

THE PATH OF TRUTH

This magazine is published by the School of Truth and
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January/February 2017

Editorial

Truth is where we find it

How wrong we are to allow others to prejudice us against certain forms of religion. Someone may have said to us: “Oh, don’t have anything to do with those people!” and we have not done so, without even taking the trouble to examine their teachings. And what is worse, we have possibly handed over our prejudice to someone else.

We should be prepared to examine other forms of religion because there is some good to be found in most of them. And we may miss some new aspect of Truth if we refuse to consider them. But let us remember that if our particular philosophy is based on love – love of God, and of all that He has created – then it is right.

Ernest Renan says: “The worst of errors is to believe that any one religion has the monopoly of goodness. For every man, that religion is good which makes him gentle, upright, and kind.”

We are not all at the same stage of spiritual unfoldment, and what may be necessary for me may not be so for you.

“I asked you to Pray.....”

Extracts from letters to the School of Truth

I have a sister-in-law with whom none of our family or friends “fitted in”, or she with us. In writing to my brother I have always included her. This has been going on for twenty-seven years and my brother was nearly driven out of his mind. I wrote to you for prayers and just before Christmas I received a letter from her asking me if I would forgive her. I was so astonished and delighted that I immediately telephoned her to come and visit us.



Our prayers have been answered just as you said they would. I became engaged to my Australian friend last month, and everything has worked out in a perfect way. There was no opposition from my parents at all; in fact they were overjoyed with my decision.



After many disappointments in the selling of our house and small holding, I wrote to you for prayers. We have had no less than five good offers in less than a week after receipt of your reassuring letter. I am slowly beginning to realise what it means to “let Go and let God.”



I just want to thank you for praying for me after I had been down and out for several months. I was doing no business at all when a friend of mine wrote to you and mentioned my name. I must tell you God answered your prayers and I am thankful now, as my business is now flourishing.



Some weeks ago our little grand-daughter woke up with a severe pain in the left leg and was unable to walk. The doctor suggested an X-ray which was carried out the next day. Needless to say, we were most concerned and thought of all kinds of complications. I immediately phoned the School of Truth and in spite of the X-ray revealing a shadow in the groin the child gradually improved and was able to get up the next day. God be praised and thank you for your continued prayers for us all.



We have just had news from N.Y. that my son has obtained his Master of Business Administration degree with a Finance major. He obtained five 1's (over 90%) in his five final subjects, which is a very rare happening at the C- University. He has topped the Dean's Honours Roll every term out of 2 000 students. What an honour for South Africa! Here he was top in his B.Com. and top LL.B. student when he passed his finals with distinction and received the Society of Advocates' Prize. He has never written any exam in his life without his name being on your prayer list. My grateful thanks to God cannot be expressed in words.

**The School of Truth has prayers at
9.30 a.m. and 11.30 a.m.**

Students are encouraged to join us in prayer at those times. Prayers are indeed very powerful.

A suggested prayer may be :

***The Light of God surrounds me
The Power of God protects me
The Peace of God is over me
Wherever I am, God is.***

This prayer may be used at any time.



Lecture by Nicol C. Campbell

Gratitude



All of us are enjoined by the Psalmist “to rejoice and give thanks,” and when we advise students who have come to us with serious problems to do this they immediately retort, “For what reason should I give thanks? The Master’s teaching on the subject of Love does not work for me, or for the majority of Christians, some of whom are poor, others failures, while still others are miserable and live in shattered homes. What have we to rejoice about?”

When at the outset of my Truth-life I waited two weary years for my first demonstration I asked myself that same question. I felt that I was sincere, I thought I was leading my life as it should be led, yet there appeared to be no response from God, no deliverance, guidance, no vision.

The Psalmist, who went through many troubles, had great difficulties to face, but he did have wonderful demonstrations, although often only at the eleventh hour. He was certainly a man of understanding and that made me wonder if there were not something in this giving of thanks. Did God have to be placated, or did we, when sick, poverty-stricken and unhappy, have to make a pretence of enjoying harmony and wellbeing? Where

did spiritual understanding come in as, with artificial smiles, one gave thanks for nothing?

I am an alert individual for it is my business to observe people, to mark the kind of lives they live – whether these are healthy, happy and prosperous – and to take note of their demonstrations. It occurred to me that perhaps this great Jew had discovered something, and I decided to try it by myself giving thanks believing that the Presence of Goodness, which was aware of my needs, was also willing and able to fulfil them. Of course I recognized that it would not be enough to walk about saying “Thank you, thank you” or even to sing songs and hymns; it was the inner feeling that had to be stimulated. And while it was difficult to be enthusiastic over something, one could not see, touch or feel, one could perhaps work up a feeling of warmth and expectancy. I made up my mind to accept that the good I craved was not about to be, but was currently mine; that God was at that moment releasing me from the bondage of my problems.

Though no change took place I began to feel happy; yet the more I thanked God, the worse things became until they reached the point of crisis and my reaction was, “Is this how God blesses me and lifts my burdens from me?” I wondered if I were fooling myself or if my gratitude was not sincere enough. I asked to be shown if, and where, I was wrong, or if I had to increase my gratitude for what was yet unmanifest.

It then happened that I was asked to drive a woman to visit a great friend who appeared to be dying. I was taken into the room

with her where a doctor was sitting beside the patient. Looking at his watch he said, "We shall know in an hour or two, when she reaches the point of crisis, whether she will recover or pass on." It seemed as we waited that she was sinking ever lower and lower, life appeared gradually to be flickering out, but when the critical moment arrived she began to rally and the doctor said "That's fine. She has stopped short of the point of no return and will live."

I thought very deeply about this, for in it was my answer. God had been talking to me, showing me that things at first often get worse and worse, and that it is then that we either fail or negotiate the obstacle and begin to build up again.

That was what was happening in my life. Things were becoming chronic and I wondered if there were something in my consciousness that had to be eliminated. Then the words "You can't put new wine into old bottles" came into my mind and I realized that one cannot put a new awareness into an old one any more than one can put new seats into a theatre before first taking out those that are already there. A similar process of removal was happening to me. A change was taking place as my health, happiness and finances deteriorated in order to be renewed and rehabilitated. The old bottles were being replaced, the old consciousness was being cleansed, and a struggle was going on between the thoughts that were being cast out and the concepts that were flooding in. It was a Process reminiscent of the making of lemonade: you

put two substances together, there is a great commotion and when that subsides you have a pleasant beverage.

My body temple was in the state in which that woman had been when I visited her. My passenger, I and the doctor could do nothing; we could only sit and watch until she was over the hurdle, after which she recovered completely.

This was long before the School of Truth existed, but it changed my artificial gratitude into the real thing. I realized that I had nothing to fear, that God was All-power, All-knowledge, the only Presence permeating all things and that everything that was not of Him was a lie that could not persist.

Even while the fight between the inner and the outer was in progress I was able joyously to give thanks that the Presence of God was refining me, cleansing me of all my negative thoughts and emotions, so making His temple a worthy repository of His Divine ideas. It followed that all my problems were naturally, not super-naturally, resolved. Had it not been so the School of Truth would never have developed.

Because you cannot read the writing on the wall you miss wonderful happenings and answers to prayer which you do not recognize as such. You question, wonder, fear, but if you had seen all that I have seen in my own life and the lives of hundreds of others who were going through deep waters, you would know that there is

nothing of which mankind need be afraid. Problems we shall always have and because our human minds, our friends, associates, ministers and teachers do not know how to overcome them, we panic.

As I have so often told you, the blockage is in consciousness. It is not an outside phenomenon; and because love is the fulfilment of the Law, to release it is to set free the God-power that resides in you and me AS us. There are no reservations, everything is present awaiting man's acceptance of it. The Kingdom of God is here and now manifest, but man, who is wearing blinkers, says, "That is an untruth for I see poverty, disease, unhappiness and frustration. There is no God in His world in which all is said to be well, but in which all is amiss." Such folk are looking into the old bottles that are full of sediment and are seeing only that. They do not see as God does, with eyes that are too pure to behold iniquity, whose Vision is uncontaminated and wholly trustworthy. Only the eye of the spiritually awakened can clearly perceive the Divine Beauty, Health, Happiness and Goodness that are everywhere present in the place where adverse conditions, circumstances and situations are claiming to hold sway.

When I began wholeheartedly to give thanks I started to see correctly. Is this too difficult for you to do? Can you not develop a little right thinking and feeling within yourself? It should not be beyond you if that is what you really want; but if you only listen to me and our other teachers who give

you the Vision of the School of Truth and its many years of demonstration and do not hear the message, how can you benefit from the teaching?

You have deliberately become a part of the consciousness of the School of Truth for you are the School. We are only your leaders telling you of what is daily taking place in our lives and in those of students the world over. We share with you the letters we receive, the telephone calls that come through, the problems that are put up to us and the rejoicing and gratitude that follow, from folk who are not clever or brilliant but who are able with humility to accept. Have you anything to lose?

Two or three weeks ago I spoke to you of my reasons for believing in God, then I told you why I give to Him, and after that why I rejoice in Him. That is all I practise, believing, giving and gratitude. With all my mind, heart and soul I believe that the spirit of God is within man, NOT in separation from this loving Presence that constitutes me and every aspect of my life. Because of that belief I give gladly and continuously, rejoicing in the conviction that His Vision, Guidance and Direction are ever within me. These, for me, are Realities, so like the Psalmist I can rejoice and give thanks, can sing a song of Praise unto His Name. This is what we would have you do without further waste of time. If you are a trifle sceptical, if my explanation of Truth seems to you somewhat simple, think back to the words of Emerson. He was one of the greatest Truth thinkers of all time, a man who made all high-sounding

language and phraseology seem like mere word-catching, and he pronounced the essence of Truth to be simplicity.

I am a man going on for 65, still as childlike in my approach today as I was nearly forty years ago, and still with a heart filled with gratitude. It is not that I am unaware of conditions, circumstances and problems. They present themselves to me just as they do to you, but I see them merely as little incidents of resistance which help to build up the awareness of the individual. They wake you up, compel you to put forth more effort as they challenge the sincerity of your belief in your Creator. I am talking not of trust, faith, wisdom, knowledge, understanding, but of your childlike belief in your Maker.

The other day a lady said to me, "My friend thinks I am quite mad to come to see you because you are yourself mad." And I replied, "Thank your friend for saying that I am mad. I would rather be mad, having what I have and being what I am, than sane having what she has and being what she is. I am better off in every way so let me continue in my madness. Let me live in my world of childlikeness and gather in the handsome dividends it pays."

It works for me, it works for you, it works for humanity at large. Unfortunately people like to make things complicated, to work with abstractions which most of us do not understand. If you cannot resolve the simple problems connected with

health, happiness and security, the more intricate ones will surely baffle you. Those who are incapable of doing simple sums will certainly not be able to tackle the differential calculus. Similarly, no one can play an easy piece of music who is completely ignorant of the principles of harmony. Understanding is of the essence, and gratitude follows upon it.

Solomon declared “as a man thinketh in his heart so is he,” and do not forget that thinking can be both positive and negative. Without feeling you cannot demonstrate, but with 99% of people their feelings are those of negation, of sorrow, hatred, resentment, bitterness which we see reflected in their bodies and affairs. They envy those who – having a simple understanding of God – express love and gratitude which bring in their train bodily health, emotional happiness, and material security.

If today you would enter into your heritage of All-good let the following be your affirmation: “I will rejoice and give thanks that God is fulfilled in me, through me, and AS me as whatsoever I desire.”

Ref. The Path of Truth



First things first

The majority of people do not put the most important things first. They think more of material things than of those of the Spirit, and yet only the latter are realities because they are the only things that have lasting value.

It is bad enough that adults should feel this way, but it is even worse when they force their children to follow in their footsteps. How many young people, gifted in some way, have through the influence of their parents or guardians set aside their gifts and devoted their lives to doing something in which they have no interest? How often has a young man who felt an urge to enter the church been told: "There's no money in it." How often has a young man or woman who wanted to be an artist been told the same thing? And if they are influenced, they probably spend their lives doing work for which they have little or no liking instead of following their own particular star.

The things of the world so often draw us away from our high ideals, and our fears blur their outlines. Because we have not learnt to look to God for our supply, instead of to man, we are afraid of not making a living, perhaps, or not being able to have all the good things we desire. Maybe love of money makes us forget that we should put the Kingdom of God before all else; or possibly the wish to occupy some high position blinds us to the importance of spiritual values.

Let us not allow anything to deflect us from any high purpose we may have in view. Let us be loyal to our highest ideals that we may be loyal to God. If we are doing what we know to be right, and our trust is in Him, He will not fail us. He has provided for all our needs in His Kingdom and our faith brings His supply into manifestation. But we must be sure that what we want is also what He wants for us. Actually, there is no necessity for us to tell Him what we need, for He knows it better than we do ourselves; and He has promised that if we will seek first His Kingdom, all else shall be added unto us – but so many of us are lacking in faith. Perhaps we trust Him in some things and not in others.

Let us remember that it is not enough to put first things first in our minds only. To have ideals indestructible and glorious is no use unless we work hard and make every effort to achieve them. We must be workers as well as thinkers – doers of the Word and not hearers only. But the dream must come first. Imagination is creative and, as Charles Morgan says, when we imagine with love we create what we imagine, and what we then create has real and extending value. Many of us, however, through using imagination in the wrong way, bring into materialisation those things which have no true worth. If we use our imagination to achieve great wealth, we shall probably attain it, especially if we make all our other efforts concentrate on this one desire. But this is worshipping mammon instead of God – putting the wrong thing first, which will bring us no real joy.

We may meditate daily and attend lectures or church regularly, but unless our philosophy of life enters into everything we think, say, and do, we are not giving first place to the most important things. Our religion must be part of us.

Let us learn to use imagination in the right way. Let us create with love – use our thoughts to bring us those things which are beyond price – use it to make the world a more beautiful and more pleasant place to live in. And to give something to mankind which will be of lasting worth. Earthly treasures may give us a great deal of pleasure, but pleasure is not the same as joy. Pleasure comes from without, but joy from within. It is an attitude of mind – a thing of the spirit. We know happiness when we put the most important things before all else – when we live according to the law the Master came to earth to teach. When we put love first, all other things are added unto us, for when we truly love we cannot offend God or man.



By desiring what is perfectly good, even when we do not quite know what it is, and cannot do what we would, we are part of the divine power against negation widening the skirts of light and making the struggle with darkness narrower.

– George Eliot

A new outlook

What a wonderful transformation would take place on earth if children the world over were taught to think constructively as naturally as they learn the letters of the alphabet and the rules of simple arithmetic.

When we realise that everything stems from THOUGHT does not it seem odd that so little attention is given to this vital factor? We are told so often that the essence of Truth is simplicity, but however simple it is, it must be translated into ACTION before any change can take place; and if the habit of CONSTRUCTIVE THINKING is to be established it follows that errors in the form of negative attitudes and reactions must be eliminated before they are allowed to take up their abode in our consciousness.

When a child begins to read he makes mistakes, but he is corrected and must repeat the word again and again until he has it right. It is impossible to estimate what a valuable lesson would be learnt if this line of reasoning was given a little consideration. A new outlook is long overdue and the one mentioned would make a sound foundation on which to build a happier world.

While it is harder for adults than children to acquire new habits nothing is impossible if our desire is sincere and our heart is in the job. Many parents are concerned - and with good

reason – about their children's future, especially if they appear to have lost contact with them. A new outlook on their part could well be the means of bringing them together again if the parents realised they had been given a second chance and would seek God's guidance.

One of the first books I read on Truth lines was called HE CAN WHO THINKS HE CAN. It made a deep impression on my mind, and if we would set out to prove that statement of Truth each day the striking effect on our personalities would be so strong that our friends and relations would remark on the change.

A new outlook will avail us nothing so long as it remains a theoretical 'hope!' It must be translated into action to become effective. How is this to be done? I would suggest that instead of regarding difficulties as obstacles on our path – with all kinds of aggravation clinging to them – we see them as challenges, the over-coming of which takes us forward in our spiritual development. This attitude, coupled with a sense of humour, helps us to see things in their right perspective and, if we are honest with ourselves, often reveals how easy it is for us to make mountains out of mole-hills.

A new outlook demands that we meet experiences rather than run away from them. The thing is to keep an open mind, be ready to listen to new ideas, for they may well lead to something to our advantage. Time passes quickly these days. Many folk find it hard to forget past mistakes. The new

outlook teaches us to learn from them, and so we discover they were really friends in disguise. Remembering that God has given all His children a wonderful mental garden to cultivate, it is up to us to pull up the weeds of negation which slipped into our minds when we were not looking and replace them with constructive thoughts. The following four lines put the whole thing into a nutshell:

Sow a thought – reap an action;

Sow an action – reap a habit;

Sow a habit – reap a character;

Sow a character – reap a destiny.

- A Student

* * *

We are truly blessed in all our seeking after true values, justice, peace and enlightenment. Each new day with its opportunities spread out before us, invites us to step forward and make new discoveries. Every single day, to our life's end, we can learn something when we are receptive to the truth which comes through contact with our fellowmen, through all the varied media of the modern world, through nature and through the various situations which have to be faced. With an appetite for living we shall always be filled, and there will always be more when our hunger is renewed.

My Father's pleasure

As I strive, my Father, to make clear to my human understanding the nature of Your abundant providing, I think along these lines: God is complete GOOD. If He were not, He would hold within Himself the seeds of His own disintegration. Because He is All-in-all there is nothing apart from Him, neither is there any power opposed to Him.

“I and my Father are one” means that I, my neighbour, and the cosmos are of Him – and of nothing else – therefore the properties that make up my entire life and being are His perfect attributes which are not subject to change, for He – unaffected by the channels of His externalisation – is a stabilised entity and endures forever.

Only that which I know can I experience (as a man thinketh in his heart, so is he), consequently it is my acceptance or rejection of the Good that determines the character and content of my life.

If I believe in health for myself, I shall manifest it, and if I imagine I am poor, poverty is what I shall show forth; and so it is with every one of Your qualities, my Father, that are included in me and my affairs.

Your concepts of all things are perfection, and those phenomena which You have not endowed with a mental choice

factor, manifest accordingly. All the natural universe, every flower, fruit and crystal, conforms to Your Divine Pattern; man alone, who can think, and select, for himself diverges in consciousness from it.

I might compare the individual, body and affairs, to a meal chosen by himself.

You have provided a table, the BOARD OF LIFE, furnished with all any man could desire and require. If he refuses to accept certain foods, his repast will be lacking in these; if he elects to skimp his helping of butter, that will be spread very thin for him (as poverty); if he makes up his mind that cheese is a tainted substance, he will experience it as such, because everything that enters into our lives, takes on the character we impose upon it by the thoughts we associate with it, for there is nothing either good or bad, but thinking makes it so.

To have all I need in life, I must realise that all Good is ever present, waiting for me to avail myself of it. In You, my Father, there is no lack, no second rate, no “making do,” there is only perfection and abundance of all things. I have to drop from my thinking all ideas of lack, limitation and deterioration, and to know that, because there is nothing apart from You, there can be nothing to interfere with Your Providing.

My business is to accept the GOOD as constituting all that concerns me. Any negative conditions in my life I must

see as being the externalisations of my past thinking has brought forth in accordance with its character. I now have to recognise what constitutes their opposite good, and then claim that, in the knowledge that You, my Father, have set it on the Board of Life for me to appropriate.

WHEN I CAN TAKE OF YOUR BOUNTY, SPREAD
BEFORE ME, MY EVERY NEED WILL BE MET, AND
ALL MY DESIRES LAVISHLY FULFILLED.

* * *

THE ESSENCE OF CREATION

We are what we have thought, we become what we think; and if we believe that thought is as hidden in its results as it is in its operation, we are ignorant of the facts that all energy is creative and that thought is the very essence of creation. All that we see in the world of men is but materialized thought, for all creation is a realized Idea. All the labour of men's hands that now lies outstretched before us existed first in the invisible realm of thought, and all that has been created reveals – for those who have eyes to see – the precise nature of the thought from which it proceeded.

-Claude Houghton.

* * *

Trust God

It is not enough for thinking people to be told about God and the many blessings which come as the result of faith. The person with an alert mind needs to prove these things for himself.

Often people do not take much interest in religion while their lives are running smoothly, and it is only when some trouble comes upon them which they as human beings cannot overcome, that they turn to God. Possibly they become ill, or one near and dear to them becomes ill, and they are filled with fear. If the sickness does not respond to treatment they probably feel the need of help from some higher Power in spite of the fact that in the past they have thought little about God.

On the other hand they may be in financial difficulties from which they see no possibility of extricating themselves. Or perhaps there is inharmony in their personal relationships. Any number of things may cause men at last to seek God.

What a pity it is that they so often wait until a tragedy overtakes them before learning how to live! Trials there must be, of course, for they are necessary to our growth and teach us the stuff of which we are made; but those without faith suffer far more than those who possess it. Faith enables us to rise above sorrow and surmount difficulties. It prevents us

from becoming submerged in grief or some other trouble. It gives us strength to endure.

Faith also enables us to achieve our aims. If we have sufficient, we can do what we want to do and be what we want to be within the Law. We are the result of our own thoughts, and if we have sufficient faith and our desire is sufficiently urgent we can be successful, though it should be remembered that success does not always lie in achievement. The scientist may not always see the results of his experiments, but if he has paved the way for those who will follow has he not succeeded?

We have all heard of happenings that are called miracles, and some of us have probably experienced such things ourselves. Actually, the Universe is ruled by Law, and just because we do not know how to apply the Law we talk of miracles. A doctor may be amazed at the (to him) unexplainable recovery of a patient who appeared to be beyond aid. Yet in the Bible we are told that the supplication of a righteous man availeth much; and that the prayer of faith shall save him who is sick. Need we then regard it as a miracle if a man is cured by prayer? Jesus said to the people of His day that according to their faith it was done unto them, and that is as true today as when He spoke the words.

Someone has said that spirituality is not something to be, but something to do. And there is something to do to acquire faith if we do not possess it – faith, which is the essence of spirituality. If you would acquire it, act as if you possessed it,

and if you would increase it make use of what you have, however little it may be. Prove it by behaving as if you had all the faith you needed. As we think, so we are, therefore think in terms of 'I believe', not in terms of 'I do not believe'. There is power in thought and there is power in the spoken word, so think and speak in terms of SPIRITUAL Truth. Our thoughts go out into the ether and attract others similar to themselves, thus taking us into that particular vibration. Do you not see how that benefits us if our thoughts are constructive, and how it can harm us if they are destructive? Thought is creative, and if we think in terms of goodness, truth, and beauty, those are the conditions we can expect to manifest for us.

If our faith were great enough to FEEL our unity with the Spirit of God within us we should not be sick, unhappy or poor. God is Perfection, and if we knew without a shadow of doubt that we were one with Him all would be well.

We are on this plane to proceed towards the perfection from which we came. In order to do this, we need faith, and this is obtained by proving that God's promises are true. Set aside any fears you may have and trust Him. Thank Him that faith is already yours. In your true being you are Spirit, and Spirit, as has been said, is perfect. Give thanks that you are one with the Christ within you.

Faith can remove mountains of difficulties. All that we need has already been provided for us in the realm of Spirit, and our faith brings it into manifestation. Is it not worth striving for?

Living in the Presence

She was, it seemed, beginning to go deaf, so –feverishly – she started working for a demonstration of the perfect hearing that was all too evidently slipping away. She continued her efforts for some weeks under ever-mounting tension, and there was of course (as she was filled with fear) no improvement. If anything, the trouble appeared to be getting worse.

Then one day as she was about to begin her meditation (followed by the usual urgent affirmations) a rather startling thought struck her and she asked herself, “Am I, by any chance, imagining that GOD is going deaf? If I am not, where is my own deafness coming from? Obviously God, who knows nothing of negation, cannot be visiting upon me. There is also no power apart from Him that could be bringing it forth, and it cannot have caused itself, so it must have taken its rise in some unrecognized dark patch in my own consciousness which, at the moment, I cannot trace.”

That was enough to start her on a completely new direction. She decided that, despite what she was experiencing, her hearing was intact (did not the Bible say something about God’s ears not being “stopped”?) and resolutely she gave up all declarations and petitioning. Instead, she set herself the task of living in the PRESENCE of her Maker, and of attuning herself to Him.

Immediately she found that she dared no longer look askance at the tramp in the street, the drunkard reeling along in the gutter, the occasional urchin who threw a stone at a dog since all, no matter how unlikely this appeared, must be God's children, beloved of Him. He had created the warthog, the deadly mamba, the toad and the slimy slug, if these – to her – repulsive creatures could be dear to Him, how much more would He not cherish the tramp, the drunkard and the mischievous small boy – the so-called riff raff she was venturing to despise? For God, she realized there are no good and bad, no ruly or unruly, worthy and despicable; on all His love is poured out freely for did not the Christ say, "Whatsoever ye do unto the least of these little ones, ye do also unto Me"?

It was a big step to take but she decided to see GOD in every face, and GOOD in every situation that arose, and she became so engrossed in this new adventure – which was not by any means all plain sailing – that she forgot all about her hearing and simply did not notice the exact time, whether it was gradual or sudden, when it came back. But she did rejoice, she was exceedingly glad, and she gave humble, grateful and ENLIGHTENED thanks.

Divine Love

Divine love, the affection of the Creator for His created – tender, infinite, immeasurable, and unbounded – is from everlasting to everlasting, a purifying, protecting, renewing and prospering power, ever accessible to me, always seeking me, constantly drawing me. Divine love contains my dearest desires, and it is always ready and willing and able to fulfil them, to give to me in overflowing measure all that I need whenever I need it. In divine love – creator, healer, giver – I live and move and have my being; no power, no person, no principality, can separate me from the love that the Christ holds close within me. Divine love is a banner over me, protecting me; a messenger before me, preparing a plain and a joyous and a successful way; a magnet within me, attracting to me its like; a great and shining light in my soul, blessing all in my world. Divine love fills my mind, dissolves all false ideas, and cleanses my consciousness of all past error impressions and of all thoughts of hard conditions. Divine love thrills and vitalizes my body, neutralizes all false accumulations, lubricates my joints, harmonizes and renews my organs, and gives to me the freedom of action of Spirit. Divine love nourishes me with its own rich substance. Eternally I am one with divine love.

MEETINGS : January-February 2017

JOHANNESBURG

THEOSOPHICAL SOCIETY

Corner Lothbury & Streatley Avenue, Auckland Park

First and third Sunday of the month at 11:00 a.m.

Lecturers:

Sunday 15 January : Edwin Wood

Sunday 5 February : Jaqi Hauser

Sunday 19 February : Edwin Wood

DURBAN

THEOSOPHICAL SOCIETY LODGE

306 Avondale Road, Berea

Second Sunday of the month at 10:00 a.m.

Sundays: 8 January; 12 February

Lecturer – Diane Evelyn

PRETORIA

THEOSOPHICAL SOCIETY LODGE

Via D.T.I. Building, Entrance Meintjies Street, Sunnyside

Second Sunday of each month at 10:00 a.m.

Sundays: 8 January; 12 February

Lecturer – E Wood

HOEDSPRUIT

Venue: Drakensig Sports Centre, Conference Room

Last Sunday of each month at 10 a.m.

29 January; 26 February

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CAPE TOWN**ERIN HALL**

Erin Hall, 8 Erin Road, Rondebosch
First Sunday of every month at 10 a.m.

Sunday: 5 February

Lecturers – David Grant and Nicky Swartz (alternating)

SCHOOL OF TRUTH ZIMBABWE

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MEMBERS' GUIDE :

We believe that students of Truth should make their daily life reflect their beliefs and faith. One way of doing this is to choose an idea or affirmation which can be thought of during the waking hours, perhaps the affirmation offered in the daily thoughts.

“THE PATH” provides a number of guidelines some of which may help one to focus in a spare moment of time:

9. If people appear to misunderstand, misjudge or mistreat us, readily forgive them, beholding Love (God) in each individual concerned.
10. Instead of looking at our employers, our debtors or other human sources, we look directly to Truth in us for our supply.

“I will restore the years”

No matter what devastation and chaos is expressed in our bodies and lives because of our SEPARATION IN CONSCIOUSNESS FROM GOD, HARMONY, it is written, “I will restore the years that the locust hath eaten”, and “Behold, I make all things new.” This applies to the material as well as to the physical side of life.

I have known a friend, who had become a self-made millionaire, lose everything including, through illness, his wife, start again from scratch, become affluent a second time, again lose the lot, and start for the third time from the beginning, when in his sixties and with a new wife at his side – an adorable woman. He is now, only a couple of years later, well on his way to complete financial recovery and success. It took courage, lots of it, an attitude of “None of these things moves me”, and a very loving nature.

I believe that it is fear of the effects of time and not time itself that causes premature aging and drastic aging of the body, and it is not only fear of the effects of time but all fear and anxiety that tear down the cells of the body; and who amongst us has known fear and anxiety in varying degrees, if not yourselves then for others? I need not mention hatred, jealousy, bitterness, rancour, etc. for the effects of these noxious emotions are well known and constantly brought to the attention of Truth students.

“Perfect love casteth out fear”, so those who would experience youthful vitality, and even beauty, or at least a measure of these throughout their lives, should strive to express more and more of this life-giving and renewing love which will restore harmony and order to the cells and tissues of their bodies. Is God capable of renewing only some cells and not others, those ravaged by illness perhaps, but not by age? Why this imposition of limitation?

If the ageing of the body were the result of the working of a predetermining law, then, all law being immutable and changeless like the laws of mathematics, electricity and gravity, everyone without exception should at a certain age start this degeneration process, and yet we see some people begin to age as young as thirty years, whereas others much later on in life.

“God is the same yesterday, today and forever”, and when we cease to limit Him we will cease to experience limitation in our bodies and affairs. The human body should go on developing until maturity is reached and then remain at this stage of development until it passes on when the soul’s new form will vibrate at a rate no longer visible to the optical organs with which we observe phenomena on the earth plane.

For the soul is form and doth the body make.” This applies not only to this plane of consciousness but to all subsequent planes.

Approximately between 1920 and 1940 there were in India, high up in the mountains, men of over 100 years old who were attracting scientific research because they were still doing a full day's physical work, getting married and fathering children. I read in our own newspaper a couple of years ago that there is a woman in South Africa of 132 years of age. I have not read the book, but I have read about the book written by a doctor in America about the fallacies of old age, and he is tearing down certain myths one after the other.

When I was in King's Canyon National Park in America, I stood there before the oldest of the giant Redwood trees and gazed in awe and wonder at the splendour and majesty of this erect old man whom they have named General Grant. His brother have long since died and there he stands, between 3,000 and 3,500 years old, as tall and straight as he was in his youth, and a monument to the immortality of Life and to God's promise; "I will restore the years that the locust hath eaten."

-A Student

January 1**Sunday*****MEDITATION******My younger brothers***

My Father,

Today, as I come quietly into the sanctuary of Your Presence, I raise my consciousness to You Who are the Father of all life. Illumined by Your Spirit within me, I begin to feel my oneness with my fellowmen and all living things; and I know indeed that You uphold and cherish us in the bosom of Your Love.

Particularly this morning does my heart go out to all Your animals, both great and small, who are my younger brethren on the Path. I render to You my gratitude for inspiring minds and hearts of men that they may realise their divine responsibility, and treat with love and compassion these dumb creatures who look to them for companionship and care.

I thank You, Father, for the realisation that I am my brother's keeper; that the younger and more defenceless he is, the greater his need of my protection and love. In my own life and works, then, I strive to set the example of being a friend not only to man, but to all these beloved and beautiful expressions of Your life. Help me, Father, to inspire others as You have inspired me.

January 2**Monday**

✧ *My grace is sufficient for thee: for my power is made perfect in weakness*

(2 Cor. 12:9)

I put my trust in God and His grace and power

Why do we not rely more on God? We often hand things over to Him and then continue to worry and to struggle in our own human strength. This shows our lack of faith, for if we trusted Him completely we should relax knowing that whatever happened would be for our ultimate good.

Our extremity is God's opportunity to help us. We may be weak, but He is strong; and whereas certain things may seem impossible to us, to Him all things are possible. This is something we should never forget – something which will sustain us in times of difficulty and distress when we ourselves can see no way out.

God's goodwill is enough for us. He wants only the best for all His children, and if we are lacking in any good thing it is not His fault but our own. There is no lack in His Kingdom to which we are heirs when we obey His laws.

January 3**Tuesday**

✧ *Delight thyself also in Jehovah; and He will give thee the desires of the heart*

(Ps. 37:4)

I face life confidently and courageously for my trust is in God

If the desires of the heart have not yet been accomplished examine yourself to find out the cause. When we delight ourselves in the Lord, He helps us to attain our goal when we do our part – when we put all our energy and enthusiasm into the task. The ability to succeed in something is in each normal person, but he must make the necessary effort.

If you have failed in the past, put your failures behind you and don't look over your shoulder. You have learnt your lessons, so look forward and not back. Do not accept failure as your lot in life – don't be one of those people who think they were never meant to succeed. That is escapism. Put your mind in order – think constructively – be determined. God will help you, but He will do so through your own efforts, so do your best. Know that God's Power is your power when you know how to accept it.

January 4**Wednesday****February 1**

✧ *“Guide me through the darkness that I may Become
more and more enamoured of the day”*

**I am one with God and I give thanks that His good fills
my life**

What does it mean to me when I say that I and my Father are one? It means that God is the only Presence and that I am a member of that Presence. God's Life flows through me, God's Strength maintains me, God's vision – beholding only that which is good – sees through me. There is no separation; I live as an integral part of Him and He is the whole of me. Nothing else enters into me so all my components are perfect because He is perfect. There is nothing outside of Him to endanger or harm me. All my needs are met and my desires fulfilled because the best I can want for myself is what He wishes to be through me, and since there is none to gainsay Him it is established, and in manifestation, for all visible phenomena are He come forth into manifestation.

January 5**Thursday****February 2**

✧ *Should he reason with unprofitable talk, or with speeches wherewith he can do no good?*

(Job 15:3)

**I will be silent about my difficulties,
but share my joy**

We only increase trouble when we talk about it. And yet how many people there are who discuss their difficulties with anyone who will listen.

Let us not be kill-joys. If we are good students of Truth we should be able to show others the joy there is to be found in our philosophy of life, for there are probably many people who think the contrary is the happy life.

Then let us not talk about our illnesses or our operations! This is certainly unprofitable, for in doing so we relive them, and why should we want to do that? We should talk of health rather than of sickness – of joy rather than of sorrow.

And let us not argue about religion, particularly with people who have fixed ideas. Argument so often leads to loss of temper. And when we lose our poise, there is likely to be trouble.

January 6**Friday****February 3**

✧ *Give, and it shall be given unto you*

(Luke 6:38)

When I give, I give in love

Probably when we think of giving or thoughts turn at once to gifts of money. And certainly to give to God and to those of His children who are less favourably placed than we are ourselves is something we should all do. But there are other things which we can share. Money, after all, is the easiest thing to give, provided we have it. Service, on the other hand, means that we have to give our time and our work, and this is much more difficult.

Whatever we give, let us give in love, for of what value can it be otherwise? To give grudgingly is an insult to the recipient. Henry Drummond says that the most obvious lesson in Christ's teaching is that there is no happiness in having and getting anything, but only in giving. He says that half the world is on the wrong scent in the pursuit of happiness. They think it consists in having and getting, and in being served by others.

January 7**Saturday****February 4**

✧ *“Freedom begins with the humble acceptance of our membership in a natural order of things”*

(George Kannan)

AS I love both God and my fellowman so will happiness fill my heart and security crown my life

If we look about us we shall see that the whole universe is governed by Law and Order. The stars remain on their courses, the seasons follow one after the other, the sun shines upon the just and the unjust. What man sows he inevitably reaps, so those that sow the wind (as many are doing today) must in due time reap the whirlwind, and what is it but a whirlwind that is blowing down homes, wrecking society and undermining all that has been built up of Good in these latter years?

It is time to pull up short; to lift our eyes to the hills whence cometh our help; to acknowledge God in all our ways, to remember that we are members one of another AND that we owe no man anything but LOVE which is the fulfilment of the Law governing all creation and man's salvation.

January 8**Sunday****February 5*****MEDITATION******Prosperity.....***

My Father,

I have come to realise what my prosperity really means. Thus, when I acknowledge Your abundance it includes Health, Harmony, Spiritual Progress as well as Supply. The attainment of my at-one-ment with You is what I really seek as my prosperity, for this alone will satisfy my inner longing.

With deep understanding of Your Perfect Law at work to bring about my happiness in every direction, I calmly take my steps in faith. I know that whenever I act in harmony with the Law of Love the needs of my life are fulfilled in overflowing measure.

In such moments of quiet meditation when I contemplate the wonder of the Universe around me I lay the foundation upon which I build my faith and so ensure the success of all my undertakings.

Thus, in trustful communion with You in this quiet hour I still clamour of my human thinking and listen to Your Voice within as it guides me to my highest Good under grace and in a perfect way.

January 9**Monday****February 6**

✧ *I charge thee . . . that thou observe these things without prejudice, doing nothing by partiality*
(1 Tim. 5:21)

Help me to judge people and events objectively, Father

So many of us are prejudiced in one way or another. Some of our preconceived opinions may have been brought over from childhood, but wherever they come from we should eliminate them. We should keep our minds open to the Truth.

It is not always easy not to be swayed by other people's ideas. If someone is continually talking against another we have to be strong-minded if we are not to be influenced; but we should always reserve judgement and form our own opinions according to the light that is in us.

We should not be prejudiced against the old or the new, but make use of the best of both, examining everything carefully to find out if it is true or false. We should think for ourselves – and cling to what we consider to be the Truth though the whole world may be against us. The crowd is not always right.

January 10**Tuesday****February 7**

✧ *Commit thy works unto Jehovah, and thy purposes shall be established*

(Pro 16:3)

I give thanks for the work I have to do, and do it to the best of my ability

Is God a partner in all your affairs? If not, do begin today to consult Him in all that you do, for if He is for you who can be against you?

We should not approach the Father only when we are in trouble. We should keep in touch with Him at all times. We should be one with Him in our business as well as our personal relationships. He should be the Light that guides us in our prosperous days, as well as in times of adversity.

Perhaps you do not like the work you are doing? If so, alter your attitude towards it. Sidney A. Weltmer says: "The secret of the true love of work is the hope of success in that work; not the money reward, for the time spent, or for the skill exercised, but for the successful results in the accomplishment of the work itself."

January 11**Wednesday****February 8**

✧ *“As thy strength so shall thy days be”*
(The Bible)

I take my stand on Truth, courageous and confident

“The coward in his time dies many deaths, the brave man dies but once.” Despite this fact it is not always easy to be courageous when appearances shout that we are being menaced from all sides, but if we remember that “MY Strength is sufficient” (and ever available) we shall come through every trial triumphantly.

Because God alone governs His universe and our individual lives, no evil can befall us nor any plague come nigh our dwellings unless we throw wide the door to our awareness letting all manner of negation in.

We are never alone and one with God is a majority, so when – consciously – we ally ourselves with Him, we can be sure of victory. The Master came not to destroy but to save, and that we might have life and life more abundantly. So, if we follow after His teaching, good will fill our lives to overflowing.

January 12**Thursday****February 9**

✧ *Be ye free from the love of money*

(Hebrews 13:5)

My faith in divine supply is expressed in my giving

Money is good, and we need it in order to live, but it is the LOVE of money that is the root of all evil, not money itself; and to make the acquisition of it the main thing in life is disastrous.

We should think more of what we can give to the world than of what we can take out of it. It is our duty to do something that will make life a little better, a little happier, or a little more beautiful for others. These things may require money or they may not, but let us not forget that the best things in life are free. They are beyond price.

George Horace Latimer has said: “It’s good to have money and the things that money can buy, but it’s good, too, to check up once in a while and make sure that you haven’t lost the things that money can’t buy.” Let us not be hoarders, afraid to spend, and afraid or unwilling to give.

January 13**Friday****February 10**

✧ *Let us not be weary in well-doing: for in due season we shall reap, if we faint not*

(Gal 6:9)

I do what good I can, and leave the rest to God

There are people, who, if someone disappoints them, lose their faith in humanity. This is a sign of an adolescent mind.

You have probably heard someone say: "I'll never trust anyone again!" when they have not been well treated. But we should never generalise in this manner. There are many good and honest people in the world and we have no right to judge all men alike.

Perhaps you have helped a friend, and he has not been as grateful as he should have been. Do not let this disturb you. Whereas we should always show gratitude ourselves, it is wise not to expect it from others. The good we do, we do for God, and as long as we please Him what does anything matter? We should not worry about results – we can safely leave those to Him.

Our task is to do our best at all times and in all circumstances, without thought of reward.

January 14**Saturday****February 11**

✧ *“There is nothing like self-pity for dissipating a man.”*
(Helen MacInnes)

**In the face of all adverse appearances I will hold to the
Truth that God alone is**

When one thing after another goes wrong and everything we attempt turns out wrong there is nothing more difficult to abstain from that self-commiseration, but that is what we have to do. In Truth the only Cause operating in our lives is God, who cannot bring forth negation. If any such moves into our orbit, it will be an interloper which we should have the sense immediately to cast out, but how do we go about this?

What of Omnipresence? If God is the only Presence cannot we agree with Him, welcome Him and abide solely in Him, shutting out all else? As we do this whatever is unlike Him will have to fold its tent and steal silently away. Two things cannot occupy the same space at the same time, and where God is, nothing opposed to Him can find either a habitation or a home. If we take our stand upon this spiritual fact we shall automatically go free of all discord.

January 15**Sunday****February 12*****MEDITATION******The treasures of Heaven . . .***

My Father,

In this quiet time with You I listen deeply to the still small voice within me and believe its promises. I accept that it is Your pleasure to give me the fullness of Your bounty, and faith tells me that Your gifts are mine the moment I am ready to receive them.

All around me I see the multitude of blessings which You have bestowed upon me and I am ever aware of the still small voice urging me to partake of more of Your treasures as my faith grows.

Thus it is, in my knowledge of Your Love for me, that I no longer carry the burden of fear and limitation and neither lack, disappointment nor distress of any kind can prevent Your Good from flowing through, to and for me.

Today, I live in a newly awakened consciousness. It no longer matters to me what appearances may seem to be, for with dauntless faith I believe that my GOOD comes to me in full measure as I claim it.

January 16**Monday****February 13**

✧ *He that observeth the wind shall not sow*
(Ecc. 11:4)

With God's help I face life with courage

So often we are prevented from doing things we would like to do because of fear, and so we may lead frustrated lives.

If we are to know any sense of fulfilment, we must live richly and fully. We must not shrink from experience but meet them boldly with all the courage that we have. Faith will give us that courage to protect and help us.

It is not necessary to travel to foreign parts to lead a full life. We can do it where we are if we have the urge. The world holds so much that is of interest to those who have alert minds. To travel is good, and it pushes back our horizons, but it is not essential. What is essential, is to get rid of fear.

Let us get out into the stream of life, even though it may mean contending with odds. It helps us to build character. Nothing much that is worthwhile is achieved without effort.

January 17**Tuesday****February 14**

✧ *We are ambassadors therefore on behalf of Christ*
(2 Cor. 5:20)

I try to be a fit instrument for your use, Father

If we want to draw others to our philosophy of life we must show them the joy it brings us. There are certain people who radiate love to such an extent that those with whom they come into contact share in its glow. They cheer us – they uplift us if we are feeling depressed. They are good ambassadors on behalf of Christ. Are you – am I? If not, we should begin today to let our light shine before men.

The more people we can bring to the pathway of Truth, the better will be our contribution to life. If we have only helped one person to start the climb which leads Godwards we shall not have lived in vain. To do so is our most important task.

Probably many of us feel that we are not fit to be representatives of the Christ, but if we all waited until we felt worthy what would be done?

January 18**Wednesday****February 15**

✧ *To live for oneself alone is a disease*

(Anon)

Only as I express love can I find self-fulfilment

The man who has only his own interests at heart, is by his personal choice severed from all his fellowmen. Loneliness is his portion, and as time goes by a miserable shrinkage sets in so that he becomes a little island unto himself cut off from human companionship and warmth.

It is not for this that God created him. We are members one of another and are here to function as part of the community. It is only in giving that we find happiness and there is none so poor that he cannot dedicate willing service first to God and then to his brethren.

Love is the fulfilment of the Law. On all sides we see evidence of Its expressing; even the timidest beast will – out of its love – fend for its offspring. Shall we, who are the image and likeness of our Maker, do less than it?

January 19**Thursday****February 16**

✧ *The righteous shall live by faith*

(Gal. 3:11)

I keep my faith in God steadfast, unwavering

There are times when our faith is sorely tried. We cannot understand why certain experiences come to us, or to our friends – we probably feel that we or they do not deserve them.

We shall not feel this way if we believe in the law of cause and effect – and if we believe in absolute justice. We bring suffering on ourselves by disobeying the Universal laws. What we sow, we reap, and if we sow bad seed we shall reap a bad harvest.

Since we have been given free will we are not forced to obey the laws, but if we do not we must put up with the consequences. They were initiated for our good and therefore we should obey them.

If we are suffering from any adverse conditions let us not lose faith, for it is at such times that we most need it. It is easy enough to have faith when all is going well, but the test comes when we are under pressure.

January 20**Friday****February 17**

✧ *Now there are diversities of gifts*
(1 Cor. 12:4)

**I give thanks to God for the gifts he has bestowed on me,
and make good use of them**

What a good thing it is that we are not all gifted in the same way – good for us and for the world. But we are all developing our talents as we should, or are we allowing them to lie dormant?

Emerson says: “Each man has his own vocation. The talent is the call. There is one direction in which all space is open to him. He has faculties inviting him to endless exertion.”

God bestows His gifts upon us that we may cultivate them and so find self-expression and share them with the world that it may be enriched. Are you making good use of your particular talent? It should be your main occupation in life, but if it is not, you can at least use some of your leisure to develop it.

Let us be ourselves and do our own work – let us express the truth as we know it and not be afraid of criticism.

January 21**Saturday****February 18**

✧ *“It is strange how little credit we give to the courage of quiet people”*

(Helen MacInnes)

I give thanks that I am divinely guided and protected in all my ways

Most of us are more impressed by the folk who stand out by reason of their more spectacular actions, but twice in one chapter of Isaiah do we find quietude extolled: first in the words, “Their strength is to sit,” and second as he relates, “Thus saith the Lord God the Holy One of Israel. In returning and rest shall you be saved, in quietness and confidence shall be your strength.” To whom, think you, do we return in time of trouble? Surely - in consciousness – to Him who is us always; and what, when things go wrong, shall give us confidence if not the certain knowledge that “I am God, than whom there is none other.

There is no evil power waiting to harm us. You and I, irrespective of what appears to threaten, never have anything to fear because God, who is “strong to save,” is governing us and our affairs.

January 22**Sunday****February 19*****MEDITATION******Thou art***

My Father,

In this time, which I have set aside for meditation, I find peace as I withdraw deep within the recesses of my being to a place of utter calm. All the clamour and strife of the world recedes from my consciousness. Thoughts parade before me and I observe them. I realise that I, the observer, am not the thought. I do not make up these thoughts. I realise that I am in some way connected with them and I watch as they are presented to me. I examine each one. I reject or accept them. I ask myself, “Who observes?” Then the thought arises, “Surely it is You, my Father, Who are the observer – for I am not in You and You in me?”

Thus I accept my oneness with all creation as the Truth trusts itself before me that there cannot possibly be any separation in Love; and Your Peace is my peace, Your Joy is my happiness and Your Abundance is my supply.

Your Peace enfolds me and I understand that you are the spirit within me.

January 23**Monday****February 20**✧ *Be at peace among yourselves*

(1 Thess. 5:13)

**With God's help I live in harmony with all whom
I meet**

The majority of us want peace amongst nations, but how many of us pause to think that before we can have it there must be peace amongst individuals?

If we cannot keep the peace in our limited home circles how can we expect to have harmony within the nation and in the wider sphere of the world? And so many do not keep the peace because they do not love in the right way. True love suffers long and is kind; envies not; is not puffed up; does not behave itself in an unseemly manner; seeketh not its own, and is not provoked – beareth all things, believeth all things, hopeth all things, and endureth all things – to mention some of its qualities. It NEVER FAILS. How many of us can say with truth that our love is unfailing?

Love, cosmic love, would preserve the world's peace, but each one of us must leave it to others. We should begin by practising it in our own small circles.

January 24**Tuesday****February 21**

✧ *Open Thou mine eyes, that I may see wondrous things
out of Thy law*

(Ps. 119.18)

Thank you, Father, for all the beauties of this world

We live in a world filled with wonder. Wherever we look we can see marvels, whether in Nature or in the work of men's hands. But we must LOOK and not just glance at them if we would appreciate them. Then let us open our eyes, our ears, and our hearts that we may behold, hear, and understand.

The laws of God are wonderful, too. They are inviolable but absolutely just. We must give, in order to receive; we must ask, if it is to be given unto us; seek, if we would find; and knock, if it is to be opened unto us, and so on. Is it not right that we should do our share if we expect God to bestow His blessings upon us? Why should we receive if we are not willing to give to others?

But to appreciate God's wonders to the full we should know something about them, so let us cultivate our minds.

January 25**Wednesday****February 22***✧ There is only God*

**Accepting the Omnipresence of God, I acknowledge
only His good in my life**

Our “world of the wondrous” was stocked with vegetation, birds and beasts before God created man, His masterpiece. He set him down in an environment in which he had everything he needed for productive living, but what has he become?

From the moment when he began to think he absorbed negative impressions from those around him, and fear of all manner of evil – contagion, accidents, lack, even of the future (which is always in God’s Hands) – entered his awareness and what he anticipated inevitably came to pass.

To change all this, to realize his true heritage, he must replace fear by faith in the understanding that, because God is the only Power and Presence, good alone is his portion and needs only that he accept it to be experienced in his life.

January 26**Thursday****February 23**

✧ *Brethren, be not children in mind*

(1 Cor. 14:20)

Every Truth student knows, or should know, the importance of right thinking. More and more men are realising the effect of the mind on one's life.

Mary Baker Eddy said: "The self-seeking pride of the evil thinker injures him when he would harm others. Goodness involuntarily resists evil. The evil thinker is the proud talker and doer. The right thinker abides under the shadow of the Almighty. His thoughts can only reflect peace, goodwill towards men, health, and holiness."

We must guard our thoughts that they may be always positive and constructive, for mind control is all-important in any sphere of life. If we want to be successful in our undertakings we must be able to concentrate on them. More important still, if we want to feel we are one with God we must lift up our hearts and minds to Him constantly. We are the result of our thoughts so let us watch them.

January 27**Friday****February 24**

✧ *Weeping may tarry for the night, but joy cometh in the morning*

(Ps. 30:5)

I look beyond sorrow to the joy that is to come

There may be people who feel that when they have lost a loved one, they must shut themselves away from the world; or that they must give up their various activities and interests at least for a time. But why should they do this? It does not help them, nor does it help the one who has passed on to another plane of consciousness.

We should be up and about our business. There is so much work waiting to be done in God's world that we should not waste precious time in an over-indulgence in sorrow. Grieve we shall, of course, but let us not give way to it more than we can help. If we look around us we shall probably find many people in worse state than we are, and if we do our best to help them, we shall also help ourselves.

There are many other things which may make us miserable if we allow them to do so. We encounter many disappointments in life, but we must learn to rise above these.

January 28**Saturday****February 25**

✧ *There is a friend that sticketh closer than a brother*
(Pro. 18:24)

To have a friend, I must be a friend

True friendship is one of the most beautiful things in life; but while we may have many acquaintances how many real friends have we?

But we should be discriminating in our choice of friends. George Washington said; “Be courteous to all, but intimate with few; and let those few be well tried before you give them your confidence. True friendship is a plant of slow growth, and must undergo and withstand the shocks of adversity before it is entitled to that title”.

Let us not think of what we can get from our friends but of what we can give to them. Let us not make demands on their time or their affection, but be grateful to them for what they give to us. Let us be sincere in all our contacts with them. A friend loves us not because of, but in spite of, our shortcomings, so we need not appeal with him.

January 29**Sunday****February 26*****MEDITATION******High vision . . .***

My Father,

Confidently I receive Your blessing as I release the worries and anxieties of worldly strivings and enter the inner temple of my consciousness and acknowledge the truth of my being. Within me is the answer to my every problem, the supply I need and all the harmony and peace I require.

No longer do the burdens of unhappiness weigh heavily upon me, the moment that I released everything over to You my vision became lifted and I am now conscious only of Your love for me and Your desire to help me. From this high vision I see the things that appeared to be wrong in my life were the effects of false suggestions in action and that these human beliefs disappear as soon as I come into the full realisation of Your Love.

I let go to the Truth that, in conscious acceptance of Your Power and Love within me, I am one with all the GOOD in the Universe and that Love within my consciousness is the mould that will receive Your bounty of Health, Supply and Happiness in overflowing measure when I am spiritually ready to receive them.

January 30**Monday****February 27**

✧ *But who so hath the world's goods, and beholdeth his brother in need, and shutteth up his compassion from him, how doth the love of God abide in him?*

(1 John 3:17)

I gladly share God's shifts with those in need

There are people in the world who hoard up things that they do not need themselves, instead of giving them away to those less fortunate who would be only too glad to have them. It is not always that such folks do not want to give, but because they are afraid that a day may come when they will be in need themselves.

Let us not be numbered amongst these. If we have clothes which we do not wear, let us not, in fear of a 'rainy day', store them up until they become old-fashioned or moth-eaten. If they will be of any use to others, we should be only too happy to give them away.

We show little trust in God as our Source of supply when we are hoarders. Everything we possess comes to us from Him, so surely it is our duty, and it should be our privilege, to share what we have.

Tuesday**February 28**

✧ *“Let me exhort everyone to do their utmost to think outside and beyond our present circle of ideas”*
(Richard Jefferies)

In seeking truth, I must learn to think fearlessly

We are to come to this plane of experience specifically to GROW, and unless we do give all the enthusiasm of which we are capable to new ideas we shall, instead of progressing, merely stagnate or retrogress.

The universe is so boundless, so complicated that up to date man has scratched only the surface of knowledge, and the more he advances the more fields will open up to him. We are constituted of God's attributes, we have been given DOMINION over all the earth, and are potentially unlimited. As in trust and reverence we delve ever deeper into the mysteries of the cosmos we shall find that only our own minds – with their doubts, fears and hesitations – not material laws or phenomena bind us. The earth is ours for the Creator of it has entrusted it, and the fullness thereof, to us.

APPLICATION FORM

Initials..... Surname

Membership No.(on the address label of The Path of Truth).....

Telephone No.....

Cell No.....

Fax No.....

Email address.....

Physical/Street address:.....

.....

Suburb.....

City/Town.....

Province.....Postal code

Post Box/ Private Bag address:

Type..... No.....

Suburb/Post office.....

City/Town.....

Province..... Postal code.....

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