### THE PATH OF TRUTH

This magazine is published by the School of Truth and circulated to all parts of the world

November/December 2016

The School of Truth -Our guide to the Path of Truth

The Path to God through Prayer, Meditation, Affirmation and a suitable Spiritual Environment

Truth Teachings lead to ...

Understanding the Spiritual Law. Thy Will be Done', with the Thankful Prayer leading to:

(Light) (Health) (Love) (Happiness) (Peace) (Abundance

All Spiritual Growth is grounded in a Raising of Consciousness, leading to an ever-closer relationship with God.

The School of Truth is non-denominational and it teaches people of all creeds, cultures, races and religious affiliations to maximize their progress on the Path of Truth.

# Some History of the School of Truth

The School of Truth was founded by Nicol Campbell in 1937 and has the same standing as orthodox churches in South Africa.

The School's teachings are found in the Old and the New Testaments, but may also be found in the scriptures of other religions, and the spiritual insight of the great philosophers.

The purpose of the School of Truth is to assist people to obtain a greater God Consciousness, or spiritual awareness, and so to improve their health, happiness and prosperity. We make no charges for our service, but we do accept voluntary donations (and bequests) which go towards meeting the expense incurred in publishing and distributing this magazine *free of charge*.

We look forward to hearing from you from time to time, since we take a deep interest in your progress.



# "I asked you to Pray...." Extracts from letters to the School of Truth

Some time ago I asked you to pray for a young friend who had been captured by the terrorists. I am delighted to tell you that he has now been released and will be returning to his mother in the near future. What a wonderful Christmas gift for her, as they had been parted since the beginning of the year.

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We have at last been able to sell our property and retire. We were both very tired and are now happily settled in a small garden flat and leading a quiet life. Thank you for your help.

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Many thanks for your prayers for my sister and her family. The result has been wonderful – money has been sent to her quite out of the blue and her husband's work is about to start again.

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We praise the Lord for healing my husband completely. He suffered from cancer and we are very grateful to God for sparing his life and blessing him with excellent health. Thank you for your prayers.

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My daughter passed her examinations with distinction. We praise God for answering our prayers for her.

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I asked you to pray for my little son who was very ill with an unknown blood infection. You were very kind and said you would put his name on the prayer list. I am very grateful to God and the School. My little boy's blood went down to nearly normal and he has since been pronounced healed. Once again, thanks to God and also to you for your prayers.

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I wrote to you a few weeks ago asking you to put my name on your prayer list as I was feeling very depressed about trouble at work. I am now very pleased to inform you that I am once again back in my original position and generally everybody seems to be much happier.

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I phoned you last week to ask for help for my son who had his car stolen from the Zoo where he had taken his baby daughter for an outing. You told me to give thanks for its safe return. I am happy and grateful to be able to tell you it was found 10 days later at the nearby Zoo Lake. Except for the wiring it was quite intact and no other damage had been done. We are very grateful to God and the School for helping us out of another awkward situation!

I asked you to pray for my son-in-law who had forgotten that he is the father of seven children. As a result of your prayers and God's great love, he is now an entirely different man. The whole household is beaming with love and joy. Thank you very much for your prayers. I simply cannot do without The Path of Truth.



What a blessing! My son who was addicted to drink, no longer takes liquor and is an entirely new youngster. I am deeply grateful to God for helping him to overcome this very bad habit.



Some time ago I wrote to you for prayers in connection with my husband's search for suitable employment. He walked for miles and called on every labour bureau but without success. However, every time he felt depressed he sat down and prayed quietly. One day he went into a labour bureau for executives only. He realized this after he was inside. When he turned to leave they called him back. Although he tried to explain that he was not qualified for that type of post, the lady said she was sure she had something for which he would be considered. Eventually he was given a post as manager of an electrical firm with a good salary and excellent prospects. As the position only became available two months later, he was paid half salary for the intervening period, during which he had only to go into town once or twice a week to see how the preparations were proceeding.

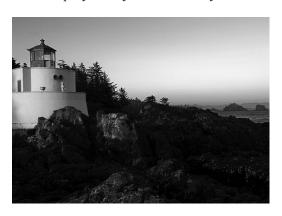
# The School of Truth has prayers at 9.30 a.m. and 11.30 a.m.

Students are encouraged to join us in prayer at those times. Prayers are indeed very powerful.

A suggested prayer may be:

The Light of God surrounds me The Power of God protects me The Peace of God is over me Wherever I am, God is.

This prayer may be used at any time.



Lecture by Nicol C. Campbell

# God acting through man



It is only when we are sufficiently advanced spiritually to be able to assess our own importance that we can form some idea of what Omnipotence is. We have to think of It, not as a person or an entity wielding all-power, but as the Self-realization, in man, of the indwelling Spirit of God constituting him, that KNOWS Itself through him as Omnipotence.

When Christ said that humanity had been given dominion over all things He meant that, literally. He confirmed man's authority over disease, unhappiness, poverty and lack. But before you and I can exercise this command we have to become acquainted with it, after which we shall be completely self-sufficient and there will be nothing that we cannot accomplish.

Numbers of people walk around declaring that God is the impersonal Law that is Omnipotence within them, working for them, and that once they have made contact with It and fulfilled Its terms, It cannot but express Itself in their bodies as health and in their affairs as prosperity and success, but they forget one very important thing—this contact can be made only through the quality of love, for "Love is the fulfilment of the Law."

Faith is the consciousness of Power which is God, Who attains consummation in man by becoming every material thing that he needs for his complete wellbeing here on earth.

Before the advent of Christ, Moses taught the Oneness of God ("the Lord thy God is One God"). The Master went further and preached not only His Unity but the Truth that He was All-knowledge and All-power epitomised as Love; so, if we wish to find the awareness of Him as Power, we have to put ourselves into tune with Love

It is the power of Love that cleanses the human consciousness of all negative thoughts and emotions and permits the Presence of God to spring forth as strength and harmony in the body of man, and that produces in him the spiritual ideas that guide him aright and bring about his advancement and good fortune.

It is not my intention to gainsay the power of the spoken word used as an affirmation. It is quite possible, if you have confidence and persistency of purpose, to produce for yourselves anything of a mundane character, if you are willing to accept it shorn of blessings. But you cannot obtain true prosperity, real success, or happiness – in the shape of a home or business – unless you have first contacted the spiritual power of Love.

I see people making wonderful demonstrations of beautiful cars, financial security, and of what look to be magnificent homes, which are, however, so barren and empty, so cold for lack of love,

tolerance and understanding, that they are but dreary houses, filled with a heavy pall of misery and spiritual apathy.

As long as you seek only material ends you too can, by using this impersonal power personally, bring forth whatsoever you desire (of a kind!) if you are prepared to visualise it, to feel it, and to live in the consciousness of it; but your ensuing demonstration will not be one to which no sorrow has been added, nor will it be one that I, personally, or the School of Truth would endorse, because we are concerned only with what we term "true" prosperity.

I want to see God fulfilled in my life as health, success and all good, as the blessings of power that make rich and to which no discord is ever attached, and anyone who has even a faint awareness of the Presence of God, as Power, can achieve and dwell in peace. He will find that he no longer looks to channels or for results; he does not worry about his present or future welfare because, through living in the consciousness of Love, he is so aware of the Presence of God, as Power, that he knows that "before you call, I have answered." It is not a case of "I will answer" – bestowing the health, happiness or prosperity that he needs, weeks, months or years hence – it is already done for him, established, for at that time that he was using the power of Love constructively and operating the impersonal Law that has no power to change Its course once It has been set in motion, at that moment the spiritual idea had no choice but to fulfil itself through him as the material thing he required. There is a vast difference between the use of power through the intellect, respecting the particular movement it is making, has advanced, and its application by way of the heart. One hears people, usually those in the Civil Service or Government employ, saying: "I have to wait for dead men's shoes," and I ask myself what such a man prays for? Does he go to his office of a morning wondering how his immediate superior fares, and when he learns that he is away ill does he ask himself how much longer he will last?

It is a sad fact that, because of the limitations that such an individual imposes upon himself, there is deep within his subconscious mind the hope that the man above him will pass on before his own age of retirement arrives.

Can you imagine how a person like this would react if Christ could seek him out and make it clear to him that, by and through the use of Love, he could develop a quality of faith that would produce for him anything and everything that he required, in a measure to share and to spare? This, providing he did not himself limit Omnipotence to the sphere of his own particular trade, profession or vocation, where the man ahead of him figures as an effective obstacle in the way of his progress.

Many people – teachers, judges, nurses, etc. – are apt to limit themselves financially to the salaries they draw; but, make no mistake, it is they themselves, and not God, who

impose these restrictions. Omnipotence can – and will – once they have identified themselves with It, open every human channel of prosperity for them and build up within them a greater consciousness of affluence that will act in some way to supplement their wages or income. No material situation can prevent God from revealing to them new avenues of advancement, and no one, who has learned to walk and talk with Him and those whose mind has by this practise become spiritualised, would accept conditions as realities or see them as forces capable of acting in opposition to Him.

We must wake up to the realisation that we are the temples of the Father and that His Spirit dwells within us, then we shall no longer judge according to circumstances, conditions and people, but shall lift our vision Godward and perceive that before we called He had answered and while we were yet speaking He had heard us.

We have been given dominion over all things – not merely over some – so our incomes are not dependent upon our occupations, which, in the case of those who have found the consciousness of God as prosperity, can be their hobbies. The New Testament does not say that 'by the sweat of your brows shall ye eat bread," so you do not need to limit yourselves to any particular job for any specific payment. You can enjoy affluence, to share and to spare, as a free gift; not of works, lest any man should boast, but of Love, if you will but recognise your oneness with God.

No parent will say to a child, "If you do not do your homework, I will not give you any supper"; or, "If you do not study and pass your exams, I shall not buy your clothes"; or "Unless you do this, that or the other, I shall not bring any pleasure into your life." He might be hurt and disappointed because his child was apparently putting forth no effort, but his love would be deep enough to overcome his feelings on that score so that he would continue to meet all his needs. The child would expect that and would be most surprised if his food were cut off, his clothes were no longer supplied, and all pleasures denied him. In the face of this, do you imagine that God's love is a lesser thing than that of a human father, and that whereas you would fill your children's needs before they had made these known to you, mankind in general can call and call upon Him and never get an answer?

The Spirit of Love has brought Itself into BEING through the human consciousness as portrayed by Christ and has one object only, that of filling Its body temples with Its own spiritual understanding of peace, well-being, health and prosperity. But where there is no spiritual contact through love, only the delusion of separation, It is unable to manifest.

It is God's pleasure to give you – or more accurately to become through you – whatsoever you want, but if you do not establish contact with Him, or as long as you limit Him by giving conditions, people, circumstances, and material channels more power than you give to Him, you will see these very limitations reflected through your bodies and into your affairs.

Christ never hesitated to teach the gospel – the good news, the tidings of great joy – because He knew that once the individual had found the consciousness of Love, the divine supply would not be hoarded or kept back selfishly because no student of Truth holds on to prosperity; his hands are ever open in love for he recognises that according to his faith in Omnipotence, his hands will be filled with God's Substance, that one Essence that includes all things spiritual – health, harmony and happiness – as well as everything material, in a measure that is heaped up, pressed down, shaken together and running over.

It gives me a tremendous thrill when I have my meditations and offer up my prayers to realise that God – Love, Omnipotence and Omniscience – is everywhere evenly present, constituting me, all mankind and the whole far-flung universe.

I, like you, am a temple of this infinite God. His Kingdom of Power and Love dwells within us, and is saying through my restlessness and divine discontent to me (as It does to you), "My body temple, this is what I would fulfil through you and to you."

There need be no clamouring or asking for anything from Omnipotence for is it not so that "I, the Father, have provided for My children"? So my Father has provided for me, and since He is the inexhaustible power of Life waiting for releasement, He can do far more for me than I, who am limited according to my faith in the good, can do for my children.

We are all taps connected with the reservoir of Spirit. Some of us are only slightly open and there issues forth through us but a trickle of health, happiness and true prosperity. Others, who recognise the nature of the divine supply, are wide open and find that it is infinite, and there is not one of us who cannot attain to this knowledge and have their experience.

What are we afraid of? Why do we not dare to trust God and so act fearlessly? Did He not challenge all of us saying: "Prove Me!"? So why do we not test Him and by so doing set Him free?

We do not need to strive, struggle and strain; the free gift of Love is already fulfilled in each one of us, according to our individual capacities; it is pressing itself into our hearts, bodies and consciousnesses for releasement through them. So let us give of it without stint or skimping, knowing that the Kingdom is fulfilled in us, not as happiness without health and prosperity, not as health without joy and affluence, not as abundance without strength and vitality, but as ALL-GOOD, lacking nothing.

Is not that what you desire – the divine freedom that you are seeking – the emancipation that shall take the place of mundane fear, the awareness of the Christ-presence, the conscious recognition that God is your sustenance and supply, your guidance, protection and success?

If I had not once been unhappy, had not known sickness and fear, I would not have sought God. We all come to Him

we discover Love working as Omnipotence in us and to us, the irresistible force and the immovable object working – self-sufficient and undismayed – through us and for us its body temples.

Where, then, is the reason for fear, concern and anxiety? Where the need for struggling and striving? You can, any one of you, sweep the streets and experience God's infinite prosperity; or if you are a civil servant you can have the consciousness of His illimitable supply – His free gift of love, free lest any man should boast – for such is His promise. Accept it, think about it, and live it, knowing that no externalised circumstances can affect you or play a part in your life. Never forget – tell yourself continuously – "God and I, Omnipotence and I, Omniscience and I, Omnipresence and I, Love and I ARE A MAJORITY"; then glorify Him as, in this knowledge, you set Him free!

Ref. The Path of Truth, March 1978



## **MEDITATION**

# Mightier than Circumstance

In the consciousness, Father, that You are the only Presence and Power in the universe, and that I am Your body-temple, I go forward confidently to meet my good. No longer is there any need for me to fear, for I have come into the realisation that Your love, wisdom, and power are instantly at my call whenever I need them. They are my assurance of victory over all circumstance because I know that it is Your desire to perfect all that concerns me.

I recognise that, in the past, with my human limitations I have often erred, and although I knew You were always with me to guide, inspire, and uplift, sometimes in my wilfulness I refused to acknowledge You as the only Presence and Power in my life. By persisting to fear the appearances I had called into being, I expressed my faith in them, and according to that faith it was done unto me. I failed to keep my eye single to the good and showed belief in a power opposed to You.

Now experience has taught me wisdom. Through the overcoming divine power which I AM, I have learnt that I can be master my own life. Never again shall I be a slave to circumstance but, knowing that I am God made manifest, I shall prove myself greater than all that would limit the expression of Divine Life through me.

I face the future poised, calm, and confident, and I send my messengers of love and faith before me to prepare the way for my good. I refuse to allow any appearance of lack or limitation to destroy my spiritual vision; for as I am steadfast in knowing the Truth behind the appearance, I express my superiority over it.

For too long have ignorance and wilfulness chained me to the past with its lying evidence of failure. Now I stand direct in the consciousness of my divine authority and face the sunlit way of Truth that unfolds before me. The past, with its trials and tribulations, has no power over me except the power of good that I vest in it. Thus I give thanks that the experiences that have fallen to me have served, despite their negative appearance, to impel me to claim for myself the rich fulfilment of good in my life.

Fear, sickness, failure, lack – they have no part of me, for they come and they find nothing in me but the strong and steady consciousness that I and my Father are ONE; that I AM the Spirit of Good, of love and harmony and peace, this day made manifest in the flesh.

So be it.

Ref. Path of Truth November 1983

## DO YOUR BEST

Possibly the reason why some students of Truth fail to demonstrate the teachings is because they are not able to accept fully the fact that God can do more than they ask or imagine. They have made Him in their own image and likeness and cannot think of Him as All-Power.

Let them not despair, but begin at once to make use of the knowledge and understanding they have. Just as a child must learn to crawl and walk before he can run, gradually becoming more proficient, so must we move slowly at first, progressing by degrees towards greater faith in and understanding of God, if our trust is not yet absolute.

And let us not impede the flow of God's goodness by deciding beforehand how and why it shall come to us. His ways are often mysterious, and it is not our task to make decisions for Him. All we need is faith, our own persistent efforts, and a life lived according to the laws which govern the Universe if we want our aspirations to come true.



# Raise your consciousness to Him

The solution to the problems of our lives is the development of a spiritual consciousness. This means that we need to seek an understanding of God and of our relationship to Him, and to examine how He works in our lives. This is quite an individual thing – we need accept only those things that find inner confirmation in us

So we need to ask ourselves questions like "What is God and what does He mean to me?" and "What is the place of God in my life?"

We think of God as universal Intelligence, but God is also personal. Our relationship with God can be the closest we experience. God is always available to us, gentle, reassuring, bringing peace, joy, warmth and love into our lives. He engenders companionship with Him and mutual joy.

In prayer most people seek some quality from God – health, happiness, peace, prosperity, success. Most of us certainly believe that God possesses all these attributes but, for some inexplicable reason, denies them to us. And so your prayer is a begging to release to us those things we need.

We often pray from a consciousness of guilt, of selfcondemnation, occasionally for some serious lapse in the past but very often for quite trivial matters. Indeed, the medical profession holds that many of our modern-day illnesses are "psychosomatic", that is aggravated by mental stress, often stemming from feelings of guilt. It is very important for us to accept that the clock of life has moved on. We are not the same people today that we were yesterday, and we cannot fully play our part in the world if we allow our yesterdays to undermine our todays.

The value of a person's life lies in the sum total of their thoughts, feelings, saying and actions – not in isolated behaviour. If we have erred, let us put it behind us and make good elsewhere.

Some people believe that when we do not receive we are being punished by a vengeful God. But are even we, with our little spiritual knowledge, really vengeful? How much less so is our Father. God is not aware of our faults and failings – He is too pure to behold iniquity. He sees through personality to the spirit within. God is not vindictive or with-holding for He is Love. There is no Love in withholding or punishing. God does not wait for us to be good or deserving. His love is like a mother's – unconditional. He continually expresses His Life and Love through us and, as we increase our spiritual knowledge, we find our lives changing for the good quite naturally.

James 4:3 tells us "You ask and do not receive because you ask wrongly." As we advance along the path of Truth, and as our understanding increases, we find that the way we commune with God changes.

Eventually we realise that what we really need to do is to raise our consciousness to Him and give thanks - that is all. It is not necessary to tell God of our needs for He is the intelligence behind everything that is, and "knows what you need before you ask Him."

Does not your Father organise our universe, causing the sun to rise and set, the stars to shine, the birds to sing and to find their way across the ocean? Did He not provide for us in our mothers' bodies before we were born?

The basis of receiving is in understanding the nature of God and of our true relationship with Him. God is eternal Life, infinite Intelligence, Love and Supply. If we develop ourselves sufficiently then all we need do is be aware of this and to open ourselves fully to Him, to empty ourselves of ourselves, to Let God work harmoniously, joyfully and abundantly in our lives.

When we refrain from dictating to God what His will for us should be, when we have raised our consciousness to Him, pure in heart, with no finite wish, abiding in Him, then we can say with conviction and trust "Father, in Your infinite wisdom, let Your will be done in me, and, since You are Love, Your will for me can only be for my ultimate good."

Too many of us doubt God's Love, for we spend much time praying for God's bounties, advising Him about our needs. If

we really believed that God is Divine Intelligence and Love, we would understand that we do not have to do this. The Master tells us that the kingdom of God is within, and what we have to do is enter that interior kingdom of our own being where we realise that nothing can interfere with the expression of His love for His children. We go up in consciousness to a place where we realise that God is.

"God is." Words are inadequate fully to explain this Truth. Talking about it helps put us on the right path but Truth is finally unthinkable, indescribable and undefinable. Truth has to be experienced and realised. It is a state of Being, a state of Light and Love, and awareness of our oneness with our Creator. It is what we should experience when we are given the School's relaxation and meditation. It is the awareness of the Soul within us, That Which remains when we turn from all negation.

It is the "I", not the small I or ego of the psychologist but the spiritual "I", that knows, that transcends the body, the intellect, the emotions, the personality, That knows that It is, absolute Bliss, Self-sustained, Self-illumined, Self-existent. The "I" is absolute Perfection, absolute Knowledge, absolute Wisdom. The "I" is the God within us.

It is what we need to contact if we are to say, "Let Thy will be done in me, and through me, to my fellow men." This consciousness of God in our lives will make us happy and will make all people we meet happy too.

- E. Wood The Path of Truth, December 1999/January 2000



When I consider the wonderful activity of the mind, so great a memory of what is past, and such a capacity of penetration into the future; when I behold such a number of arts and sciences, and such a multitude of discoveries thence arising, I believe and am firmly persuaded that a nature which contains so many things within itself cannot but be immortal.

Cicero

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Nothing short of an eternity could entitle men to imagine, think, and feel, and to express all that they have imagined, thought and felt. Immortality, which is the spiritual desire, is the intellectual necessity.

- Bulwer







#### **PRAYER**

Our Father, Spirit That is Love within me, revered and holy be Thy name.

Let Thy Kingdom of Love and Goodness come into expression through me, and Thy Will be carried out in and by me, here upon Earth as is done in Thy Spiritual Realm.

Be Thou this day, the fulfilment of my every need and the illumination of my understanding.

Help me to forgive my debtors that I myself may be set free.

Teach me of Thy Presence of All-good and lead me away from all error thinking, all negation, delusion and vacillation.

Preserve me, my Father, from every kind of separation;

for Thine is the Kingdom within me,

the Power and the Glory that fill me,

for ever and ever, Amen

# **MEETINGS: November-December 2016**

#### JOHANNESBURG THEOSOPHICAL SOCIETY

Corner Lothbury & Streatley Avenue, Auckland Park First and third Sunday of the month at 11:00 a.m.

#### Lecturers:

Sunday 6 November : Jimmy Wilson Sunday 20 November : Edwin Wood Sunday 4 December : Jaqi Hauser Sunday 18 December : Edwin Wood

#### DURBAN THEOSOPHICAL SOCIETY LODGE

306 Avondale Road, Berea

Second Sunday of the month at 10:00 a.m.

Sundays: 13 November; 11 December Lecturer – Diane Evelyn

# PRETORIA THEOSOPHICAL SOCIETY LODGE

Via D.T.I. Building, Entrance Meintjies Street, Sunnyside Second Sunday of each month at 10:00 a.m.

Sundays: 13 November; 11 December Lecturer – E Wood

#### HOEDSPRUIT

Venue: Drakensig Sports Centre, Conference Room Last Sunday of each month at 10 a.m. Contact: Mark Tomlinson

Home: 0015 793 0100 - Cell: 079 369 4604

#### CAPE TOWN ERIN HALL

Erin Hall, 8 Erin Road, Rondebosch First Sunday of every month at 10 a.m. Sundays: 6 November; 4 December Lecturers – David Grant and Nicky Swartz (alternating)

#### SCHOOL OF TRUTH ZIMBABWE

Harare (00263)488-5186: Mary Jane Williams Bulawayo (00263)288-679: Geoff & Gwen Calvert

To confirm date and times of meetings, contact your representative or Johannesburg Centre:

Telephones: +27(011) 482-5622/5856 Fax: (011) 482-4857

#### **MEMBERS' GUIDE:**

We believe that students of Truth should make their daily life reflect their beliefs and faith. One way of doing this is to choose an idea or affirmation which can be thought of during the waking hours, perhaps the affirmation offered in the daily thoughts.

"THE PATH" provides a number of guidelines some of which may help one to focus in a spare moment of time:

- 7. We do not repeat idle gossip and negative reports which we may hear of others.
- 8. When an unexpexted blessing or some good comes to us, we turn first to God and give thanks to Him as the Source of ALL good.

#### **Tuesday**

♦ You are of God

(I John 4:4)

# I make of myself an open channel for the Father

How plain, easy and successful our lives would be if we could accept our God-ness as would a little child, but we are not so humble. We have "experience", our "intelligence", our worldly "standards" – consequently the pearl of great price eludes us.

The Master declared that "I and My Father are one" and then, telling us that we were his father, mother and brethren added, "Behold, you are gods". He pressed the point still further, "Ye are not bondservants, but sons of the Most High." Yet we remain unconvinced, ignorant of the Truth that we are heirs to all that Deity is and has.

We are come to this plane of consciousness to learn of our essential unity with our Maker and His All-good, to recognize that there is no separation between God and any of His creation, and that nothing real exists anywhere in the cosmos that is unlike Him.

#### Wednesday

December 1

♦ Jesus said to him, "I am the way, and the truth, and the life"

(John 14:6)

## I listen to the still, small voice and it keeps my feet ever on the path of truth

Yes, there is no doubt but that we have an Exemplar; the only question is are we, or are we NOT following after Him?

The two most important points covered in His teaching were (a) His statement that "I and My Father are one" and (b) His last commandment laid upon humanity "that ye love one another." If we accept both of these dicta we shall perforce WALK in His way, ABIDE in His Truth, and LIVE the kind of life He lived during His sojourn here on earth.

In treading His path we shall do unto others as we would they should do unto us; as we enter into the understanding of our unity with our Maker we shall drop from our awareness all belief in error and refuse to see negation in ourselves and our brethren; and as we pattern our living after His holy life, we shall return good for evil and send out LOVE to all mankind. In this wise we shall *fulfil* the purpose for which we were brought to this plane of consciousness.

#### **Thursday**

December 1

He gives power to the weak

(Isaiah 40:29)

#### With God's help I can and will succeed

Some people who feel that they are failures perhaps wonder of what use they are in the world. They should change their thoughts immediately. To believe one is a failure is to invite further failures, so the thing to do is to fill one's mind with thoughts of success.

If you have failed in the past decide to succeed in the future. Everything we do begins as a thought, so see that you think positively. As long as you keep thinking in terms of failure you have the will to fail, so determine that instead you will have the will to succeed.

Some people may say that they were never meant to do well in life, but that is just an excuse. Any normal person wants to accomplish what he sets out to do, and the thing is to want it sufficiently. Half-heartedness pays no dividends. We all have the power within us to achieve if we have all our faculties. With the help of God and our own efforts we CAN make some worthwhile contribution to life

#### Friday

#### December 2

♦ You ask and don't receive, because you ask amiss, so that you may spend it on your pleasures

(James 4:3)

#### I give thanks that I am Divinely led to do what God would have me do

We do not always know what is for our greatest good. Would an earthly father, knowing that what his child asked for would ultimately be to his detriment, grant his request? How much less would God, Who is all wisdom, do so!

If we wish to pray in the right way, we must first be sure that what we want is what God would want us to have. And it is always best to claim the spiritual equivalent of the thing we desire. If we need more supply let us give thanks that God's abundance is expressed in, to, and through us, rather than ask for money. If we feel we are worthy of a better position in life, let us thank Him for our present work and ask Him to let us do that which He wishes us to do. If nothing happens we shall know we are meant to stay where we are, at least for the time being, and we should be content to do so.

The best prayer of all is: "Thy will be done," for God wants only what is best for us.

#### Saturday

December 3

♦ Wisdom is with aged men, and with length of days, understanding

(Job 12:12)

# The Spirit of God within me gives me courage to face the future

Does the thought of old age worry you? Do you think life will not be worth living then? Put away such ideas. Age has its compensations or how should we be able to bear it? Spring has the beauty of youth, but autumn is more mellow with a loveliness all its own.

Age has much to give to life. The years bring wisdom – wisdom which can be used to help those about you. Of course they will not always listen to you, for youth is often impatient of age. But if, when you grow old, you are able to help only one or two people by your knowledge and experience, you will not have lived in vain. That knowledge and experience will have value, make no mistake.

You will probably grow more tolerant with the years and therefore less liable to criticize and condemn people. You will have learnt to make allowances for the shortcomings of others.

Do not allow old age to be a bogey to you. Live in the present and gather all the understanding you can, and look forward to the ripeness of the years to come.

Sunday

December 4

**MEDITATION** 

Never alone...



My Father,

I seek calm, certainty and strong confidence. Where shall I go but to seek Thy Kingdom within my own consciousness? Who but Thee can give me the understanding and companionship to satisfy my urgent need?

So often I have needed guidance when it seemed that life's difficulties were too big for me to surmount, and when I turned to Thee I have always found Thee waiting. Once I reached the realisation of Thy loving Presence my fears disappeared and the shadows gave way in the light of Thy love.

Divine Love fulfils my every need and I am grateful for the many blessings I have received whenever I turned to Thee.

I now rest in Thy promise and my mind is at peace for Thou, Love, are with me ALWAYS.

#### Monday

#### December 5

♦ Love your enemies and pray for them that persecute you (Matthew 5:44)

### Since all men are my brothers I have no enemies

If someone is persecuting us without reason it is certainly not easy to love him, nevertheless that is what the Master said we must do.

Supposing our relationship with someone is inharmonious, the first thing we should do is to examine ourselves in complete honesty and find out whether we are not to blame partially if not fully. If we can say truthfully that we are not, then we should send out a blessing to our persecutor. Never should we bear a grudge against him.

No one can deprive us of anything that is ours by divine right, so do not labour under the delusion that anyone has taken away something that belongs to you. If you deserved to have it, it would be yours. It may be that there is something better in store for you.

If you think you have been wronged by anyone, forgive him wholeheartedly; bless him and be ready to do anything you can for him. Remember that you are both members of the great human family, with God as your Father, and behave accordingly.

#### **Tuesday**

December 6

♦ You shall be steadfast and not fear (Job 11:15)

#### I am a channel through which God expresses his Love, Wisdom, and Power

We can be "steadfast" BECAUSE we do not need to fear! If when we had embarked upon some legitimate project we had reason to be terrified as to what the outcome might be, we should have some excuse for not – having put our hands to the plough – pressing onward "toward the mark", but we know that in God's universe, in which He governs, all things work together for the good of the whole and that we are integral parts of this vast community.

When we set out to achieve something which is right and proper, it is GOD who is working through us for we are simply the instruments He has to use. If He would function on this visible plane He needs us to serve as His channels, His vehicles of Self-expression.

It is not we who produce or create when, seemingly, we bring forth something new, a jet airplane or a nuclear clock, it is, as the Master said it was, "the Father within that doeth the works."

#### Wednesday

December 7

♦ Do not speak evil of one another brethren (James 4:11)

## I will be kindly in thought, word, and deed, Father

We all talk about each other. We hardly should be human if we did not. But do we never speak to the detriment of our neighbours? Are we not more liable to criticise people than to praise them? It is so easy to find the faults of those with whom we come into contact, but what about our own? We should be much wiser if we tried to correct our own mistakes instead of looking for the errors others make.

When you find yourself about to criticise someone, pause and ask yourself if what you are going to say is something you would like to be said about you. If not, do not say it. So much harm is done because people do not think sufficiently before they speak. We often do not know why folks behave as they do—if we understood we should find it easier to forgive them.

Let us be lavish with praise where it is deserved but sparing with blame. If we cannot speak charitably about another let us be silent. There is no excuse for talking scandal so let us avoid it.

#### **Thursday**

**December 8** 

♦ They that worship Him must worship in spirit and truth (John 4:24)

## I live the life of love that my worship may be true

We may obey the letter of the law, but that is not enough, we must obey the spirit also. It is not sufficient to praise and worship God with our lips – we must worship Him in thought and deed as well.

When love enters into every detail of our daily lives, and when it becomes more important than anything else, we are worshipping God in the right way. We can reverence Him without saying anything at all. We pay tribute to Him when we show respect to His children because of His Spirit within them; for in respecting them we are respecting Him, too. We do it when we regard Him as the Source of all that is good and true and beautiful.

Let us learn to put God and His laws before all else. It is a far finer way of worshipping Him to live according to the law of love than to give lip service to Him. We can pay tribute to Him wherever we happen to be – in the great outdoors, in our homes, as well as in church or lecture hall.

#### Friday

#### December 9

♦ Pray without ceasing (I Thessalonians 5:17)

I give thanks that God is the fulfilment of my every need

Does the above text mean that we should keep on and on pestering God for this, that, and the other which we fancy we lack and are sure we need?

Many people think petitioning is the whole of prayer, but it is the smallest part of it. Certainly we can – and should – ask the Spirit indwelling for anything we desire ("Ask, and ye shall receive; knock, and it shall be opened") but our asking must be done in the conviction that while we are yet speaking our Heavenly Father has heard.

In absolute Truth whatsoever we may (rightfully) ask for has already been provided for us; our prayer serves but to bring this fact to our awareness, for it is a communion with God in which we strive to become clear about our relationship to Him, and as it dawns upon us that there is no separation between us and our Maker, we see that what He has is ours, and in this understanding we begin to give thanks for it.

#### Saturday

#### December 10

♦ The labour of the righteous leads to life (Proverbs 10:16)

#### I do my work to the glory of my Father God and strive to do it as well as I am able

Everyone should have work to do whether he has to earn a living or not. There is no excuse for anyone with all his faculties to be idle

Our work can be drudgery or joy according to how we choose to regard it. Helen Keller says: "My share of the work of the world may be limited, but the fact that it is work makes it precious. Darwin could work only half an hour at a time, yet in many diligent half-hours he laid anew the foundations of a philosophy."

"Green, the historian, tells us that the world is moved not only by the mighty shoves of the heroes, but also by the aggregate of the tiny pushes of each honest worker."

To have the ability to work is something for which to thank God. Think what the hours would be like if we had to spend them killing time. If we had nothing to do but seek for pleasure, think how our characters would deteriorate.

If you do not like your work change your attitude towards it. Think of it as something done for God.

Sunday

December 11

#### **MEDITATION**

As above so below...



My Father,

There was a time, before I learned to walk by faith, when life seemed to be one continuous struggle and You appeared so far-removed from my little world, that I was on the verge of despair.

It was then, after repeated appeals to You, Father, that I was led to the understanding, so beautifully expressed in the parable of 'The Prodigal Son,' that You are ever with me and that all You have is mine.

I know now that Your Vineyard is mine to inherit; that it is no longer a place of toil, but one that produces much fruit when I work with love in my heart and dedicate myself to serving Your other children.

How wonderful it is to know that You are with me, 'closer than breathing', and that all You are universally, I am individually; that Your Love, Wisdom and Power are mine, too.

#### November 14 Monday December 12

♦ Bring forth fruit with patience (Luke 8:15)

#### I will try to remain poised and serene at all times, Father

As the old adage tells us, patience is a virtue, but it is a virtue which not all of us make an effort to cultivate.

Impatient people are difficult to work with or for, and yet how often we lose patience with those who serve us. How can they give of their best under such circumstances? Naturally they become nervous, and they cannot be expected to do well when they are afraid. We are also impatient with ourselves and even, perhaps, with God when we think our prayers are not being answered when and how we expected.

Patience can be cultivated through self-control, and self-control comes with the mastery of our emotions. This only develops through constant effort on our part, but how well worthwhile such effort is. What a good thing it is to be able to keep our heads when all about us are losing theirs, as Kipling says. We are then people to be relied upon in times of crisis.

When you feel yourself losing patience, turn to the Spirit within you for aid, for it is the Spirit of peace.

#### **Tuesday**

#### December 13

♦ The hearing ear, and the seeing eye, Jehovah made them both

(Proverbs 20:12)

### Help me to cultivate an alert mind, God, that I may be alive to the sounds and beauties of your world

There are people who go about the world not seeing or hearing a lot that goes on around them.

Perhaps there are times when we would rather not hear what the voice of conscience tells us to do and so we remain deaf to it. Not that we actually hear it with our human ears, for Spirit tells us what to do without speaking – the Spirit within us shows us the way we should take, and if we are wise we shall follow its guidance.

And how unobservant some of us are. We do not see many of the beauties which surround us on every side. We take them so much for granted. How often do we look up at the stars and ponder on how far away they are from this earth? How often do we pause to examine a flower by the wayside and really perceive its loveliness? How often do we think of the sun and realise that without it we could not live?

#### Wednesday

#### December 14

♦ Her sins, which are many, are forgiven; for she loved much

(Luke 7:47)

### In the sight of God there is no separation between man and man

When we sin – unselfishly – because we "love much" our misdeeds are frequently forgiven even by the manmade laws that govern the human community.

The last commandment laid upon mankind by the Master was "that ye love one another", and though He could have chosen several other injunctions such as "that ye aid, protect, forgive, promote one another" it is probable that He stressed that one because it encompasses all the others.

If we love our fellowmen – friends, strangers, competitors, and would-be enemies – we cannot proceed to do them wrong in any circumstances. We must act for them as we would for ourselves; we must bear with them, forgive them, encourage them; clothe them when they are naked, feed them when they are hungry, go with them the second mile, do unto them in all things as we would be done by for only so shall we love our neighbours as ourselves.

#### November 17 Thursday December 15

♦ The righteous shall come through trouble (Proverbs 12:13)

#### God is the fulfilment of my needs as I live the life of love

Is life difficult for you at the moment; and do you feel that you do not deserve what you are having to endure? Be certain that there is no injustice in God's kingdom and that somewhere, at some time, you have erred.

Troubles come to us all, but those who are striving their utmost to live the Good Life are helped to overcome them. Since we are not perfect we have to bear the consequences of our so-called sins sooner or later, but with God's help we come out of trouble.

Let us examine ourselves honestly and find out what our mistakes are. Let us pay attention to our minds and discover whether we are thinking positively and constructively; whether we are harbouring vindictive or vengeful feelings or any other emotions which are not in accordance with love. Today's text tells us that the RIGHTEOUS shall come out of trouble.

Our extremity is God's opportunity to help us, but we must play our part by doing our best to live as He would have us do. We should not expect to receive all and give nothing.

#### Friday

December 16

♦ He gives power to the weak

(Isaiah 40:29)

#### God's strength is my strength for which I give wholehearted thanks

Some people may think that they are victims of chance or fate and that they are powerless to do anything about it. But they have the strength of God to call on whenever they wish. His power is within them and, though they may be vulnerable in their human selves, in their divine selves they are strong with His strength.

This is what we read in Isaiah 41:10: "Fear thou not, for I am with thee; be not dismayed, for I am thy God; I will strengthen thee: yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness."

Some of us wait until we are in dire distress before we remember to go to God for assistance. We do not live in the consciousness of His omnipresence but usually think of Him only in our time of need. If we want to realise that His power is within us we must keep the fact continually before us – be constantly aware of His presence within us. We must become ever more conscious of our unity with Him.

#### Saturday

#### December 17

♦ And my God shall supply every need of yours (Philippians 4:19)

#### Because I put my trust in God, all my needs are fulfilled

The Christ wanted no possessions while He was on earth, but through His faith in God He was able to call forth what He wanted for His fellowmen. He knew He could claim it and receive it.

What he could do, we could do also, so He said; but many people lack the necessities of life because they are wanting in faith. They probably think in terms of poverty and so that is what materialises for them. They may also think that it is God's will that they should go without, yet would an earthly father desire that His children should lack the good things of life?

We should seek God's Kingdom first and then all our needs will be met. His Kingdom is the Kingdom of love, goodness, truth, and beauty, and there is nothing lacking therein. Unfortunately many of us put material things before the things of the Spirit and then wonder why we meet with adversity.

You have a wealthy Father and all that He has is yours when you claim it in love and faith. Then why not think in terms of your heritage?

Sunday

December 18

#### **MEDITATION**

Patience...



My Father,

Obsessed by the passing of time and advancing age, and tormented by the knowledge of so much to be done and learned, I was in fear of becoming impatient and asked for Your Guidance.

It came to me that impatience is a form of disbelief, for I recalled a passage from the Old Testament which I had read many years ago: "He that believeth shall not make haste." In consequence I took a leisurely stroll in the park. It was a sad scene, so reminiscent of my own condition. The leaves of autumn were falling and already the last roses of summer were fading fast.

Suddenly, in my mind's eye, the whole scene was transformed. A warm sun seemed to caress my face as I gazed upon the fresh green sprouts shooting from the trees and feasted my inner eye upon the glory of the roses in full bloom. I realised then that this is how it would ever be. Nothing dies. Nothing fades away that does not appear again. The 'I' that I am, the real 'me' would have many, many opportunities for growth and learning.

#### Monday

#### December 19

♦ To him who overcomes, I will grant for him to sit with Me on My throne

(Revelation 3:21)

### Through the spirit of Christ within me, I rise above circumstances

Not always is our environment exactly as we would like it to be, but if for the time being it is necessary for us to remain in it, let us make the best of it. There is probably some lesson to be learnt just where we are, and the sooner we learn it the sooner will we be moved on to something more congenial. We cannot go through life doing only things we want to do, and it would not be good for us if we could.

Perhaps we do not like the work we have to do or the people with whom we have to associate. If so, the best thing is to overcome our dislike by regarding it as work done for God, and to look for His Spirit in our fellow-workers. The reason why we do not like them may lie in us, so we should study ourselves carefully and see whether we are not at fault. Whatever the trouble let us overcome it and do our utmost to live in harmony with those about us that we may make our contribution towards peace.

#### **Tuesday**

December 20

♦ Serve Him with a perfect heart (I Chronicles 28:9)

#### All that God has is mine to use unselfishly

God is Love and they who worship Him must do so in spirit and in truth so we have to decide what constitutes the truth concerning ourselves and our Maker. This was made plain to all "who heard Him gladly" two thousand years ago by our Exemplar who knew that "I and My Father are one". Until His advent all men had conceived of themselves as being divided from their Creator; there was in fact a wide gulf fixed in the consciousness of humanity between the individual and his heavenly Father and it was, then as now, for that reason that he suffered so many ills.

Even today the majority live in a consciousness of separation and endure all sorts of conditions – sickness, sorrow, poverty and failure – which are contrary to God's purpose for His beloved children. We are not bondservants to adverse situations and ill-starred circumstances, we are sons and heirs of the Most High and we have but to claim our Heritage in trust in order to enter into it on this plane of experience.

#### November 23 Wednesday December 21

♦ The desire accomplished is sweet to the soul (Proverbs 13:19)

#### I will let my desires be pleasing to you, Father

What is your desire in life? What do you want to do more than anything else in the world? Ask this question of some people and they will probably reply: "I really don't know – I haven't thought of it." Yet, if life is to be full and rich, it should have some purpose – some goal towards which we are striving with the best that is in us.

Once we have defined our purpose let us direct our thoughts towards success. Let us never say, "I can't" but, "With God's help I can and will play my part." We have His power within us to use when we have the necessary faith in our object, and in ourselves as His expressions. If we think in terms of failure that is what we can expect to manifest for us, so let us think in terms of success.

Let us make our goal something which will benefit humanity. What it is must depend on what we can do best, and that, each one must decide for himself. It should be something which will enrich life for our fellowmen as well as for ourselves

#### **Thursday**

December 22

♦ Be transformed by the renewing of your mind (Romans 12:2)

#### I move with the current of life so that I may go forward

As we go through life we find it necessary to readjust ourselves to people, ideas, and circumstances. Let us not be chained by old habits or thoughts when these are outworn. We should keep the windows of our minds wide open to the inflow of what is new in case we miss some new aspect of Truth.

Jane Austen said: "Think only of the past as its remembrance gives you pleasure," and it was good advice. We do not progress when we cling to the Old. People who bemoan the 'old days' evidently do not appreciate the benefits of these modern times. While there may be much to deplore in modern life, there is also much for which to be grateful.

Do not have a static mind, therefore. By all means keep what is good of the old, but examine carefully the new that you may accept any good it may offer. Life does not stand still – it must go forward and we must adjust ourselves to progress. Those who do not will be left behind.

#### Friday

#### December 23

*♦* Grant us Your salvation

(Psalm 85:7)

## As my eyes are opened to the Truth of Being, I dwell under the shadow of the Almighty and am at peace

"The saving of the soul, the deliverance from sin, and admission to eternal bliss, wrought from man by the atonement of Christ", this is what we are seeking, and it was that we might find it that Jesus of Nazareth walked the earth, sojourned in the wilderness, and with blood, sweat and tears came to know of the Christ Who, from the beginning, had dwelt unrecognised in Him and the rest of mankind

It was this unification of the Christ in all men with the Creator that was the vital at-one-ment that the Master uncovered, and preached during all His ministry, that set us free.

No more can we see ourselves as helpless flotsam and jetsam cast up, alone and defenceless, upon the shores of life's endless sea, no more are we worms of the dust, or puppets dangling from some cosmic string, WE ARE GODS, one with the Almighty Who created us by Himself becoming us.

These are the tidings of great joy that the Christ proclaimed for us; this is the Truth That, when we know It, liberates us from all that is unlike Love.

#### Saturday

#### December 24

*♦* Beware of covetousness

(Luke 12:15)

Covetousness is one of the most soul-destroying emotions to which anyone can give way. It is completely non-constructive, embittering and opposed to Truth for all things work together for the common welfare and there is an abundance of God's good available for all men to participate in, to use, to enjoy, to share and to spare.

When the Christ adjured His followers to "take no anxious thought for the morrow" He was pointing out to them that, since God is man's supply, whatsoever he needs is omnipresent and does not have to be hoarded to be at hand whenever the individual requires it.

What an immense amount of worry would be taken out of our lives if we would accept the verity of God's indwelling and believe His statement that "All that I have is thine." There is, in fact, no absence of anything in our world (or for that matter in the entire cosmos), but man has to know this, to be convinced that it is so, before he can assert his dominion over omnipresent Substance and have it manifest in his affairs as the supply of his every need, the fulfilment of his good.

Sunday

December 25

#### **MEDITATION**

#### The Endearing Name...



My Father,

Of all the many and profound Names by which You are known, the name 'Father' is the One which brings You closest to my heart and mind, and presents me with a glimpse of Your Love and Compassion, Omniscience, Omnipresence and Omnipotence I find so abstract, so infinite and impersonal. 'King of King's' sounds wonderful and majestic, but somehow it places You beyond my reach.

Perhaps it is because I am a father myself that I find such comfort and warmth in the thought of You as my Father, for I know that no matter how wayward I may be or how far I fall short of being a good son, Your Love encompasses me and Your Wisdom is ever available to guide my vagrant footsteps. Besides, I am strengthened in the knowledge that, as a Father, Your Will for me is that I should enjoy the Life You have given me: that if I follow Your Way, obey Your Laws I shall live consciously in Your Eternal Presence so that all fear and anxiety shall leave me and I shall know the peace of mind and security which Your Love alone can give me.

#### Monday

December 26

♦ We are one body in Christ

(Romans 12:5)

## In God are all men kin, therefore is no man to me a stranger, all are my brethren

Probably the idea of unity is the most difficult, and most unpopular concept that man is called upon to accept. Difficult because our human minds prate continuously of separation—which allegation our five senses emphatically endorse—and unpopular because we dearly love to think we "are not as other men are."

The Truth, however, is that we are all members one of another, the saint and the sinner, the rich and the poor, the learned and the ignorant, the black and the white, the whole and the unclean, are all one in Christ, in the spiritual awareness that realises that there is no God and man, but only God come forth as man.

If we could accept this unity we should have no more socalled enemies for we should see these who differed from us, in their true light, as our teachers: those who outstripped us in any field as our examples; and those who wronged us, we should know as brothers; for seeing with the eyes of Spirit, we should behold God's image in all our fellowmen, and hearing with the inner ear, we should hear only His Voice speaking to, and of, us in the gentle tones of LOVE.

#### **Tuesday**

#### December 27

♦ Be strong, and let your heart take courage (Psalm 31:24)

#### The Spirit within me is my strength to overcome all difficulties, for which I give thanks

When you meet with some difficulty what do you do? If you have sufficient courage you will face it and determine that with God's help you will overcome it. If you have some courage, but not a great deal, you will possibly hesitate for a while but eventually decide to surmount the obstacle. But if you have no courage at all you will turn your back on it and try to avoid it.

So many of us complain when we have problems which seem too hard for us to solve, yet we can always go to God for help. Difficulties teach us the stuff of which we are made. They show us whether we are strong or weak; and when we treat them in the right way they help us to build character.

Let us cultivate the courage necessary to meet in the proper spirit the experiences which come to us. Let us face them firm in the knowledge of God's support. How could we progress spiritually if life were a plain road with no blind corners to manipulate, no hills to climb, or obstacles to overcome?

#### Wednesday

December 28

♦ You will abide in my love

(John 15:10)

## As I express love so does Divine Love fulfil itself through me

Love being the fulfilment of the Law, it would seem, if we abide in it, that we shall be protected against all eventualities, but we may well seek to know why this should be so, why love should have such power, wield such supremacy over all things.

Students of Truth have been taught that God is Himself Love, and the Christ – not without reason – enjoined all men to love one another. The Path of Truth is the inner spiritual-mental attitude that governs the individual's thinking, feeling, speaking and acting. When he is walking it, he is attuned to His Maker, to "all the virtue and all the praise", and if he does not deviate from it, no evil shall befall him, nor any plague come nigh his dwelling. In other words, if we abide in love, and see to it that love abides in us, our lives will bear witness to the eternal verity that God alone governs and that His entire creation (including ourselves) lives and moves protected, cherished and blest, in Him.

#### Thursday

#### December 29

♦ I have other sheep which are not of this fold
(John 10:16)

## I give the same respect to the religion of others as I wish them to give to mine

Never think that yours is the only path which leads to God. There are many others, and the straighter the way, the more difficult it is, but all paths lead to Him ultimately.

This being so, let us not condemn the religion which another may be following. Each of us has the form which is suitable to his standard of growth, so we have no right to condemn anyone for the way he is talking. The lessons he has to learn are not necessarily those required by you or me, and the experiences he has to pass through are possibly different from ours.

Be careful never to run down a man's religion to him. You may take away such faith as he has and be unable to give him anything to replace it. Besides which, we alienate people by criticising them and by assuming that we know better than they do. If you find you can worship God more devoutly outdoors than inside a building, is anyone entitled to say you are wrong?

#### Friday

December 30

♦ For as he thinks in his heart, so is he (Proverbs 23:7)

## I think of myself as an expression of God, evolving to perfection

Only what we "think in our hearts" is true for us. As long as men think of themselves as limited human beings governed by chance (subject to all the ills that flesh is said to be heir to) they will suffer the vicissitudes attendant upon chance; but when they have grown into the knowledge, that they are one with eternal, omnipresent GOOD, accidents and disasters will no more invade their lives for the Law of Love will reign supreme and God's Truth and Order will take the place of the error and confusion to which their muddled thinking laid them open.

If man would stabilise his life on this plane of experience he must realise that it is grounded upon the Eternal Verities (of God's Omnipotence and Omnipresence) which are the same yesterday, today and forever. Once he has accepted this Truth, he will go free of all uncertainties, fears and doubts.

#### Saturday

December 31

♦ Seek first His Kingdom

(Matthew 6:33)

#### In God's kingdom is all that I need

If we turn our faces towards the sunshine of God's love, look to Him always for guidance, and follow it, we need not worry about material things.

When we know that God is the Source of our supply, and when we trust Him, we know that it is not His will that we should hunger, or thirst, or be badly clothed, for He has made full provision for us in the realm of Spirit. It is our faith which brings what we need into the material kingdom. God Who cares for the beasts of the fields, and the birds of the air, and Who arrays the flowers in all their glory, does not want the children who are His highest expression to lack any good thing.

But we must put first things first – which means that we must seek first the things of the Spirit. We must obey the law of Love – love of God and all He has created. Then, our well-being is assured.

### **Go Slow**

We need to realise that there is within us, a spirit of infinite wisdom, and to the extent that we are open and receptive to it, so does this wisdom express itself into our lives, into our concerns, and into our world.

The best method of obtaining interior illumination is by the initive approach, that is, by a direct approach to God under guidance and in a perfect way. Suitable lectures and the magazine will be of great help to us, to show us the way, but ultimately we must carry out our own spiritual practises.

To thine own self be true, that is, we must be true to our own interior light, to our own souls, for it is through the soul that God speaks to us. The soul is the interior guide, the light that lighteth every person that comes into the world - the seat of intuition.

The voice of God saying "this is the way, walk ye in it."



"Speak to Him, thou, for He hears, Where Spirit with Spirit can meet; Closer is He than breathing.

And nearer than hands and feet."

- Alfred Lord Tennyson

### The Man at the Gate of the Year...

And I said to the man who stood at the gate of the year: "Give me a light that I may tread safely into the unknown."

And he replied: "Go out into the darkness and put your hand into the Hand of God. That shall be to you better than light and safer than a known way."

So I went forth and finding the hand of God, trod gladly into the night. And He led me towards the hills and the breaking of day in the lone east.

- Psalm 65:7



# Requests for Prayers Your questions to our Path of Truth Counsellors

Please send your requests for spiritual guidance to school-oftruth@mweb, with the topic clearly marked "At Your Request"; or write to "At Your Request", School of Truth, P. O. Box 62549, MARSHALLTOWN, 2197, Gauteng, South Africa. Irrespective of whether we publish your letter or not, you will always receive a personal reply from one of our counsellors. We naturally change people's names to protect individual privacy.

#### GOOD NEWS ABOUT THE DISTRIBUTION OF THE PATH OF TRUTH!

The School of Truth was established in 1937 and over the decades, we have unfailingly, and through God's Grace, sent out this magazine - "The Path of Truth" to all our members who request it. And what a treasured magazine it has always been! We will of course continue to produce the hard copy you now hold in your hands, and we will continue to post it to those who want it in this format.

But here is the great news: The Path of Truth is now also available in electronic format for your Tablet Device, your Kindle, your Android phone, your desktop or laptop! Simply email us at pathoftruth@mweb.co.za with the Subject: "Path of Truth in Electronic Format". Please state clearly whether you want to continue to receive this magazine in hard copy, in electronic format, or in both formats.

VERY IMPORTANT: If we don't hear from you, no problem! Nothing will change, and you will simply continue to receive this beloved hard copy of The Path of Truth as always. However, if you do want the electronic version, either in addition to the hard copy, or only in electronic format (and please state your choice very clearly so there can be no confusion), we will regularly and directly email you a PDF

copy of each edition, which you can use on whatever electronic device you find most convenient.

As with all the services provided by the School of Truth, this electronic version of The Path of Truth will be sent to you absolutely free of charge and in loving service to God and our fellow man.

The School of Truth has a responsibility to be conservative in the expenditure of its members' love offerings. It would certainly help to reduce our bi-monthly printing and postage costs if more people could opt to rather receive the Path of Truth and The Path itself, via email in Acrobat Adobe (PDF) format. However, please rest assured, where members don't have access to the Internet, email and the like, we will of course continue to print and post this wonderful magazine that means so much to so many people and over so many years.

The Daily Meditations, as well as back copies of The Path of Truth will also soon be available on our new Website, which will also make it much easier for members to continue to support the work of the School of Truth through Paypal and other funds-transfer services. We will announce that web address as soon as the site is up and running.

#### ANDRE WALTERS

Chairman

#### **APPLICATION FORM**

Initials	Surname		
Membership No.(on the address label of The Path of Truth)			
Telephone No.			
Cell No			
Fax No			
Email address			
City/Town			
Province		Postal code	
Post Box/ Priv	ate Bag address:		
Туре		No	
Suburb/Post o	ffice		
City/Town			
Province		Postal code	
The School	of Truth POBox 6	2549 Marshalltown 2107	

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