

THE PATH OF TRUTH

This magazine is published by the School of Truth and
circulated to all parts of the world

March\April 2015

IMPORTANT REQUEST

Dear Member,

As you are no doubt aware the four month postal strike ended on 26 November 2015 when the Communications Workers Union (CWU) agreed to suspend its industrial action until early 2015 when they would again review the situation.

There is no guarantee, however, that postal deliveries will not be interrupted again in future by strike action, so the School of Truth is looking to alternate ways and means of getting future editions of The Path of Truth delivered to you should the SAPO delivery services become inoperable.

Kindly complete the Renewal Form and return it to our offices by e-mail, fax, post, or telephonic response. The reason for this is that each month many magazines are returned to us marked "Address unknown", "Deceased" or "No longer at this address". This constitutes wastage.

A. Walters

Initials..... Surname

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FUNDING OF THE SCHOOL OF TRUTH

Dear Path of Truth Reader

While we write to you with great reluctance, it would be irresponsible, and not serve the School of Truth and its members, to refrain from alerting you to the fact that our financial resources are steadily declining and that this is cause for material concern.

The School of Truth is a metaphysical organization, in the sense that it seeks to set guide posts on the Path that leads beyond the physical. The School of Truth has demonstrated again and again, over the course of its 74 year existence, that the source of man's material needs are Spiritual in nature and that their provision is in the hands of God.

Through all we do, such as the publishing and free distribution of the magazine and the loving counseling that we give to all in need, we have shown over all these years the reality of the Law that is higher than the material and economical. It is a Law that, if trusted, brings forth to us through our service, all that we need, and if we be lifted up, we will draw all men to us.

For this to work the basic requirement is that we, the management team of the School of Truth, must know and be true to the teachings we give. We do this by developing our God consciousness through affirmations, meditation and exposure

to a suitable spiritual environment – exactly as we teach our members across the world. We work with an uplifted Consciousness in the invisible field affirming consciously and often, “We give thanks Father, for the abundant supply now flowing into the School of Truth, which enables us to do Thy work and to serve our fellowmen.”

Our commitments include running an office in rented premises in Auckland Park, Johannesburg, with email and admin facilities which allow those in need of prayer and spiritual guidance to contact us. We employ 3 office personnel. This, together with printing and posting the Path of Truth on a bi-monthly basis, has begun to place an increasing strain on our resources that are not currently being met by tithes and donations. We are exploring a number of ways to reduce our monthly expenditures. For example, we are researching possibly cheaper ways to distribute the Path of Truth on the internet or via email, and we are looking into wrapping the magazine in a plastic cover for postage rather than to send it out in a paper envelope.

Our spiritual counsellors, lecturers and directors of the management board provide their services free in the form of personal tithing. In some cases we do cover their travel and accommodation costs, and/or provide a small stipend to assist with their telephone and other charges that arise as a result of the work they do for the School of Truth. To ensure optimal financial management systems and procedures, we recently

appointed a chartered accountant as the School of Truth's Financial Manager and he, too, is providing his services free of charge. However, during our Board Meeting in December he tabled accounting documentation that spells out in detail the steady decline of our resources – pointing specifically to the fact that only a small percentage of the readers of the Path of Truth donate towards its upkeep .

While we feel that only as a very last resort should students be made aware that we need to increase our supply, that time has now clearly come.

THE BOARD OF DIRECTORS: SCHOOL OF TRUTH



*When you are wrong, have the character to admit it and
regret it;*

*When you are wronged, have the heart to forbear it,
and forgive.*

- Anon



Some History of the School of Truth

The School of Truth was founded by Nicol Campbell in 1937 and has the same standing as orthodox churches in South Africa.

The School's teachings are found in the Old and the New Testaments, but may also be found in the scriptures of other religions, and the spiritual insight of the great philosophers.

The purpose of the School of Truth is to assist people to obtain a greater God Consciousness, or spiritual awareness, and so to improve their health, happiness and prosperity. We make no charges for our service, but we do accept voluntary donations (and bequests) which go towards meeting the expenses incurred in publishing and distributing this magazine *free of charge*.

We look forward to hearing from you from time to time, since we take a deep interest in your progress.

“ For, behold, the kingdom of God is within you ”

(Luke 17:21)

“ Son, thou art ever with me, and all that I have is thine ”

(Luke 15:31)

*“ Fear not, little flock: for it is your Father’s good pleasure
to give you the kingdom ”*

(Luke 12:32)

**Many are God’s promises to us, let us believe them and
live the life He desires for us**

Quite obviously, we all want to live fulfilled lives free of all fears, anxieties, stress and strife, blessed with radiant health, fullness of joy, success as well as prosperity to share and to spare.

Looking at the promises made in today’s text must surely give us surcease from all our fears and anxieties. Belief in the promises is all that we require, for many times over we are enjoined to believe, such as the centurion’s belief in the Master’s capabilities, immediately cured his servant of the palsy.

Having been told that the kingdom of God is within us, we must surely accept the promise that God is always with us, since He of needs must inhabit His kingdom of all good, which we must accept that we are.

Then to be promised that all that He has is ours and that it is His good pleasure to provide it to us, must remove all doubt from us and enable us to live a fulfilled life.

Let us then look to our beliefs, believe that we have received and so live a fulfilled life as our Father has always intended we do!
- A student



“Your love, Lord, reaches to the heavens, your faithfulness to the skies.
- (Psalm 36:5)

People see God every day, they just don't recognize him.
- Pearl Bailey



“A generous person will prosper; whoever refreshes others will be refreshed.”
- (Proverbs 11:25)

Too many have dispensed with generosity in order to practice charity.
- Albert Camus



“I asked you to Pray.....”

Extracts from letters to the School of Truth

Owing to retrenchment of staff, I lost my job and contact you for help. The prayer of faith never fails. A complete stranger to me arranged my appointment to the wonderful position I am now occupying, and my place of work is just round the corner from my house.



Two months ago my husband was badly shocked, concussed, and suffered two severe fractures of the spine when an electric drill he was using at work shorted. He was in hospital where for a week he could neither move on account of his injuries, nor eat, as he was continually bilious. I phoned you and asked you to pray for him and for our Father to guide him to a lighter job. I am pleased to let you know that not only is my husband home again, but he is back with his employers, doing very light work.



You prayed for us regarding a home. Very recently we were given permission by the Department of Community Development to go ahead with our building plans. Everything has now been finalised and the contractor has just commenced building operations!

**The School of Truth has prayers at
9:30 a.m. and 11:30 a.m.**

Students are encouraged to join us in prayer at those times. Prayers are indeed very powerful.

A suggested prayer may be :

***“I place myself and all my concerns lovingly in
the hands of the Father with a childlike trust.
That which is for the highest good shall come to
pass.”***

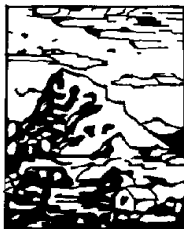
This prayer may be used at any time.



Lecture by Nicol C. Campbell

This Day

“Lord, for tomorrow and its needs I do not pray.”



Let me repeat that, it is a wonderful affirmation, a wonderful consciousness to have achieved! “Lord, for tomorrow and its needs I do not pray.” I wonder how many of us are so fully aware of the Presence of Love, so cognisant of His will of Good, so sure of God’s being manifest in this world that we can say with complete abandonment in spirit and in flesh, “Lord for tomorrow and its needs I do not pray.”

I am quite convinced in my own mind that, if you could forget about tomorrow and realise that it is possible for you to live only in the eternal NOW; your tomorrows, which in turn become your ‘today’, would be filled with the Presence of God, as Good, that day.

This quality called faith is a subtle thing. You have given many marvellous promises saying that if you have the necessary faith, this, that or the other shall be done unto you.

I am sure that most of you believe that you have faith, most of you feel that you have set the Law of Good into operation

and await, expectantly, the fulfilment of this impersonal power as Love, Prosperity, Security, Happiness and all else that you require and desire. I say that you think you have, or believe you have faith.

Let me now look at myself for a moment and ask myself whether I have this faith in God. Have I no qualms at all at answering in the affirmative? What is this quality? If I have it, how do I feel, what is my state of mind? I would say that I feel free and happy and that, in spite of conditions, I have the impression that I have no reason to fear anything at all; but even so I could not tell you what my reaction would be to a type of problem that has not, hitherto, been presented to me.

Certainly I can look around me and say that I have seen tens of thousands of manifestations of God as good fulfilled in the lives of human beings as a result of this consciousness, and furthermore, I have experienced so much of God, or Good, poured into my own life that I ought to be able to say, fearlessly, "None of these things moves me." But they do, they most certainly do.

From the most unexpected quarters, through the most unforeseen channels, "out of the blue" as we say, problems are presented to me, and momentarily I am taken aback, perhaps, hurt, annoyed, even maybe resentful, and I become impatient with myself for allowing such weakness to possess me.

“Why,” I ask myself, “are you not after all your experience ready to meet and overcome this situation?”

You know that these things happen, you are fully aware that they make for spiritual, mental, and emotional growth, so why this reaction? It is because of my own weakness, because I am constituted of the same shortcomings as you are, that I can feel for you. My own frailties compel me constantly to demonstrate for myself, to build up more and more patience with the people who, trying to overcome minor and, at times, very major difficulties, come into contact with me.

Because I spend my days practising Truth and talking about God and His Happiness, God and His Power, God and His Love, Protection and Prosperity every waking moment, and because I am too concerned about being in tune with Him so that I may help you, and incidentally myself, I have no time for negative thinking. Nevertheless, occasionally I do lapse and allow myself to react unproductively; so it would seem only natural that you, working in a secular way, on the material side of life, would not have your minds so at one with God as I, in my calling, must have mine but the argument does not hold.

That is the excuse that is so frequently given to me. People say, “It would so simplify matters if I were doing your type of work. Won’t you take me into the School of Truth? I shall be able to work out my difficulties there, with the surroundings, the spiritual background and the prayers to help me. If only I could

do that work I should not have these problems.” But that is not so. I cannot tell you how fallacious that theory is!

If I left the School of Truth tomorrow I should take away with me into any layman's occupation I might select, the identical consciousness that I have today. If I became a salesman I should still be conversing with God all day long, dealing in Him, selling Him, and I should certainly not limit myself to the particular job in which I was giving Him service. If my salary happened to be R200 a month, I would say to Him: “This, God, is all the consciousness of Your bounty that I have, but I am going to be steadfast to You in this billet in which I find myself, and You alone shall be my Employer.”

So you see, the awareness that is mine today would be exactly the same if I were in any other situation; there would be no void or emptiness, no lack, but precisely the same manifestation on the material side as there is at this moment.

Faith is a living perception, a vital apprehension, and although you can neither see it, smell it nor touch it, you can apprehend it; know it therefore as something alive and dynamic within you, literally constituting you, ever working through you. You will encounter the same problems as I did, have the same fears as I had, but none of these will have power over you unless you give way before them.

Over and over again I have stressed that some people have brought into consciousness, here on earth, many

more experiences of a negative nature than have others, but this tiny world of ours is not the be-all and end-all of life. I did not begin to exist when I was born and you did not start out on your terrestrial birthdays either. You are, of course, very much aware of the physical bodies in and through which you are manifesting at present but, believe me, you will be just as sensible of yourselves when you pass over to 'the other side'. What we forget is that we were equally familiar with ourselves before we came here.

We are taught that all men are born equal, but if this is the beginning of existence, that is utter nonsense. In our Spiritual Being, as the one Life of God, we are of course all equivalent one with another, but we are certainly not all on a par in respect of consciousness.

One believes that his physical body can be separated from God and he experiences disease; another thinks this of the harmony-body and suffers discord; a third feels the same way about the prosperity body and lack is his portion; and if it were true that this is the starting point of the soul's journey, then God would be an accessory - not only before but after the fact, for He would have made you as you are, with diseased bodies, miserable minds, a prey to discord, poverty and degradation. But this is absurd - I cannot accept it! We must be intelligent where this issue is concerned, we must examine our state of mind, assess and compute our concepts of God in respect of Joy, Health,

Prosperity, Peace, and as we go into this sincerely and honestly we shall begin to understand something of the whys and wherefores that were hidden before.

When you visit me, you come with your consciousness either filled with an awareness of the presence of Good or with an acceptance of separation therefrom; it is a physical thing, a vibration emanating from you and I can sense it. You tell me of what you have thought, how you have felt and what you have done, yet your very manifestation denies what you claim to have found.

Above all things you need to know how you can become attuned to the impersonal power of Love so that It can express through your body-temples as It did of old through the Master, and still does today. In turning to this spiritual source of all Good you must bring with you all your courage, be willing to make the ultimate effort, offer up all your trust before you, and hope to see a glimmer of light that will lead you to an inner perception of His Presence. The more completely you become aware of this, through the development of faith, the sooner will the manifestation take place and the sense of separation disappear.

In essence it is simple, as I have often said; it requires only the realisation of our oneness with God, but in practise it is far from easy. We have our own stubbornness, resentment, and arrogance to cope with, our

emotional make-up to reckon with, which all divide perfect Spirit from discordant flesh and will continue to do so until in meekness, humility and love we recognise our true natures, not in ourselves alone but in our neighbours also, and decide to express the Christ within us in all things and towards all people.

We are – each and every one – projections into consciousness of the Spirit of Life; we are learning to know this, just as the Master had to know it, and none of us can escape this obligation. If, on passing on from here to another plane, you have not fulfilled your duty where you are, you will carry on there from where you left off here. You will not be translated from your present state of consciousness into a heavenly one; it is not any physical development that you are attaining here on earth, but a spiritual one.

Often you say to me, “What right has this or that person to have such wealth?” And I reply that he has earned it! Consider, if you will, any crowd of a thousand people: all are equal in spirit, but certainly not in spiritual consciousness, and every atom of good that you see manifest by any one of these thousand individuals has been earned by effort, before it has been able to externalise in his or her life. Whatever you have on the inside will show forth on the outside, but that which is not within cannot express without.

If you question, “Why has this one a healthy body while mine is sick?” rest assured that what you are envying is a reflection of

his steadfastness in faith, not something that, once brought with him, has still to be worked for; the awareness is so integrated in his individual consciousness of God, as Life, that this divine Livingness cannot but manifest in his physical body as health.

It doesn't help to envy what the next person has; his happiness is yours, his prosperity is yours also. If you are not demonstrating these, that is your own fault. You need to build them up within yourselves. I did not find it easy, when I was full of fear, not knowing which way to turn to pay my debts, to achieve a consciousness of prosperity, but I never allow myself to recognise lack as a reality. I did not take a couple of practical steps and then stop, waiting for God to take over. I went on and on trusting him – not with faith, for that I did not have – but believing in, relying on, the verities of which the Master taught. I kept my purpose one-pointed. I did not deviate, and you can do the same. You can attain the very consciousness that the Master had; you can establish the Kingdom of God, which is an integral part of your spiritual selves, if you are prepared to continue steadfastly, and you can moreover dwell therein.

You must ask yourselves, “How much do I want to find all this?” Let us forget for a moment the word ‘God’ and ask, “How much do I want prosperity, happiness or health? Is it an all-consuming desire within me?” And if it is, that driving urge is the Presence called God, or if you would rather use it, you can substitute the word ‘Life’. The Presence of Life is trying

to express Itself through you to a greater degree, but you must provide the vessel. What active steps are you taking? And if you fail in the first venture will you give up?

I had many failures but I did not say, “God does not work for me. God is not concerned about me, neither is He interested in my welfare.” How can He be anything else when His Love and His Life constitute His very body-temple either as you, or me? For me to say that God is indifferent to me is to say that I am indifferent to myself, and for you to say this is to claim that you are not concerned about your good, your happiness, your health, peace, or protection. When will you get rid of that sense of separation? When will you understand that what you think of as “you” is God Himself, the Spirit of Life, Omnipotence and Omniscience, working through Himself. He has made Himself bodies through which He is functioning here as also on billions and billions of planes in myriads and myriads of ways.

Of yourselves you can reach no higher than your own concepts, but Faith and Vision can take you as far as you ever want to go – even to the Infinite – for These are God Himself, Whose one purpose is Self-expression through each and all of us.

He is a prolific provider, *vide* the millions and millions of seeds that are thrown to the winds when half a dozen suffice for a garden. If we would take note of His Munificence and

identify ourselves with It and appreciate that the Spirit expressing in that lavish way is the Father – our Father, Who is trying to come through by means of us, we should nevermore lack for anything.

It needs courage, persistence of purpose, the capacity to blind one's eyes to conditions, and furthermore it demands the realisation that emanates from the heart.

Ref. The Path of Truth, August 1978



Thoughts from a Truth Student...

The reasoning faculties cannot shed light on man's ultimate being.

There is a nurturing power in the universe and we need to come into contact with it. Fill the mind with nurturing thoughts and perceptions.

Avoid stress, emotional upsets, and relationships; also environments which are chaotic or depressing.

Calm the mind so that it may hear the counsel of the voice within. Go to the secret place of the Most High and escape from the troubles of the world. Enter the silence in which you become conscious of the reality of your being.

EW

Lecture by Nicol C. Campbell

Identifying with God

To me it is inexplicable that so few people understand what is meant by “unity”. For years I have lectured – delivered hundreds of addresses – on the subject of man’s at-one-ment with God. I meet people in all walks of life from the humblest to the most exalted and it is my privilege to speak with both the illiterate and the erudite, so I think it must be due to early conditioning that the majority find it so difficult to comprehend their own spiritual natures.

In their own minds they separate the microcosm from the Macrocosm which comprises the entire universe. There is always a “but”, some qualification or reservation in their attitude, to what I am trying to clarify. The great Macrocosm is what is called God, Love, or Truth, yet when it comes to personal problems people concede that the matter under discussion is a part of Deity but resist strenuously that it is He.

I tell them that if they understood the prefix “omni” (all) there could be no question of a microcosm and a Macrocosm, for if the Divine Presence is everywhere evenly on hand ALL the time – not more in me and less in them, or less in me and more in them – no other entity could exist. It is only because the individual is unable to accept his true identity that so much poverty, misery, sickness, hatred and innumerable other problems make up the human consciousness.

“I and my Father are one”, said the Master; as I am in the Father and He in Me, so is He in you, nearer to you than your hands and feet, closer than your very breath, constituting your Spirit, mind, soul, body and affairs. I sometimes think of God in terms of electricity. Even the greatest scientists cannot explain what it is or whence it comes, but because of the ideas implanted in their minds by their Maker they are able to harness this force so that it gives them light, heat and power. I switch on a light and do not thereby create anything. I merely set in motion something which, though not brought forth by man, has been condensed, released and manifested on the spot where I happen to be. If I switch it off I shall not have destroyed anything, it will still be present for either you or me again to set it functioning.

I want you to think of yourself as a globe which is permeated from the centre to the circumference by the spiritual Essence in which you live, move and exist. If then you are not in tune with health, happiness, security or prosperity, you do not have to supplicate God in this connection or to approach Him through any person, group of persons, or particular spiritual channels since you are yourself the Spiritual Life which says to you, “SWITCH ME ON, RELEASE ME, the Kingdom of Heaven is within you, for are you not a temple of the living God?”

Someone was telling me the other day of all his good deeds, of how much he does for God, how kind and forgiving

he is, and I replied, “Those are things you have, routinely, to do; but virtue, being quite apart from consciousness, is its own reward. I could be spiritually and morally a wonderful person, but if I had not the awareness of who I am and what I am expressing I should be dark, like an unlit globe waiting for the light to come through, and so I should remain until I had set the light free.”

The human intellect assesses everything by the circumstances and conditions which the lying senses observe, but the Mind which brought the whole magnificent creation, including you and me, into being can never be contaminated by human thinking and feeling any more than electricity or light can be affected by our blessing or cursing them. They merely remain quiescent until we switch them on, when, following upon our faith in them, they will manifest as illumination, power or heat.

When I look at my body I see the impact that my emotional acceptance of separation has made upon it in the form of physical scars, which the onlooker also can read. The person with an incurable disease who, upon discovering his own at-one-ment with God, is suddenly healed, did not create anything. When the Life Force flowed through him, God had not intervened and caused It to be created for him, he had himself touched the switch that liberated It. By recognising this divine identity his troubles were dissipated.

Though I have been selflessly serving God for many years, He does not love me more than the beggar in the street. If I do not possess a greater consciousness of the Truth than he does, however “good” I may be in your opinion, or my own, I shall reap no reward. What is required of me is that I prove the Law and attain Self-realisation.

It takes time to free the intellect from circumstances, conditions and personalities and to turn it inward to the thoughts of Beauty, Health, Goodness, Protection and Security that Divine Mind is impacting upon the individual awareness. Let me try to make myself clear. Think of yourself as a jug into which you are pouring from the outside all manner of negative ideas while from the inside the positive concepts enshrined in the Spiritual Mind are trying to assert themselves, so that we have Life, Health and Joy, Happiness and Affluence contending with disease, poverty and misery for the abode to which you hold the key, and which you are going to open to one or the other. If you permit negative thoughts and feelings to intrude into your awareness, error will impress itself upon your whole subconscious, where your thoughts, like seeds, are waiting to germinate.

If you offer them no resistance they will burgeon forth and you will wonder what has happened to you, why you have suddenly become sick, miserable, with your prosperity dissipated, and you will ask, “What has God done to me?” Nothing, of course. You have accepted those notions, made them a part of your emotional consciousness where, like weeds, they have flourished.

You can, naturally, deny them reality as you allow the Christ-mind to move into your subconscious which, not being possessed of personal power, cannot debar It. Whatever you admit into your subconscious mind becomes an integral part of the warp and woof of your being; and when you form a new and positive habit of thinking, feeling, speaking and acting, a new rhythm will be established as disease gives way to health, prosperity takes the place of poverty, happiness ousts misery, and everything falls into place without effort on your part. No external influence is interfering with you or changing your life; you are doing this as you allow God to enter into your consciousness as light flows into a lamp, instead of – as you have been doing - permitting negation to move in.

The majority of human beings suffer from the ‘ills of the flesh’ because of their negative attitudes. A profound statement made by Solomon was, “As a man thinketh in his heart, so is he.”

Since the emotions pervade the entire body, I would personally change the wording of the Biblical text to “As a man feeleth in himself, so is he.” The architect draws, quite dispassionately, the plans for a certain house, which he gives to the builder who follows them and erects that particular design. No emotion is involved, only lines and figures, in other words, Law and Order.

Feelings have nothing to do with the mechanical side of life, but when it comes to the body it is as a man feeleth that

it reacts. If, with a deadpan expression, I were to sing a song to you, I might be note perfect, completely accurate in every respect, yet you would probably say to the person sitting next to you, "That does not touch me at all; he has nothing to give." On the other hand, an entirely untrained person, singing from the heart, pouring out his whole being in his voice, would bring tears or laughter to the eyes of all who heard him.

Similarly, if your mind and emotions are not brought into play, you will be praying amiss with no integration, or unity, of thinking and feeling and your prayer will not bring forth results. You can sit and read a series of words (like a psalm, for instance), say the Lord's prayer, make any number of affirmations, and this will amount to nothing. But according as you think and feel in a constructive or negative manner, you will be praying all day long.

The one attitude releases God the Good, the other prevents His manifestation. In true prayer, you identify yourself mentally and emotionally, joyously and happily with what you desire, while you claim it as being yours, because you have faith that God is thinking and feeling it through you, so that it cannot help fulfilling itself in, for and AS you.

People often say to me, "I do my mental work every morning," and I wonder what they mean. Does this indicate that they ask God to be their health, happiness and prosperity and declare that He is these qualities constituting them? If so, all will be well, but if there is no emotional contact there will be no releasement.

If you have not yet demonstrated the good you long for, you can always try again. Every single day, from the moment that you open your eyes until you drop off to sleep at night, opportunity never stops knocking at your mental-emotional door. If you desire any good thing of God, remember that His needs for you are precisely what yours are. He must have health, happiness, prosperity, security and freedom from fear in His Self-expressions (one of which you are), and your yearning for these is His Presence drawing your attention to your heritage, telling you who and what you are and why you are on this plane of experience.

All you need for fulfilment is, not words, but a surge of gratitude for His Love and His very Life, Health and Substance which are externalising as you. It was because the Master recognised this that He stated, "I and my Father are one," and it is for you to realise that "whatever He is, I am also, FUL-FILLED, not tomorrow, next year, in the future but NOW."

What you have continuously to claim is, "I am this day God's love, consummated as complete Wellbeing."

Ref. The Path of Truth, August 1975

PRAYER

*Our Father; Spirit That is Love within me,
revered and holy be Thy name.*

*Let Thy Kingdom of Love and Goodness
come into expression through me, and Thy Will be carried
out in and by me,
here upon earth as is done in Thy Spiritual Realm.*

*Be Thou this day, the fulfilment of my every need and
the illumination of my understanding.*

Help me to forgive my debtors that I myself may be set free.

*Teach me of Thy Presence of All-good
and lead me away from all error thinking,
all negation, delusion and vacillation.*

Preserve me, my Father, from every kind of separation;

for Thine is the Kingdom within me,

the Power and the Glory that fill me,

for ever and ever, Amen

MEETINGS JANUARY-FEBRUARY 2015

**JOHANNESBURG
THEOSOPHICAL SOCIETY**

31 Streatley Avenue, Auckland Park

First, second and third Sunday of the month at 11:00 a.m.

Sundays: 1, 8, 15 March; 1, 8, 15 April

Lecturers – Andre Walters, Edwin Wood and Jimmy Wilson

**DURBAN
THEOSOPHICAL SOCIETY LODGE**

306 Avondale Road, Berea

Second Sunday of the month at 10:00 a.m.

Sundays: 8 March; 8 April

Lecturer - Diane Evelyn

**PRETORIA
THEOSOPHICAL SOCIETY LODGE**

Via D.T.I. Building, Entrance Meintjies Street, Sunnyside

Second Sunday of each month at 10:00 a.m.

Sundays: 8 March; 8 April

Lecturer - E Wood

To confirm date and times of meetings, contact your
representative or Johannesburg Centre:

Telephones: -27(011) 482-5622/5856

Fax: (011) 482-4857

**CAPE TOWN
ERIN HALL**

Erin Hall, 8 Erin Road, Rondebosch at 11.00 a.m.
Sundays: Dates for March and April to be advised
Lecturer – Peter de Kock

SCHOOL OF TRUTH ZIMBABWE

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MEMBERS' GUIDE

We believe that students of Truth should make their daily life reflect their beliefs and faith. One way of doing this is to choose an idea or affirmation which can be thought of during the waking hours, perhaps the affirmation offered in the daily thoughts.

THE PATH provides a number of guidelines some of which may help one to focus in a spare moment of time:

13. We put first things first and refuse to let minor irritations and problems take our time and energy.
14. We make every effort to see that our conversations reflect a loving, tolerant understanding and gracious attitude.

March 1**Sunday*****MEDITATION******“Help Thou my understanding...”***

My Father,

The Law of my Being is perfect and I know that as long as my vision is one-pointed to Your Good there can be no obstruction to the Law. At the centre of my being are Your Divine Life, Perfect Peace and Complete Happiness, and this all-embracing perfection is now projected into every atom of my physical expression. Help me to a greater understanding that everything necessary for my GOOD has already been provided by You and awaits my progressed consciousness to bring it into manifestation in my life. Even the means to remove any obstruction to the fulfilment of my needs has been given me in applying this understanding.

Thus it is that I realise that my unity with You through faith, is both practical and spiritual and finds a Divine Purpose in lifting me above lack and limitation.

In love and service to my fellowmen I find complete unity with the Law of my Being and all else falls into the appointed place for my highest Good under grace.

March 2**Monday**

✧ *He who repeats a matter separates friends*
(Proverbs 17:9)

I try my utmost to make life happy for those about me

How many homes have been spoilt if not broken up by the nagging of husband or wife, and by the continual harping on grievances? Such people are most difficult to live with.

We are liable to nag about so many things. The other man's job is so often easier than ours, in our own opinion, and the more we grumble the more ill-used we shall seem. If we are not manifesting health, the more we talk about it the more sick we shall think we are. If we moan about being tired, the more weary we shall probably get.

If we think we have anything to complain about, let us keep it to ourselves and not spoil the lives of those about us with our grumbling. No one has the right to make life a burden to others by harping on things. Our mission should be to make existence pleasanter, not to sow discord. 'Least said, soonest mended' is a good motto, even though it may be trite.

Let us put aside the irritations we have to endure at times – to harp on them is futile.

March 3**Tuesday**

✧ *Happy is he who keeps the law*
(Proverbs 29:18)

**I keep the law of love, and trust in God. In this way I
know true joy**

We all want to be happy but do we realise that the one way to find joy is by obeying the laws of the universe? We may think it lies in having our own way in everything, but unless our way is also God's way this is not so. The laws were made for our well-being so we should abide by them.

Happiness is a state of mind and it comes from within. We may derive pleasure from outward things but true joy should not be confused with pleasure. There are times when we know sorrow for it is a part of life, but if we have our minds stayed on God we shall not be submerged by it. We shall be able to rise above it.

In the Psalms we read: "Let all those who take refuge in You rejoice, let them ever shout for joy, because you defend them; let them also that love Your name be joyful in You."

If we want happiness let us look to the inner Spirit for it, and keep God's laws.

March 4**Wednesday****April 1**

✧ *If any of you lack wisdom, let him ask of God*
(James 1:5)

As I live the life of Truth, wisdom develops within me

The first thing we have to do is to recognize that we ARE lacking in wisdom; many of us are so self-satisfied that no such notion ever enters our heads. The second (when we have awakened to our shortcomings) is to turn within to God and ask for guidance and unfoldment from our indwelling Omniscience.

Our thoughts produce our conditions for us; they cannot alter our nature whose Divine Pattern is registered and maintained in the archives of the Godhead, but they colour our lives and regulate the whole tone of our subsistence on our present plane of awareness. That is why we must at all costs acquire the Wisdom which will enable us to govern our thinking constructively, and align it with the TRUTH OF BEING. Doubts and fears must be cast out, all beliefs in a power apart from Omnipotence must be abandoned, all traffic with seeming evil must be eschewed, and we must take our stand firmly and irrevocably upon the Spiritual Foundation of GOD-ONLY.

March 5**Thursday****April 2**✧ *Now is the acceptable time*

(II Corinthians 6:2)

I act with love in my heart and my action is a pleasure

How often we say that we ‘haven’t time’ to do this or that. But don’t we usually find time for the things we really want to do, even if we have to steal it from sleep? The excuse that we haven’t time generally means that the urge to do a thing is not great enough.

Do not put off until tomorrow what should be done today. The opportunity may not recur. We all have duties to perform in our leisure time – to our dear ones and to others, some of which we would not neglect even if we could, but others which may irk us. Let us not postpone these things or make excuses for leaving them undone but remember today’s text. If it is something we dislike doing we will feel much happier when it is behind us.

We cannot go through life doing only the things we want to do, and it would not be good for us if we could. Let us do our duty as something done for God, for that should help us enjoy it.

March 6**Friday****April 3**

✧ *Casting all your anxiety upon Him because He cares
for you*

(I Peter 5:7)

**The burden too heavy for me is no longer mine but
God's, and He as Love, sets me free**

What a pity it is that more of us cannot trust God more. We think we do it often, but we seldom do it completely. If we were able to cast off all our worries how free we should feel!

The reason why, when we hand ourselves and our affairs over to God, we so frequently go on being anxious, is because we are lacking in the necessary faith. If our faith were absolute we should never be worried. Knowing that God is within us, ready to help us in times of stress, we should be able to remain poised.

Today's text tells us that God cares for us. The Christ offered to bear our burdens for us. He said: "Come to Me, all you that labour and are heavy laden, and I will give you rest." And how often we should be glad to go to Him and find rest, but it evades us because of our lack of faith.

Cultivate trust in God so that you may be free from your burden of care. Relax in His love and be at peace.

March 7**Saturday****April 4**

✧ *Set your mind on things that are above*
(Colossians 3:2)

Above all, I seek to express greater love, wisdom and understanding

In his Epistle to the Philippians, the apostle Paul wrote: “Whatsoever things are true, whatsoever things are honest, whatsoever things are just, whatsoever things are pure, whatsoever things are lovely, whatsoever things are of good report; if there be any virtue, and if there be any praise, think on these things” because he knew that the things we “think on” are what must inevitably manifest in our daily lives, for the lives of all of us are nothing other than an accurate out-picturing of what we hold in consciousness.

Where so many of us go wrong is that we train our eyes upon material things. We look to them under the mistaken impression that they of themselves will bring us happiness – which they will if we have sought first the Kingdom of God and His Righteousness. This ‘righteousness’ is not any psalm-singing piety; it is a true assessment of the relative spiritual and material values, the setting up of a standard of living in which the things of the Spirit take FIRST place.

March 8**Sunday****April 5*****MEDITATION******Divine reflections...***

My Father.

When the other day I read in a book the words, “I wonder when they’ll see that religion can never be part of anybody’s life and that God isn’t very much interested in religion, only in love,” they gave me a feeling of great upliftment.

It seemed to me that we, Your children – of any number of denominations – do not have to worry about our differing dogmas, tenets, ceremonies; all we have to do to enter into complete at-one-ment with You is TO LOVE.

To think well of our fellowmen, to see their virtues instead of harping on their faults (of which all of us have plenty), to serve them willingly, spontaneously, selflessly, putting their interest before our own, and then, in all our ways, to remember You, my Father, who because You are Love Divine, see no shadows in individual lives but only the reflection of Your own infinite Goodness and Perfection. And when we understand this, all questioning, doubts and hesitations fade away as we worship You – and You alone – “in Spirit and in Truth.”

March 9**Monday****April 6**✧ *Giving thanks for all things*

(Ephesians 5:20)

Thank you Father, for the blessings of my daily life

Gratitude is an expression of Love, and Love is the fulfilment of the Divine Law, and the fulfilment of the Law is the means whereby we are richly supplied with ALL GOOD; so we have every inducement to render thanks for all things.

There may be times in our lives when we feel we have little to be grateful for. Perhaps people or circumstances or both seem to be against us and we cannot see what we have done to deserve the experiences through which we are passing. But all things work together for good to those who love God – remember?

Be sure to turn to Him often during the day and give thanks, even for what appear to be small things. The finding of something that seemed lost, for instance- wouldn't it be a good thing to give thanks that it had been restored to you? Life is made up of little things and we should take every opportunity of showing our gratitude for ALL things, both the great and the small.

March 10**Tuesday****April 7**

✧ *Let the words of my mouth and the meditation of my heart be acceptable in thy sight*

(Psalm 19:14)

I will try to be an example of Truth to my fellowmen

Every man is his brother's keeper. Everyone of us has a duty to his fellowmen – that of so arranging his behaviour and his life, that these can be an inspiration to those who come into contact with us.

Consider the pattern with which a drunken father furnishes his son – or any of his associates; the sort of model a shrewish mother holds up to her small daughter, or to the rest of her household. Do you feel inclined to argue that if this man chooses to abuse his body by keeping it in an intoxicated condition, it is his affair? And would you contend, in the case of the woman in question, that she has an alienable right to order her mind and emotions to suit herself, whether she keep them in a state of tension and turmoil, or in one of peace and harmony? If you would, you have overlooked the fact that man does not live unto his himself alone.

We are all made in the image and likeness of the Father, and only as we remember this and all that it involves shall we find favour in His sight.

March 11**Wednesday****April 8**

✧ *This is the day which God has made; we will rejoice and be glad in it*

(Psalm 118:24)

With my faith in God unwavering I welcome all experience

Do you, when you get up in the morning, look forward to a full and happy day? Or do you regard it as a time to be got through as best you can because you anticipate no pleasure in the hours to come?

Make up your mind that today you will be happy. You will look on your work as work done for God and so you will enjoy it and do it as well as you are able. You may feel that your labour is not appreciated but God appreciates it when you do your best, so what does it matter about anyone else?

It is our duty as followers of the Christ to be happy and show smiling faces to the world. Religion is not the miserable subdued thing that it might once have seemed. It is something that should shine through our eyes and make our mouths turn up at the corners.

If you will regard God as a loving Father who wants you to have the good things of life, it will help you to be happy.

March 12**Thursday****April 9**

✧ *Do not be afraid, stand still, and see the salvation of the Lord*

(Exodus 14:13)

I will not fear for God is my strength and my courage

Many people are afraid because of what has happened to them in the past. They fear that it will recur. It may be that they have had a nervous breakdown and they live in the shadow instead of putting it behind them. Or possibly they have failed in their undertakings and dread that they may fail again.

The past is over – let it go. Live in the present – live each hour and each day at a time. On what you do today much of tomorrow's work will depend so do your best NOW, then the future will take care of itself.

It is difficult sometimes to be still. In a time of crisis we are liable to lose our heads. Let us turn to the God within us and claim His help and His peace. Let us learn to be still and know that He is God – that He is ready and willing to help us in times of stress.

We should all try to relax and be quiet for a certain time each day, so that we may feel the Presence of God within us.

March 13**Friday****April 10**

✧ *He will give His angels charge over you to keep you in all your ways*

(Psalm 91:11)

I acknowledge only the omnipresence of God always active in my life

Since God is indivisible and everywhere present, the ‘angels’ can be none other than Himself, Who, according to His own promise, is “with us always, even unto the end of the world”. They are but a literary description of the Creator who is taking charge of His creation and will keep us in all our ways if we acknowledge Him. We need never feel alone, defenceless or afraid, for we are integral parts of His Being, which would be mutilated and incomplete if any one of us could be done away with.

No matter into what byways we may wander during our journey through this visible realm, we cannot get outside His orbit, cannot remove ourselves from His care. In any difficulty into which we may fall, the Divine Quality which will come to our aid can, in a manner of speaking, be personified as one of His “angels”. But it remains in fact that attribute of the Godhead that is set in motion by Him, to rescue us from the effects of our own folly.

March 14**Saturday****April 11**

✧ *Your ears shall hear a word behind you saying. "This is the way, walk in it"*

(Isaiah 30:21)

I am divinely inspired and led to do what God would have me do

We often receive letters asking us to pray that the sender shall make the right decision over some matter that is important to them. And we tell them to put it into the hands of God in faith and wait for guidance. They should not worry as to how the guidance will come, but just wait patiently for God to lead them.

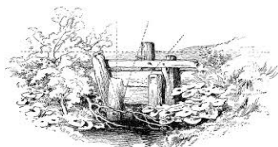
Do you remember the words of Miss M Haskins?

"I said to the man who stood at the gate of the Year, give me a light that I may tread safely into the Unknown."

And he replied:

"Go out into the darkness and put your hand into the hand of God. That shall be to you better than light, and safer than a known way."

God may use other human beings to direct us. We may meet someone who knows all about the matter which is troubling us and who can tell us exactly what to do. When guidance comes, let us follow where it leads and leave the result to God.

March 15**Sunday****April 12****MEDITATION***My every need...*

My Father,

I accept Your promise that before I call You have answered. You know best how my need should be met as I do my share in not letting appearances lessen my faith.

Now, I let all sense of worry fall from me for I know that unless I eliminate worry and fear from my consciousness I am not doing my part. I trust Your Love and Power working for me and realise that the switch is in my hands and unless I keep it turned on, the Light of Understanding cannot illumine my consciousness. Help me to gain the realisation of Your ever-present desire to guide and help my every effort to attain the good I need.

All the Good, the Supply, the Health, the Peace I need exist in Your Kingdom in overflowing measure awaiting my enlightened consciousness.

Father, in quiet faith, I accept Your promise and meditate upon the Truth that lifts me above all selfish desires, for I have learned that Your love in action through my love and wisdom, is the fulfilment of my every need. SO BE IT, SO IT IS.

March 16**Monday****April 13**

✧ *Do not let the sun go down on your wrath*
(Ephesians 4:26)

**I react only in goodwill and tolerance toward those who
would harm me**

Never bear a grudge against anyone. If someone tries to hurt you, forgive him at once and do not harbour any ill-feeling. If you do, the injury is likely to grow, and fester in your mind, which will be bad for you in every way.

The Christ taught us how to forgive, for did He not pardon those who crucified Him? If He could forgive in His agony, surely we can pardon the lesser things which men do to us.

If at the end of the day we find that we have any feeling of resentment within us towards anyone, let us change our thoughts about him immediately. Let us remember that within us is the Spirit of love and where there is love there cannot be anger. We separate ourselves from love, however, when we harbour destructive emotions. We cannot live the life of love, which is the life of the Christ Spirit, and retain any feeling of animosity towards His children. Spitefulness and love cannot dwell together in the same heart, if we are living a godly life.

March 17**Tuesday****April 14**

✧ *The Spirit of the Lord will come upon you*
(I Samuel 10:6)

I am an expression of God, therefore He and I are one

God is Omnipresence AND He is Spirit, therefore Spirit fills all space and those living in space – ourselves. Also, It does not “fill” us as air or water fill a container, It is both container and content; in other words we are entirely made up of Spirit. This is the absolute truth about every man alive, but very few know it in the same way, and to the same degree as they know that they have noses on their faces. Yet, it is this knowledge of the truth that is of vital importance to them.

It is quite true that the chairs we sit upon are constituted of invisible, intangible energy in a state of vibration, but for the person who knows nothing of the atomic structure of what is called “matter” they are solid through and through. But when we have to decide whether we are spiritual or material beings one with God or separated from Him, we have to be very sure that our conclusions are based upon truth that there is only God, that His Spirit CONSTITUTES us and does not have to “come upon” us from without.

March 18**Wednesday****April 15**

✧ *Be doers of the word and not hearers only*
(James 1:22)

I try to live the life of truth in word and action

It is good to study Truth and meditate upon it but it is not enough. We must put it into practice.

There are people who shut themselves away from the world in order to lead the Good Life, and if they think that is the right thing to do then it is right for them. But the majority of us have to live in the world and have no desire to separate ourselves from our fellows, and it should be our desire to practise Truth in all our dealings with them.

Look at it in this way. You may have a vast store of knowledge on some subject but unless you share it of what use is it? You may be a great and earnest student of Truth but unless you live the life of Truth of what value is it?

Let us show our love in deeds as well as in speech. Actions are of more moment than words, and example is better than precept. Then let us not only go to church and to lectures and listen, but also DO.

March 19**Thursday****April 16**

✧ *No man can serve two masters*

(Matthew 6:24)

Daily I practise the presence of God in love and trust

We must put God before all else if we are to live the life of the Spirit. We cannot serve Him and be materialists as well.

Is it of any use to worship Him on Sunday and forget Him for the rest of the week? There are people who say that you cannot put the principles of Truth into practice in business. 'Business is business' is their motto but unless God enters into everything we think, say, and do, of what use is our religion to us? In business as in everything else we must do unto others as we would have them do unto us. We cannot serve God on Sunday and do Him a disservice through His children on Monday.

We are one with all that is good. If we build up our consciousness on that thought we shall be happy people. We cannot serve God and mammon – mammon being wealth regarded as an idol or evil influence. Let us put no other gods before the one and only God. Let us be sure that we are serving only Him.

March 20**Friday****April 17**

✧ *I can of myself do nothing*

(John 5:30)

I can do all things through Christ Who strengthens me

In the above text are the words of Christ. He took no credit for the wonderful things He could do, and He wanted no glory from men.

If we desire to follow in His footsteps we, too, must be humble. We, too, must give the praise for anything we may accomplish to God, to Whom it belongs. Without Him, we could do nothing – we could not even exist; and we do so only because His Life is within us. We are one with Him, and any good thing we do is done by means of His power.

What wonderful things we could do if we fully realised and felt our unity with God! We should be able to do what the Master did. But so many of us still think of God as Someone outside ourselves, instead of One Who constitutes us – even as we are part of Him. His power and His strength are ours to use when we obey His laws and when we trust Him fully. According to our faith it is done unto us; and according to our faith we can do.

March 21**Saturday****April 18**

✧ *Not as I will, but as You will*

(Matthew 26:39)

**I allow God's Will to manifest in my life through the
love and trust I express**

If only people would realise that God wants only what is for their ultimate good, they would not be afraid to use the above prayer. If they knew it beyond any shadow of doubt they would be ready at all times to put themselves in God's care and leave everything to Him once they have played their part. For we must do our share. He does not do for us those things we are well able to do for ourselves, otherwise why would He have given us minds with which to think and hands with which to work? We should claim His help at all times but if, in face of everything we have tried, we are not able to solve our problems or overcome our difficulties, then we should stop struggling and hand everything over to Him.

If God's will were done in, to, and through us all we should be perfect, and then we should be ready to move on to some other plane of consciousness.

So many people when they pray say "Please give me..." instead of allowing God's will to be done. Do not be one of them.

March 22**Sunday****April 19****MEDITATION***Spiritual blueprints...*

My Father,

As I reflect on the multitudinous things that in this day and age human beings have come to look upon as necessities, and of the many people who lack most, if not all, of them, I want to give thanks to You for the teaching of Truth which lays great stress upon the Master's assurance that "I and My Father are one."

It would – it seems to me – be impossible that You should be divided from Your IDEAS, and if this is so they must be omnipresent (as You are) and in consequence of mankind's unity with You, they must be part and parcel of every individual alive.

All manifestation is the outpicturing of concepts held in Mind (this is illustrated in our experience as we remember that before ships, cars, trains, and houses came forth as concrete entities they were blueprints in the minds of the their designers) and because there is but one Mind, in which we participate, what that Mind contains must be the Spiritual Blueprints that we, by aligning ourselves with them, shall permit to express in, through and for us in our visible world.

March 23**Monday****April 20**

✧ *For as he thinks in his heart so is he*
(Proverbs 23:7)

I use my mind to create what is good

We are only on the fringe of realising just how much power there is in thought. The people of the future will use this power to a far greater extent than we do today.

Every act begins as a thought in the mind. In what thoughts are you indulging? Are you thinking of health, for example, or of sickness; of poverty, or of prosperity? Our thoughts attract similar ones to them and thus increase their power; surely then it is only sensible to control your mind and think positively? You cannot expect to be well if you are constantly thinking of illness, or to share in God's abundance if you are blocking up the channel through which His goodness flows by thinking of poverty. And so it is with other things.

Imagination is creative, so use it to bring you the good things you need. Make a mental picture of yourself as you would like to be and keep it before you. But remember, you must keep God's laws if you wish to enjoy His benefits.

March 24**Tuesday****April 21***✧ I will fear no evil***(Psalm 23:4)****I stand still and see the salvation of God and I do not
fear**

Probably most of us fear something or someone. And fear is a difficult thing to overcome, yet it is only faith in the wrong thing.

Some people are afraid of poverty, sickness, the future, death or even of life itself. There are those who fear old age, thinking that the days will not be worth living perhaps, in the later years. And what a dampening effect fear can have. How can we live fully and richly if we live in dread of something or someone?

To overcome fear let us live each day as it comes, making the most of our time and allowing the future to take care of itself. Let us each morning put ourselves into God's loving care, giving thanks for His protection at all times. Let us face our fears whatever they may be, with courage and so conquer them. It is useless to try and turn our backs on them or to run away from them. If we try to avoid them they will probably pursue us. Then let us confront them and overcome them with God's help.

March 25**Wednesday****April 22**

✧ *He that is without sin among you, let him cast the first stone*

(John 8:7)

**I will think, speak, and act as I believe God
would have me do**

How ready, even eager, we all are to cast that first stone. It is so easy to see (or imagine we can judge) where another has gone wrong and even easier to overlook our own shortcomings and to forgive our actual sins, but the Christ's message runs "What is that to thee? Follow thou Me."

It goes very much against the grain to disregard the unjust, unkind or unseemly actions of others – even when these are not directly against us personally – but if we can so control our human irritability as to do so, the reward will be great. We shall save ourselves any amount of irritation, shall free ourselves from all emotional tension, and find that we can go our ways calm and composed.

If instead of criticising, resenting and judging those around us, we will keep our eyes single to the good and think God's thoughts after Him, we shall find our lives running smoothly along the spiritual tracks that lead directly to the Kingdom.

March 26**Thursday****April 23**

✧ *You shall know the truth, and the truth shall make
you free*

(John 8:32)

**I give thanks to You, Father, for my unity with You and
all You have created**

The truth is that we are one with God and all that He is and has; and we are on this plane of consciousness in order to become ever more aware of this fact. We are part of Him and He is part of us. We need Him and He needs us to be His instruments here on earth – to be the channels through which His love and help flow to His children.

If we knew and felt our unity with God – with His love, wisdom, power, and knowledge – we would not consider ourselves the victims of circumstances but know that we had been given dominion over these things through the power of God within us.

As we are one with God so, naturally, we are one with each other. We are all members of the great human family. We all spring from the same Life-force and therefore we should be kindly disposed toward one another. Emerson says: “Within man is the soul of the whole; the wise silence; the universal beauty, to which every part and particle is equally related; the eternal One.”

March 27**Friday****April 24**

✧ *Put on therefore ... a heart of compassion ... forbearing one another*

(Colossians 3:12,13)

I respect the opinions of others as I wish them to respect mine

If only there were more tolerance in the world how much more peaceful it would be. But men and nations are not prepared to live and let live. They want what others have; or try to make them alter their way of life and do as THEY think they should do, instead of letting them alone to live as they think fit.

We should be tolerant of other people's religion. Differences of race and colour and background necessarily give us different points of view, but because I do not think as you think, there is no reason for me to criticise you. Any religion, no matter what its form, that is based on universal love, is good. Ernest Renan says: "The worst of errors is to believe that any one religion has the monopoly of goodness. For every man, that religion is good which makes him gentle, upright, and kind."

There is more than one path which leads to God. "In my Father's House are many mansions." Then let no man think that he has found the only way.

March 28**Saturday****April 25**

✧ *You are already full! You are already rich!*
(I Corinthians 4:8)

**I am a child of God and heir to all that He has and is,
for which I give thanks**

Those who are not demonstrating abundance will possibly find the above text difficult to believe. How can anyone say he is rich when he hasn't even the necessities of life?

If we felt our unity with God in Whom there is no lack, we would realise the truth of the words quoted above. We are one with all the good there is if we only knew it. Everything we need has already been provided for us in the realm of Spirit and our FAITH will bring it into manifestation.

God, Who looks after the birds of the air and the beasts of the field has also made provision for man. Of course man must do his share. He has been given hands and a mind to use, and if he refuses to work he cannot expect to eat. It is no part of God's plan for him that he should spend his days in idleness.

Think in terms of abundance, not poverty, since as we think, so we are. Put the things of the Spirit before all else and your needs will be supplied.

March 29**Sunday****April 26*****MEDITATION***

Imagination...



My Father,

Of all the gifts with which You have endowed man, the one I cherish most is that of the imagination.

I realise that without this blessing there would be no great symphonies, no beautiful works of art, no grand philosophies, no human progress. Man would be a fleeting visitor to the world, a passer-by, leaving nothing of worth behind; serving no purpose.

It is true, Father, that the works of Your Hand would remain, that a golden dawn would overwhelm me with its stark glory, but how would I be able to SEE it as a shining symbol of Your Eternal Life? The starlit heavens would overawe me, but would I glimpse in them the Majesty of Your Might? My physical sense of sight and smell would still be stirred by the rose, but never, like the poet, would I see it as ‘the smile of God’.

Besides, without this ‘pearl of great price’ Father, I could never change the negative circumstances of my life by visualising the good You hold in store for me, for imagination is that part of us which is closest to You.

March 30**Monday****April 27**

✧ *I will arise and go to my Father*

(Luke 15:18)

**God, my Father, uses all my past experience to grow me
out of ignorance into knowledge**

The above were the words of the Prodigal Son who, having spent his inheritance in riotous living, and there being a famine in the land, was in want. So he decided to return home and ask to be made a hired servant.

But his father received him with great rejoicing. He was given the best robe to wear, and a ring, and shoes for his feet, and everyone made merry.

Are you in the depths of despair because of some wrongdoing? If so, remember that you too, have a Father Who is ready to welcome you back into the kingdom of His love. No matter what you have done, if you repent of it, you can return to Him. He has been with you all the time but you separated yourself in consciousness from Him by your ill-doing. Return to the consciousness of His Presence and let Him lift you out of the slough of despond into which you have fallen. Determine to live the Good Life in the future, then hold up your head and face the world with courage again.

March 31**Tuesday****April 28**

✧ *I will fill this house with glory*

(Haggai 2:7)

**With my Spiritual vision I keep my mind and heart
single to God, the Good**

What kind of house is this that shall be “filled with glory”? It is every individual temple of the Holy Spirit which, from the time that it was brought forth in the image and likeness of its Maker, was constituted of the All-good which is the Sum and Substance of the Almighty.

Around us and about us we see these temples, some of which are distorted, some dilapidated, some even in absolute ruins; very few are completely whole and beautiful. Yet God – who is from everlasting to everlasting – can have within Himself no seed of deterioration, otherwise He would be on the way out and His essential perfection – which is inviolate – would be impaired. Why, then, do we perceive so much mediocrity, so many blemishes and shortcomings in these houses which are the work of His Hands? NOT because He has fallen down on the job but because our minds are so geared to negation that we cannot think His thoughts after Him, cannot keep our eyes single to the good, cannot discern, through the error-appearances, the Reality behind them, and in consequence accept the false evidence of our fallible senses.

Wednesday**April 29**

✧ *You would also lie down, and no-one would make you afraid*

(Job 11:19)

**I am not afraid for my faith in my Father God
is steadfast**

If we want to feel secure we must look to God. We cannot rely on man because he may fail us through no fault of his own. He may make a promise with every intention of keeping it and then find it impossible to do so.

In the 91st Psalm we read:

“I will say of the Lord, He is my refuge and my fortress;
My God, in Whom I trust.
For He will deliver you from the snare of the fowler,
And from the deadly pestilence.
He will cover you with His feathers,
And under His wings you shall take refuge.”

Before you begin the day place yourself in His loving care, giving thanks that all is well. Know that His Presence is within you and around you and that He wants only what is for your greatest good. Appearances are sometimes deceptive; and what seem to be facts today may be disproved tomorrow. So put your trust in God and obey His commandments.

Thursday**April 30**

✧ *When you pray, go into your room*

(Matthew 6:6)

I will be still, and renew my strength in God

It is good for us spiritually, mentally, and physically to shut out the world and its noise and bustle at times and be quiet, alone, and at peace.

The world is too much with many people today – the world and its pleasures, its trials, its successes, and its failures. Too few take time to relax – to be still and know that God IS. Too few know how to pray aright. They say, “Please give me,” or ask for this or that specific thing to happen.

Let us not say that we have no time to be still, for we can usually find time for the things we really want to do. We may not find it easy to meditate, but at least we can lift up our hearts to God in gratitude.

Our thoughts are prayers, our hopes are prayers, and our desires are prayers. So are our actions. We often pray without realising that we are doing so.

Prayer is the contemplation of the facts of life from the highest point of view, as Emerson says.

AT YOUR REQUEST

Your Questions to our Panel of Truth Counsellors

Please send your requests for spiritual guidance to schooloftruth@mweb.co.za, with the topic clearly marked "At Your Request," or write to "At Your Request," School of Truth, P.O. Box 291682, Melville, 2109 Gauteng, South Africa.

Irrespective of whether we publish your letter or not, you will always receive a personal reply from one of our counsellors. We naturally change people's names to protect individual privacy.

* * *

And so I pray that I may forget
These matters that with myself
I too much discuss
Too much explain.
Because I do not hope to turn again,
Let these words answer
For what is done not to be done again.

- T S Elliot