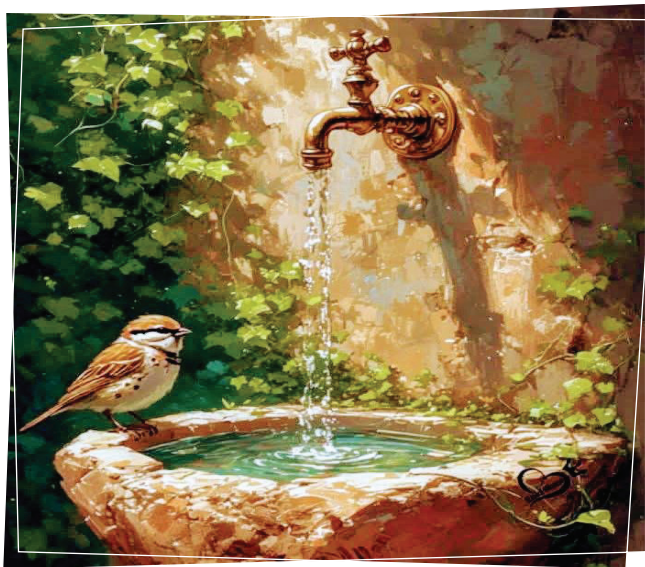


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EDITORIAL

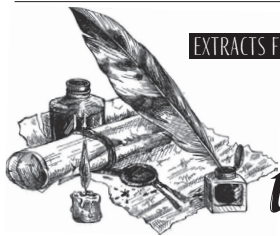


The Acceptable Word

*T*act is a quality which we should all cultivate, for it oils the wheels of life and makes them run smoothly.

There are people who boast that they always say what they think – but are their thoughts necessarily those which they should convey to others? When people use that expression it so often means that they are about to say, or have said, something unpleasant. Unfortunately there are times when we have to convey unpleasant news, but why do it if it is not necessary? Why, for instance, tell people what we think of them if our thoughts are unkind?

Tact, according to the dictionary, is intuitive perception of what is fitting, especially of the right thing to do or say. But if we have not this intuitive perception we can cultivate tact. The great thing is never to say anything to make another feel uncomfortable; and never to say anything unkind. If we have love in our hearts we are not likely to be tactless, for we shall be careful not to say anything hurtful to, or of, another.



EXTRACTS FROM LETTERS RECEIVED BY THE SCHOOL OF TRUTH

"I asked you to Pray"

Some time ago I asked that prayers be offered for my daughter who had suddenly become paralysed from the waist down. We heard recently the wonderful news that life has come back to her legs and she can walk. She had to go to hospital to have new calipers measured and amazed the doctors by walking the length of the ward. She was determined and certain she would soon walk again. The doctors who attended to her are very thrilled and naturally we are as well. Our very sincere thanks to you for all your prayers and God's healing.

*The constant spiritual and material support given to this,
God's work, by our known and unknown friends,
is a source of blessing and inspiration to us and all whom we serve,
and we render to them our most sincere gratitude.*

I telephoned you last week to pray for my father who was critically ill. I had only been told a few hours previously that he was dying. I flew home feeling very miserable and trying hard to commune with God but feeling so inadequate. However, He did hear and, as in the past, answered. Daddy is very much better and slowly beginning to radiate well-being again. The doctors who

attended him say it is a miracle that he recovered. Thank you all for your guidance and spiritual help given so lovingly.



After writing to ask for your prayers I was rushed into hospital for an emergency operation. Before going into the theatre I commended the surgeon and myself to God and then relaxed completely. The operation was a complete success and I am at home again, fully restored to health. Thank you for your prayers and God for His great healing.



I wish to thank the School of Truth on behalf of myself and my brother. After being out of work for a long time we found work again within a week of writing to the School.



Some time ago I asked the School to pray for me as I had been troubled for six months with sores on my body and was unable to sleep at night. Today I praise the Lord as all the sores have completely gone, and I am again able to sleep soundly all night.



Christ within me completely cured my arthritis which had got so bad that the doctors and hospitals were beaten, and it was killing me. I had been praying in the usual way for help, without result. However, one day while limping down the street in agony I suddenly stopped and appealed to Christ *within me* to help me. I got immediate relief and within a few days I was cured and have been well ever since.

I had a very bad cardiac condition. Three doctors gave me up as hopeless, and I was told that I only had a few months to live. After asking your assistance, I had the urge to ask for the opinion of a heart specialist. He said the left ventricle had not worked for years, had shrivelled and leaked, etc., but that he could operate to put it right again though I would have to be prepared for at least a year's convalescence. But while in hospital before the operation, I was examined by a number of other heart specialists, all of whom opposed the operation, saying it was too risky for a man of 65 years of age, since it had never been successfully performed on any one over 60. But my doctor and I never wavered. I said God was on my side and he agreed with me and the operation was performed. It made medical history. When the doctors who had condemned it came to examine me, they marvelled. It has been a wonderful demonstration of what God can do for us if we approach Him in the right way.



I have discarded my crutches altogether and am now able to get about with the aid of a stick only. God is good and I thank Him repeatedly for His love. It is wonderful to be able to move about again. All the doctors and specialists who saw me before I got into touch with you, told me there was no hope of my recovery and that I would be bedridden for the rest of my life. I know you will rejoice with me.



LECTURE DELIVERED IN JOHANNESBURG

I will Restore



When you come to the realisation that God KNOWS, all fears will be dissipated, all anxiety eliminated, and all mental confusion will be a thing of the past.

Most of us are like a flock of sheep, following the herd because of fear. We take the line of least resistance and in consequence lead lives in which we meet with little happiness, experience rather poor health, and exist from the crumbs of the table. There is no freedom, no abandonment, no joy of living, only a constant looking to the future in a somewhat negative manner that is more than tinged with apprehensiveness for ourselves and our loved ones; and, as we advance in years, instead of progressing in Truth and becoming more conscious of God as Love, or of Love that is God, we grow increasingly weary and oppressed by the many problems that confront us.

One would imagine that after a lifetime of experiences with God we should have complete inner freedom in the realisation of having attained something true and firm in our relationship with Deity, as well as some understanding of His Power, Love and Knowledge that are ever waiting to be used of us.

I often hear people say, “I no longer have the strength to work with God, or to trust Him. It is relatively easy when one is young and virile and filled with the energy to combat conditions, but it is difficult today”. That is when I remember what the Bible says, “I will *restore* the years that the locust has eaten” and it saddens me to think of how many have, through wrong thinking, feeling and acting in their younger days, built up a negative consciousness which later on outpictures for them as sickness, unhappiness, failure or poverty. God, Who is the Spirit of Perfection, is of course aware only of Himself – of His own Omnipresent Omnipotence, Omniscience and Love – and knows nothing whatever of these unfortunate experiences; but what can *you* do when the whole purpose of your lives seems to be slipping away? Must you bow your heads in resignation, or will you, recognising that you have failed, rouse yourselves and *consciously* take God in as a partner, knowing that *He* can never falter or flounder? He is the very Power of Love and Knowledge within you that knows exactly how to work Itself out through your minds for your particular wellbeing.

Some time ago I met a man about ten years older than I am, who was stricken down by a chronic disease and, because he was one of the best students of the School of Truth, he asked in shocked dismay why this should happen to him. “Where have I gone wrong?” he questioned, “I have loved and served, I have given and trusted, and look what has come upon me!” He and I spent quite some time together trying to analyse his state of mind and to spot the weakness in his spiritual make-up that had

produced this unfortunate state of affairs but as far as we could discover he had fulfilled the Law in every respect.

I was perturbed about this for I knew that the Law is impersonal and if Its terms are carried out by anyone It has no option but to obey them. It is as inexorable as are the principles governing gravity, or electricity, and as immutable. I prayed long and earnestly that I might be shown wherein the defect lay because, though I am fully aware that Love is of too pure eyes to behold any such error, I know also that in every man, woman or child, of whatever race, colour or creed, there dwells the personalised Spirit of God, the Christ that knows all about the individual's failings and frailties, so I appealed to this Presence to show me what was lacking.

The man had been prosperous and happy but his health was dwindling away and his affluence and happiness had turned sour in his heart and I thought about myself and asked myself of what good my domestic felicity, my many friends and my prosperity would be to me if I were sick and ailing in body, and I got my answer!

In many ways my friend was leading a spiritualised life, but he was smoking and drinking to excess and although God was pressing Himself into livingness in his material affairs, and through his heart, as long as he continued, himself, to poison his body, Omnipotence could not express as health through it. When I put this to him he said, "But I do not drink very much, nor do I smoke too many cigarettes". However, I felt that the fault lay there and I offered to give up smoking with him so that we might test my theory and prove whether or not I was

correct. Within three weeks a tremendous change, that amazed his doctor, had taken place in his physical condition so my point was proved. His body, I explained to him, was God's temple of all that is good, beautiful and perfect, and despite his kindness and goodness to all with whom he came into contact, Deity could not express Himself as health through it while he was deliberately contaminating it.

Perhaps your own cases are analogous; your bodies may be whole but possibly in your emotional affairs or business concerns something may be amiss. If this is so, *you* must be responsible, for God cannot fail; His Prosperity can never be depleted nor can His Happiness ever be diminished. The snag may be, however, that *your* hands are not open in the consciousness of plenty, but are closed tight in the fear of possible poverty and lack. Are you judging by appearances where your emotions are affected? Do you say, "If only so-and-so would give me love and express a certain measure of goodness and kindness towards me, I should be happy"? If you do, you are not using the Law correctly. *You*, not your neighbours, are the ones who have to put something of value into life before you can take anything out of it, so look first to yourselves. If God gave you farms whose soil was rich and fertile and you used it year in and year out without feeding it in any way the time would come when, instead of reaping a large harvest, the crops would be poor in quality and small in quantity, and when this came to pass, would it make sense if you exclaimed, "Look what God has done to me?" Or set off in search of the Minister of Agriculture to complain to him about

the poorness of your soil? Would you not, having decided that the only thing to do was to put in what you had taken out, have to start immediately replenishing the ground? It is the same where our minds, bodies and affairs are concerned. If our prosperity appears to be waning, we can check up and, instead of asking what is wrong with God, or why others do not help us, we have to look *inside* for the fault. These bodies and affairs are the farms that God has provided for us and left us to cultivate. We, it is, who must plant the seed, water it, fertilise it and tend it, then *God* will bring forth the increase in accordance with the care we have bestowed upon it.

I cannot sufficiently stress the fact that in my life up to date I have never known God to fail. During the last thirty years of my Truth experience I have encountered many seemingly insurmountable problems. I have had serious material and monetary situations to face when God was limited to *me* (as He is to you), for even He could not pour Substance through me if I did not provide Him with the requisite channel. He can never work for me without my faith any more than He could do so, in the matter of his health, for the man of whom I spoke. *His* ground was at one time producing wealth and happiness in a heaped up, pressed down, shaken together and running over measure, but his infirmities prevented him from enjoying them, so when the same thing happens to us let us look into our hearts, assess the quality of our giving – whether of a spiritual, mental, emotional or material nature – watch our hands to see if they are closed or open, and then turn within to ask of Love where we have fallen

short. If we are still and listen, Love will tell us, for It is not separate from us, It is our very selves; It constitutes us entirely, but It cannot work for us unless we, consciously, release It.

I, like you, have many times found myself facing a blank wall and have asked of God why this has happened to me, why my supply has stopped, my health suffered and my happiness taken wings? I am human like you, I have the same weaknesses, am guilty of the same errors of omission and commission, and like you I have to climb on to the right road and begin to work with God, *with* my own good, not counter to it! It is idle for me to ask Deity the whys and wherefores of conditions, to point out to Him that I am a generous giver and then to complain that, though I have many blessings, I cannot, because of ill-health, enjoy any of them. I might as well drink poison and then ask Him why my body is sick! It would not be His fault; He works through an impersonal Law, and we are His temples, showing forth His Vision, Understanding and Consciousness *in so far as These have developed within us.*

If at this moment one of you is reflecting a so-called incurable disease the Presence of Love or God as Omnipotence and Omnipresence is *still* permeating your every cell. He cannot for one moment be separated from you and at the very instant when you allow Him to work through you He will restore unto you “the years that the locust has eaten”. He will blot out all the erroneous mental pictures you have imagined and dissolve them into the native nothingness from

which they sprang. He will fill your hearts with peace, your minds with order, your bodies with health and your affairs with true prosperity to share and to spare if you will only let Him. Everywhere in the lives of individuals you see exhibited their states of consciousness; they advertise them far and wide that all who run may read, and if they show forth weaknesses, these are their own, and they have nothing to do with God Who is always at hand, ever ready to pour Himself out into livingness through us as Substance and All-good the instant we have the courage to open the tap that will let Him through.

I wish you could appreciate what it means to be conscious of the Truth, to know that God loves you, that He understands that you need health in your bodies and prosperity and wellbeing in your affairs. He is the Intelligence that must manifest through you as these things and He knows the capacity you possess, by way of which Love can fulfil Itself through your hearts. He knows the success He wishes to become through you by means of the particular talents with which He has endowed you. You may be steeped in sickness, poverty and unhappiness yet the Voice of Love, through the Christ-presence within you, will keep on repeating, “I *will* restore the years that the locusts have eaten; I will eliminate from your consciousness disease, misery and failure”. Do not fear that length of days can affect this promise; faith should work even better at 70 than at 17, for there has been more time in which to become aware of God. I certainly do not expect ever to find myself saying, “I wonder what has happened to God in my life? I have not the resistance, the power or the initiative any more to

fight the pressure of circumstances and conditions”. I want to know at 70 what I know now, and knew even at 21, that God is my Shepherd and is – as Love – radiant health in and through my body, happiness in my heart and prosperity in my affairs. There must be no deterioration, only an ever greater building up of the faith that knows that *God* knows, that understands that God is good and that we have nothing to fear.

If at any time one of you is faced with the prospect of losing all that you have built up, you can take heart in the realisation that you can start again *with God as your partner!* He is the Knowledge, the Guidance, the Substance that will pour Itself out through you His temple so that His Love and Bounty may pass through you into the lives of others. Look, however, to your hands to see whether they are open or closed, to your vision to find out if it is constructive or negative, to your heart to discover whether it is filled with Love or with hatred and criticism. This is not too difficult to assess provided you do not get too close to the wood to see the trees. Do not make my friend’s mistake. He was so sure of God as his prosperity and happiness, so convinced that He was the health of his body, that he thought he could defile it with impunity but the cracks began to show, the weaknesses to assert themselves and he had to start all over again.

For you who would keep within the strait and narrow way, pray every night and day, “Love is nearer to me than hands and feet, closer to me than breathing and God is Omnipotence, Omniscience and Omnipresence. He is my Substance, my happiness and my prosperity, fulfilled through my mind, in my

heart, through my body and into my affairs, therefore I cannot fail. Happily I give thanks, for it is done and all is well with me and with everything that concerns me. **So be it and so it is”.**



The relation between God and man is very similar to that existing between a co-operative colony and its members. All that the colony owns is for the use of each member to the full extent of his ability to use wisely, but he must not attempt to hoard the belongings of the colony nor claim them as his exclusive property. To know how to establish this relation between Father and Son is the object of every man... After the I AM has come into an understanding that it is given charge of various powers, its first need is to know how properly to develop these powers. When this knowledge comes, the I AM must faithfully use all its resources in forwarding the grand scheme of creation.

—CHARLES FILLMORE





...on “Her” who is Wisdom

*Wherefore I prayed,
and understanding was given me:
I called to God and the spirit of wisdom
came to me. Apocrypha.*

— WISDOM OF SOLOMON,
CHAPT. 7:7

At present, as has happened at all times, there are still those who, like Solomon, even during childhood, pray to the Almighty for wisdom. This means a prayer for Truth, combined with Understanding, thus making Love.

However, during every generation one also comes across the tragedy of those who say that today Love does not heal, and God no longer communicates directly with Man. What hope have they? For such as these, even Jesus “performed no miracles because of their disbelief”.

Obviously, there can be no wisdom without belief – a belief having its roots in experience rightly interpreted so as to bring conviction. Only then does one feel completely in sympathy with Solomon who said of Wisdom: –

“I preferred her before sceptres and thrones, and esteemed riches nothing in comparison with her.

Neither compared I unto her any precious stone, because all gold in respect of her is as a little sand, and silver shall be counted as clay before her.

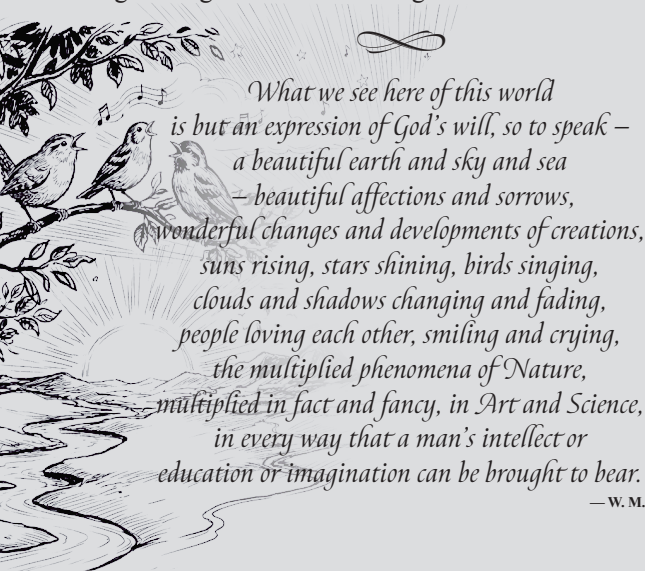
I loved her above health and beauty, and chose to have her instead of light: for the light that cometh from her never goeth out.”

If Solomon (who during his time had the reputation of being the wisest man in the world) were to visit the earth today and repeat these words those foolish ones amongst us who *think* they know everything would again reject the Truth by declaring that all mystical or metaphysical experience is explained away on the ground of self-hypnotism, this being the most modern view of disbelievers. To imply that a man such as Solomon would waste his time sitting around hypnotising himself is too ridiculous for words; yet such a point of view is expressed by people whom society often regards as authorities and leaders of thought.

After all, King Solomon already possessed sceptre and throne and the honour that goes with this, as well as riches of gold and silver, so that he could judge whether these things brought everlasting Peace, but he knew that they did not. Therefore, in reading these words of his, one cannot help feeling convinced that King Solomon knew from experience what he was talking about and that he spoke with the conviction of intimately knowing “Her”.

Somewhere, beyond all reasoning, there is the point where all forms of knowledge flow together, whether it is discovered

through science, art, philosophy or religion. Here where all forms of knowledge meet is the point where our minds change gear, as it were, to climb to a higher, finer and more sensitive vibration where, to the accompaniment of the Music of the Spheres, everything is known. Here ordinary mortal reasoning is discarded as a means having served its purpose. Although some may call it love, others wisdom, and yet others understanding, all will agree that it is ultimate Peace, the “Home” for which all are searching, either consciously or unconsciously, for although there is only one Truth, there may be a thousand approaches to it, yet all are reached through loving Truth and following the Path.



*What we see here of this world
is but an expression of God's will, so to speak –
a beautiful earth and sky and sea
– beautiful affections and sorrows,
wonderful changes and developments of creations,
suns rising, stars shining, birds singing,
clouds and shadows changing and fading,
people loving each other, smiling and crying,
the multiplied phenomena of Nature,
multiplied in fact and fancy, in Art and Science,
in every way that a man's intellect or
education or imagination can be brought to bear.*

— W. M. THACKERAY

Self-Control

Self-control is a wonderful asset in any branch of life. It is a quality which we should all do well to cultivate.



You probably know Kipling's poem "If". It gives us an excellent idea of the meaning of self-control. To be able to keep our heads when all about us are losing theirs and blaming it on us; to be able to trust ourselves when all men doubt us and make allowances for their doubting; to be lied about and yet not deal in lies; to be hated and not give way to hating; to meet with Triumph and Disaster and treat those two impostors just the same; if we can watch the things we gave our life to broken, and stoop and build them up with worn-out tools – to quote a few of the suggestions which Kipling says will make a man. They also suggest self-control.

If we want to be of real use in the world we should learn to control our unworthy emotions – hatred, anger, jealousy, greed, and selfishness. Hatred breeds hatred, and it is destructive. It is love we need to develop. Is there someone you dislike? Try to reverse the feeling. Instead of saying that you dislike him, try telling yourself that you like him. Try to understand him, for

with understanding your dislike will probably evaporate. You remember the old proverb which says that to understand all is to forgive all, do you not? Also, do things to help this person, and see if your feelings for him do not undergo a change. We have no right to hate people, for love, not hate, is the fulfilment of the law.

Anger is another thing we need to control. It is bad for us spiritually, mentally, and physically. We say and do things when under its control that we would probably give much to recall when our anger has passed.

Jealousy is an ugly emotion to which no one should give way. Why should we be jealous of what others have, or can do? We can do well also if we will really put our minds to whatever we undertake, and have sufficient faith in the Spirit of God within us, Whose power and wisdom are ours to claim at any time. After all, it is not what a man has or what he can do that is important, but what he IS.

Greed and selfishness are two other states we need to conquer. We do not enrich our lives by wanting to take all and give little or nothing in return – to take at the expense of others, perhaps. The greedy man wants the giant's share of everything. As students of Truth we must learn to put others before ourselves.

Those with self-control do not become heated in an argument. When others disagree with them, however forcibly, they remain even-tempered. Those who cannot argue without loss of temper should not argue at all.

Let us learn to retain our poise in spite of adverse circum-

stances. Let us learn to realise that we have the Spirit of God within us Which is more powerful than all appearances of evil. We should learn to rise above petty annoyances, and even the more serious ones. We can, if we will surround ourselves with an invisible wall which no hurts or insults can penetrate. We should not ALLOW ourselves to be hurt, or upset, or annoyed. If we were sufficiently advanced spiritually, we should not become submerged by adversity, but should look to God for help, instead of looking at appearances. If our faith were great enough we should be still and know that He is God, and that He is within us at all times, and we should trust Him and keep our self-control. We should cultivate an outer armour.

When bad times come let us not concentrate our thoughts on them, but think positively and constructively. Let us make use of powerful affirmations. THE PRESENCE OF LOVE (GOD) WITHIN ME IS FULFILLED THROUGH ME AND TO ME THIS DAY AS PERFECT PEACE AND WHATSOEVER ELSE I MAY NEED. THANK YOU, FATHER.

William Penn says: "Passion is a sort of fever in the mind, which leaves us weaker than it found us... It, more than anything, deprives us of the use of our judgement; for it raises a dust very hard to see through... It may not unfitly be termed the mob of the man, that commits a riot upon his reason."

Let us practise the art of being unmoved by outer conditions as far as in us lies. We can do it through cultivating faith in God Who is more powerful than any condition. In our human selves we are so vulnerable, but we are not only human, we are divine.

The age-old image



Research workers estimate that Moses lived and wrote down the Ten Commandments 5,000 years ago. For at least 3,000 years before the birth of Christ men possessed and learnt from infancy a code of spiritual, moral, and material behaviour, and that code is still accepted as the core of decent living in the world today.

From that Chapter in Genesis to the last verse in Revelations, all through the period of *Doomsday Book*, *Pilgrim's Progress*, and *Lusiads* right down to the chief news items in today's newspaper, is one long record of the bounty of the earth, the fertility of the soil, the imperishable glories of rivers and seas, the magic of the sunlight, pitted against our failure, the failure of generation upon generation of man to match up to the environment with which God has endowed us.

The second commandment forbids the making of graven images. The word image is crucial, for it shows at once an

appreciation of the capacity of the human mind for making images, the importance of the imagination in all religious thinking, but the terrible danger of obsessions. But we have never yet mastered and destroyed the graven image, this false god of fear and suspicion. Our outlook is little changed from that of primitive man, who had cause for alarm at the newness of his surroundings, at the utter strangeness of pterodactyls and giant lizards, of mammoths and other ferocious beasts that threatened to tear him in pieces. His fears were mainly physical, fear of his own preservation as a very advanced animal, destined, as he may have known within, to evolve into something more worthy of his Creator.

Today there is very little risk of a long-haired savage clubbing us to death for greed of the sirloin in the basket. No enemy, bent on vengeance, is likely to poison our fish or decapitate us with an axe of flint. We know enough not to drink hemlock, to avoid the more lurid fungi as food, not to eat bella donna as a salad. We have inherited and benefited by the physical fears of primitive man, the experiments he so bravely made, the disasters that overtook him in his enduring quest for right and wrong, for safety in his physical life. But all the time fear lurked in every tree, in every cave and cranny of the hillside, in the depths of the valley; and, for the Sterkfontein man, the long night hours were hours of terror, for he could not account for the strange antics of the moon, for the wailing of wild beasts, for the luminous eyes that pierced the inner recesses of his hide. Yet today those same fears obsess us. The graven image is still present. It is there in the form of a haunting ghost, moral fear, fear of the spiritual unknown, terror to reach out and catch hold of the hand of God.

By slow degrees the children of pre-historic man came to play with the children across the valley. As their dogs had already crossed the gulf between the kingdom of animals and the kingdom of man so did men crawl inch by inch over the abyss of mutual fear and suspicion. They made a tribe. It was safer that way; and they found a strange moral and mental comfort in society. But if fear and suspicion was to some extent allayed as between man and man of the same tribe, fear cropped up in uglier forms, between tribe and tribe.

Yet inch by inch the code of decent behaviour grew and widened. Still possessed by the image of fear, the tribes grouped together in defence against nature and they erected stockades against other tribes. Because of fear whole groups coalesced, and they armed and organised themselves into small and then into large nations.

If physical fear of the powers of nature grew less, fear of men in combination increased, and to the creed of physical violence was added the doctrine of economic warfare which has persisted from the time of Homer, through the Athenian and Roman Empires, through the Norman and Elizabethan eras, right down to the scientific twenty first century blockade.

But quite early on man's imagination began picturing strange things. At first they were morbid terrifying pictures of another world... of "going west" over the great ocean towards the dipping sun to the kingdom of Osiris, whence, in due course, returned the souls of the dead to revisit the bodies that had once encased them.

And if it was a peaceful better world, away in the west, why was it not possible to make this land of the living a better place to live in?

That was the next stage, but it was only reached inch by inch, by grit and endurance, for man had now to contend with fear of the unknown in his mental and spiritual being.

Galileo came. Strabo had come and gone, leaving men to ponder deeply on the shape of the world. Drake left Plymouth and returned a different way. God was very wonderful, but the unknown quantity seemed to increase with each new discovery. The world was full of superstitions conjured up in the mind by fear and used as a toxin against fear. Newton came, Jenner, Darwin, Watt, Stephenson, Huxley, Lister, Faraday, Otto, Edison, Marconi, Jeans, Baird, Banting, Whittle. Was there ever such a galaxy of talent, such a wealth of men paying homage to Providence by uncovering the hidden treasures of the world? It was as though God had said: "Speed up, speed up, my friends. You are moving too slowly. It has taken you 300 centuries to find courage enough to use the mental power with which I endowed you". And man obeyed, and he found out how to combat smallpox, how to stamp out plague, how to operate without acute physical pain. He learnt to see and hear without wires, and he harnessed electrical power which, even now, he cannot define. He perceived danger by the use of Radar, and he measured the heat of the sun, the distance from the earth to the moon and the planets. And he did all these things in a minute fraction of the time it had taken him to advance from coracles to paddle-steamers.

Materially and mentally we sprang forward. But fear, seemingly inherent, hung on. The graven image held back the third dimension, stunted the development of spiritual man, prevented his evolution in the true likeness of God.

The behaviour of man to man in modern society, shorn of the veneer of hypocrisy, is little better than of the Cheddar man, the man of Auvergne, or the Sterkfontein man.

On the surface we appear to have greater unity, yet between man and man there is bitter jealousy of achievement, envy of material riches, a horror of sharing the good things of the world, and the general acceptance of poverty as a crime. And these negatives are the blossoms of fear, fear that we shall lose something of value, suspicions that the “have-nots” are trying to get at us. And between the groups that have coalesced into nations there is greater fear and suspicion than ever before possessed humanity.

In spite of scientific advances, in spite of the spread of education, the process of unification stopped abruptly. Half-way up the ladder men became frozen... gripped by fear.

What can we do? What have we left undone which might yet prevent fear from overwhelming and destroying us?

We have to go back along the trail and find that spot where scientific progress suddenly jumped us ahead so violently that we forgot all about the spirit of God within us... the common goodness of all men in the eyes of our Creator. We have to rediscover Faith to believe that God uses the same yardstick in evaluating all men

and that as the colours of the prism combine to make white light so do the body, the mind and the soul combine in unison to make the image of God.

World unity and peace with security cannot be conjured up in the laboratory. Neither racial harmony nor international trust are to be had through the manipulation of the slide-rule or the formulae of the calculus. They demand a catalyst, not born of the scientist's brilliance, but of the common man's God-given spiritual endowment – spiritual courage to destroy the graven image, to blot out the ghost of fear, courage to relax that fist clenched in fear against the world and God within us, courage to face up to the unknown, and to trust alone in the goodness of God which manifests itself in balanced evolution.

*The weakest among us has a gift,
however seemingly trivial,
which is peculiar to him,
and which,
worthily used,
will be a gift
also to his
race forever.*

– JOHN RUSKIN



In Him

We have all, perhaps often, heard the words “In Him we live, and move, and have our being”. We may even in the course of our meditations, or when things have been going particularly wrong, have repeated them to ourselves a number of times only to find that they did not produce any constructive effect. Yet they are *Truth*, ABSOLUTE TRUTH.

They have not changed conditions for us, have not rid us of discordant situations, simply because we have not known what they imply.

You can live in a health resort and still be sick, you can be a down-trodden menial in a house of immense wealth and still be ill-paid and consequently poor; and if you do not understand that to *live and move and exist in Him* is to BE Him-in-manifestation, the words will have no message for you. But if you change them round and tell yourself HE lives, and moves, and has His Being in ME, you will comprehend that in the doing of that, whatever is His must be in you as well. It will *have* to be His attributes that compose you, *His* possessions that enrich you, *His* world of the wondrous that encompasses you. It will be GODNESS alone that constitutes your affairs; and as you *accept this truth*, whatever is not of Him will fall away.

For
in
Him
we live
and move
and
have
our
being

Acts 17:28

Thinking makes it So



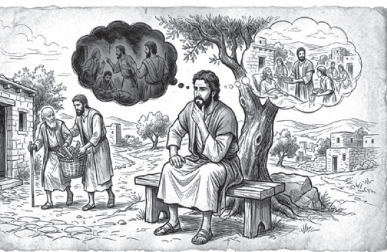
Mortals have struggled so long and so unsuccessfully against evil that they have come to regard it as inevitable. Gloomily men have suffered and gone to the grave under the delusive expectation that in some way God might be more merciful in death than in life. The futility of existence seems to be proved daily by everything that they cognise. Actually, the mere fact that they do not see a reason for living means that they desire good; but because they have not sufficient knowledge to obtain it, they conclude that it is unobtainable in this life.

Whatever a man's environment, he cannot lack ample opportunity to do good. And instead of selfishly seeking good for himself, he can do all the good in his power to those around him. This would be a step in the right direction. How can a man expect all good for himself if he is unwilling to do good to his neighbour? If fifty per cent of the world's population started to do only what was good to everyone they contacted, there would be so much active good in operation that it would usher in the millennium.

To do one's neighbour a good turn does not mean that one must do anything spectacular or embarrassing. It is often sufficient to think good thoughts about him, and genuinely and unselfishly wish him all the good that one would wish anyone whom one loved.

Remember what Jesus said, and do not pick and choose those to whom you would do good. He said, “Love your enemies; do good to those who spitefully use you.” If man realised how much of the evil and pain that he suffers originates in his own thought, he would stop being a factory for his own troubles and start manufacturing good for all.

For example, a man who should have known better quarrelled seriously with an acquaintance, and felt so injured by what had transpired that he vowed not to speak to him again. A few days later he developed a severe ear-ache. Instead of taking drugs, he made all the affirmations that he knew, trying to realise the truth of each statement. But, to his surprise, the pain continued. He searched his consciousness to discover what he was doing wrong, when he remembered the man with whom he had quarrelled. He knew that he should not have taken up a revengeful attitude and should have tried to adjust things amicably. With this admission the pain became less but did not entirely disappear until he set off in search of his pseudo-enemy and put things right. By this action he was not only healed of the pain in his ear, but he made a good friend and learned a valuable lesson.



It follows, therefore, that a man who is sick because of his sin, needs not medicine but transformation, mentally and morally. Many forms of disease are induced by grief, mortification, anxiety, disappointment,

resentment, and kindred influences. They are all discordant. **In fact, there is no erroneous action of the human mind that does not sooner or later externalise itself in some deranged physical or material condition.**

Wrong, evil, ignorant, or malicious thoughts; fear, revenge and hatred all work together to undermine the constitution of the one who gives these errors credence. But he who is so occupied with right thinking and acting that he leaves no foothold for error in his own consciousness, places a bulwark around himself that is a sure defence against the shafts of evil.

I have often been asked: “Why do the good suffer if this is so? Why are they ever sick, when some sinful people seem to prosper?” It is because, while they are good and correct in some directions, they are fatally wrong in others. One of the most difficult people to help is a good man who thinks that his suffering is sent to him by God for some good purpose; and who, therefore, has become reconciled to sickness and death, supposing that this is God’s way of helping him to go to heaven. He does not really want to be healed – he would rather suffer what he considers to be God’s will. If this good man were told that to place the blame for the presence of the disease and pain in the world on God – Divine Love – is little short of blasphemy, he would be shocked and outraged at what he would consider a heathen idea.

It is astounding how many people think that God created evil and disease. They imagine that Divine Love invented hideous diseases for the express purpose of visiting them upon His

unfortunate children who, in their ignorance, have not been able to live up to some fantastic conception of godliness. This belief must be eradicated from the believer's mind and thoroughly stamped out of his consciousness before he will respond to treatment. Solomon knew this, hence he exhorted men to get wisdom and understanding: "Wisdom is the principal thing; therefore get wisdom; and with all thy getting get understanding."

To understand how to apply in your life the wisdom of the Christ, which Jesus taught, is the pearl of great price.



Don't condemn, don't condone; attempt to understand.



"Give people a chance and assist them to realise and be themselves by showing your sympathy with them. Make the resolution now that you will never again condemn or condone anyone or anything but will attempt always to understand and then do something, in the light of that understanding, to help. Let it be said of you that you are an understanding person, a person to whom one can always turn and not be sent away empty-handed."

— MONTAGU

July 1st**WEDNESDAY**

Thou shalt love thy neighbour as thyself – Matt. 22:39

For the Truth student the practice of love should be a very logical thing because in the first place he has been taught to look through appearances to the reality which they so often mask, and in the second he knows that his neighbour is none other than himself.

God is All-in-all; whatever is, is a manifestation of His Being, so all men are GOD and consequently members one of another. With the understanding of complete unity comes the awareness that all creatures share and share alike. We all participate in the general Good of which we are actually constituted. When we have advanced enough spiritually to be able to judge righteous judgement we shall recognise that evil is a nothingness with neither power nor presence because since it *cannot* derive from God, or exist in His Being, it has no cause that could have brought it forth and no habitation in which it can abide. We are all part of the one Perfect Entity that is Love, and all we owe to God and man is just LOVE.

***I will love all and wrong none;
thus shall I live in peace with all my fellowmen***

July 2nd**THURSDAY**

*The Lord direct your hearts into the love of God,
and into the patience of Christ – II Thess. 3:5*

Patience is a virtue we should all do well to cultivate. Impatience makes for inefficiency for it creates nervousness in the one who causes it, often making him fumble at his task, or rush around uselessly. It is difficult sometimes for those whose brains and hands work quickly to be patient with the slower folk, but it is necessary in order to avoid confusion.

If you feel that you are losing your patience turn to the Christ within you for a moment or two, and take a few deep breaths; for it is said that by changing one's breathing one changes the emotion. Just say silently: "The Christ within me enables me to keep my poise, and I give thanks to Him that this is so."

Be patient with yourself, too. Perhaps you are not progressing as quickly as you had hoped on the pathway of Truth, but remember that little that is of value is gained without effort. Just go on steadily putting the principles into practice in every detail of your daily life, and patience will be rewarded.

I cultivate patience through trust in God

July 3rd**FRIDAY**

*Your Father knoweth what things ye have need of,
before ye ask Him – Matt. 6:8*

The “things we have need of” are those that constitute the Being of God, and since we *are* God, we already participate in that which is His. This is why we never have to beg for things; all we need to ask for is wisdom, knowledge, realisation, that we may know the Truth about ourselves and our relationship to LOVE.

Whatever discord comes into any human life does so because the individual has accepted separation in the place of integration. The man who sees himself as an entity apart from his Maker naturally cannot lay claim to the attributes of that Maker, so in his personal awareness he lacks the Good that would fill his life, body and affairs with all that he requires.

It is strange that the illusion of division should have crept into the consciousness of mankind. We are one with God, being ourselves God Himself in manifestation, and we have nothing to seek outside of Him Who is COMPLETE AND PERFECT BEING.

***Let me never forget my unity with all mankind
and the responsibility this entails***

July 4th**SATURDAY****August 1st***Neither do I condemn thee – John 8:11*

Perhaps you are condemning yourself for some wrong you have done, and feel that it is something for which you cannot forgive yourself. If so, think of the words of today's text and take heart. The Master did not condemn the woman, but He did tell her to go and sin no more. The fact that you are worried about your conduct shows that you are sorry for what has happened – then you, too, can go and commit that sin no more. Stop condemning yourself, for to do so is negative. Begin to make up for past errors by doing good in the present.

No one is so bad that he cannot return to the everlasting arms, which are always held out to receive him no matter what he has done. Just as the Master forgave the woman in the Biblical story, so are you forgiven when you actively repent. We all stray from the path of righteousness at times, but we can always return to it.

***God, working through me,
uses my mistakes to correct and bless me***

July 5th

SUNDAY

August 2nd

Meditation

UNITY

My Father,

I know that my purpose in life is to grow in the consciousness of Your Love for me. In this realisation of Your unity with me I now claim Your Protecting Power in and around me to fulfil itself as I call upon it.

I discern Your Beauty underlying all form and substance and in recognising Your loving Presence everywhere I become one with all the loveliness in the Universe.

I do not fear the future for in the faith which I bring to every situation I know that I have sown the seeds which Your All-knowing Mind will bring into maturity in Your perfect way.

My heart is filled with gratitude for Your Goodness towards me. With my thoughts centred on the Truth of my being my life is filled to overflowing with the power and abundance to meet my every need.

July 6th**MONDAY****August 3rd***Whither shall I go from thy Spirit? – Ps. 139:7*

So many people still talk of God as if He were a man. Probably that is the easiest way to visualise Him, since Spirit has no form. Then, too, the Bible refers to Him as a heavenly Father and there again we have the idea of man. But man could not be present everywhere at the same time, and since there is no place where God is not, it is logical that He can be only Spirit – not a spirit, but Spirit.

Is it not comforting to know that the Presence of all goodness, all love, all power, all knowledge, and all wisdom is with us at all times? “If I ascend up into heaven, thou art there: If I make my bed in hell, behold, thou art there. If I take the wings of the morning, and dwell in the uttermost parts of the sea; even there shall thy hand lead me, and thy right hand shall hold me. If I say, Surely the darkness shall overwhelm me, and the light about me shall be night; even the darkness hideth not from thee, but the night shineth as the day”. Inspiring and lovely words.

*I give thanks, Father,
that You are ever present to guide and protect me*

July 7th

TUESDAY

August 4th

I charge thee... that thou observe these things without prejudice, doing nothing by partiality – I Tim. 5:21

We all have our personal likes and dislikes, and from a purely human point of view these appear to be amply justified, but we are required to “live a little above the mortal” and to judge, not according to the seeming, but righteous judgement. All values here on earth are relative; what is right in Lapland is quite wrong in London, what appears to be deliberate injury is often an innocent action devoid of ill intent; what at first blush assumes the complexion of disaster frequently turns out to be a blessing in disguise.

We have to look at things with the inner eye that sees the spiritual Reality, not with the outer organs of sight that perceive only the illusions of material sense. If we assess conditions, circumstances, things and people as God does, we shall see perfection everywhere, and what we *behold* as perfect will become perfection for us.

*As I look at my world through the eyes
of Love all things are made new for me*

July 8th**WEDNESDAY****August 5th**

Put on love, which is the bond of perfectness – Col. 3:14

If we loved, in the best sense of the word, we should never harm anyone. We should be as interested in the welfare and successes of others as we are in our own. We should obey the Golden Rule.

Cosmic love is not a personal and emotional love, but a love of all men which wants only what is for their highest good, regardless of their colour, creed, or race. It puts self in the background and works for the greatest good of the greatest number.

The love we show to our fellowmen is part of divine love which pours into us and through us to bless mankind when we use it rightly. What a power for good each of us would be if he would make love the guiding principle of his life – if he would send out love and blessings from his heart to all mankind. He might not see the results, but that would not matter – he would have done his share towards promoting peace on earth.

I bless all men in the name of Love

July 9th

THURSDAY

August 6th*It is the Spirit that giveth life – John 6:63*

The Spirit of LOVE is Life, and is all that exists in things visible and invisible. This is not a material world, it is a divinely mental one, and it is the quality of our thoughts that colours our outward existences. We are GOD IN MANIFESTATION, and the more nearly we can grasp this spiritual fact and all that it implies, the more harmonious will be our lives, the more filled with Good our affairs. In Truth there is no such thing as evil, for Deity, unadulterated Perfection, fills both time and space, but the negative concepts we have accepted and consistently entertain, will continue to express in our lives until, realising that they are but illusions, we drop them from our awareness.

What we have to know, and moment by moment to bear in mind, is that WE ARE GOD and that all the Perfection we behold around and about us and associate with Him, is ours to use and to enjoy. We are here that our Creator may *experience* Himself in and through us as we put His attributes to work in this His visible world.

Love is the omnipresent Spirit that fills all of my life, mind, body, and affairs with all-good

July 10th**FRIDAY****August 7th***He heareth the prayer of the righteous* – Prov. 15:29

Do you pray negatively or positively? Remember that thoughts are prayers, too, so ask yourself if yours are always constructive?

Probably many people pray, not because they expect an answer, but because though it may do no good, it certainly cannot do any harm! Of what use are such prayers? No one should expect them to be answered. When we pray, we should affirm strongly, giving thanks that our prayers are already answered. Since all we need has already been provided for us in the kingdom of God, and in our true being we are Spirit, and Spirit can lack no good thing, then when we make positive affirmations we are stating spiritual truths.

If we say, with love, faith, and gratitude in our hearts: “Thy will be done”, and are content to leave ourselves, our loved ones, and our affairs in the hands of God, that prayer is sufficient, for He wants only what is for our highest good.

***My prayer is that God may be glorified
through me as a blessing to others***

July 11th

SATURDAY

August 8th*Ye ought to help the weak – Acts 20:35*

It seems strange that we, who are in such need of Divine aid, could ever withhold our human help from those fellow-beings who are weaker than we are, yet how many are there who consistently pass by on the other side! They tell themselves either that it is not “their business” if some neighbour is sick, poverty stricken, or broken hearted, or they convince themselves that they have not the time or the means to devote to other people’s problems, forgetting or ignoring the Master’s last commandment that “Ye love one another”.

Such folk are not only callous, they are very short-sighted, for they do not take into consideration the spiritual fact that *we are ALL members one of another*, so that what blesses one blesses all, and conversely, that what we allow to injure our brethren rebounds with added momentum upon ourselves.

We are not separate entities like chips that have been chopped from a block and scattered far and wide; we constitute a homogeneous whole and participate in each other’s weal and woe, and the only way in which we can ensure our own salvation is by promoting, to the very best of our ability, that of all mankind.

I seek my own in my neighbour’s good

July 12th

SUNDAY

August 9th

Meditation

GOD'S PLAN IS PERFECT

My Father,

I know that my body is a manifestation of pure Spirit and that Spirit is perfect. Therefore, I do not let myself be misled by appearances of pain and lack but keep the true picture ever before me – the picture of my spiritual perfection.

In Your Divine Mind life's plan is perfect. As my consciousness encompasses this so does the realisation of this illuminate my body temple. My intellect, in unity with Your All-knowing Mind, finds the perfect answer for every problem. One by one the fetters of my limited understanding fall from me and I feel happy and free!

Gradually the shadows which seemed to separate me from my “good” disappear before the light of Divine Understanding. I realise my Oneness with You, my Creator, and now claim the inherent perfection to come forth into livingness as I do my part.

July 13th

MONDAY

August 10th

I kept myself from being burdensome unto you
– II Cor. 11:9

We are admonished to “bear ye one another’s burdens” and it is right that we should do this, helping when we meet them, lame dogs over stiles, but how grateful are we to those people who cheerfully and courageously shoulder their own loads and leave us free to help with the problems that arise in our weaker fellowmen’s lives.

Human sympathy (not the quality of LOVE we derive from the Father) can be overdone. It can weaken rather than strengthen those upon whom too much of it is lavished, and we need to seek a leading of the indwelling Spirit before embarking on a programme of our own. It is far better to teach the individual to help himself than to act indefinitely as a crutch, or a prop, for him. It takes more real love and patience to do this than to give the facile charity that produces a destructive rather than a constructive effect.

Each one who would act successfully as his brother’s keeper must inquire of Divine Wisdom before taking independent steps; then, under God’s all-wise, all-loving guidance, he will be able to point out the road and companion his brother, who might otherwise have to tread it alone.

***When Love goes with me, I am inspired
and led to do what God would have me do***

July 14th

TUESDAY

August 11th*He shall not judge after the sight of his eyes – Isa. 11:3*

How often have you heard the expression: “I couldn’t believe my eyes?” And how true it is! Science has proved that the table which looks so solid is actually nothing of the kind, and if that is true of furniture, it is also true of other things.

Do not judge from what you see with your eyes – look deeper. Instead of criticising and condemning a man for the things he does of which you do not approve, look for the good in him, and praise it. The Spirit of God is within him, just as it is within you; and perhaps if your background were the same as his, and you had had similar experiences, your conduct might have been no better than his. He has certain lessons to learn which you may already have been taught, but try to help him rather than condemn him. Search his heart, instead of judging from appearances.

Look at everything from the standpoint of Truth, which is that we have all been made in the image and likeness of God; try to live up to your high calling, and help others to do so, too.

***Beneath all error I recognise
the underlying good, for God is there***

July 15th

WEDNESDAY

August 12th*None of these things move me* – Acts 20:24

Alas, how many are the things that “move” us! The motorist who cuts in, the shop assistant who ignores us and continues her conversation with her companion behind the counter, the friend who greets us coldly in passing (it is probably just absent-mindedness but we do not think of that) and the partner who trumps our ace at bridge – all these things “move” us, not to an understanding charity, but to anger and frequently to a show of temper.

Let us think for a moment. The average human being does not set out *deliberately* to injure or annoy the next man; if he does so it is due to ignorance (which we should pity) or from carelessness, which we may deplore – more for his sake than our own since this will, in the long run, harm him far more than it does us – but we should not resent it. Let us ever remember that “to err is human, to forgive divine” and in *all* cases in which we feel we have been hurt let our first reaction be to send out understanding, followed by forgiveness and well-wishing, for we owe no man ANYTHING BUT LOVE.

***As I love, I fulfil the law governing my own good,
and good alone will be my portion***

July 16th**THURSDAY****August 13th**

*For if the readiness is there, it is acceptable according
as a man hath, not according as he hath not*

– II Cor. 8:12

We are not expected to give more than we have to give,
but money is not the only gift we can make to our
fellowmen.

Do not think that because you have not vast sums to give away that you have nothing of value to bestow. Money, if we have it, is the easiest thing to give – far more easy than service, for example. But you can pray, can you not? And, “The supplication of a righteous man availeth much.” Then, too, thoughts are prayers, and everyone can send out good thoughts to others, and who can tell how much good they can do?

The great thing is to give what we can, wherever we happen to find ourselves, and not wait until we feel we have something big to give. We can all send out blessings to those about us. We can help them in all kinds of small ways, as well, perhaps, as in bigger ones. But we must do everything in the right spirit – the spirit of service lovingly given. If we do it grudgingly it will avail us little.

***I give what I can, in gratitude to God,
the giver of all***

July 17th

FRIDAY

August 14th*The battle is Jehovah's – I Sam. 17:47*

Think of some poor creature who has been struggling long and unsuccessfully against a situation that continues to grow steadily worse and more menacing, and then imagine that, out of the blue, someone makes his appearance and assures him that the battle he is waging is not his, but Jehovah's! What relief would flood the man's being, how quickly hope would take the place of despair, how changed would be his whole outlook as he realised that there was ONE, greater than himself, upon Whom he could rely. We all, on occasion, have problems to face and difficulties to overcome which seem well-nigh insuperable, and it is only as we remember that "My Strength is sufficient" that we are able to carry on.

If at all times and in all circumstances we would live in the consciousness of God's Presence we should recognise that never – no matter what the seeming – is there anything for us to fear.

*I will ever remember that I am the instrument
of God's expressing,
and He is mightier than circumstance*

July 18th**SATURDAY****August 15th**

Let each one of us please his neighbour for that which is good – Romans 15:2

One of the difficult things to overcome is selfishness. It is human nature to put self first, but it is the divine in us which we should try to cultivate.

It is often not easy to put another's good before our own for it may require much self-sacrifice, but if we do it in the spirit of love any thought of sacrifice is eliminated. We feel that it is a privilege – a God-given privilege – to be allowed to be the channel through which His goodness flows.

Love would solve so many of our problems if we had enough of it in our hearts. Where we love we want the good of the beloved – we put his welfare before our own. It is because we have not sufficient of it that we are often selfish, putting our own desires before those of others.

Let us do our best to cultivate unselfishness of the kind that will benefit our neighbours, though let us be discriminating even in this that we may not make sacrifices that benefit nobody. We must use discrimination in everything we undertake.

***Help me to eliminate all selfishness
from my life, Father***

July 19th

SUNDAY

August 16th

Meditation

THE SECRET PLACE

My Father,

Within me is a place of quietness, confidence and security where all things are known and understood. This is a centre of consciousness where your Divine Peace reigns supreme. It is a secret place that is always open for me to enter. Here the Spirit of Love satisfies all my longings and all my prayers are answered. No longer do I worry or struggle in dealing with my affairs, but as I enter the secret place I come into unity with your All-knowing Mind and find the understanding and fulfilment of my every need.

I am an expression of the intelligence that created all things and to the degree that I realise this Your Divine Intelligence is expressed in and through me. In this realisation I KNOW that within me exists the answer to all my problems.

In the stillness of the secret place within my own being Love leads me to my highest GOOD under grace and in a perfect way.

July 20th**MONDAY****August 17th***For freedom did Christ set us free – Gal. 5:1*

Freedom is something every normal person desires. We all want to be free to think, speak, and worship as seems best to us. But since we are all dependent on one another to a greater or lesser degree we have no right to demand freedom in order to avoid our responsibilities whether to the family, the community, or the State.

We have heard much of people who want to live their own lives, which often means that they want to escape from their duties, and carry out their own selfish aims regardless of the requirements of others; but that is not the freedom for which Christ set us free. He wanted to sever the chains which bound men to fear, and to a sense of limitation, and to false gods.

Paul, in his epistle to the Galatians, said: “Ye, brethren, were called for freedom; only use not your freedom for an occasion to the flesh, but through love be servants one to another. For the whole law is fulfilled in one word, even in this: Thou shalt love thy neighbour as thyself”.

Freedom, after all, is a comparative term.

***I give thanks to God for my release from
bondage to ignorance and fear,
and for my growth in wisdom and knowledge***

July 21st**TUESDAY****August 18th**

Thou openest thy hand and satisfieth the desire of every living thing – Ps. 145:16

Are you convinced that God is your all-sufficiency in all things? If you are you have nothing to worry about, and no ill-fortune to fear for, despite conditions and circumstances, you will know that you are at all times abundantly provided for.

Most of us have not achieved this consciousness even though we have every reason to do so for, we do not realise that we are of more value than many sparrows. Unfortunately it is just something that is too good to be true for the majority of us who fail to understand that it is only the good that IS true! LOVE is the Alpha and Omega of the cosmos, It fills all celestial spaces, all terrestrial places, so where can discord, lack, limitation and the other ills that flesh is supposed to be heir to find an anchorage? The Truth is that they have neither presence nor power, being but illusions that man has conjured up in his own mind for his frustration and affliction. Let us, who have learned something of the Eternal Verities, of the Omnipotence and Omnipresence of LOVE, cast these errors out and enter into the Kingdom of our Good.

***The Lord is my shepherd, I shall not want,
nor shall I fear***

July 22nd**WEDNESDAY****August 19th**

*Be not anxious for your life, what ye shall eat,
or what ye shall drink; nor yet for your body,
what ye shall put on – Matt. 6:25*

In times of financial crisis we are all liable to become upset, and perhaps we are inclined to lose our faith. On such occasions let us remember today's text.

According to our faith it is done unto us, and if we look to God as our Source of Supply, and put the things of the Spirit first, our other needs will be met. Continuing today's text are these words: "Is not the life more than food, and the body than the raiment? Behold the birds of the heaven, that they sow not, neither do they reap, nor gather into barns: and your heavenly Father feedeth them. Are ye not of much more value than they?"

As we give, so it is given unto us, however. We must give in love and faith, knowing that when we do our share God will do His. If we cast our bread upon the waters it will return to us after many days if our trust is in God.

***I seek first the consciousness of love,
wisdom and understanding;
the things that are necessary shall be added***

July 23rd

THURSDAY

August 20th

*The harvest indeed is plenteous,
but the labourers are few – Matt. 9:37*

How true it is that God's harvest of Good, which is not seasonal but ever ripe and ready for our taking, is abundant indeed, but there are too few of us who are aware of this and consequently capable of accepting the Bounty that everywhere awaits us. We spend our lives under a false sense of limitation and a mistaken yearning for things that we would give anything to possess, because all that we require and can desire has always been ours to use, manifest and enjoy.

Our good is not divided from us, it is part and parcel of our lives. God created man COMPLETE, His part in that respect is done and there is nothing that He has to patch up or supplement. It is WE who have work before us, work that is not on the outside but on the inside, in our own consciousnesses, for it is in them alone that negation has found a foothold. Whenever we recognize loss or lack we are substituting a human lie for the Divine Truth Which declares that all is now established unto us, that we have nothing to seek or to long for because we are GOD HIMSELF in expression, participators in all that He is and has.

*The seed of divine perfection is within me;
let me nourish it daily that it may grow*

July 24th**FRIDAY****August 21st**

Bringing every thought into captivity to the obedience of Christ – II Cor. 10:5

The majority of people are careless thinkers. If everyone thought constructively what a different world this would be!

There are people who are constantly talking of sickness – either of their own illnesses or those of others. We are the result of our thoughts and if we think of sickness we are attracting similar thoughts and the physical body is likely to be affected by them.

And there are other people who are full of woe. They discuss their troubles with all and sundry, and by doing so make them appear even worse than they are. It would be so much better for them and for all concerned if they would recall the happy times they have enjoyed, and thus attract pleasant thoughts.

Ralph Waldo Trine in *In Tune with the Infinite* says that the optimist has the power of seeing things in their entirety and in their right relations. The pessimist looks from a limited and a one-sided point of view.

***I think, speak and act constructively that
I may be a useful instrument in God's service***

July 25th**SATURDAY****August 22nd***There is no God else besides Me* – Isa. 45:21

How simple life would become if we would accept the above text at its face value and, acting as though it were true, put our whole trust in it; for, if there were no Power apart from Him, we could have nothing whatever to fear.

If “there is no God else besides Me” Who am ALL-GOOD, there cannot be a god of evil – the devil – who brings fear, sorrow and calamity into men’s minds and thence into their lives as well.

None of the things we so dread could take their rise in Deity, and as He is All-in-all there is nothing outside of Him that could bring them forth, so we are safe in concluding that all negation is illusion, a lie of human thinking.

God is of too pure eyes to behold iniquity so He cannot even *see* our peccadilloes, much less react to them; evil destroys itself, but He never punishes us or turns His Countenance away from us, so surely we can put ourselves, our failures, and our sins, *trustingly and contritely* in His Hands in the certain knowledge that out of His great love for us He will make all things new.

***The Lord is my light, my life and my salvation,
I shall not fear***

July 26th

SUNDAY

August 23rd

Meditation

HARMONY

My Father,

I accept Your Harmony as the only true reality. I see nothing but order and progress around me. I realise that I am one with Divine Harmony and Order according to my thoughts and convictions. Peace and calmness now pervade my whole being as I listen to the Divine music within.

Clearly I realise that all is progress towards Truth in spite of inharmonious conditions, and the illusion is corrected the moment my concept is corrected. Thus, I deny any power that inharmonious conditions seem to hold for me and realise that the conditions which seemed to overshadow my life have no power but the power I have given them in consciousness.

The harmony established within my consciousness now manifests in my outer world. I give thanks for Your Harmony NOW established within me.

July 27th

MONDAY

August 24th*We are of good courage – II Cor. 5:8*

The man who knows nothing of his at-one-ment with God will find it very hard to act courageously in all the situations he will be called upon to face during his sojourn on this plane of awareness. No one goes through life without having problems to meet, difficulties to overcome, disappointments to surmount, and “the coward, in his time, dies many deaths” because, when danger threatens, he has nothing but his own weakness to call upon.

The student of Truth is much better equipped. He has had it dinned into him until it has become a conscious knowledge that there is no separation between him and his Maker, so that *he* is God-in-manifestation. What is true of God must therefore be true of himself also, and God is All-power, Knowledge, Wisdom, Security. This being so, could any condition arise which could not be triumphantly handled by the person who understood it, had the wisdom to deal rightly with it, the power with which to control it, the sense of security that excludes all fear, and the certainty that success must crown all his undertakings?

***My courage is steadfast for I know that all
experience works together for my good***

July 28th**TUESDAY****August 25th***Draw nigh to God and He will draw nigh to you**– James 4:8*

You may have noticed that in the Biblical promises there is something for us to do if the promise is to be fulfilled. We must ask, if it is to be given to us; we must seek, if we would find; and we must knock, if it is to be opened unto us.

Always remember that God does not force Himself upon us. His Spirit is within us waiting to be to us everything that is good, but we must seek Him if we want to share in all that He is and has.

It is no part of God's plan for us that we should not do our share. If we want abundance we must not sit idle and expect Him to shower wealth into our laps like manna from heaven. There are people who seem to think that life owes them this or that, but such people seldom think of what they owe to life.

If we want to receive we must be ready to give, whether it is love, friendship, or more material things.

***I seek not my own good only, but that of my
fellowmen – all people***

July 29th

WEDNESDAY

August 26th*The Father abiding in me doeth His works* – John 14:10

Since the Father *is* me, and you, and all mankind, it goes without saying that He “doeth the works”. What is not so self-evident is the spiritual fact that we ARE GODS. We have often been reminded of this, have been told to think back to the words of the Christ, and most of us have given intellectual assent to it, but have we been able to manifest it in our lives, bodies and affairs? If we had done so – completely – or were doing so, our sojourn on this plane of awareness would be at an end and we should already have gone on to our next habitation.

We know the Truth in our heads, but not – as yet – in our hearts; the concept and all that it encompasses is too stupendous for us to make it wholly our own. Some of us recognise God’s abiding as our health, others as prosperity, still others as happiness, a few as holiness, and in consequence we show forth these qualities, but the Christ arrived at the *absolute conviction* that because He and His Creator were ONE it was the Father within Who alone was expressing through Him.

***Through Christ in me my certainty
of divine mastery is assured***

July 30th**THURSDAY****August 27th**

*Judge not according to appearance,
but judge righteous judgement – John 7:24*

Most of us are prejudiced in some way or another, and prejudice warps our judgment. If we want to judge rightly we should judge objectively. We should be absolutely impartial and impersonal.

While we have the right to judge things, we have no right to judge any other person but ourselves. We should remove the beam from our own eye, before we try to take the mote out of someone else's. As it is, we so often find excuses for our own conduct, while failing to do so for the behaviour of our neighbours. Other people's mistakes seem to be so much worse than our own. This is quite wrong.

When we are inclined to condemn our fellows let us think of Christ and remember that He did not condemn – He was filled with love of mankind. And if He did not condemn what right have we to do so? We all make mistakes, but let us not mistake the appearance for reality. Let us look for the Christ in all men.

***In all things I recognise Divine Law always
working for the ultimate good***

July 31st**FRIDAY****August 28th***Put your trust in Jehovah – Ps. 4:5*

People are constantly asking advice on the subject of supply. Sometimes they are desperate, not knowing where it is to come from, and seeing no way out of their difficulties. Yet, when they put their trust in God they have wonderful results.

It is not God's will for us that we should lack the good things of life. Everything that we need has been prepared for us in the realm of Spirit, and this would not be so if we were not meant to have what we require. It has been prepared for us from the beginning, but we have to learn how to obtain it.

Do you give thanks for your money, and bless it? You should! It is one of the necessities of life, and rightly regarded it is good, since it supplies us with food and clothing and the other requirements of life.

Look upon God as your Source of Supply at all times. As long as you play your part and live in the consciousness of prosperity and work to achieve it, you will not want.

***I give thanks that my supply comes from God,
and I prosper.***

SATURDAY**August 29th***Incline thine ear unto wisdom – Prov. 2:2*

*I*ncline thine ear unto wisdom and that means listen to the words of love, faith and power which come from the Spirit within you, for it is not wisdom to listen to the words of hate, fear and limitation which, all too often, are thrust upon you from without.

The time for listening to the wisdom of God is not restricted to certain hours of the day, although setting aside a specific time at which to endeavour to isolate oneself from outside distractions is a good thing. Even better than the restricted time is the training of oneself to be able to receive help and guidance from the spirit of wisdom, no matter where one is or what one is doing.

When we call this “training” we mean exactly that, for the ability to listen and be receptive is not something which can be done as soon as one decides to do it. It calls for the sustained effort of practice, practice, and yet more practice, but the result is surely worth any effort expended to secure it, for that result is actually a closeness of contact with God which is indescribable.

***I hearken to the voice of wisdom and
my way is made plain***

SUNDAY

August 30th

Meditation

Divine Guide

My Father,

Grant to me that as I travel the long pathway to at-one-ment with you I may choose wisely the manifold gifts which You have set before me. Help me to seek those things which will enable me to go forward; help me to look upward and to seek for Your guidance when I am in any trouble or difficulty; help me to know without any shadow of doubt that through You come wisdom and love which will solve every problem. Let me know that You lead me out of tribulation into the paths of peace. Let me realise that You will dispel all my doubts, and give me the necessary illumination to carry me through the storms and stresses of life, and bring me safely into Your haven.

Give me, Father, the wisdom to seek You in all things – in my fellowmen, and in the beauty with which you have surrounded me on every side; and let me never be misled by appearances. Help me to realise, too, that in giving, I receive my greatest joy.

Father, for the knowledge that You are always with me as the rich fulfilment of my good, I give grateful thanks in the name and consciousness of my almighty beloved indwelling Christ.

So be it.

MONDAY

August 31st

Acquaint now thyself with Him and be at peace
— Job 22:21

There is a well-known expression to be “at odds” with oneself, and that is a most uncomfortable state in which to be! “Know thyself!” admonished Plato, and surely the individual who is unfamiliar with his own ego would be very unsure of himself and at the mercy of any strong character, either good or bad, with whom he chanced to come into contact; consequently the prompting to “acquaint thyself with Him” is very sound for He IS thyself. God is the true Self behind the erroneous *personal* self of every man.

We are inclined to think of ourselves as busy little entities living independent lives, severed from our Creator and therefore subject to all sorts of laws, conditions and taboos of which the Father has no knowledge. This is the great material lie that has set itself up in defiance of the spiritual Law of Being, which states that man and his Maker IS one.

There are not two of us, man and God, but only God manifest as man, and when we “acquaint ourselves with Him” we discover what we really are, and are no longer at odds with the illusions, problems and circumstances that we have produced.

***No matter what betide me, I will remember
that I am one with Love, so shall I know no fear
and abide in peace***

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