our worldly experience.

To live fully as God's Children we broaden our vision. We may imagine we lack worldly education or physical vigour, or joy, or peace. But in God is no limitation. The only true criterion of success is to have what you need when you need it. With God all things are possible – when you accept that it is so. We are all given talents to accept in mind and heart and to use. “To every one who has, will more be given; but from him who has not, even what he has will be taken away.”

So go forward as God's light in His world. Go forward in your own way, as an ambassador of all that is good, true and beautiful. And say of each day “This is the day which the Lord has made; let me rejoice and be glad in it.”

*Ref. EW, October November 2004 Path of Truth*

*Censure and criticism never hurt anybody. If false they cannot harm you, unless you are wanting in character; and if true, they show a person their weak points and forewarn them against failure and trouble.*

- Anon



*No action, whether foul or fair,  
Is ever done, but it leaves somewhere A Record.*

- H.W. Longfellow



*Small things smooth one's way through life.  
A helping hand, a smile  
Are worth much more than something big,  
Given once in a while.*

- Anon



## ***PRAYER***

*Our Father; Spirit That is Love within me,  
revered and holy be Thy name.*

*Let Thy Kingdom of Love and Goodness  
come into expression through me, and Thy Will be carried  
out in and by me,  
here upon Earth as is done in Thy Spiritual Realm.*

*Be Thou this day, the fulfilment of my every need and  
the illumination of my understanding.*

*Help me to forgive my debtors that I myself may be set free.*

*Teach me of Thy Presence of All-good  
and lead me away from all error thinking,  
all negation, delusion and vacillation.*

*Preserve me, my Father, from every kind of separation;*

*for Thine is the Kingdom within me,*

*the Power and the Glory that fill me,*

*for ever and ever, Amen*

## **MEETINGS : MARCH-APRIL 2016**

### **JOHANNESBURG**

#### **THEOSOPHICAL SOCIETY**

Corner Lothbury & Streatley Avenue, Auckland Park

**First and third Sunday of the month at 11:00 a.m.**

Lecturers - Sunday 06 March : Jacqui Hauser

Sunday 20 March : Edwin Wood

Sunday 03 April : Gerd Pontow

Sunday 17 April : Edwin Wood

### **DURBAN**

#### **THEOSOPHICAL SOCIETY LODGE**

306 Avondale Road, Berea

**Second Sunday of the month at 10:00 a.m.**

Sundays: 13 March; 10 April

Lecturer – Diane Evelyn

### **PRETORIA**

#### **THEOSOPHICAL SOCIETY LODGE**

Via D.T.I. Building, Entrance Meintjies Street, Sunnyside

**Second Sunday of each month at 10:00 a.m.**Sundays: 13

March; 10 April

Lecturer – E Wood

To confirm date and times of meetings, contact your representative  
or Johannesburg Centre:

Telephones: -27(011) 482-5622/5856

Fax: (011) 482-4857

**CAPE TOWN**

**ERIN HALL**

Erin Hall, 8 Erin Road, Rondebosch

**First Sunday of every month at 10:30 a.m.**

Sundays: 6 March; 3 April

Lecturers – David Grant and Nicky Swartz (alternating)

**SCHOOL OF TRUTH ZIMBABWE**

Harare (00263)488-5186: Mary Jane Williams

Bulawayo (00263)924-7239: Thelma Audin

**MEMBERS' GUIDE :**

We believe that students of Truth should make their daily life reflect their beliefs and faith. One way of doing this is to choose an idea or affirmation which can be thought of during the waking hours, perhaps the affirmation offered in the daily thoughts.

THE PATH provides a number of guidelines some of which may help one to focus in a spare moment of time:

25. We remain true and consistent to Truth ideals under all circumstances.
26. We avoid trying to impose Truth ideas and principles upon others, and we do our utmost to make our own lives an example of the value of practising Truth teachings.



**March 1****Tuesday**✧ *Son, your sins are forgiven*

(Mark 2:5)

**I will try, Father, not to condemn myself or others**

Do you spend a great deal of time worrying about the wrong you have done in the past? If so, you are making a big mistake, for you cannot be as efficient as you might be if you are constantly worried.

To regret things we cannot mend is a waste of time. If we can repay a wrong by all means let us do so, but if not let us forget it and make amends by doing our best in the present. Emerson says our regrets are false prayers. He tells us to regret calamities if we can thereby help the sufferer; if not, attend our own work, and already the evil begins to be repaired.

God forgives us so we should also forgive ourselves. We all make mistakes and if we are wise we learn from them, and we can, if we will, make them the stepping-stones to success. To live in a state of misery because of them does no one any good, so let us put them out of our minds as soon as we can and concentrate on the present.

**March 2****Wednesday**

✧ *Who comforts us in all our tribulation*

(II Corinthians 1:4)

**I give thanks that the indwelling Christ sustains me in  
time of need**

To whom should we go for help if not to Him Who said: “Come to me, all you that labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart; and you shall find rest unto your souls. For my yoke is easy, and my burden is light.”

Trials come to all of us as a result of our wrong thoughts and actions in the past, but God will help us to overcome them if we go to Him in love and faith and claim His aid. His Presence is with us all at times, and if we hand over our difficulties to Him our good is assured.

Let us, however, do what we can to help ourselves. If something is worrying us, let us turn to some absorbing occupation which will take our thoughts off our trouble. God helps those who help themselves - He aids us through our own efforts. Work is a great panacea for troubled minds and aching hearts for it takes our thoughts away from ourselves and our trials.

**March 3****Thursday**

✧ *It is more blessed to give than to receive*  
(Acts 20:35)

**I give in gratitude for all the blessings God bestows  
upon me**

There are those of us who think more of what we can get out of life, than of what we can give. Do we know true Happiness? Hardly! The less we think of ourselves and the more consideration we give to others, the better it is for us. Selfish people cannot know real joy.

If we want to receive, we must give, for as we give, so is it given unto us. If we want to be loved, we must love. And what would life be without love? It is the greatest thing in the world. Without it our lives would be barren.

But when we give, we must give in the right spirit. We must give because we WANT to give, not because we think we ought to or to impress others. To give without love in our hearts is a mean way of giving and an insult to the recipient. Would you wish to receive anything from one who grudged it? Nor should any thought of reward enter our minds, though the reward will come.

Check up and see whether you are making a worthwhile contribution to life.

**March 4****Friday****April 1**

✧ *And He said to them, Where is your faith?*  
(Luke 8:25)

### **I cultivate faith in God, my Father, by using what I have**

Students often ask us how they can increase their faith, and our reply is: “By using what you have.”

Always remember that the Master said that even though our faith were only the size of a grain of mustard seed, it was enough. But we must put that little into action if we wish it to increase. If we do not, how can we prove that faith works? Others may tell us of what it has done for them, but unless we test it for ourselves we shall not necessarily believe that what works for them will also work for us.

We are told in the Bible to ask, and it shall be given us, seek, and we shall find; knock, and it shall be opened unto us. There is something we must do in each case, you will notice. We must do it and not expect others to do it for us. No one can give us faith – each of us must develop it for himself. If we earnestly seek it and want it, God will help us to achieve it, but we must play our part.

**March 5****Saturday****April 2**

✧ *Behold how good and how pleasant it is for brethren to live together in unity.*

**I am one with God and with all His children, therefore I live in harmony with my fellowmen**

If only people would co-operate instead of working against each other what a different world this would be! It is said that competition is good, and so it is, provided it is not done in a spirit of rancour.

We all depend on each other to a greater or lesser degree. We rely on each other to make it possible to press a switch and light up our homes; to provide us with water; and to deliver our goods, to mention just a few things. We owe so much to the people of the past who have made life so much easier and pleasanter for us; to the explorers, artists, poets, and composers who have enriched our lives.

Are we not all members of the great human family with God as our Father? We are all one with Him and with each other. Let us remember this if ever we are inclined to strive against one another in a spirit of bitterness. We often have to compete against each other but let us do so with love in our hearts.

**March 6****Sunday****April 3*****MEDITATION******Thank You, Father***

My Father,

In quietness and peace I use this meditation period to express my gratitude for Your guidance in helping me to come to a deeper understanding of Truth and for the many blessings with which I am surrounded. I realise that without this knowledge life would lose much of its joy and meaning for me.

I am grateful for the spiritual growth which has now brought me into a greater awareness of Your Presence of GOOD. I thank You, too, for Your Love, Knowledge and Power so readily available to be used by me whenever I turn to You in my need.

I am blessed by the many kindnesses which I receive daily from my fellowmen, and recognise You working through them in an expression of tolerance and encouragement. Just as I have learned to receive, so am I endeavouring to give.

Joyfully I acknowledge Your ever-present help, and so express outwardly some of the peace and happiness which I feel within.

**March 7****Monday****April 4**✧ *Let us consider one another*

(Hebrews 10:24)

**Man is born to give and to serve, let me remember this**

It seems that it is lack of consideration rather than evil intent that causes friction between individuals. We are all so taken up with achieving our own good that we have little time left over in which to think about our neighbour's, and it is this negligence that divides us one from another.

If we would stop and consider that, just because there is no separation between man and man, we can, in promoting our neighbour's welfare, only advance our own, we should be more apt to put him first and ourselves last, but few of us have attained this "arisen" consciousness. It is a very liberating awareness; in the hurly-burly of our daily living it leaves us the leisure to forget the little self and to devote our energies to the Universal One that is so much more important.

God will look after us if we will do our part in looking after those "little ones" who are also in His care. Let our guiding words be not "me and mine" but "his, hers, your and their", for then only shall we know true happiness during our sojourn on this plane of experience.

**March 8****Tuesday****April 5**

✧ *Happy is the man that finds wisdom, and the man that gets understanding*

(Proverbs 3:13)

**I try to make others happy, and in doing so find my own joy**

There was a time when some people thought that the more they suffered here on earth the greater would be their reward hereafter. Would an earthly father who loved his children want them to endure illness, unhappiness, or poverty now in order that they should be healthy, joyous, and rich at some future date?

Those with understanding make the most of the present, for they know that if they do their best NOW, the future will take care of itself. Let us not think that we must be wealthy or hold a high position to be happy, but enjoy the blessings that are ours at the moment, and give thanks for them.

God's Spirit within us is the Spirit of joy.



**March 9****Wednesday****April 6**

✧ *Let your manner of life be worthy of the gospel of Christ*  
(Philippians 1:27)

**As I live in love so do I know that Love – All-Power –  
fulfils itself through me**

The above text asks us to live in accordance with the Christ's teaching that Love is the fulfilment of the Law; of the Divine Law that governs every aspect of man's being.

He Himself set the example: He recognised that He owed no man anything but love. He spent His days healing, serving, and saving. So great was His love for His fellowmen that even of those who sought His destruction He could pray: "Father, forgive them, for they know not what they do."

We find it difficult to overlook the smallest slight or insult, let alone a really grave injury, but if we would truly conform our actions to the Christ-teaching we must cease judging according to human canons where the "eye for an eye" and "tooth for a tooth" standards still prevail. Instead, we must turn within to the indwelling Spirit of love and learn of It, then we shall see that there is no separation between ourselves and our neighbour, so that what we do to him we do equally unto ourselves. When we recognise this truth it will be easy to forgive those that trespass against us and to do good to them who spitefully use us.

**March 10****Thursday****April 7**

✧ *In quietness and in confidence shall be your strength*  
(Isaiah 30:15)

### **My trust is in God and I do not fear appearances**

We live in a world of noise and bustle, and this may be one of the reasons why psychiatrists are kept so busy nowadays. Life is lived at too great a speed and nerves suffer accordingly. Also, many people are worried, and worry can have disastrous results.

What a difference it would make in our lives if we would learn to relax completely and set aside a certain time each day to do so. If we would let go mentally and physically and open all our channels of awareness to the inflow of God's peace, how greatly we should benefit. It is useless to look for peace outside ourselves – it must come from within.

Let us learn to take life at a slower tempo, and learn not to worry. If a worrying thought enters our minds let us immediately find something to do which will absorb us completely and take our minds off the anxiety. Mind control is one of the most important lessons we have to learn, and the sooner we learn it the happier and more efficient we shall be.

**March 11****Friday****April 8**

✧ *You shall know the Truth, and the Truth shall set you free* - The Christ

**This day I am born anew into the Spirit of Truth, a blessing to my world**

None of us completely grasps the Truth of Being, some have a glimmering of what It is, and the vast majority know nothing about It at all. The Master uncovered It and became so entirely one with It that He was no longer for this plane of consciousness.

We are here to learn these Verities, which we can do only as we listen to His words and live His life.

He taught us two things: (a) that we are one with God, and (b) that we should love one another. The latter follows quite naturally from the former for if all men are united with the Creator, they must also be one with each other. That is a mighty truth because it implies that we are free from all limitation, negation, and evil. The discords that obtain in our lives, the ills that flesh is heir to, do not belong to us, for they do not exist in God; and the moment we can accept this, they will fall away, for they are but chimera, called forth by our own consciousnesses, false beliefs that have no substance and endure only so long as there is a believer in them to sustain them.

**March 12****Saturday****April 9**

✧ *Cast out first the beam out of your own eye*  
(Matthew 7:5)

**Since I would help my fellowmen I look for the good in them**

How liable we are to find fault with others and neglect our own shortcomings. We criticise and condemn our neighbours and, if we only realised it, in doing so we are criticising and condemning ourselves.

Why do we not look for the good in people instead of searching for their less worthy action? No one is perfect so we have no right to judge our fellows. We cannot agree with wrongdoing, certainly, but the Master loved saint and sinner alike, and so must we if we would follow in His footsteps. If a man has a bad name we are inclined to expect the worst from him, whereas we should expect the best and thus help to call it forth.

Never condemn people because others gossip about them. What they say might be quite wrong. And if we cannot say anything pleasant, let us remain silent. So much trouble could be avoided in this world if we would make this a rule. Be lavish with praise where it is deserved, but a miser with blame.

**March 13****Sunday****April 10*****MEDITATION******Help Thou my understanding...***

My Father,

The Law of my Being is perfect and I know that as long as my vision is one-pointed to Your Good there can be no obstruction to the Law. At the centre of my being are Your Divine Life, Perfect Peace and Complete Happiness, and this all-embracing perfection is now projected into every atom of my physical expression. Help me to a greater understanding that everything necessary for my good has already been provided by You and awaits my progressed consciousness to bring it into manifestation in my life. Even the means to remove any obstruction to the fulfilment of my needs has been given me in applying this understanding.

Thus it is that I realise that my unity with You through faith is both practical and spiritual and finds a Divine Purpose in lifting me above lack and limitation.

In love and service to my fellowmen I find complete unity with the Law of my Being and all else falls into its appointed place for my highest Good under grace.

**March 14****Monday****April 11**

✧ *No good thing will be withheld from them that walk uprightly*

(Psalm 84:11)

### **The Lord is my Shepherd; I shall not want**

It may be argued that many people who have the good things of life are not walking uprightly. But the question is, have they got the BEST things in life? They may have more money than they know what to do with, but unless they have health, for example, how can they be happy? Money is important but there are other things which are even more so.

If we want the good things of life, we must seek first God's Kingdom – the Kingdom of love and peace, of goodness and truth. We must obey his Law and then our needs will be met. We may possess everything we want, but unless we have joy in our hearts and peace in our minds our possessions will mean little to us.

God has provided all we require for our well-being, but if we are to claim it we must do our share by living the Good Life.

**March 15****Tuesday****April 12**

✧ *God gave us a spirit of power and love*  
(II Timothy 1:7)

**The good gifts and perfect gifts I have received from my  
Father God, I pass on in love to my fellowmen**

We who are fundamentally a stiff-necked and rather self-ish generation, would not be able to love others more than ourselves if our Father had not invested His boundless Love in us and endowed us with the power to express It.

“Whatsoever you do unto the least of these little ones, you do also unto Me,” said the Christ who is our Exemplar. He exhorted us to give not only our coats, but our cloaks with them, and in the service of our brethren to go also the second mile. Whatever we can do to help others, to lighten their burdens, to make life easier for them, that we must do gladly with all our might, for only then can we hope to enter into our own reward.

Nothing that we carry out in our own interests will ever give us the joy and satisfaction that an unselfish action performed for others will bring in its train, for being all members one of another, what blesses one blesses all, in even greater measure.

**March 16****Wednesday****April 13**

✧ *Be still, and know that I am God*

(Psalm 46:10)

**Let your quietude be manifested in, to, and through me  
now and always, Father**

There are times of crisis when it is almost impossible for us to be still. A problem may arise for which we can find no solution, and we turn this way and that, wondering how to act. The lamp of faith begins to die down and we are in the depths of despair.

What are we to do? We must turn to God and seek His aid. We must hand the problem or difficulty, whatever it may be, over to Him and stop worrying about it. First of all we must be quiet, for how can God's help flow freely to us if we are in a state of turmoil and rushing hither and thither trying to get help? There are times, of course, when neighbours can be of the greatest assistance to us, but we should remember that they are God's instruments and the help really comes from Him THROUGH them.

Having become still we must make use of our faith, however little it may seem to be. We must trust God to do what is best for us, or for the one about whom we are troubled, and be at peace.



**March 17****Thursday****April 14**

✧ *No good thing will He withhold from them that walk uprightly*

(Psalm 84:11)

### **God, my Father, works through all experience for my good**

Do you realise that if you lack the good things of life it is not because God wills that it should be so, but because in some way you are disobeying the laws of God – or have done so in the past. Perhaps your mind has been dwelling on thoughts of lack instead of fulfilment. The mental pictures we make are so liable to materialise.

In ‘Waiting’ by John Burroughs, this verse appears:

*“Serene, I fold my hands and wait; Nor care for wind nor tide nor sea: I rave no more ’gainst time or fate, For lo! my own shall come to me.”*

How inspiring is this philosophy to those who accept it. They know that no one can keep from them those things that are theirs by divine right. Instead of being disappointed when something they thought should be theirs does not come to them, they realise that it was not meant for them, at least at the moment. If adversity overtakes them, instead of blaming other people or circumstances they look for the fault in themselves and correct it.

**March 18****Friday****April 15**

✧ *But we received, not the spirit of the world, but the Spirit which is from God*  
(I Corinthians 2:12)

**I look for God in His creation, so that I may worship  
Him in Spirit and in Truth**

If we are to be true followers of the Christ, we must learn to look beyond the material to the spiritual – beyond the appearance to the reality.

What we see is not always the reality. We may enter a beautiful house, furnished in the best possible taste in luxurious style, but if it is not a place where love reigns, it is not a home.

How do you regard a tree? Is it merely a tree to you or do you notice the way the branches grow from the trunk, and the shape of the leaves and of the tree itself? Do you think of the small seed from which it has grown? And do you remember that the same great Force created it as created you and every other thing? And the Sun: it is so much more than a means of providing warmth. It is God in expression, bringing life to man and beast and all growing things. Without it nothing could survive.

Always look for the spiritual behind the physical and material, particularly in the people with whom you come in contact.

**March 19****Saturday****April 16**

✧ *Fear not, neither be dismayed*  
(Deuteronomy 1:21)

**Conscious of my indwelling Christ, I am poised and  
serene**

Fear has many offshoots and a sense of inferiority is often one of them. It is something from which many people suffer in one form or another.

There are those who are shy, for instance. They are afraid of meeting strangers, and why? Because probably, what we think in our inmost hearts about ourselves is more important than the opinion of those about us. If we are not pretending to be anything other than we are, and if we are doing our best to live up to our highest ideals, what does it matter what others think of us? Shyness is also a form of vanity. We think that people are taking notice of us when possibly they are not bothering about us at all!

Then there are those who are afraid of tackling a new job. They are uncertain of themselves, and this is because they do not realise the Power of God within them and claim it in faith.

We are children of the Most High God, so why should we feel inferior?

**March 20****Sunday****April 14*****MEDITATION******The greatest of these ..***

My Father,

I am grateful for my awakened consciousness and the revelation of the Truth of my being. As the darkness makes way before the light so have the shadows of ignorance passed in the full realisation of Your Will of Good for me and all mankind, when attuned to You through love. I now live in the light of this new knowledge of Your Will of Good towards me, and reflect this shining light in all I do and achieve. In complete happiness and confidence I carry this inner glow with me wherever I go.

Thus it is, in meditating on Your great Love for all, I become one with Your Good and reflect the beautiful and the true as I keep my eyes one-pointedly centred in the Good all about me.

To will, to know, to love – these three...and the greatest of these is Love. One with Your Good through expressing love wherever I may be – Divine Peace is mine. Thank you, Father.

**March 21****Monday****April 18**

✧ *God will guide you continually*

(Isaiah 58:11)

**As I let God work through me, my own work of expressing Him is divinely done**

Most people begin their days without giving much thought to them, intending to “take things as they come” and usually they succeed in “muddling through”. That is why there are so many humdrum lives – no cataclysms, but no glorious self-fulfilment.

It is vastly different for those who start like this: “Today is God’s gift to me, hidden in it is my highest good if I can receive It. Since it is His wish that I should have It, He will help me to get It if I permit Him to do so, therefore I consciously put this day into His Hands. As I do this He will not do the actual work for me (I am here to paddle my own canoe) but He will lead me in the way that I should go, guide me in my every action and help me over any obstacles that present themselves provided I go forward in faith.”

Any such day in the life of any individual will bless him and all who come into contact with him, for it will be filled with the Goodness of God which is without end.

**March 22****Tuesday****April 19**

✧ *God gave us a Spirit...of power and love”*  
(II Timothy 1:7)

**Even if of silver and gold I have none, of that which I  
have I will give freely to all my brethren**

Every good gift and every perfect gift comes down from the Father of Lights in whom is no variableness, neither shadow or turning. Our greatest mistake is that we do not use these gifts – that are free, lest anyone should boast – to the best advantage. Nothing blesses one but that which blesses all, and if we do not set our talents in motion in the service of our fellowmen they will atrophy and be as useless to us as they are to those from whom, selfishly, we withhold them.

I once knew quite well a woman with a world voice who was so niggardly with it, who would sing only where money was involved, that she got no joy out of what was a magnificent endowment from Heaven. It is what we share that warms our hearts, what we bestow that enriches us, what we pour out upon all mankind that flows back to us increased in splendour and filled full with the Love and Power of God.

**March 23****Wednesday****April 20**

✧ *The Kingdom of God is within you*  
(Luke 17:21)

**Help me to become ever more conscious of your Kingdom within me, Father**

In the not so distant past many people thought that heaven was a place above the sky where God sat watching and condemning the sins committed by His children. Yet Christ came to teach a different doctrine. He told men that the Kingdom was within them. It is a state of consciousness.

In this heaven is everything that we can want for our well-being. There is love, peace, joy, wisdom, understanding and knowledge for those who keep God's Laws; and we do not have to wait until we pass on to another state of consciousness to enjoy its benefits. They are ours here and now when we have sufficient faith to work for them – when we not only believe in but FEEL our unity with the God within us.

Do you find it difficult to realize that God's Power is also your power? That what He is, you, potentially, are? Yet the Master told us that what He did, we could do also, though we have a long way to travel before we reach His state of perfection. That, however, is what we should aspire to do.

**March 24****Thursday****April 21**

✧ *Lord, teach us to pray*

(Luke 11:1)

**Thank you Father, that all my needs are met in Your perfect way**

Not all of us pray in the right way and then we wonder why our prayers do not seem to be answered.

It is best not to pray for anything specific, and the finest of all prayers is: "Thy Will be done," because God's Will is always good, and He wants only the best for His children. Probably many people still consider that they must plead with the Father and ask over and over again for what they want. This is not necessary. God is Love, but He is also Law, and He is not swayed this way or that by our beseechings.

What we should do is to claim the spiritual equivalent of what we require. If we need a hundred rand let us not ask for it, but thank God that His abundance is now made manifest in our lives. Why should we limit His Goodness to any particular amount? We are heirs to His Kingdom in which nothing is lacking when we believe in our unity with Him.

Let us give thanks for what we need even before it materialises, as a sign of faith as well as gratitude.



**March 25****Friday****April 22**

✧ *For as he thinks within himself, so is he*  
(Proverbs 23:7)

**I am positive in thought, word, and deed, for my faith is  
in God**

How do you think of yourself – as a poor creature without the ability to succeed or to attract others to you? If this is what you think, it is probably what you are, but not what you could be if you changed your thoughts. While arrogance is a most unpleasing quality it does no one any good to have a poor opinion of themselves.

Through the creative power of our minds we can be successful if we will, and if we will work to attain our goal. But we must realize that God does not do for us those things we are well able to do for ourselves. It is no part of His plan for us that we should live in idleness. And we can attract others to us by being interested in them. Kindly people have a charm of their own which has nothing to do with good looks.

Make a mental picture of yourself as you would like to be, and dwell on it often. See yourself as successful, courageous, true and good, and it will help you to be so.

**March 26****Saturday****April 23**

✧ *Now we are children of God*

(I John 3:2)

**With God as my supply of All-Good I have nothing to pray for but only to give grateful thanks for everything**

How many of us are ready and willing to accept the above at face value? Actually we know very well who we are, sons and daughters of our parents. We share their home, live on their providing, and quite often kick against the pricks of their authority. All very true, but then who are our parents? If we believe our teachers and agree with them that “God alone is” we shall have to admit that our earthly parents and heavenly Father are ONE and that we, who are inseparable from that Father, are not only denizens of His green earth but children of LOVE, of Him who rules in Heaven.

That puts a different complexion on our state of being for it means that we derive from Love and are Love constituted; that not only do we owe no man anything else, but that actually we have nothing else to give him. As we bestow upon all and sundry the only gift we possess, we shall be fulfilling the Law that governs us.

**March 27****Sunday****April 24*****MEDITATION******Love be my guide...***

My Father,

Deep in the meditations of my heart,  
Is the desire  
To live as You would have me live,  
To speak as You would have me speak,  
To act as You would have me act...  
Show me the way that You would have me go  
So that I may remove all obstructions  
That appear to keep Your Good from manifesting  
in me...  
Open my eyes that I may see the  
True Beauty of all things.  
Open my ears that I may hear Your Divine Harmony  
Above the discord of human endeavour.  
Teach me to speak words of praise and encouragement to all,  
And overlook my failures  
So that they become stepping stones to success...  
Let my meditation be acceptable to You  
And Love be my guide.

**March 28****Monday****25 April**

✧ *I will praise the LORD*

(Psalm 7:17)

## **I give thanks to God for all the blessings of my daily life**

Giving thanks is something we should do not only once a day but often as we go about our undertakings. To give thanks for what we have is to open the way for more to come to us.

We are sometimes inclined to dwell more on the things we have not than on the many blessings which God showers upon us. We take so much for granted. Do we ever, for example, give thanks for the beauty which surrounds us on every side; for loved ones; and for God's Will which is being expressed in, to, and through us all the time? Do we express our gratitude for any success we may have achieved, or do we take the credit for it ourselves?

But let us not only give thanks in words but in deeds, which are far more important. Anything done for His children is done for God, so service to them is a way of expressing our gratitude in a practical manner.

**March 29****Tuesday****25 April**

✧ *Wisdom... and knowledge are pleasant to your soul*  
(Proverbs 2:10)

**In the awareness that Love is the fulfilment of the Law governing me and all of my affairs, I strive to radiate love to all and sundry**

Most people think of wisdom as being a mental attribute but true wisdom has its abiding place in the heart of man, to which it comes direct from the Heart of God. It embraces the realisation of man's at-one-ment with his Creator and the recognition of all that follows therefrom.

In the Bible we read, "You are ever with Me and all that I have is yours." In this statement the operative words are "you are ever with Me" because although in spiritual fact we are the children and heirs of the Most High we shall not be able to enter into our heritage unless we are "with" Him in all our thinking, feeling, speaking and acting.

To use and to enjoy the divine qualities factually constituting us, we must think God's thoughts after Him and walk in the footsteps of the Christ, for only as we do this shall we be able to serve all our brethren and to love, spontaneously, our neighbours as ourselves.

**March 30****Wednesday****April 27**

✧ *They shall rest in their beds*

(Isaiah 57:2)

**No matter what appearances may be, God is always  
with me to help and to bless**

Most students of Truth when they retire at night spend a few moments before seeking sleep, consciously putting themselves in God's Hands, asking Him to keep them safe and sound until the breaking of the new day.

It is a wonderful feeling to know when you are alone, perhaps in a strange country, far from home and the solicitude of those who love you, that God is with you, incapable of being separated from you either by death, or life, or angels or principalities, or powers or things present or things to come, or height, or depth, or any other creature, because of His love for you.

Those who consciously live, and move, and have their being in Him know that they have nothing in all the world to fear and spend their lives uplifted and confident, encompassed in divine security, trusting implicitly in the promise, "I am with you always, even unto the end of the world."

**March 31****Thursday****April 28**

✧ *The Will of the Lord be done*

**I give thanks that God's Will is always for my highest good**

For such a long time has our concept of this “Will of the Lord” plagued us and made us increasingly reluctant to pray “Thy will be done.” What have we been imagining this will to be - that of a stern, fault-finding judge malevolently held over us, or that which a beneficent Father would be wishing for each one of His children?

Because God is Love and is ever pouring out this love upon us, His only desire is for our all-encompassing good, and unless we conclude that we – in our ignorance and limitation – can out-think Him, any good that we can envision (and are asking for) must already be in His mind awaiting our acceptance of it.

We can have no longing for true good that God is not cherishing in His Heart for us, because His whole purpose is that we should mirror Him, in whom All-good consists, here on Earth. To do this we must have been invested with all that He is and has, and it requires only our acceptance of the divine attributes to enable them to flow through us into manifestation in this His visible world.

**Friday****April 29**

✧ *The blessing of the Lord makes one rich*  
(Proverbs 10:22)

**God, from Whom all blessings flow, is Omnipresence,  
consequently His All-good indwells me**

Most people think that it is money which “makes one rich”, but some of the wealthiest folk on earth are miserably poor, and completely wretched into the bargain. The essential things are not for sale, they come of themselves – without money and without price – when the individual has advanced far enough spiritually to know that “All that I have is yours”.

Whatever is true, honest, just, pure, lovely, and “of good report” is of God. His GOOD – with which He invested every man at his beginning – includes wisdom, understanding, knowledge, and His abounding love. These are the things that we should seek after. We have to develop the consciousness of them, for as a man thinks in his heart, so shall it be unto him. The moment we have made the truth of being our own – in awareness – the Kingdom, ever ours in spiritual fact, will come forth into expression in and through us and into everything that concerns us.



**Saturday****April 30**

✧ *In quietness and in confidence shall be your strength*  
(Isaiah 30:15)

**I hand over my burdens to God and I am at rest**

Are your affairs in a state of chaos? Is your private life not all it might be? Turn to the Spirit of Christ within you for help. Learn to relax in His Love and be at peace.

As long as we are worrying about this or that we are setting up a barrier in the channel through which God's help flows. Worry shows lack of faith and according to our faith it is done unto us, not according to our want of it. We must believe in His ability and willingness to solve all our problems and put all things right for us.

If your life is in a muddle take time to be quiet and turn to God. Relax in mind and body and let His love flow into you to calm you, and give you the confidence you need. No matter how tangled your affairs seem to be, He can loosen them for you if you will allow Him to do so. His peace is within you. Claim it in love and faith and go onward confidently. Be quiet and know that He is God.

## *Register of Volunteers*

The School of Truth is in the process of forming a register of people who would like to assist with the work of The School of Truth, if and when required in the future.

It is envisaged that such people would be long-standing members of The School of Truth – retired, semi-retired, or largely of independent means.

Please indicate your area of expertise or interest.

The offices are situated in Auckland Park, Johannesburg.

**For all areas, please respond to:  
SCHOOL OF TRUTH  
P.O. BOX 52051  
BEREA ROAD, 4007 or  
schooloftruth.kzn@gmail.com**

## AT YOUR REQUEST

### *Your Questions to our Panel of Truth Counsellors*

*Dear Sir,*

*From the Path of Truth booklet I see that you help so many people with your prayers, just amazing. Today I ask you to please put my daughter on your prayer list.*

*She is nearly 50 years old, and by choice has never held a permanent job, she has always preferred temp work. She would always find something negative, and this way, she could leave the place easily. However, even in any temp work, she is unhappy, and finds so many things she doesn't like, mainly the bosses or co-workers.*

*She is an unhappy person, lives in a small furnished studio-flat, never married, has no real friends and struggles financially. We have never criticized her choice and supported her decisions, keeping our reservations to ourselves. We feel temp work is precarious without much scope for saving for retirement.*

*Yours sincerely*  
*Justin*

Dear Justin,

Thank you for your e-mail regarding your daughter. We have placed her on our prayer list. The power of prayer is often not understood, and greatly undervalued, and through lack of knowledge what could be a heaven, is instead a misery.

We are basically spiritual beings, all connected one with another, expressed through love. The solution to your daughter's problems lies in the development of a raised consciousness. How does a person know when they have a raised consciousness? They are Happy and contented and live in the consciousness of God's Divine Presence. Sometimes the biggest problems can turn out to be the greatest blessings, in that they cause people, after they have tried everything they know, to seek a spiritual solution.

With love and Blessings,

**E.W. - Counsellor**

*Please send your requests for spiritual guidance to [schooloftruth@mweb](mailto:schooloftruth@mweb), with the topic clearly marked "At Your Request"; or write to "At Your Request", School of Truth, P. O. Box 62549, MARSHALL-TOWN, 2197, Gauteng, South Africa. Irrespective of whether we publish your letter or not, you will always receive a personal reply from one of our counsellors. We naturally change people's names to protect individual privacy.*

## *A Prayer for Peace and Justice*

Oh Lord, it matters not how dark the hour  
Or ominous the clouded scene may be,  
We know Thou art the One and Only Power  
And we affirm our faith and trust in Thee.

Despite the seeming awesome change we face,  
We claim Thy Guardianship o'er this, Thy land,  
That Thou, Who knowest no colour, creed or race,  
Shall hold the scales of justice in Thy Hand.

Whilst we in peace and harmony may dwell  
Without the loss of dignity and place,  
In this the sun-drenched land we love so well  
E'er conscious of Thy Wisdom, Love and Grace.

And meanwhile, Lord, we ask that Thy sure shield  
Of love protects all who in duty bound  
Maintain the rule of law we dare not yield  
Until the Path of Love and Truth is found.

- Anon

*(Ref. April 1977 Path of Truth, Vol.25 No. 4)*

## ***GOOD NEWS ABOUT THE DISTRIBUTION OF THE PATH OF TRUTH!***

The School of Truth was established in 1937 and over the decades, we have unfailingly, and through God's Grace, sent out this magazine - "The Path of Truth" to all our members who request it. And what a treasured magazine it has always been! We will of course continue to produce the hard copy you now hold in your hands, and we will continue to post it to those who want it in this format.

But here is the great news: The Path of Truth is now also available in electronic format for your Tablet Device, your Kindle, your Android phone, your desktop or laptop! Simply email us at [pathoftruth@mweb.co.za](mailto:pathoftruth@mweb.co.za) with the Subject: "Path of Truth in Electronic Format". Please state clearly whether you want to continue to receive this magazine in hard copy, in electronic format, or in both formats.

***VERY IMPORTANT:*** If we don't hear from you, no problem! Nothing will change, and you will simply continue to receive this beloved hard copy of The Path of Truth as always. However, if you do want the electronic version, either in addition to the hard copy or only in electronic format (and please state your choice very clearly so there can be no confusion) we will regularly and directly email you a PDF copy of each edition, which you can use on whatever electronic device you find most convenient.

As with all the services provided by the School of Truth, this electronic version of The Path of Truth will be sent to you absolutely free of charge and in loving service to God and our fellow man.

The School of Truth has a responsibility to be conservative in the expenditure of its members' love offerings. It would certainly help to reduce our bi-monthly printing and postage costs if more people could opt to rather receive the Path of Truth and The Path itself, via email in Acrobat Adobe (PDF) format. However, please rest assured, where members don't have access to the Internet, email and the like, we will of course continue to print and post this wonderful magazine that means so much to so many people and over so many years.

The Daily Meditations, as well as back copies of The Path of Truth will also soon be available on our new Website, which will also make it much easier for members to continue to support the work of the School of Truth through Paypal and other funds-transfer services. We will announce that web address as soon as the site is up and running.

**A. WALTERS**

**APPLICATION / RENEWAL FORM**

Initials..... Surname .....

Membership No.(on the address label of The Path of Truth).....

Telephone No.....

Cell No.....

Fax No.....

Email address.....

Physical/Street address:.....

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Suburb.....

City/Town.....

Province.....Postal code .....

Post Box/ Private Bag address:

Type..... No.....

Suburb/Post office.....

City/Town.....

Province..... Postal code.....

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