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and the TRUTH *shall set you free...*

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EDITORIAL



THE ANNUNCIATION: *Luke 1:28*

Our Duties

We should always accept our responsibilities and not try to avoid them. There is the duty we owe to our families; to the social circle to which we belong; to the community in which we live; and to mankind in general. These are duties which we have no right to shirk.

Realise that there are some things which only you can do. What they are, you must find out for yourself. Do not neglect them if you wish to make spiritual progress.

Osler says: "Banish the future; live only for the hour and its allotted work. Think not of the amount to be accomplished, the difficulties to be overcome, but set earnestly at the little task at your elbow, letting that be sufficient for the day; for surely our plain duty is 'not to see what lies dimly at a distance, but to do what lies clearly at hand.' "

Whether our responsibilities are great or small let us shoulder them with a will. And let us not be afraid of them, for God will help us to cope with them.



EXTRACTS FROM LETTERS RECEIVED BY THE SCHOOL OF TRUTH . . .

"I asked you to Pray"

Thank you very much for your letter. I do not know how to thank you for your prayers. I had no idea we would ever get out of our financial troubles; the only way seemed to give up the business and go insolvent. But thanks to your prayers we got a wonderful price for our house, enabling us to settle all our debts. We have decided to give up the business and my husband will take up employment with a steady income. I will never be able to thank you enough for what you have done, for your kind letters and for your prayers.

The spiritual and material support given by our known and unknown friends to this work of Truth is deeply appreciated by us, and to them we send our blessing for this display of their love and trust.

Thank you for your prayers for my son, which we both appreciated very much. On Sunday morning a friend of mine came to call on me to find out how he was doing. I told her how he was thinking of taking up employment halfway through his B.A. course, because he knew what a struggle I was having. She offered

to help us financially and would have written a cheque there and then but I wanted to talk to my son first. Her only condition was that I should not tell him who his benefactor was. He could hardly believe it when I told him and accepted provided he pays back every cent.

A while ago I wrote to you about a troublesome wart or something like that on my eye, which periodically bled and also worried me when typing or doing figure work. This morning it fell right off into my lap and has now disappeared. I also asked your help to find congenial employment, and again through your help I have been employed by a firm where I am extremely happy. Once again I want to express my sincere thanks.

Some time ago I was stricken by several heart attacks and my state of health was at its lowest when the School of Truth was asked to pray. From that time I began to recover and my family and I have been relieved of a great anxiety by my great recovery. Thanks for prayers answered by God and we are thankful for His love shown to me.

I asked you to pray for my daughter and her husband, to find a suitable house at a reasonable rent. A much greater blessing has happened, for my son-in-law has a wonderful position as manager of a farm, with a free house. It is the kind of work he loves and is just what he wanted. Our hearts are overflowing – thank you all again for your wonderful prayers. God bless you in every way.

Some time ago I wrote asking for your prayers as we were trying to sell our house, and in addition my husband and I were not well. We sold our house to a very nice young couple about three weeks ago, and in spite of the flat shortage here have managed to get one in a new building at a reasonable rental. My husband and I are much better and my younger son has come back from overseas and will be able to help us to move, for which we are very grateful.



I wish to thank the School on behalf of my brother. A little while ago I asked you to pray for him as he was unable to find suitable employment. Now he has been offered a wonderful post. It is a senior post and one where he will be able to make full use of his knowledge of languages.



When first I asked you for help, it was about my husband who had left home. Only two weeks later he returned to me and we have been happier than ever. Then I again called on you in connection with my daughter who was giving us a lot of trouble. She has now grown into a lovely girl and is always ready to help her father and me, whereas before she always argued with us. Thank you for advice and help. God is indeed wonderful.



I wish to thank you for your prayers and help for an old lady. I telephoned you on the morning I had been informed that it was a matter of hours only before she died and we asked for her to find

peace for herself on earth or in heaven as she was very lonely, unhappy and had lost her spirit and had no interest left. We were desperate and did not want her to die in such despair. She is out of hospital and has a will to live and though her heart condition is still weak, a case deemed as hopeless is now walking.

Some months ago I asked you to pray for my husband who was suffering at the time from severe migraine attacks. Since then he has not had an attack, for which we are very pleased and since being free from this malady he has progressed so well in his work that quite recently he has been promoted to the post of Branch Manager.

A few weeks ago I requested prayers for healing and for transport for J. How happy I am to report that J. was given the gift of a small car. We are both thankful to God for this wonderful demonstration and to you for your prayers.

We are very grateful to you for placing my neighbour's name on your prayer list. She has been suffering from blinding headaches for many months and coupled with that she has had many boils on one part of a leg. Doctors have hinted at such things as an X-ray of the brain and amputation of the leg. Since I wrote to you she has not had a headache. Nor has a new boil appeared on the leg. The old boils seem to be drying up as well.





LECTURE DELIVERED IN JOHANNESBURG, BY NICOL C. CAMPBELL

Omnipotence

THE JOURNEY: ***Luke 2:4–5***

I wonder what the answer would be if I were to ask anyone "Are you aware of Omnipotence within you?" By awareness I should not mean 'belief' but the consciousness that knows itself to be greater than any individual or group of persons, that is so much an integral part of the one possessing it that he is certain that, without bringing either arrogance or domination into play, he can, by the practice of non-resistance, overcome any and every condition.

Strange as it may seem, the realization of indwelling Omnipotence arouses not overbearing in the man who recognizes It, but instead understanding, humility, love, compassion and submissiveness. This is quite incomprehensible to those who have built up the consciousness of authority-allied-to-tyranny. They can only conceive of this as a self-assertive, arbitrary autocracy that they can set in motion to override things, conditions and people. They use it as they might an empty vessel full of stones which, when agitated, produces a vast amount of noise but nothing of a constructive nature.

The Power that is God is One of Love and when this comes into being through an individual It brings with It the cognizance of

his own at-oneness with all his fellowmen, so that he recognizes that even beyond being a part of his brother, he is that brother and is, in consequence, vitally concerned with his welfare.

If I want any specific good for myself, I do not try to coerce the Omnipotence that is an integral part of all mankind to manifest it for me; I look around to see how I can give it to someone else! I acknowledge that God is All-power and All-presence and as a corollary of this acceptance I can declare with absolute truth that before I have even called for anything it has always been externalized for me.

What all of you are seeking is not some form of illusion or delusion, a state of frenzied ecstasy that in imagination possesses itself of benefits that have not been bestowed; you desire those tangible realities that you have, yourselves, inwardly built up through non-resistance over the years; you want to feel and experience them here, on this physical earth.

When once you know that All-power constitutes you then obviously no outside influence can injure you, and it must also be clear to you that that which constitutes any entity must be conscious of the needs, both infinitesimal and vital, of that which It *is*, so you can see that you are always completely equipped and supplied without having to bring this about by any effort of your own.

This sustaining Power abides in all men. The only difference between A and B is that, while B ignores It and reaps the

nothingness of ignorance, A is aware of It so that It expresses through his body as health, through his mind as happiness, and in his affairs as prosperity – money and assets that are always available in a measure to share and to spare.

Many years ago I, too, thought of Power as a brow-beating, arrogant, self-assertive despotism until I understood that such bullying insolence could have nothing in common with Spirit and must be but an inferiority complex making a lot of fuss and noise in order to convince itself of its own existence and to attract the attention of the world at large. If you are possessed of radiant health you do not need to point this out to all and sundry, it will be quite apparent to those who come into contact with you. Similarly, if you are enjoying happiness you will reflect this; and if you are in receipt of prosperity you will not have to flourish a cheque book in an attempt to impress this fact upon your neighbours for your scale of living will proclaim it.

You are what you know yourselves to be. The man who has achieved the spiritual consciousness that provides for any and every necessity does not have to toil and moil for a bare existence.

Have you ever asked yourselves why you come to lectures and read Truth literature? Is it just a form of entertainment, or something that gives a fillip to your belief and trust; or is it a searching after the knowledge that will enable you, by reflecting the indwelling Presence of God, to express Divine Power in your daily lives? Anyone may release this consciousness of dominion

when he understands that though the physical body can of itself accomplish nothing, there is within him a Presence so dynamic that, in a fraction of time, It can dissipate any chronic disease, unhappiness or poverty. This is something that you sense but do not actually know, and you come to us because you feel that we have found something, that we have a certain experience of God, and you believe that because of it we can teach you to demonstrate.

If you will follow us to the end of the road it will be so, but if you give way to fear, if you harbour a sense of separation between yourselves and God, if you feel that it is *you* who have to bring to pass, or if you decide to obey the Law in some particulars but not in others you will achieve nothing. You have to know that God, the Living Presence within you, is merely a name for Power, as are the terms 'faith' and 'trust', and in order to express this Power you have to live in the *done now* awareness instead of in the "about to happen" consciousness, that depends either upon divine intervention or human assistance for manifestation. You have to recognize that you do not even need to ask God to influence some human being or group of people to help you for you are yourselves the Power that will provide your good. Then, too, it is essential that you understand that this Power must not be used to wicked ends. If by negative thinking – ill-natured criticism or unkind condemnation, backed up by emotion – you separate yourselves from that which is good, the very Force that brings about your wellbeing will cause deterioration in your bodies and disintegration in your affairs.



When there enters into your awareness the concept of some particular good, when the desire for it bubbles up from within and you begin to build castles in the air around it, this is the spiritual plan taking shape in your consciousnesses, the awakening of indwelling Power that immediately begins, in obedience to the Law governing It, to clothe with Substance the nucleus that you have created. You are like a man who has been given a blueprint and supplied with the material that will translate the plan into concrete form; nothing in the world can interpose between you and the outward expression of the thing you are seeking if you put to work the Power that is within you. But this you must do. "Faith without works", power without activity, is dead. You cannot claim that you have power if you are afraid to use it; you cannot take up your bed and walk, express happiness or spend your wealth on the spiritual plane only. If I claim that God is my prosperity, meaning unlimited substance, I must be prepared to distribute it, just as I would – without fear of depletion – disseminate my health or happiness, unconcerned about outer circumstances, conditions or people.

We of the School know from experience that the exercise of God-power brings with it an accumulation of that which has been set in motion. There is no limit and no exhaustion where God-substance is concerned BUT, unless we have the spiritual consciousness of His Presence within us, we can quite easily give away all we have and find thereafter that we have nothing left. The man who only *thinks* he has faith may take certain steps and fail,

but the one who has built up such a realization of Power that he *knows* it to be an integral part of himself, realizes as well that IN THE NOW it is manifest. He sees his future desire as already in being; there is no question of hope or belief, anxiety or concern linked with it, so he takes the practical steps that bring it about.

If you have some bodily defect that medical science cannot tackle and you contact God-power in connection with it, you will discover not only that the condition has been dissipated as is darkness when light illumines it, but that the Father has given you a so much greater awareness of His Presence within you that you have many times more energy than you had before the onset of the disease. Again, should you have been through some severe emotional stress and strain, accompanied by great unhappiness, and you find the awareness of Love, you will not just eliminate the condition but you will experience an influx of exhilaration, of mental and spiritual buoyancy such as you have never met with before. Thus does God fill your hearts, minds and bodies with His bounty when you turn to Him.

It is of this Power that is of too pure eyes to behold iniquity, that is Love, and makes excuses for all human frailty and brings you ever closer and closer to God, that we teach. Ask yourselves therefore what you are seeking, what it is that you want out of life. Are you looking for something of a material nature, for more success or prosperity, for greater competence or self confidence; or do you want to get acquainted with that which



is GOOD, to attain the consciousness promised to us by the Christ if we would seek Him "with all your hearts?" That awareness or Power, or Love is now an integral part of you and can be expressed as simply as water flows from a faucet when the tap is turned on or light shines forth when a switch is opened. It does not even take time to put on form because in God all is already in a state of being; the Substance of life that holds your bodies together now IS and can never be contaminated any more than the scum on the outer edges of a bubbling spring can move towards the centre, it is always pushed outwards to the rim.

If any of you takes a torch with him into the dark he will find its light preceding him, and it is in like manner that the light "that lighteth every man that cometh into the world" will precede you in consciousness on to this plane if, instead of obscuring it, you will radiate it.

No one can do this for you but yourselves. My whole heart may be going out with the sincere desire to help you, but you alone must find the particular path that leads to your salvation. As you dwell in the consciousness that Love within you is Omnipotence, dissolving all negation in your minds, bodies and affairs, this road will open up before you as a broad highway leading direct to your own self-fulfilment and all good.





THE NATIVITY: *Luke 2:6-7*

What is your Aim in Life?

How often do we hear it said of someone: "Oh, he's a good fellow, but too much of an idealist – too impractical?" The word 'idealist' seems to have become almost a term of reproach, yet surely we are all idealists? It may sound contradictory, but the most hard-headed, practical materialists are actually the most successful idealists of all!

Each one of us has an ideal – not always clear-cut, and it may be changed from time to time – by which we can measure our progress. And we succeed as idealists according to what we set up as our aim. The successful business man is an idealist because he has set himself an aim so attainable. His pattern is someone who attends to his job, circumvents or over-rides his rivals, stores up all the material wealth he can, and grabs all the power he can wield. He will probably achieve his goal because he has set himself such an easy task; and if he does so, towards the end of his life he probably sits back in a comfortable office chair, and congratulates himself on having so nearly achieved his aim – on climbing to the top of what is *really* just a mole-hill. He has succeeded in his small task.



But that is not the ideal many seek. The pattern for many is far more intricate. They desire to be worthy of respect not through what they have, but through what they are. Their ideal is to be as like the Master as possible. They want to live a life of service – to do good to others; and to regard their own progress and wellbeing as of less importance than the progress and wellbeing of their fellowmen. And because this is their aim, their lives are more deeply touched by joy and sorrow, than those of materialists.

How necessary it is for children to be taught to choose some worthy goal! Nowadays too much emphasis is laid on material success – on position and power. Where a ruler, or a soldier or sailor has succeeded, we hold him up as an example to the young, whereas it is the GOOD man who should be so used. Yet should a statesman, soldier or sailor not accomplish his aim, we teach that he is a failure; often forgetting any good which he may have done. In setting up an ideal, we should remember to make justice for all men a part of it. We may not know exactly for what they are striving, but we can at least give them credit for the things they have done well. In so doing we shall emphasise their brotherhood with us; and in finding the good in them, we shall be helped to find the good in ourselves, since it will be easier for us to love where we find something to appreciate.

If we have done so in the past, let us not continue to regard the idealist with contempt, but strive to set up some high standard for ourselves, and work towards it in a spirit of love and enthusiasm.



THE SHEPHERDS: *Luke 2:9-10*

Asking in Faith

How are we to get to the point of faith that "we believe we receive?" How can we be so convinced of the truth of our affirmations that we really KNOW, deep down in our hearts, that we have already received what it is we pray and ask for? All our experience so far has shown us that the very reverse is true, or appears to be true, and we certainly have NOT received it. How can we eliminate from our minds this idea of lack and replace it with faith?

We can refer to one Authority, and that is the Scriptures. If we are Christians, we must believe in the Christian Bible and what is taught and promised in it. We must accept the testimonies of those who proved the promises and then set down their record. But let us be clear on one point, so important to our worldly, modern minds. The men who wrote for us and gave us the benefit of their knowledge and experience, were not trying to SELL us anything. They did not stand to profit, in any material sense, from their teachings and writings. They gave because the Truth was active in them and they were impelled to express it, in



much the same way as we do when we know and FEEL a thing to be true and desire to help those who will profit by our experience. Truth cannot be hid for long and insists on expressing Itself, and It will always contrive to find suitable channels for Its expression.

If we turn to the Scriptures for our authority, we naturally turn first to the Great Authority, the Christ. In the story of the fig tree incident He says, "Have faith in God", or as it might be translated, "Have the faith of God", or "Have the same faith as God has." The declared object of His mission was that we should have life and have it more abundantly. What can we think of the expression, "More abundant life," except that it must mean a full sufficiency in all aspects – full health, supply, joy, wisdom, courage and peace? Does the Master not show us this by His healing of the sick, supply to the needy, saving of His Disciples from the storm, supplying them with a great haul of fish, raising the dead, and all His other mighty works? Then He says that if we, in spite of being ignorant and worldly, know how to give good gifts to our children, can we not so much more expect God to give good gifts to them that ask Him?

Again He tells us that if we seek first God's Kingdom, or the consciousness of God within us, then all necessary material blessings will be added. He assured us that it was our Father's good pleasure to give us His Kingdom, and what can we suppose the kingdom of God to contain, except every conceivable good? He said He would not pray to the Father for us because the Father loved us Himself. He promised us that by following Him we

should have Eternal Life, that is, life in its fullest sense of vitality and energy and joy and peace, through all Eternity. Thus He at once disposed of any fears of an after-life of punishment and deprivation, or suffering in any form.

God shows us, all through the Scriptures, how He will take care of us. We can read of Noah, Abraham, Joseph, Moses, Joshua, the Israelites in the Wilderness, of Gideon and Samuel and David and Solomon, of Daniel and Jonah and the Three Men in the burning fiery furnace, of Elijah and of Elisha giving the widow the supply of oil, and of the Christ giving the Disciples the great haul of fish. If we believe the Scriptures, can we not see that they are seeking to teach us of the eternal love and care and protection of God? Can we not believe that the Lord is our Shepherd and we shall not want, and that He will give His Angels charge over us, to keep us in all our ways? If we cannot or will not believe in these promises, then whom can we blame but ourselves? What more can God offer us? Or will we persist in expecting Him to do FOR us what He wishes to do THROUGH us?

St. John tells us that the Christ is "The One True Light, lighting EVERY man coming into the World." He also tells us that we are NOW the Sons of God. The Psalmist tells us that we are the Children of God, and St. Paul repeats this assurance, telling us that, as Children of God, we are co-heirs with Christ. He also tells us that our bodies are the temples of the Holy Spirit, which is IN US, and which we have of God. Finally, Christ Himself prays that we might be all one with Him



(in consciousness), He (the Christ Spirit) in us and we in Him, and in Him one with God. With such an array of authoritative statements and promises, how can we doubt our Father's loving intentions towards us?

But we are surrounded with a certain set of conditions. A condition of sickness or poverty or misery is something quite unpleasant, but it is NOT PERMANENT, and can be changed in an instant, in the twinkling of an eye. Any negative condition is always an ABSENCE of the positive, as darkness is the absence of light and sickness is the absence of health, poverty the absence of supply, misery the absence of joy. If a man suffers from the condition of poverty and then by some means comes into the possession of money, the poverty is gone: where does it go? It goes where the darkness goes when we switch on the light! So it is with every negative condition; there is nothing permanent or binding about it. Even the condition of so-called "death" did not bind the Christ nor need it bind you. There is no power whatever in an ABSENCE; it is a "no-thing" or "nothing". So when we go to God in prayer, we are not asking Him to overcome anything, because in Truth there is nothing to overcome. We are asking Him to express Himself in and through us, knowing that He expresses only Life and Health and Success and Joy and Peace, because He expresses what He IS. We find that we do not even have to ask Him to do that either because, as the Christ tells us, He already KNOWS what things we have a need of, and He is far more ready to give lovingly to us than we are willing to give to our own

children. So we thank Him that He is giving to us NOW whatever it is we need.

One direction in which we are hampered in our efforts to have faith is our concern with what we call TIME. In our minds the time factor always applies, and we believe that it must take a certain time to accomplish this or that. By this we put our results always into the future, and so we are not believing we HAVE RECEIVED, but only that we WILL receive some time in the future. That is not faith, it is no more than a pious hope. At no time did the Christ tell anyone that their healing or other relief would come next week or next month; His only time was NOW. If our problem is an urgent one and we can see no way out, we find it impossible to believe we have received, so what are we to do?

If we go back to a study of the promises and statements of Truth as they have been outlined earlier in this talk, we must realise that we are so closely associated with God, the Father of our beings, as to be literally "one" with Him, a product of His will and love, the vehicles through which He is expressing. In the Book of Deuteronomy we read that God is "I AM", the name He gave to Moses, and Moses tells his hearers that this word of power, this Secret Name, is so near to them as to be in their very mouths. The Psalmist, in the 46th Psalm, clarifies this statement by saying, "Be still and know that *I am God*," and the statements already quoted clearly show, if we think about them, that it is the Spirit of Life within each one of us Who is making that declaration.



It is therefore of the first importance that we should realise that the God to Whom we pray is that Spirit of Life within us. As long as we look to some outside God or power, hoping that He will come down to us and do something for us, just so long will we be in doubt as to whether our prayers have been answered or not. As long as we depend on an outside power, we shall find ourselves wondering whether that power is sufficiently interested in us to do what we need, also wondering if that power can be used against the apparent power of the circumstance we wish to overcome. We will never be sure, and so we will never be able to "believe we have received". All of us have some measure of guilt on our minds, the guilty feeling of having done that which we ought not to have done, or leaving undone what we should have done, and if we are dealing with an outside power, we can never know if our "sins" will be held against us, and our good withheld from us. Always there will be a doubt about whether the will of this outside power is a pleasant or unpleasant one for us, a gift or a punishment. Because we, in our human ignorance, tend to "make God in our image and likeness", we will inevitably credit Him with the same narrow and childish attitude towards our failures as we would have towards those who have "sinned" against us. We will credit Him with wrath instead of love.

But once we have realised that "God is us", by reason of the fact that He is the Life in us, we will also realise that our desires are His Spirit within us, prompting us to reach out after the good that we know "instinctively" is ours by right of His plan for us.

Being LOVE, He does not force His good or His love upon us, any more than we are able to force others to accept our love and friendship if they do not wish it. But He waits for us to accept, and those longings and desires that we have clearly show us that He is offering to us, either what we think we want, or something better, according to His limitless wisdom.

But it is most important for us to realise that it is God within us desiring the good and NOT our own hopeless longings. If we really surrender our own human minds to that great Divine Mind within us and accept His love, we can KNOW FOR CERTAIN that we have already received what we need, because God is not dependent upon any outside help. He said, "Let there be light" and then the light appeared. In the same way, He gives to us, and there is no power whatever to impede that good from reaching us, any more than darkness can impede the light or sickness can impede health. As we have seen, such negative conditions as darkness and sickness are not "things" in themselves, but are only the absence of the real and true, the positive. God IS the positive, and so, when we allow Him to express Himself and His love in and through us, He expresses what He is – ALL GOOD in whatever form we need it.



Through the prophet God has said, "I will never leave you nor forsake you" and again, "Call upon Me in the day of trouble, and I will deliver you." We call upon Him when we surrender to Him, in very much the same way as a small child

surrenders to its parent when it has been hurt and needs love and attention. The Christ has promised, "I shall be with you always, even unto the end of the world." He also said, "No man cometh unto Me save the Father draw him, and he that cometh unto Me, I will in no wise cast out." So when we surrender to Him, to the Spirit of God, the Christ, within us, His promises immediately take effect in our lives.

We all have been guilty in the past, according to our own standards of behaviour. But we have been guilty only because we have failed to realise the ONE POWER of God, and we have gone after false gods. But when we reverse all that and surrender to the One True God, Our Father, we have repented of past follies, and with repentance comes His complete forgiveness. "Though thy sins were as scarlet", He says, "they shall be white as snow," and also, "I, even I, am He that blotteth out all thy transgressions."

We have every justification, therefore, for believing that we have received, for the reason that the good we want is already included in the Spirit of God that is the Life within us, and, as the poet Browning says, "We open out a way whence that imprisoned splendour may escape". We, by our surrender, allow the love of God to express in and through us and our affairs, and then we find that the good we desired is indeed ours and is manifest NOW.





A Question of Awareness

THE MAGI: ***Matt. 2:1-2***

For some reason as I was dressing one morning my thoughts turned to a friend I had not seen for a long time because she had allowed a physical condition to come between her and all her former intimates.

She was – and still is – a very lovely woman, with a great deal to live for, a devoted husband, one of the most beautiful homes in the country, and every material comfort that love, money and faithful service can contribute to her wellbeing.

Some years ago she had to have an operation that to a slight extent only curtailed her social activities, and she sank into a veritable abyss of self-pity, resentment, and truly morbid unhappiness. She refused to go out, to meet people, or to interest herself in anything but her own miseries, upon which she dwelt unceasingly, so that these naturally increased. Instead of the healing proceeding as it should – and would – have done had her own attitude been a more constructive one, her condition got worse and worse.



On this particular sunlit morning of which I am speaking, I was prompted to ring up her husband to enquire how she was

getting on, and learned to my regret that she was about to leave for Europe to undergo a very delicate and complicated operation, the outcome of which could not in any way be guaranteed.

As I put down the telephone, my own abounding health flashed into my mind, and I sent out a quick word of thanks to God for this blessing, and then I thought: "No! to this wonderful state of ease I must give more thought, I must take it to the Spirit indwelling to learn more about it and what it signifies", so I went into my own room and closed the door.

Anew I began to give thanks for this great good. I consciously recognized that the perfect health I enjoyed was God, my Father, expressing Himself through me, and then the illumination about which I want to tell you, broke over me.

Suddenly it struck me that God cannot be split up into bits. He is the "undivided garment" of which we have been taught. The very fact that He dwells within us as our health is proof that He is IN US as all His Qualities *which constitute everything else we can ever need.* At this current moment He is our prosperity, our happiness, our success – anything at all that we desire. And when some false sense of limitation presents itself, as on occasion it does to our human awareness, we must not pray (as I have been doing) *asking* Him to express that attribute of His through us, because this is exactly what He is doing at the moment of our prayer. So what we have to ask for is that He illumine our own consciousness so that it may LET HIM THROUGH.

This was the lesson I had learned: that whatever has to be done for God to be able to express all His good through us is not a matter of His willingness or of our asking. All that is beside the point; it is only a question of our *awareness*. We have to know the Truth that "it is already done" in order to experience in the outer man that which already is established in and to the inner man.

Knowledge

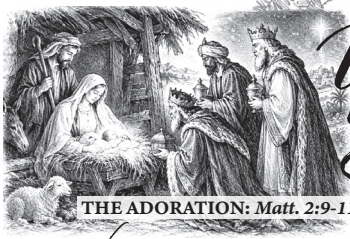
The profoundly wise do not declaim against superficial knowledge in others, so much as the profoundly ignorant; on the contrary, they would rather assist it with their advice than overwhelm it with their contempt; for they know that there was a period when even a Bacon or a Newton were superficial, and that he who has a little knowledge is far more likely to get more than he that has none.

– COLTON

Knowledge has, in our time, triumphed, and is triumphing, over prejudice and over bigotry. The civilized world is fast learning the great lesson, that difference of nation does not imply necessary hostility, and that all contact need not be war. The whole world is becoming a common field for intellect to act in. Energy of mind, genius, power, wheresoever it exists, may speak out in any tongue, and the world will hear it.

– DANIEL WEBSTER.





THE ADORATION: *Matt. 2:9-11*

You can Succeed

Do you consider yourself one of life's failures? And if so, are you content to leave it at that, sit back and smile deprecatingly, and say that you were never "meant to" succeed – and to think that your attitude is almost virtuous? But it isn't, you know! It is the attitude of the escapist and indicates that you haven't the will to win, though you probably don't realise the fact. It shows that you have been thinking along the wrong lines. When you say you were never meant to succeed you presumably mean that you were destined to be a failure – that it is God's will for you. But do you know whose will it really is? Your own, of course. The normal human being has within himself the ability to make a success of his life, but if he does not use it the fault is his, not God's.

Let's take an example. Suppose, for instance, that you had interviewed a prospective employer in the hope of getting a position you felt you were well-equipped to fill, but your application was refused. Would you shrug your shoulders and consider it bad luck; or would you analyse yourself to find out whether the fault were not in yourself? Maybe your qualifications were not as good as those possessed by the successful applicant – in which case you

would realise that more knowledge, or experience, or ability were needed. On the other hand your qualifications may have been better than his, and still you were not appointed. Might not your manner have been at fault? You may have been nervous and so appeared lacking in self-confidence, or your appearance may not have been as neat as it might have been – and make no mistake, personal appearance is important in a first interview. There are, naturally, numerous reasons why one man is accepted while others are rejected. But if you are one of the latter the sensible thing to do would be to try and find out why, in order to avoid future failure. Analyse yourself, being completely objective and honest in your analysis, so that you may find out your faults and correct them.

We must do this if we want to give of our best to life and get the best from it. If we refuse to admit our shortcomings and put everything down to good or bad luck we shall not advance very far. There is no such thing as luck, whether good or bad. We get what we deserve, what we attract by our thoughts, and what is due to us through our own effort or lack thereof.

What do you do when you hear some criticism of yourself or your work – do you get annoyed, and rail at the critic, or do you think over what has been said to discover whether it is true or not? Most of us are resentful of criticism but we should learn to accept it gracefully if it is constructive, because it can help us to succeed if we make use of it. La Rochefoucauld said that our enemies come nearer the truth in their judgments of us than we do in our judgment of ourselves.



How many of us would have the wisdom and courage of a certain salesman? Finding that orders were not coming in as they should, and knowing that the commodity he was trying to sell was good, he searched for the reason, and came to the conclusion that he himself must be at fault. So he went back to some of the men with whom he had tried to do business and asked them why he had failed. The results were most gratifying when he acted on the advice he received.

If we want to make a worthwhile contribution to life we cannot afford to be failures. But let us never forget that happiness lies in the endeavour, and success is not always in achievement. Anyone who finds life full and joyous is successful; but to live fully we must follow an ideal, not for money or glory, but simply for itself. And we must be able to serve with knowledge. The greatest success of all comes from seeking first God's kingdom, with its inexhaustible store of love – the kingdom of perfection where failure is unknown.

Prejudice

Instead of casting away our old prejudices, we cherish them to a very considerable degree, and, more shame to ourselves, we cherish them because they are prejudices; and the longer they have lasted the more we cherish them.

– BURKE



Never suffer the prejudice of the eye to determine the heart.

– ZIMMERMANN



Prayer

Our Father, Spirit That is Love within me,
Revered and holy be Thy Name,

Let Thy Kingdom of Love and Goodness come
into expression through me, and Thy Will
be carried out in and by me, here upon earth
as is done in Thy Spiritual Realm.

Be Thou, this day, the fulfilment of my every need
and the Illumination of my understanding;

Help me to forgive my debtors that
I myself may be set free.

Teach me of Thy Presence of All-good
and lead me away from all error thinking,
all negation, delusion and vacillation.

Preserve me, my Father, from every kind of
separation, for Thine is the Kingdom within me,
the Power and the Glory that fill me,
Forever and ever.
Amen.

November 1st SUNDAY



Meditation

THANK YOU, FATHER

My Father,

In quietness and peace I use this meditation period to express my gratitude for Your guidance in helping me to come into a deeper understanding of Truth and for the many blessings with which I am surrounded. I realise that without this knowledge life would lose much of its joy and meaning for me.

I am grateful for the spiritual growth which has now brought me into a greater awareness of Your Presence of GOOD. I thank You, too, for Your Love, Knowledge and Power so readily available to be used by me whenever I turn to You in my need.

I am blessed by the many kindnesses which I receive daily from my fellowmen, and recognise You working through them in an expression of tolerance and encouragement. Just as I have learned to receive so am I endeavouring to give.

Joyfully I acknowledge Your ever-present help, and so express outwardly some of the peace and happiness which I feel within.

Peacefully I listen to the song within my heart and put it into words: *"Thank You, Father."*

November 2nd MONDAY



Call unto me and I will answer thee – Jer. 33:3

I "will," not I "shall," run the words in the text. So far from referring to the future, they convey a definite promise and: –

"God is not a man, that He should lie,
Neither the son of man, that He should repent;
Hath He said, and will He not do it?
Or hath He spoken, and will He not make it good?"

All we have to do IS to call. We know that He is Omnipotence, so He has the power to answer our prayers; He is Omniscience and consequently knows exactly what it is we need; and being Omnipresence, He is not separate from us – and perhaps unavailable at the moment of our asking – but is within us as our All-sufficiency in all things. Therefore we "call" upon Him, not in the spirit of begging Him to give us some good that heretofore He has been withholding, but in a spirit of thanksgiving and praise for "all His benefits".

MY CALL UPON GOD IS MADE
BY THE LIFE I LIVE

November 3rd **TUESDAY** **December 1st**



This is the day which the Lord hath made; we will rejoice and be glad in it – Ps. 118:24

As the sun rises on the new day let us lift up our hearts in gratitude to and love of God Who has given it to us. Let us thank Him for the opportunities He will give us to prove that we are His beloved children; for our loved ones; and for all the blessings which He has showered upon us, and those still to come.

Let us thank Him, too, for the work we have to do whether we like it or not, for we should be grateful for the health and strength to accomplish it; and we should be thankful to have it to do, realising that all necessary work can be offered as a gift to God.

We should rejoice in the fact that God's presence goes with us to support us in anything we have to face in this new day; and that His power is within us to help us overcome any difficulties which we may encounter.

SECURE IN GOD'S LOVE,
I FACE THIS DAY WITH JOY

November 4th WEDNESDAY December 2nd



Let all that ye do be done in love – I Cor. 16:14

We live, and move, and have our being in the love of God. In love He created us in His own image and likeness. Should we not, then, show love to all our brethren? This we should do, regardless of race, colour, or creed.

God continues to love us no matter how far we fall from grace, and if He forgives us for our sins, so should we forgive others. Love always forgives.

When we do something for those about us let us be sure that it is done in the right spirit, and not from a sense of duty only. So often we do things because we think we OUGHT to do them, and perhaps we feel virtuous when they are done, but there is no virtue in what we do unless it is done in love.

Let us, then, make love the ruling factor of our lives, for it is the fulfilment of the law.

GOD'S LOVE FLOWS INTO ME AND THROUGH ME TO BLESS ME AND THOSE WHOM I CONTACT

November 5th **THURSDAY** **December 3rd**



I will fill this house with glory – Hag. 2:7

There are many stately homes filled with exotic treasure where oriental carpets glow, glistening silver gleams, rich tapestries bedeck the walls, and rare objects catch the eye, yet in which there is only an over-crammed emptiness, but no "glory."

The spirit is lacking! Love does not sparkle in the lofty rooms, shimmer in the long, dim corridors, shine into the dark corners, light up every nook and cranny. All is cold, dank and drear, for none has invited the Christ to come in and sup there.

How do we approach Him, how ask Him to enter into our human selves and take up His abode with us? We find Him when we seek Him with all our hearts, when we turn to the Spirit indwelling and learn of It, when we not only hear His words with our ears, but when we go forth and obey them.

What is the commandment He has laid upon all men? That we love first God and then our neighbour as ourselves. Just to love, that is the fulfilment of the whole Law.

ONLY AS I LOVE DO I TRULY LIVE

November 6th **FRIDAY** **December 4th**



It is better to dwell in a corner of the housetop, than with a contentious woman in a wide house – Pro. 21:9

So often our homes are made miserable by the nagging of one or another in the family. Someone may be selfish and want his or her own way, and when he does not get it makes everyone in the home unhappy.

We should all do our best to co-operate in every way with those with whom we have to live. If we cannot keep peace in our own homes we can never expect to create world peace.

Let us make God the Head of the house. Let us allow His love to permeate every part of it, that it may be a place of joy and peace. Let us not, if others lose their poise, permit ourselves to become heated, but let us remember always that a soft answer turns away wrath. Let us not be selfish, but be considerate of all within the home and out of it. Let us be tolerant and kindly at all times.

MY HOME IS A PLACE OF HARMONY BECAUSE IT IS FILLED WITH THE LOVE OF GOD

November 7th **SATURDAY** **December 5th**



It is your Father's good pleasure to give you the kingdom – Luke 12:32

We know the above promise so well. We have read it so often, have heard it quoted a hundred times, yet when any particular good seems to be absent from our lives, we do not rely on it. We do not, trusting in this "good pleasure", banish from our minds all thought of lack and confidently claim that which we would see manifesting through us, for us.

If we would ask ourselves whence come all the material things necessary for our continued existence here on earth, surely we should have to admit that they come down from the Father of Lights, and that every good gift, and every perfect gift, is from above.

Man does not originate anything. No human being can invent food for us, bring air and water into being, or produce for us any of the essentials at all. Of course, God uses our fellowmen as channels through which His gifts come to us, but they still come only at His "good pleasure," and if we would accept this as the truth governing our sojourn on this plane of awareness we should go free of all anxiety for our welfare.

THE LORD IS MY SHEPHERD,
I SHALL NOT WANT

November 8th **SUNDAY** **December 6th**



My Father,

I know that my purpose in life is to raise my consciousness and to expand my knowledge and understanding of my unity with You. The success and harmony of my life reflect my inner progress and in serene confidence I place my future under Your divine control and guidance. I place every problem of my life in Your hands and accept Your perfect plan outworking in my affairs for my highest good as I subdue my own selfish desires and wishful thinking.

Even now Love seeks to answer my every need, and as I believe in my heart so is it done unto me. I keep my thoughts constantly directed to Your GOOD and behold the Truth in all things. I feel Your Presence as I let go of my sense of limitation. All fears, doubts and waverings are overcome in the greater realisation of Your Divine Power flowing in and through me and I AM FREE.

There is a glorious feeling of joy in my heart and with a full sense of gratitude I say, *"Thank You, Father."*

November 9th **MONDAY** **December 7th**



Praying at all seasons – Eph. 6:18

The last thing we should understand by "praying" is petitioning. It is a frightful thought that God should be subjected "at all seasons" to a continuous flood of appeals for this, that and the other. In any case, these entreaties presented to One Who has made man free of all that is His, would produce no results except perhaps to leave the individual indulging in the practice more frustrated than ever.

If, when we pray, we believe – as the Christ admonished us to do – that we "have received", then obviously our prayers must have no connection with asking. On the contrary, it would seem that they should be expressions of gratitude and praise.

If we would spend a short time daily counting over the blessings we have received and have always taken for granted, and after having given the matter a little thought, to recognize them, we should probably find that we had many, many more godsends for which we wished, spontaneously, to thank an all-loving, all-knowing and infinitely bounteous Father.

MY FATHER KNOWS WHAT IS FOR MY HIGHEST GOOD, BEFORE I ASK HIM

November 10th TUESDAY December 8th



We received, not the spirit of the world, but the spirit which is from God – I Cor. 2:12

Let us, today, put first things first. Let us put the things of the Spirit before the things of the world.

Today, let us do all in accordance with the law of love. If there is dissension around us let us affirm: "The Spirit of God is in our midst, and resolves all discord into harmony." Let us speak no word that will increase the dissension but look to God to guide us in what we shall say and do, that we may restore order and peace.

Let us, this day, act with courage and confidence making God the partner in all our undertakings. Let us cast out all fearful and doubtful thoughts and speak and act in faith. Even though our faith may be only the size of a mustard seed, let us behave as if we had all we need, for in doing so, we will be helping ourselves to achieve it.

**LET ME, THIS DAY AND EVERY DAY,
PUT THE THINGS OF THE SPIRIT FIRST**

November 11th WEDNESDAY December 9th



Whatsoever a man soweth that shall he also reap
– Gal. 6:7

What seeds are you sowing – the seeds of discord, hatred, jealousy, or anger, or some other destructive emotion, or good seeds? If you sow discord you cannot reap harmony. If you sow hatred, you will not get a harvest of love. And so with all the other bad seeds.

Are you sowing the seeds of fear? If you are, change them and sow courage and faith. Fear is bound to give you a bad harvest, so as soon as a fearful thought enters your mind, change it to its opposite. Perfect faith in God casts out fear, so cultivate faith which will give you the courage you need in times of stress.

That we reap what we sow is an inviolable law. The only way to change the harvest is by changing the seed. All normal people want to be loved, but in order to have their desire fulfilled they must send out love. They must not be critical and intolerant, but look for the good things in their neighbours, and be gentle at all times.

I SOW THE SEEDS OF LOVE, GOODNESS, TRUTH AND BEAUTY

November 12th THURSDAY December 10th



Other sheep I have, which are not of this fold
– John 10:16

How loath we are to admit that the above text can be true. If we are Roman Catholics, the rest of the world are heretics; if Protestants, all others are outside the fold; if Christian Scientists, we alone are not steeped in "error"; if Baptists those apart from us are lost. Every denomination is the only right one, and only its followers will attain the Kingdom of Heaven.

"We make His love too narrow
With false limits of our own;
And we magnify His strictness
With a zeal He will not own.
For the love of God is broader
Than the measures of man's mind;
And the heart of the Eternal
Is most wonderfully kind."

Yes! in the great Heart of God there is room for everyone of His children. He does not ask what is the dogma in which we believe, He asks only that we worship Him in spirit and in truth, that we LOVE Him and all that He has made.

IF I SHUT OUT ANYTHING FROM THE ORBIT OF MY LOVE, I SHUT OUT GOD

November 13th FRIDAY December 11th



First be reconciled to thy brother, and then come and offer thy gift – Matt. 5:24

Are you allowing something that anyone has said or done to you, to rankle in your mind? Are you still feeling hurt about it? Have you the feeling that you have forgiven him but you cannot forget; and is that true forgiveness?

If someone has done anything to upset you, immediately put the thought of it out of your mind. The more time you give to thinking about it, the worse it will appear to be, and in the end it may assume a size out of all proportion to its beginning.

To bear a grudge is to act against the law of love. If people hurt us the fault is ours for allowing it. We cannot be hurt or insulted unless we give others the power to do these things. Those who are sufficiently advanced, spiritually, do not allow hurts or slights to penetrate their invisible armour. They are able to love even their enemies with a cosmic love; and that is what we should all aspire to do.

THE FORGIVING LOVE OF CHRIST RADIATES FROM ME TO ALL I MEET

November 14th SATURDAY December 12th



I have loved thee with an everlasting love – Jer. 31:3

"Love is not love which alters where it alteration finds,
Or bends with the remover to remove:
O no, it is an ever-fixed mark,
That looks on tempests and is never shaken."

Man's love is apt to change according as to whether it is returned or not; it is influenced by the passing of time; modified by circumstances; subject to all manner of conditions, but the LOVE OF GOD FOR HIS CREATION is the same yesterday, today and forever. His Love does not even see the tempests of error that shake our human hearts, It sees only Its own true Light that encompasses us and goes before us illuminating our ways and guiding us into the Haven of His Presence.

When we have found the consciousness of this indwelling, and have awakened spiritually to our at-one-ment with His Immanence, our love will break its earthly bonds of limitation and expand so that it embraces all our fellowmen.

DAILY I SEEK TO OBEY THE CHRIST'S COMMAND BY RADIATING MY LOVE TO ALL

November 15th **SUNDAY** **December 13th**



My Father,

I have come to realise what my prosperity really means. Thus, when I acknowledge Your abundance it includes Health, Harmony, Spiritual Progress as well as Supply. The attainment of my at-one-ment with You is what I really seek as my prosperity, for this alone will satisfy my inner longing.

With deep understanding of Your Perfect Law at work to bring about my happiness in every direction, I calmly take my steps in faith. I know that whenever I act in harmony with the Law of Love the needs of my life are fulfilled in overflowing measure.

In such moments of quiet meditation when I contemplate the wonder of the Universe around me I lay the foundation upon which I build my faith and so ensure the success of all my undertakings.

Thus, in trustful communion with You in this quiet hour I still the clamour of my human thinking and listen to Your Voice within as it guides me to my highest Good under grace and in a perfect way.

November 16th MONDAY December 14th



Happy are... Thy servants – I Kings 10:8

The only service which is worth anything is that which is rendered lovingly and gladly, yet it is remarkable how many people there are who go about doing good, apparently grudgingly, or at least without the vestige of a smile.

Such folk get no happiness out of their ministrations and bring none to others, for as St. Paul so rightly said, "Though I bestow all my goods to feed the poor, and though I give my body to be burned and have not charity, it profiteth me nothing". And the "charity" of which he spoke did not cover generosity alone, it encompassed all that is included in love.

Love is not just a benevolent emotion which may stir our hearts occasionally, It is That out of Which mankind came forth, and is the governing principle of every individual life. In truth, no single one of us can separate himself from It, but because It does not always form part of our human awareness, we fail to express It and cannot, in consequence, fulfil ourselves here on earth.

I TRY ALWAYS TO EXPRESS THE LOVE SIDE OF MY NATURE IN KINDNESS, UNDERSTANDING, TOLERANCE

November 17th TUESDAY December 15th



The old things are passed away – II Cor. 5:17

Many of us grew up with the idea that God was someone who sat in a place called heaven taking note of all the sins committed by mankind. And the ideas we absorbed in childhood are not always easy to discard. But once we have become students of Truth we should put away these outworn ideas.

We know today that any hell we may have to endure is of our own making – that there is no fire to which we are condemned for our sins. If we do wrong we suffer certainly for that is the Law, but can anyone reconcile the thought of a God of Love sending His children to exist in a fiery furnace?

Christ came to set us free from such ideas, and to teach us the Law of Love, not hate. Does not any earthly father worthy of the name forgive his children for the things they do wrong?

AS I GENUINELY REPENT AND FORGIVE
SO AM I FORGIVEN

November 18th WEDNESDAY December 16th



Oh send out thy light and thy Truth; let them lead me
– Ps. 43:3

Often we have to make decisions, and occasionally we may have to make them quickly, and perhaps we are uncertain of what we should do. At such times let us remember the Spirit of Christ within us, and let us turn to It for guidance and inspiration.

When we with our human limitations are groping in the darkness, we can claim the help of God to light us on our way, if we will only claim it in faith. God does not force His help upon us, but He is always ready to give us His aid if we will call upon Him in love and confidence.

Whenever we are in doubt let us affirm: "You, Father, lead me in the path You wish me to tread," and then let us not worry further but leave all to Him. He knows what is necessary to our spiritual progress, and therefore what is for our ultimate good.

I GIVE THANKS THAT I AM DIVINELY LED TO DO WHAT GOD WOULD HAVE ME DO

November 19th THURSDAY December 17th



My heart rejoiced because of all my labour – Ecc. 2:10

What a wonderful thing it is when we enjoy our work. That, of course, is how God means it to be. We are not here to idle away our time, neither are we come to this plane of awareness to labour in the sweat of our brows grinding out a meagre existence and keeping just above the breadline.

Every man was equipped at his beginnings with his own particular talent – an attribute of God – and it is solely in the exploiting and expanding of this, that he will find fulfilment, for it is by that means only that he will be able to express God in the highest degree of which he is capable.

There could be no more intolerable punishment than to be condemned to pass all one's days in enforced idleness. We are made in the image and likeness of God, and our whole beings demand that we use our minds, and hearts, and hands, in some "reasonable service," rendered first to our Maker and then to all our fellowmen.

AS I PROVE MYSELF FAITHFUL WHERE I AM
SO DOES THE GREATER OPPORTUNITY
OPEN UP FOR ME

November 20th FRIDAY December 18th



Seest thou a man diligent in his business? He shall stand before kings – Pro. 22:29

If we want to be successful in anything we undertake we should give it our full attention. We should put the best of ourselves into our tasks. We cannot expect to do well if we are half-hearted about our work.

It may be suggested, if we are employees, that we are unappreciated, and it may be asked why under these circumstances we should do our best work? Emerson says: "The nature and soul of things takes on itself the guaranty of the fulfilment of every contract, so that honest service cannot come to loss. If you serve an ungrateful master, serve him the more. Put God in your debt. Every stroke shall be repaid. The longer the payment is withheld, the better for you; for compound interest on compound interest is the rate and usage of this exchequer."

In any case, we should think of our work as work done for God, rather than for man.

I DO MY WORK AS UNTO GOD,
SERVING HIM THROUGH HUMANITY

November 21st SATURDAY December 19th



Look therefore carefully how ye walk – Eph. 5:15

Would that we could all echo the words of the popular song: "I'll walk with God from this day on, His loving hand I'll lean upon". If we could we should stumble into no pitfalls, crash into no obstacles, plunge into no depths, but should, on the contrary, find ourselves guided along a smooth, straight road leading directly into the Kingdom of our good.

Let there be no mistake, God will not do our walking for us; we are come to this plane of awareness to use both our physical and spiritual muscles, but He will take charge of our journeys.

Everyone has his own specific work to do here on earth, and he has to put his back into it and do it with all his might, but he always has, in reserve, a Strength that is greater than his own, to call upon. No single individual has more to cope with than he can, but we are here to expand our consciousnesses, to face difficulties and overcome them, to meet problems and solve them, and when our understanding proves insufficient, we shall always find God waiting to pull us through.

**DAILY GOD WATCHES OVER ME,
AND HE IS "STRONG TO SAVE"**

November 22nd **SUNDAY** **December 20th**



My Father,

Thank you for the peace now established within my consciousness. In the past I have questioned the lack of peace around me and in the world. The time was when I believed that it was Your Will that things should work out like that. But now I have learned that peace must be established within man individually before it can manifest collectively in the outer world.

I have come to know that in and through each individual You endeavour to establish Your Peace "on earth" and that it is only through the goodwill that we share with our neighbours that heaven can come to earth.

Sufficient for me to send out thoughts of goodwill to all the world and know that Your Love reigns in spite of appearances contrary to peace. Though it is not easy to remain in this consciousness while the clamour of strife echoes everywhere, whenever I reach the stillness within and seek Your Peace I always find the "peace that passeth understanding". Thus poised I am part of the little leaven of peace that must eventually leaven the whole world.

November 23rd MONDAY December 21st



Cast out first the beam out of thine own eye – Matt. 7:5

Most of us are looking for motes, but not for beams, and by so doing we are only making the beams far more conspicuous, for have we not been specifically admonished to judge not, that we – in our turn – be not judged?

We criticise the wisdom of our lawgivers, we rail at the policy of our governors, we condemn the religious denominations to which we do not belong, we scandalize about individuals who are public figures, but are only names in the newspapers to us, and we do all this almost without realizing what we are perpetrating in the course of ordinary conversation. However, in addition to these there are many others about whom we deliberately gossip maliciously, spreading damaging stories and unsubstantiated rumours about them with complete complacency because, forsooth, we have perceived tiny motes in their eyes. The beams that are distorting our own spiritual vision so entirely, we ignore, and in so doing we cut ourselves off from the omnipresent Love of God, which He is ever pouring out in unlimited measure upon us.

THERE IS ONLY GOD, AND HIM I WILL SEE IN ALL PEOPLE AND IN EVERY SITUATION

November 24th TUESDAY December 22nd



Jehovah will bless his people with peace – Ps. 29:11

Ernest C. Wilson says: "Only calm waters can clearly reflect the heavens above. Only tranquil minds can encompass a wisdom higher than their own. We cannot even hear human voices and comprehend clearly what they are saying if our mind is busy with its own thoughts, or raging with discordant and troubled emotions. How much less then can we hear the still, small voice of God speaking within us."

Peace of mind is one of the most priceless qualities we can possess. And it comes from having faith in God. We cannot have faith in our human selves, but we can have it in our spiritual selves, for we are made in the spiritual image and likeness of the Father. What He is we, potentially, are.

We have to shut out the noise of the world if we want to be at peace. We need to be alone and lift up our hearts to God at some time during the day if we want to face life calmly, at all times.

IN QUIETNESS AND CONFIDENCE DO I FIND MY DIVINE STRENGTH

November 25th WEDNESDAY December 23rd



Be strong, and do it – I Chron. 28:10

Are you hesitating over some new task, and wondering if you dare attempt it? If so, remember today's text, and take heart. Are you confronted with some difficulty, and are you uncertain whether you can overcome it? Again, think of today's text.

No matter what we want to attempt we need courage, and we need action. It is useless to turn our backs on obstacles if we want to build character. We should not run away from them, or try to avoid them, but face them boldly and learn to surmount them.

Fear can prevent us from accomplishing our aims, particularly if we are afraid to face failure. But we can claim God's help to overcome our fears, and we should not lose heart if we fail the first time. Success depends largely on the amount of confidence we have in ourselves, which again depends on the amount of faith we have in the God within.

WITH GOD'S HELP AND MY OWN EFFORTS I SHALL SUCCEED

November 26th THURSDAY December 24th



The battle is not yours, but God's – II Chron. 20:15

God can hardly have any battle to fight since He is Allness and cannot enter into conflict with Himself. Perhaps it would be nearer to Truth teaching if we said, "The battle is an error of the human consciousness only, and in God alone is the solution thereof!"

He is of "too pure eyes to behold iniquity," consequently He knows nothing of the negative conditions we have accepted as Realities and from which we are suffering. He sees only His All-good filling us and our affairs for His Work is perfect; nothing needs altering, modifying, or adjusting, only our mistaken viewpoint has to be changed and brought into line with the Truth of Being Which declares that "There is only God."

With our physical organs of sight we shall perceive negation, and the senses judge by appearances, but we have to judge righteous judgment at which we can arrive only through spiritual enlightenment. This will open up to us as we listen to the Voice of the Christ indwelling declaring, "Behold, ye are gods."

I WILL SEE THROUGH THE EYES OF THE CHRIST WITHIN ME, SO SHALL I BEHOLD NO EVIL



Christmas Day

To all Truth Students, we extend sincere greetings for a Happy and Peaceful Christmas

Behold, a virgin shall conceive, and bear a son, and shall call his name Immanuel – ***Isa. 7:14***

For unto us a child is born, unto us a son is given: and the government shall be upon his shoulder: and his name shall be called Wonderful, Counsellor, The mighty God, The everlasting Father, The Prince of Peace – ***Isa. 9:6***

"Christ is the great central fact in the world's history; to Him everything looks forward or backward. All the lines of history converge upon Him. All the march of Providence is guided by Him. All the great purposes of God culminate in Him. The greatest and most momentous fact which the history of the world records is the fact of His birth."

– CHARLES H. SPURGEON

May the Spirit of Truth within each one of us radiate its love and joy through us to the world and may we be channels of its peace and goodwill to all.

FRIDAY December 25th



Glory to God in the highest, and on earth peace, goodwill toward men – Luke 2:14

Today is one of rejoicing in which loved ones and friends come together in a spirit of goodwill. It is right that it should be so, for it is the anniversary of the birth of the Master, Jesus Christ.

In reflecting on the significance of Christmas, let us turn our thoughts to the life of Him who came to teach mankind a universal religion – a religion which He desired should include all men everywhere, regardless of race or personal creed or dogma.

The world has greater need today than ever before to take unto itself a vital faith, not only in the inherent goodness of humanity, but in God who has manifested Himself in the flesh as man. The Christ spoke through Jesus when He said, *"A new commandment I give unto you, that ye love one another, as I have loved you, and ye also love one another."* For we know that without love and goodwill towards all men, humanity will never build for itself a way of life which can stand the test of material stress and strain.

Each year at this time we are reminded of the greatness and eternal nature of the Master's teaching. Let us, therefore, in our daily living bring into active and wider expression the spirit of peace and goodwill.

TODAY I WILL ARISE IN CONSCIOUSNESS AND RETURN TO THE CHRIST WAY OF LIFE

November 27th FRIDAY



Give me understanding – Ps. 119:34

To live as God means us to live we must have understanding. And to understand others we must first learn to understand ourselves. This means that we must be very honest with ourselves, and not blame people or circumstances for our own shortcomings, but put the blame where it belongs – on ourselves. When we learn to regard our own actions objectively we have some hope of understanding the way other people behave.

The old proverb says that to understand all, is to forgive all, and we should certainly be more kindly in our thoughts of those about us, when they do something of which we disapprove, if we understood more about them.

Study other people that you may learn to know them better. Instead of condemning them, love them and share with them what you have of wisdom and knowledge.

IN ELIMINATING MY OWN WEAKNESSES
I LEARN TO UNDERSTAND OTHERS BETTER

November 28th SATURDAY December 26th



In Thy light shall we see light – Ps. 36:9

Our light is not of ourselves, it is derived from the Father of Lights, and if we would see clearly amid the gloom that often descends upon us, we must unify ourselves in consciousness with Him and His spiritual luminosity. It is His Light that lighteth every man that cometh into the world and enables him to distinguish between truth and error.

In reality there is no such thing as negation or any sort of evil, for God is all that exists. His Presence of Perfection fills creation, there is no place in the entire cosmos where He is not. We, on earth, see through a glass darkly and perceive sickness, sadness, poverty and failure, but in the Radiance that is God, these things have no being at all. If they loom large and menacing in our eyes, we must change the direction in which we are looking. Instead of downward visioning we must lift our gaze to the hills – of His Omnipresence – whence cometh our help, then shall we see by the Light of the Spirit and shall behold only the Truth, that which is completely and eternally good.

I KEEP MY INNER EYE SINGLE ONLY TO GOD, THAT GOOD MAY BE REFLECTED THROUGH ME AND TO ME

November 29th **SUNDAY** **December 27th**



Meditation

GOD'S INSTRUMENT

My Father,

Father, take from me the power to do any action for my own glorification only. Help me to know myself, that I may not imagine that my motives are pure when, in reality, I am working in order to gain favour from my fellows, or to be considered greater than they.

Strengthen me in the pure aspiration to serve according to Your law, and strengthen me in the power so to serve. Take from me the desire to do any action which may be harmful to Your creatures, and help me to increase my sense of love towards all Your creation, that I may be able to do good to all, and not merely to the few whom I love most of all.

Turn me, Father, from slavery to my lower self, and make Your pure Spirit complete Master of my life. Help me to yield the personal will to the divine Will, that I may know peace and joy through doing only what is pleasing in Your sight. And let the words of my mouth and the meditations of my heart be acceptable to You now and forever more.

I give grateful thanks in the name and consciousness of my beloved indwelling Christ. **So be it.**

November 30th MONDAY December 28th



I will fill this house with glory...
and in this house will I give peace – Hag. 2:7 – 9

No other good can take the place, in a house, of peace. Riches may embellish it, health and vitality in those who live in it may give its atmosphere sparkle and assurance, but unless tranquillity fills the minds and hearts of all who occupy it, happiness will not take up its abode in it, so turning a habitation into a home.

Peace is the most precious possession any man can come by. It was the Christ's last gift to those He was about to leave, to each one of whom, individually, He addressed these comforting words: "Peace I leave with you, My peace I give unto you, not as the world giveth give I unto you. Let not your heart be troubled, neither let it be afraid." What a wonderful gift upon which to stay our hearts in times of stress, strain and danger; what a sense of security and protection this message gives to us with its declaration that, no matter what may appear to be menacing us, we have no cause to fear. We can face whatever threatens in the conviction that in God's Strength we shall be more than conquerors over every seeming evil.

IN THE KNOWLEDGE THAT "UNDERNEATH ARE THE EVERLASTING ARMS" I GO FREE FROM ALL FEAR

TUESDAY December 29th



What is that to thee? – John 21:22

There are certain people who expect others to think and act as they do, and they are usually most critical of those who do not do so.

Each of us is a separate individual with personal ideas, personal likes and dislikes, and personal ideals. What a dull world it would be if we all thought the same thoughts, and acted in the same way!

We have no right to criticise others because they have taken a different path from our own. All roads lead eventually to God, and people are at different stages of advancement. The experiences man is encountering on his journey are those necessary to his progress, so we have no right to criticise the various phases through which others are passing. Instead of criticising we should bless them, and recognise that the Spirit of the Christ is in them just as it is in us.

HELP ME TO SEE THE GOOD IN MY NEIGHBOURS, FATHER

WEDNESDAY December 30th



I can do all things through him that strengtheneth me – Phil. 4:13

Although we may think otherwise there is really nothing that we can do "on our own," because the life force of God is present in every atom of us. When we speak of our own power or our own cleverness, we are forgetting that truth.

We may be quite proud of our mental capacity but, however brilliant we may be, there is always a time when we are faced with a problem to which we can find no solution. Then, if our conceit of ourselves has been put in its place, we can quietly turn to the ever present, ever waiting Divine Wisdom, and receive from that infallible source the answer to the problem.

It is possible that we may have boasted of our freedom from ill-health and imagined that all the credit was due to ourselves, only to be rudely awakened by the onset of some form of disease. If we realise that we have cut ourselves off from God in consciousness and thus produced the unpleasant effects, we shall seek God's help to undo the error and thus restore the balance.

CHRIST IN ME IS MY CERTAINTY OF GLORY IN MY EVERY UNDERTAKING

THURSDAY December 31st



Nothing shall be impossible unto you – Matt. 17:20

Do you remember the story of the epileptic boy? The disciples failed to help him, and his father took him to Jesus, Who cured him. The disciples asked Him why they hadn't been able to cast out the demon, and He said it was because of their little faith. He told them that if they had faith as a grain of mustard seed they would be able to move a mountain; and nothing would be impossible to them.

How often do we use the phrase: "That could never happen to me," after hearing of someone's good fortune? How often do we thoughtlessly remark that something is too good to be true? Such destructive statements! And what a negation of the teachings of the Master, Who said that nothing should be impossible if we had faith.

Suppose our ancestors had heard of the marvels of the present day, would they not also have ejaculated: "Impossible!"?

Nothing is too splendid to happen to you; and nothing is too good to be true. How could it be? Is not God the supreme power, and are not all things possible to Him?

MY FAITH IN GOD IS STEADFAST.
MY GOOD NOW COMES TO ME

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