

THE PATH



A Guide for Truth Students

Published by

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School of Truth

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SCHOOL OF TRUTH IS A RECOGNISED SPIRITUAL ORGANISATION
HAVING IN EFFECT THE SAME STANDING AS CHURCHES IN SOUTH
AFRICA WITH THE AUTHORITY TO PERFORM CHRISTENINGS,
MARRIAGES AND MEMORIALS THROUGHOUT THE REPUBLIC OF
SOUTH AFRICA

FOREWORD

Dear reader...



Years ago Life seemed to hold very little good, and, as it may now be with you, mental, emotional and physical suffering appeared to be the natural state of my existence. The answer to this great problem which I had named “my life” lay, as I discovered after much seeking through trial and error, not in the material world of effects outside myself, but in the vast uncharted realm of my WITHIN. Like the Prodigal Son, I, too, had to grow into a realisation of the fulfilment which lies in a heart and mind attuned to Good.

“I will arise and go to my father”, he said, and he found that the good, which had always been a component of himself, was his to claim – BUT HE HAD TO CLAIM IT.

Now we here at the School of Truth give to you, with our love, a booklet on the basic principles of Truth. In it is taught what each of us has to DO before we can expect to experience that fullness of life which is LOVE...GOD in pure manifestation.

Make this book your constant companion, as we do. Let the principles set forth therein become an integral part of the fabric of your consciousness. Think about them, digest them, USE them. For without their active application, life will remain a meaningless thing, or an existence fraught with fear and lack. Knowledge is power. Remember, then, that no man can attain to a true knowledge of his divine mastery until he understands and uses the fundamental principles which open the portals to that knowledge.

Our magazine, “The Path of Truth”, is supplementary to this booklet and it is designed to encourage and inspire you along the spiritual path. But you will not fully appreciate the message brought to you by the magazine, unless and until you have grasped the truth we bring to you in the following pages.

We are all at varying stages of consciousness, and the substance of this magazine, “The Path of Truth”, will appeal to you according to your own state of awareness. But it is essential that you first lay the right foundation in your approach to Truth. This booklet, called THE PATH, is your first friend and guide on the WAY OF TRUTH. Once it has been a conscious part of your daily thinking and feeling, each article in our magazine, “The Path of Truth”, will acquire a new meaning, a new strength to help you in your own inner development.

NICOL C. CAMPBELL

Founder of the
School of Truth

The History and the Work of the School of Truth

School of Truth is a recognised Spiritual Institution, having in effect, the same standing as other Churches in South Africa, with the authority to perform Marriages and Christenings throughout the Republic of South Africa.

Founded in 1937 under the direction of Nicol C. Campbell, the School of Truth was originally named the School of Practical Christianity, and all people who contacted the organisation were given instruction and guidance.

Later the name was changed to The School of Truth. The instruction courses were discontinued and in their place came this book “The Path”, which embodies the basic teachings, which is issued to each new member on request. This book, “The Path”, and the monthly magazine (“The Path of Truth”) are recognised as the mediums by which members receive guidance through daily reading and study. The magazines include a Supplement for the younger members of the family.

The work of the organisation is now again expanding to grow steadily year by year, and today there are members throughout the world.

The School of Truth belongs to its members, and the expansion of the work follows the growth of consciousness of all who maintain the organisation. Every member of The School of Truth plays a vital part in spreading the teachings, for in the degree which each individual realises God, (with Love, as an active Presence expressing as Peace and Harmony in their lives), others, by their example, will be encouraged and directed to follow The Path of Truth.

MEMBERS' GUIDE

1. We allow a period each day for meditation and communion with God.
2. We try to live every moment of the day with an uplifted consciousness, realising that our own positive prayers (thoughts and feelings) have all power in our lives.
3. We remember that progress in Truth is reflected in our thoughts, feelings, words and actions.
4. We do not waste the substance of our thought and energy on fears for the future, but live each day fully in the realisation of our true being in Spirit and Truth.
5. When we are faced with a health problem, we turn first to God, KNOWING that He is the Source of all perfect health.
6. We stand guard at the door of our thoughts and feelings so that negative ideas do not enter our consciousness.
7. We do not repeat idle gossip and negative reports which we may hear of others.

8. When an unexpected blessing or some good comes to us, we turn first to God and give thanks to Him as the Source of ALL Good.
9. If people appear to misunderstand, misjudge or mistreat us, readily forgive them, beholding Love (God) in each individual concerned.
10. Instead of looking to our employers, our debtors or other human sources, we look directly to Truth in us for Supply.
11. In taking practical steps to work out our problems, we must feel and know, that we have done our share and therefore we are justified in confidently expecting God to supply our need.
12. We do not indulge in open or mental criticism of a destructive nature regarding our fellowmen.
13. We put first things first and refuse to let minor irritations and problems take our time and energy.
14. We make every effort to see that our conversations reflect a loving, tolerant, understanding and gracious attitude.
15. We exercise wise judgement in spending and using money and other resources at our command; knowing that we are thus opening the way for more and greater good in our lives.
16. We place ourselves, our loved ones, and our affairs in God's care and we do not dictate to Him the manner in which the blessings desired should manifest.
17. When we fall short in our understanding of Truth and make mistakes, we do not waste time in self-condemnation and worry, but accept the experience as indicating an opportunity for greater growth.
18. We make it a habit to speak words of cheer and silently pray for a friend or loved one who is facing a serious problem. We do not sympathise NEGATIVELY.
19. We KNOW that as an expression of God we have unlimited ability, power and wisdom at our command.
20. We have no right to be justifiably angry about anything. We must follow the warning "What is that to thee? Follow thou ME."
21. We let go of all outgrown ideas, attitudes of mind, and conditions that may be hindrances to our progress.
22. We are convinced that God not only can, but does bless us through many channels other than our regular income.
23. In all our human associations, we conscientiously conduct ourselves in the realisation that, as Truth students, we should do all in our power to add to the happiness and well-being of others.
24. We rejoice in the triumphs, successes and blessings of others. We do not feel envious or inferior, nor are we given to feeling superior to others.
25. We remain true and consistent to Truth ideals under all circumstances.
26. We avoid trying to impose Truth ideas and principles upon others, and we do our utmost to make our own lives an example of the value of practicing Truth teachings.

Service to Members

Magazines:

"The Path of Truth" is posted to members every second month.

Lectures:

Lectures are given at regular periods in all Centres where the number of students justifies this service. The dates and venues of lectures are published in *The Path of Truth*. Members are invited to bring their friends and family to these lectures.

Correspondence:

Students are invited to write or email us. Guidance and Spiritual help is lovingly given to all.

Funding:

Sometimes we are asked what is the belief and purpose of The School of Truth, and how it is funded.

Broadly, we believe that the world will not improve until people improve and that people will not improve until they come into contact with some spiritual teachings suitable for them.

Through our teachings, for example via this publication and regular lectures, we help people to increase their spiritual consciousness and to demonstrate the Fruit of the Spirit, amongst which one may count Love, Joy, Peace, Patience, Kindness, Gentleness, Faithfulness, Goodness and Self Control. This leads them to improve the quality of their lives in terms of health, happiness, peace and prosperity, which we first create within and then experience in the physical world. As the Master said, "I have come that you may have life and have it more abundantly".

The expenses of *The School of Truth* are largely due to the cost of publishing and distributing our magazine – *The Path of Truth*, and this publication, "The Path".

Since the inception of the School of Truth in 1937 and as a matter of Spiritual Principle, these services have always been free in the Spirit of Love. This work is made possible by tithes, voluntary donations and bequests from members who receive the magazine and who wish to be a part of the continuation of what we bring to God and our fellowmen.

Interviews:

Personal talks may be arranged with our consultants. Appointments should be made by telephone, email or by letter.

Prayers:

Prayers are conducted by our Prayer Group twice a day, every day of the working week, for all those who call on us and who are in need of Spiritual help and guidance for themselves, their families and acquaintances. Members have a standing invitation to join our prayer group either in spirit or in person at 09h30 and 11h00 (Central African Time).

Truth in this Time of “New Thought” – Spiritual Philosophy

(Science and Religion)

We have passed out of the time of unquestioning belief. Humanity is no longer prepared to blindly accept everything that is told to it; it wants enlightenment. The whole basis of orthodox religion was, “We shall not argue, or doubt, or try to understand; to receive we must believe”.

Today man insists on knowing why he should believe. In olden times science and religion were diametrically opposed one to the other: with religionists contending that scientists were of the devil, and scientists looking down their noses at religion, holding it to be swamped in a mass of pagan superstition and founded on ignorant thinking and assumptions that cannot stand the test of proper scientific procedure.

Both were right according to their awareness. The scientists wanted proof, would only accept that which could be demonstrated to the satisfaction of their intellect, while religionists could not understand how man could accomplish anything without believing in God. It seemed like black magic to them, so the two were always at loggerheads, each group claiming that they were right and the other wrong. Today science and religion are merging.

Science is beginning to feel what it thinks and religion is starting think what it feels, so that a balance is being established between the mind and that heart. We can now reason out the things we feel. Metaphysics has stepped in, making spiritual realities daily truths in our lives, and teaching us not to accept things blindly, but to use our intelligence – which is as much of God as are our emotions – and to allow one to temper the other.

It is to this era, in which research and true religion have clasped hands, which we belong. The old idea of love as emotional, if not unbalanced, is fast disappearing and we now consider it to be a reasoned thing, the union of thinking and acting set in motion from the standpoint of general “good will”. We are able to think, feel and act in these terms today, because the old idea of a special religion, or race, chosen by God has been abandoned. Science has proved, and religion has accepted the fact, that there is only one Primary Force, manifest in different forms.

Because we can reason as well as feel, we do not allow metaphysicians or teachers to lead us like sheep unthinkingly following their shepherd. This New Time of tolerance and inner spiritual seeking is developing an ever growing awareness of God in us – hence the importance of right thinking. However, strange to say, right thinking is of itself quite unproductive. We know many clever people who are capable of thinking along certain lines, without being able to infuse their thinking with their feeling

They feel the impact of conditions more than do the non-intellectuals, because education has produced sensitivity in them and the fact that they can reason has given rise to confusion in their minds. They argue that they can work things out but not make them work for them. They can use laws, the principles of logic and can rationalise, but to no avail, because on the one hand, there is pure mentality or intelligence and on the other sheer emotion, and until these two are integrated there can be no real understanding.

We have to be able to direct our minds, to think in terms of logic and reason, and at the same time to have emotional ability to accept the ideas brought forth in this way as knowledgeable, recognising that it is true, not trying to convince ourselves of this to make it come true.

This is the new state of awareness to which we, young and old, have graduated. It is the new consciousness of Truth that will produce for us anything that our hearts desire. The

metaphysicians of today will be the doctors of tomorrow and the doctors of the future will have been the metaphysicians of today, because the spiritual psychologists have discovered that the healing power is the living Reality which has always constituted them.

The medicines we may take, merely stimulate the body or build up its resistance. The healing power, which is God himself, is eternally in being. It is we who bring it into active manifestation.

Starting Out In Truth

When we understand this principle we develop the ability to produce whatever we desire in our minds and bodies, yet one still meets people who say, “I feel that I did my utmost, everything that was humanly possible, and I have failed!”, but this “best” and “utmost”, unless it confirms to the spiritual principle of a perfect vision and the emotional acceptance of it, will produce nothing. We all fail many times, but in the end these failures are what drive us on to greater efforts (rather than or successes). In this way we will eventually triumph.

When we start out there is a lot of strain, we have to work mentally, emotionally, physically and materially, often for weeks and months before anything happens. Then, when we have the first inkling of answered prayer – some tiny demonstration – the pressure is relieved as belief becomes knowledgeable trust and we know that “it works”.

When we arrive at this state of consciousness, which is the highest manifestation of wisdom, we can sit back and attract to ourselves – as a magnet attracts iron – whatsoever we need. When we have made this expanded awareness our own, (the evolved awareness attainable on our present plane – not the next one), its tremendous drawing power will bring into our orbits all that we desire. We will have realised that, far from being worms of the dust, we are made in the image and likeness of God. We are His Spirit of Light, Love and Intelligence come forth into visible existence.

When emotion and reason have been integrated, we can no longer separate them. They are now merged, science with religion and religion with science, thinking with feeling and feeling with thinking.

The understanding at which we must arrive, is that every single individual in the world is a part of the consciousness of God, and is as completely embraced in His Life and Intelligence as we are. Because of this we are all able to express in consciousness every quality of Good that we may possess, or wish to possess, and we may do it either mentally, emotionally, physically or materially – because Oneness is all there is.

People just starting out in Truth can become very discouraged at times. They read the bible or metaphysical literature out of a sense of duty, thinking that if they keep in touch with their books, God will perhaps hear their prayers and bring their desires into their lives. This is not enough, because they still lack understanding. It is the same with Affirmations. Unless the spiritual truth behind them is grasped, nothing happens. It was not written that we shall read, proclaim, or think the Truth, and it shall set us free, but very specifically, that we shall KNOW It. How are we to manage this? We are seeking health, happiness and prosperity, which means that we want God – Love and Intelligence – AS all of these. So we must work in tune with Him, holding the vision and seeing with great clarity of mind the thing we would have fulfilled in our bodies and affairs.

The love that flows from our hearts, thinking only in terms of goodwill, and willing only good to all on Earth, is God. We are capable of thinking as He does. Our intelligence thinks, forming

and holding mentally a clear picture of what He, Creative Power and Creation Itself, has always desired in us, the perfect spiritual plan that He has brought into existence.

Intelligent Direction

It not just a question of praying, hoping and reading, but of intelligent direction, because we are discerning beings; as we think in our hearts, so do we feel, for precisely as we feel in our thought world and think in our emotional world, so are we. We are not going to create anything. Neither are we going to approach the Creator with a request to do this for us, or to bring that into being through us. Instead, we are going to identify ourselves that which we are, temples of God, not his creations or separations, but the *fulfilment* of Life, Truth, Intelligence and Love that is united AS you and me.

We will learn to believe this. We will show you how to KNOW it, convince you of it! Have you taken the scientific principle to heart that we have rationalised through our studies, readings and meditations and infused it into the Substance of goodwill?

Pure emotionalism is unbalanced, while sheer intelligence is but cold reasoning, so unless we would become top heavy, we have to merge the two. If we are too emotional, we tend to fanaticism, and Life, Intelligence, God, is not a fanatical Being. He is Law, Order and Harmony.

This new vision of religious tolerance that we are experiencing dates back many centuries, and is now coming into full bloom, bringing with it the realisation of the fundamental Truth that “**I**”, God-in-me, am the master of my fate. “**I**”, Love-in-me, am the captain of my soul; “**I**”, the Intelligence, am the master of my fate; and “**I**”, the heart, am the captain of my emotions.

When we feel and think in tune with our good, it will spring forth into being for us, but we must qualify in this realisation. Many people run, quite rightly, to God when they are in difficulties – we encourage them to do so – but if we have never made any effort to understand His Laws and how His Power manifests in our daily lives, do not say that he has failed us when things are not working out for us.

Our students teach us – for the student teaches the teacher – of the pitfalls we must avoid; of the necessity of keeping our hearts and minds single to the good, because we have seen the problems that fill the lives of others. As we know, and demonstrate in ourselves, that what we teach is true, we try to be wise to this knowledge; so avoiding the pitfalls into which others have plunged.

God Has Chosen Us

Each one of us makes mistakes, of course, for none of us has reached the perfection where we no longer err. None of us is entirely without error, but in spite of our mistakes, we of the School of Truth have attained a basic knowledge. When we go wrong, God rights things for us if we are in tune with Him, just as we help our dear ones out of love for them when they are in trouble, if the power to do so is in our hands.

We do not stand aside and let them suffer unnecessarily, nor do we carry them on our shoulders, but we help them to help themselves. We are the children of this Time of New Thought – of the Concept of Love as God, whether we are 16, 66 or 96. We are pioneers of thinking, going forth, perhaps a little hesitantly, in anxiety, even with fear, into an unseen

world, because there is a driving force within us that makes us forge ahead. This Force that compels us and says, “I have chosen you”, is something mightier than ourselves.

We have reached a certain Time of spiritual growth or development and through our physical bodies God wants a greater fullness, a more complete manifestation of His Divine Wisdom through His (our) bodies (not bodies of evil and sin, but of His celestial Love). So, we have to go forward, and even if we feel frustrated, fearful, unhappy, and disappointed at times we will have to persist. Again and again in the beginning we hurt ourselves, and feeling that too much was being demanded of us, we asked, “Who will show me the way, who will teach me?”

But, like a fond parent who has taken out a little child that has just started to toddle and who, if carried, would gradually lose the power of its muscles and become paralysed, God compels us to go on. We have to walk in this new consciousness, this new ‘willing of good to all humanity’. We have to push aside ideas that we are a specially selected group or community. We are all the offspring of God, part of the same spiritual Life. As man realises this and begins to merge his ‘willing of good’ with that of other people, we will discover, that a general *blending* of peace and happiness comes about.

There will always be people who are new to this plane of consciousness, just as there are others who are on their way through it to the higher ones that lie ahead.

The Christ indicated this state of affairs when He said, “The poor we will have with us always”. It is a fact that, no matter what riches are bestowed upon them, if they have a poverty-awareness they must remain destitute, for man can retain only those things that form part of his everyday thinking, his habitual mind-set.

But we **MUST** have the consciousness, the understanding of the Love that is God. We must both *feel* and *know* in love and faith that God is in us and with us and that we are in Him and with Him. This “inner consciousness” is the “wedding garment” in the parable, the “wedding garment”, without which no man can enter the Kingdom of Heaven. None can deprive us of the awareness of the Presence of God, which is what we imply by the word “consciousness”. We can all help each other instead of hating and harming one another, thus producing discord in our own lives.

We are setting an example to those behind us and are following the pattern left to us by those who have preceded us. What the School of Truth is teaching today is 2000 years old and more; perhaps it has taken that period for humanity to understand it, prove it, assimilate it and apply it.

There is nothing new under the sun; if we read the bible understandingly, we will find that all the inventions we have today were spoken of four or five thousand years ago.

There are other existences which have been our exemplars (as we are the pattern for our children) that are more advanced than we are, and far more conscious of the Power of the Divine Intelligence that we call God.

Universal Truth

The new spiritual movement, the little leaven of goodwill, of open heartedness and tolerance that started in about the 16th Century has now between 30 and 40 million students of Truth. A tolerance has been brought into being by those who are outside the dogmatic religionists – that is, those who still feel that they are the *exclusively* chosen of God and that they alone are right while all the rest are wrong.

Universal Truth permits each member of humankind to go to God in his or her own way; it allows us the same freedom of worship as it demands for itself, while creating within humanity the Love, Compassion and Spiritual Power that is *All-Good*.

We, who come into contact with numbers of our fellow men, teachers, preachers, doctors, nurses, all public servants, must shoulder this responsibility – for humankind looks up to us to be their role-models.

Are we teaching fear of conditions and individuals? Or are we teaching trust in God? Are we encouraging the growth of a knowledge of the *Spirit-of-Goodwill* in every human heart on every plane of awareness? This One Spirit of Love is in every race, every colour, and every creed, waiting for us to set it free through ourselves, and to draw it back like a magnet to we who are the offspring of the Spirit of Love.

“The Path” Living The Truth Way

Seek ye first the “Kingdom of God” – Love – “and its righteousness” or right thinking, right feeling, right speaking, and right acting “and all these things shall be added to you”.

What are these “things” we shall receive when we find the Kingdom? These ‘things’ are the blessings and fullness of Love, Happiness, Prosperity, and Harmony.

Where is this wonderful Kingdom that holds so much Good for those who succeed in discovering It? Can the insignificant little “I” find this Kingdom of God – Love – and thereby change my whole life and attain the desires of my heart? Above all things I want to uncover “It”, and God knows I need to! I have bills to pay, My health could be better. I long for the peace of mind “that passeth all understanding”, but how am I to proceed? Who will show me the way?

Jesus of Nazareth once prayed, “Thy Kingdom come, on earth as it is in heaven”. He also asserted “The Kingdom of God is within us”. He knew of the existence of higher realms of being and creations of the Father wherein, and by whom, the Kingdom of God was expressed in its fullness. He also knew that it was possible for this stage of living to be demonstrated on this plane of existence. By declaring that “The Kingdom of God is within us”, He drew attention to the possibility that it can manifest in this, our visible world. Un-manifested, the Kingdom-Within is like a state-of-the-art cell phone with its battery removed.

It was the manifestation for which He longed, since the Kingdom, in latent form, is *already* present in each one of us.

He often spoke of the Father “within” man. Could a place ‘in the sky’ – be known only after death – or could it be “within” humanity? Is it possible for streets of gold, walls and mansions, to be within mortal beings like us? Surely not! Was He not thinking, rather, of a state of awareness, of that most valuable frame of mind, the “pearl of great price” to which He alluded in one of His parables?

“And when the man discovered the pearl of great price, he sold all his possessions so that he could buy it.” Have we found this precious jewel?

“The state of mind which is most precious”, says Lowell Fillmore, “is the pearl of great price; it is the vision that recognises the Presence of Love”. The consciousness of Love’s Omnipresence is of greater worth than all the riches in the world, but we have to learn to see It.

In a perfect state of mind we actually realise our oneness with Love; we recognise that we are Love fulfilled, or pressed, as Infinite Life into livingness, Infinite Wisdom, Infinite Harmony, Infinite Peace and Infinite Power.

When we have achieved this awareness we shall have found the Kingdom within us – the Father indwelling, and as we demonstrate this spiritual unfolding, we shall bring the Kingdom into expression “on earth as it is in Heaven”.

How does our finding of the Kingdom affect the Earth? It brings a new Earth into being. Our old associates become new men and women, our old businesses take on new and prosperous aspects, our old surroundings are filled with joy and thankfulness, our bodies are filled with health, our affairs with affluence and we discover a fresh purpose in life. It is possible and necessary, for the Kingdom of Heaven to be established here on this physical plane for every one of us.

Some have set up hell in their lives; they do not enjoy it, but by maintaining a negative attitude of mind, by separating themselves from Love, they persist in keeping it. Their mind set is focussed on searching out unpleasant conditions. They observe and dwell on weak, unhappy, discordant appearances, rather than to use their time and energy in contemplating the good and the true.

Man is a free agent and has been given dominion over all things. He can exercise his authority by attuning himself to Creative Love, thus releasing positive, good, worthwhile creations, or he can, through separation-negative thoughts and feelings, saddle himself with their opposites. We can practice finding the Kingdom, bringing It forth on earth, or on the “outside”. As it is in Heaven, (or on the inside), whether we know it or not, so It is ever within us as *Harmony*. When we really know It, or experience It, we enter It consciously, and it fulfils Itself here on earth. There is but one way in which to enjoy the Kingdom of Love, and that is by entering It. This we can only do by desiring It more than anything else, and by disciplining our behaviour according to Its Spirit of Love. It then comes into being, *because* we make ourselves worthy of It.

We take it for granted that, on occasion, we express “righteous wrath”, but the two words are self-contradictory. Wrath being an aspect of the destructive Fear-emotion can never be “righteous” for righteousness is a constituent of the constructive, fundamental Love-emotion. Everybody values and is searching for *Love, Goodwill, Health, Happiness, Prosperity, Harmony and Kindness*. These blessings reside safely in the Kingdom, which we can find only as we attune our thought to the Spirit governing It.

All the invisible power of Love, Whose will it is that we have health, happiness and plenty, is working for our good. The great Creative Force that made and sustains the universe has but one purpose, that of maintaining us. The Spirit of Good – Love – has already endowed man with Perfection. It is ready to meet the human consciousness more than half-way. In our mortal awareness we have imagined that we can take our substance and go into a far country and live apart from the Father, but this is impossible for the very Spirit of Love flowing through us IS the Father, is the Spirit of Life that is “nearer than hands and feet, closer than breathing”.

Love’s Will, which is done in us when we are and do good, is not that we be sorrowful and miserable; we do Its will when, realising our unity with It, we are happy and make others happy too. If we are one with Love, we are one with God and must of necessity express Love to the exclusion of anything that is unlike It.

We can practice being one with God. It is possible for all of us to find our unity with Him. It is in fact, essential that we do so. Fear not, covet not, faint not, condemn not, all that the Father has is ours. Claim our own and work in harmony with Divine Love, rejoice and be exceeding

glad that Love knows what we need. Do not depend upon material possessions, friends or influence to give us the desires of heart. Rather realise that all things are of God and of us, for we are one with all that He IS and HAS, so that no matter what may seem to be taken from us, it can be replaced a thousand times over.

Is not LOVE the Creator and Substance of all things? Is Its Wealth limited? Did we not, from our beginnings, participate in all that It is and Has, without thereby making it poorer, because we are not “sons or heirs” but God’s Very Being, constituted of His health, Happiness and Prosperity? David said; “Put not your trust in princes, nor in the son of man”. There are many things that kings cannot buy, even with all their riches and power – the spiritual qualities of Love, Peace, Happiness and Contentment, which were always theirs.

Now, shall we see how to find this valuable Kingdom of Love, our Creator.

We have learned from what Truth teaches us that It is not a place afar off in the sky but a state of consciousness, of harmonious living. Let us proceed to analyse our own lives and find out where we are missing the mark, why we have not received our heart’s desire and why those demons of poverty, ill-health and unhappiness continue to harass us. “You shall love the Lord your God with your heart, with all your soul, with all your mind (your thoughts) and with all your strength, and your neighbour (all people) as yourself.

Do you hear yourself murmur, “I do love God with all my heart, soul and strength, but surely He cannot expect me to love my neighbour as myself? How is it possible to love the boss who sacked me? The man who stole my money? The one who ruined my home? The person who undermines my standing with my friends? The woman who is always gossiping about me behind my back? Surely that is going to extremes and God cannot expect me to love these neighbours who keep on harming me”? We cannot learn to love our neighbour as ourselves until we have found God – Love – within ourselves. Then and only then can we see God – Love – within our neighbours and love them accordingly. Neither can we love God without loving our neighbour, for our neighbour is the temple of Love and We, Our Neighbour and Love are one.

Love is the Law, omnipresent Law and we are living in a universe where simple, quiet, never-changing, undeviating Love rules supreme. Why, then, is it disastrous for me if I do not love my neighbour as myself? Because Love is the Fulfilment of the Law and works by way of my neighbour unto me, so that most of my good comes through him to me.

Love makes the world go round and runs the stars ceaselessly, changelessly, gloriously, makes the rain to refresh and the sunshine to delight; separation from It brings us violence and destruction. We cannot get around it! God works through spiritual Law and the only way we have of coming into harmony with Omnipotent Law is through Love.

Jesus said on loving God and our neighbour with all our hearts – “hath the whole Law and the prophets”.

What was the Golden Rule He begged us to bear in mind?

“Whatsoever you would have others do unto you, do you also unto them”. Is it so terribly hard to do good to someone when we would like somebody else to do good unto us? If we find we cannot love our neighbour, we must re-think the stand we are taking, for our neighbour is also an expression of Love, the Good and our negative attitude towards him means that we are not serving Love. Perhaps it means, even, that we are trying to oppose It, disobey Its commandments and injure It in Its visible expression as certain of Its children. That would mean working against the Kingdom, against our own good.

Begin now – right here – to think and feel good thoughts of Love, Health, Happiness, Peace, Goodwill and Plenty for all humanity, then you will reap all good in your own life, for the good we send out will be returned through mankind. Do not be afraid, you will be working with Law, Spiritual, Creative Law, which cannot fail. But beware of separation in consciousness from this Law, for that brings disease, poverty and unhappiness. “As a man thinketh in his heart so is he” or, in other words, “so will his emotional thoughts – a part of the unseen creative force of Life – become manifest in his surroundings”. Emotional thought is the most powerful force in the universe, for it is the Creative Power of First Cause Flowing Through Law. Whether we know it or not we are, through our feelings, attuning ourselves to Good, or not-good, every moment of our lives.

Ignorance of His Laws is no excuse for anything, for God’s whole cosmos is governed by His fixed, unchanging Law, which He Himself does not alter.

Emotional Thought Processes

The Emotional Thought Processes of man – pause here for a few minutes and dwell on these three words:

Emotional Thought Processes

Thoughts, through being in tune with, or separated from, Consciousness, are responsible for that which happens to us, whether we call it “good” or “bad” and regardless of whether we were aware of their trend or not. It is obviously much more satisfactory to operate the Law intelligently, than to do it on an ignorant “hit or miss” basis. To knowingly and rationally set it in motion, one must know first that, as Law, it is compelled to obey Its own terms, which include an unfailing response to the dictates of men. This is not an unproven theory. It is a truth that has been amply demonstrated by thousands of people in the past and it is being set in motion daily by many others right now.

If Spiritual Law was not changeless, we would be uncertain about everything but It is not a person with powers of choice, so if we do not use It, not only do we invite disaster, we positively guarantee it.

We have to impose a very strict censorship on our feelings and instead of criticising and condemning others, we have to come right down to fundamentals and see only the good in them. When God created the heavens and the earth, He looked upon what He had wrought and behold! “It was very good”.

Truth says, “Judge not, lest you be judged” and “As you judge, so shall you be judged” and again, “Judge not according to appearances, but judge righteous (or right) judgement”. Judge as God – Who is Love – judges and know that Love’s eyes are too pure to behold iniquity and error. Forgive seventy times seven. See in each and every human being only the Kingdom of Love. Remember that it is written, “For you are temples of the living God” and take your eyes off the temporal (that which passes away) and overlook all of a negative nature that your friend, or enemy, may be manifesting at the moment.

Faith

It is extremely simple to differentiate between Faith and Belief. Many people think they have Faith when in reality all they have is a Belief, which is not a permanent thing. Numbers of folk hold fast to a belief for long periods of time, so long in fact that when something occurs to

shatter it, they even refuse to see that two and two make four. In this way they flatter themselves that they are being true to a Faith. True Faith is the outcome of knowledge or demonstration and cannot be shaken. Belief in God can be destroyed by a mistake of our own, but Faith in Him would not only be unaffected, it would show up in a most glaring light, the error into which we have fallen.

Maybe you are living in poverty. Perhaps your health is not good or you are unhappy. Be of good cheer, all that will be changed. Be patient, be sincere, be resolute and you too shall yet become another living example of the Unfailing Power of Love.

This teaching comes to you with Love's blessing and with our earnest desire that you may soon realise the Power of the Creator in all your affairs.

The “Now-ness” of God

From our own experience of members of the School of Truth and of adherents to other religious groups, the aspect of Truth which is the most difficult to accept is “the Now-ness of God”. By which we mean, not only the spiritual presence of Divine Intelligence, but also Its manifestation in us as Health, Substance and material needs, now fulfilled.

When the Master called forth the Spirit in the man lacking health, He did not create that health within him, nor did He make contact with God who then brought it forth in that particular body. He was so attuned to the Invisible Forces that he could literally see the wholeness within the individual, precisely as He could perceive Happiness and Substance elsewhere. His entire message for all people was about this very same “Now-ness” of God. Now is the kingdom within you. Now is it fulfilled – Now, not in some distant future. God, the Presence of Good< is established in the current existence in which we live, move and have our being.

“Take up thy bed and walk”, said the Master, knowing that if we believe, we receive. Everything – whatever we desire – is already in manifestation within us, AS us. The trained psychic can see these negative creations of separation (for though we cannot create negation, we can bring about division) and he can discern the negative impressions which will then take form in our body and affairs.

Our sickness is separation from health, unhappiness separation from harmony. Poverty is separation from Substance, but all of these negative qualities that we see developed in the bodies and affairs of humankind are without power or substance, non-existent because once they existed they would be Realities, eternal and we should never be able to remove them.

Our job is to get rid of this negative seeing and to behold creation as God does, as a harmonious Spiritual Force everywhere evenly present at the same time, permeating the universe from the centre to the circumference, always perfect in accordance with the working of the Law.

We cannot misuse a law, we can either set it in motion or not, as the case may be.

When we visit the School of Truth, saying, “I am sick, or I am poor” we are telling lies; what we should say is, “My consciousness is sick or poor” for the I AM, the presence of God, that is us, can neither be sick, nor impoverished or in need.

Our business is to try to infuse into your awareness the Reality of that which now exists within you. We say to you, “Go out and spend your consciousness; express your happiness; live your life (in which no dis-ease can gain a foothold and we give you an affirmation, not because it has some magic attached to it, but that it may influence you to think constructively, taking your

mind and emotions off your body's sickness, your heart's unhappiness, your material poverty, all of which appear to you to be so real.

The affirmation as such can produce nothing but our thinking and feeling go on continuously, setting up mental and emotional records within us and if we make constructive contact with natural Spiritual Law, which as the Life that is God permeates our every cell, tissue, organ, gland, vein and capillary, that Life will spring forth into manifestation, so that we will actually perceive It.

That man who is poverty stricken says, "My pockets are empty, how can I spend what I have not got"? Let us look into those pockets for a moment! If the presence of God constitutes him, the so-called void about which he is complaining, is the Substance of God, so how can his pockets be empty? It is his awareness that is bare AND "to him that hath shall be given and from him that hath not, even that which he hath shall be taken away". The whole teaching of the Christ and the prophets was one of self-realisation, the knowledge of Who I am, not of what I appear to be.

Staying for a moment with the man of the empty pockets, let's ask, "How can we spend something we do not possess. How can we write cheques if there is nothing in the bank"? We are not asking you to do so, we are asking you to establish in your mind and heart the Truth that the desire within you for Substance or prosperity, is already the thing itself, in an early stage, coming through you (hence the desire to see it in realisation) but it needs your help to be released, since it cannot come through unless we permit the flow, For God works through Himself, by way of his body temples, for those temples.

In our mind's eye we can spend millions, drive in a magnificent car and do whatever we please. "Wishful thinking", you might say and we agree, but it is possible to energise those flights of fancy in which people indulge. We can infuse into our emotional selves the mental picture of that car, house or journey. We can believe – not in things – but we can accept in both our minds and hearts that we have indeed received the things which we wish to see manifest and it shall be so.

If we are either a completely mental or an entirely emotional being, we will lack balance; there must be equilibrium between the thinking mind and the feeling heart, both of which are components of the Presence of the One and only God.

That which "feels" is the personalised intelligence we call Love. Think for a moment of what we can do for ourselves, the kind of health, happiness and substance that can materialise in our body and affairs as we wish for these qualities and as we dwell in the consciousness of them.

There are countless millions all over the world living in abject poverty and in spite of them having jobs they are obsessed by the fear of losing them at some future date, as the result of a dismissal or because of approaching age.

Far be it from us to dogmatise but the understanding we have of what we term "faith" (which signifies knowledge) is that it is something which does not become progressively less, but grows. The more we study, the more we understand. We cannot know less of God as we see more and more of His life fulfilled in our awareness, body and concerns. There will be a building up, an expansion of consciousness, an increased capacity to receive that which I AM.

Growing into this knowledge needs hard work of course. It is easier to make no effort and to drift with the stream of life. Most people are like sheep, they do not think for themselves but always want to have someone to whom they can turn for help and since this is always forth coming they never grow, or develop spiritually.

The universe is a natural, practical creation in which millions of Divine Concepts are coming into being as we attune to them. Man does not create ideas and when he thinks, it is God thinking through him; when he concentrates on some specific thing he needs, the Substance flows out from the channel containing it, from the inner to the outer, from the unseen to the seen, into his awareness where it is developed so that he might exclaim, “Look what I have created”! What he should say is “See what I have released”.

No matter how much we pray, supplicate, affirm, meditate or visualise, God does not create for us, or cause to be created, the things we crave. We have to accept them as a little child accepts his Good from his parents. Instead of doing this, most people tend to look out through a very limited and restricted awareness.

We tell ourselves that the little we are envisioning is all that we will receive from the Father because either our prayers are inadequate, or such is God’s will.

Perhaps we think that our minds have been cleansed of such negative ideas, that (having attained the consciousness of ‘at-one-ment’) we have developed beyond them but if this is so why are we afraid of problems – of sickness, failure or poverty? Do we not live, move and exist as the Presence of Love? Is all the Power of the Macrocosm fulfilled through the microcosm? The greater includes the lesser, is not separated from it. Are we not sparks of the Light that ‘lighteth everything that cometh into the world’ – and does not “light” stand for the understanding, realisation, consciousness of who we are?

Despite the fact that two presences cannot occupy the same place at the same time and that we cannot be the temples of God and evil or negation, simultaneously, there is constant conflict between Good and negation, heaven and earth. All creation is travelling The Path of Truth, leading to self-realisation. There are millions ahead of us – grains of consciousness, sparks of light – far more developed than we are and there are legions behind us. “Know you not that you are temples of God”? “It is written that you are gods”, no” worms of the dust, miserable entities brought forth in sin but the Spirit of Life and Love, God-in-manifestation. That is what we are and what we are trying to know. Many of us have been brought up in an orthodox way; which teaches that we have to deal with the same conflicts between Good and negation, with the old superstitions about a God in the sky who is waiting to punish us for our misdeeds.

You do not have to listen to us or to anyone else, what we want you to do is to think for yourself, to rationalise. You will find the child who has been conditioned (and of whom it has been said, “Give me the child and you can have the man”), can be reconditioned just as we are all still being reconditioned. Nothing can stand against Omnipotence, the ‘All-ness’ that is irresistible. There is no such thing as an immovable condition or personality, EXCEPT in our limited awareness.

Practical Steps for Truth Students

- ❖ Do not retaliate if someone tries to harm you. Truth teaches “Resist not negation, agree with your adversary”. The man who tries to hurt us will reap the result of his actions, while we will receive a blessing. This is so because nothing in all the universe, except only that which we accept, can injure us or do damage to our affairs. To resist is to give power to the person or condition, because we would be conceding that we have faith in their ability to harm us and that we are separated from God, Who is our protection.
- ❖ Forgive all of the past in yourself and others. By forgiving all debts owed to you, Love frees you from all the debts you yourself have incurred. We are taught to pray:

“Forgive us our debts as we forgive our debtors”. If we do not forgive others, God, Who is Law, cannot forgive us. Love is the fulfilment of the law. Do not tell so-called “white” lies. Remember, “I am the Way, the Truth and the Life”. Practical religion consists in following TRUTH and living It.

- ❖ Have absolute trust in God, not in individuals and objects. The Christian Bible says, “Without faith it is impossible to please God”, (or reach Him). When we work with Love – when It is actively and consciously taken into partnership by us – It becomes fulfilled through people and things. After having asked God’s guidance in any matter, do not fret and worry and try to work it out yourself, but wait quietly and confidently for His answer. “Be still and know”, He says, “that I am God”. He is NEVER LATE!
- ❖ Be thankful for all things, great and small. Express your thanks to God the Giver. The Giver, the Gifts and God are ONE, and the Father says, “In all things be grateful”. Thankfulness is Love in expression.
- ❖ Do not gossip and make fun of someone who is, usually, not present; you fool only yourself, for God is there and He is the Law of Love. If we criticise the absent one we automatically draw discredit to ourselves. Whatever we give out acts like a boomerang, or a ball thrown against a wall, and it returns to us.
- ❖ Be sure to assign a regular daily period to prayer, not one of supplication and begging for things, but one of worship and the realisation that LOVE is our Blessing – both already manifested and yet to be manifested. If we have nothing material for which to thank God, thank him for your Life, for He is your Life and he promises that, “Before you call, I will answer”. The supply always precedes the demand.
- ❖ Remember God’s assurance that Protection, Love, Health, Happiness, Harmony and Success are for all who keep His Law and Recognise Him as the Substance of these blessings. Therefore, be still and know; be still and trust; be still and expect.
- ❖ Let not any individual think he can claim these benefits from the Kingdom of Heaven without fulfilling the Whole Law, which is Love. The business of man, if he would have the promised “peace that passeth all understanding”, is not to merely talk Truth. He must live Truth – and then only will “all things be added”.

Working With God in Love and Trust

In working with God, which also means working with Truth, there are only two principles about which the School of Truth is dogmatic – LOVE and TRUST. It had been our experience that, without applying these principles actively in daily life, it is not possible to become attuned to God. Failure in this way prevents the fulfilment of the good which not only we desire, but which He desires to express in visible form through us, His vehicles on this earth plane of consciousness.

When we talk about love we do not give it the meanings which are commonly attributed to it, namely; passion, infatuation, sentimental emotion or even affection, although all these may form, in their right relation, a part of what is really meant by love. The love we are thinking of is that which is expressed as a spiritual attitude towards ALL people and things in terms of integrity, goodwill, tolerance, forgiveness, forbearance, understanding and service. This is the Love that harmonises us with God. It is the Divine Love within and all about us, which dissolves every kind of problem in our lives. But without this Love let us not think that Divine

Love can be fulfilled as our desired good. Harmony in the outer life cannot manifest unless there is harmony in the inner life.

Love is the fundamental principle of Truth. In one degree or another, it is the keynote of all religions; and never is it emphasised more than in the teachings given to humankind by the Master, Christ. Love-in-action is the fulfilment of the Spiritual Law through which God functions and as we make love a conscious part of our daily living, especially when we are subjected to pressure by people or circumstances, so do we bring ourselves into harmony with All-Power which is Divine Love. Then it is that “the Father within us” is in position to “do the works”, using us as His instruments to glorify Himself.

Let us therefore bring reason to bear on this subject of love. Let us realise that we cannot expect God to do for us that which He can only do through us. This would be like thinking that an electric light will shine in a dark room without us having some mechanism to switch it on, which is our connecting point with the electrical law through which the power of electricity fulfils itself.

We must remember that, in working with God, we are no longer dealing with religious superstitions. It is not a “hit-or-miss” process we are up against, nor is it a vague hope that He might help us, if it pleases Him. If this has been our way of thinking, let us stop thinking like that at once. We have certainty when we work with God and the operative word here is “with”. Love is God and our love is the vital principle which harmonises us with Him.

What about trust? As we have said, love attunes us to the Spiritual Power we call God, but it is trust that acts as the spiritual trigger which releases this Power to manifest as the good we so urgently need.

So many people, however, confuse belief with trust. They believe sincerely that God exists and that, if he feels like it, He will perhaps help them out of their difficulties. Such people forget that they are subject to Divine Law – and so, also, is God, as Divine Law. The terms of Divine Law must be fulfilled before God will come forth as the blessing for which they have been praying. So, while they do believe there is a God, they do not trust Him.

Belief can and usually does have a passive, vague quality, liable to be destroyed by a drastic change in circumstances or the presentation of new facts which might discredit the belief formerly held. Trust in God is something vital and dynamic, which holds on despite temporary appearances which seem to deny his presence. To illustrate the difference between belief and trust, simply, let us again use electricity as an example. We can believe in the power behind the globe in our room and we can pray unceasingly for it to shine, but to no avail. Only when our belief is translated into action and we put on the switch – will the electrical law release its power into the globe as light. Belief in action becomes the quality of trust.

Now, in relation to our trust in God, let us not forget that, from a psychological point of view, it would not be possible for us to fully trust Him to work through us if we were conscious of the fact that we were deliberately falling short in the basic principle of love. To continue with our example, we would know that we were “short-circuiting”, the Spiritual Power; and although It remained within us in all Its potential, It would not be able to flow through us as the “light” we need to illuminate our particular darkness. Trust, to be fully effective, must be based on love.

Trust in God is shown by our attitude and reaction towards the people and circumstances in our life. It is founded on the steadfast recognition of the Omnipresence of God – God everywhere evenly present at the same time, permeating even the very conditions which, for the time being, seem so adverse to us. Trust judges not according to the appearance of things but “judges righteous judgement”.

Therefore, with spiritual vision and an unwavering visualisation which accepts only the fulfilment of our good, we acknowledge only God working in and through all to complete his purpose of blessing. Regardless of the fact that we might not be feeling trust emotionally, we constantly nurture our intense desire for the answers we are seeking – sometimes “head bloody, but unbowed” – and we act the part of trust with courage, confidence, poise and expectancy. As we do this, the Spiritual Power within, begins to increase and radiate in our own consciousness. Finding this inner release, It starts to manifest Itself outwardly. We witness the transformation taking place and see that “His will is done on earth as it is in heaven”. In other words, as it is in our spiritual realm, so does it become in our outer material world.

Then we can affirm that we are coming into “the household of faith” for faith is knowledge based on experience, when we can declare with complete conviction: I know God works.

From belief we grow into TRUST and from trust we come into FAITH until we reach the highest state of consciousness – UNDERSTANDING. This is the Path of Truth.

Meditation in the Silence

St. Paul, in Cor 2:14 says,

“The unspiritual man does not receive the gifts of the Spirit of God, for they are foolishness to him and he is not able to understand them, because they are spiritually perceived. (Revised Standard Bible version – adapted).

In prayer and meditation and the active living of Love, we gradually learn to understand our natural state and we can know success only to the extent that we yield to the influence of a power which is beyond our present limited comprehension. We have to rely wholly upon intuition and inspiration. Ultimately we have to realise that “the worlds were formed by the Word of God, so that things which are seen are not made of things that do appear”. One way to come into the conscious awareness of the Infinite Invisible, the Infinite Intelligence which formed us and the Universe in which we live, is to meditate, pray and contemplate in silence.

We are advised by the Master to “go into our closet and shut the door and pray to our Father in secret and our Father, Who hears in secret will reward us openly”. So, to meditate upon Love and the things of Love, we go into the inner recesses of our own souls, leaving behind all human concerns, anxieties, problems and desires and there make conscious contact with the Author of our being.

It is well to select a time of day and a place where you can be quite alone, undisturbed by outside noises and affairs. Use a comfortable chair and then read a paragraph or two of some favourite spiritual work, a Psalm, a portion of the Gospel or the daily meditation from “The Path of Truth”, or any other suitable material. If you begin this practice with the firm conviction that God is guiding you, you will certainly find a phrase or sentence or affirmation suitable for you at that moment. Never, under any circumstances whatever, go to meditate about problems, no matter how urgent they may be. Go only to commune with Love and leave all your problems and worries behind you. Whatever they are, they will get no worse in the next fifteen minutes, so put them right out of your mind now.

You may have been given some spiritual thought such as “Be still and know that I am Love”, or “Call upon Me – Love – in the day of trouble and I will deliver you”. Think of this and nothing else. When other thoughts seek to intrude, push them gently aside and return to your main theme. Be still, mentally and physically. Let your body and mind relax completely. You have no need to think of problems because Love is the answer to your problem, and when you

really seek the consciousness of Love, Love dissolves the problem or shows you the way out of it. Let your main idea be to seek God, not for what He can give you, but just for His own sake.

Reflect that the very life that constitutes your body, the power that has grown you from the womb, the power that keeps your heart beating and gives you air to breathe – and the power to breathe it and use it – is the power and life of Love. Do not reach out to some distant heaven, or to some Being outside of yourself. Turn within, thinking of the tremendous meaning of “I am Love” and let this truth expand within you, knowing that this infinite power which is made manifest AS you is Love itself.

You are not praying to a Being Who might give you a little love or a little supply or a little life or joy, but you are now the very expression of All-Good, of Love Itself, of Life more abundant. Rest there, in complete peace and listen quietly for “the still, small voice”.

Your attitude should be one of quiet anticipation, as if you had called someone dear to you on your mobile phone and you would be listening intently for that person to answer. Adopt that same attitude now, in a calm, relaxed way, knowing that “the battle is not yours, but Mine”. Wait quietly and patiently, thinking only of Love fulfilling Itself as you in terms of Life and Power, Peace and Joy. Remain still and expectant for as long as you can. When you feel tense, relax again and return to your affirmation. Keep this up for fifteen or twenty minutes and do it at least twice a day. During the rest of the day, snatch a few moments whenever you can, just to listen quietly. If you can do that a dozen times a day, so much the better – several intervals of a minute or two while you “listen” – and the two main fifteen minute periods as described.

It may seem to you that you are getting no immediate results, but actually you will be progressing steadily and surely. According to your persistence and sincerity, Love will reveal the truth through you. Then you will find that your “praying in secret” has been rewarded openly by the change in your life and circumstances, the solving of your problems and the ever growing consciousness that allows you to recognise yourself, literally, as Love made manifest. Supplement your meditation by trying, as much as possible, to identify yourself as being indivisibly one with Love all through every day, knowing that the Divine Life, Wisdom and Power are already yours as the fulfilment of true success in your every undertaking.

Never neglect your meditation periods and do not let any circumstances deprive you of this blessing. You will find your “inner chamber” communion a joy and a refreshment and you will look forward to it. Your regular, conscious ‘attune-ment’ in meditation is how you come into the realisation that “I and my Father are ONE” – the realisation that contains within itself freedom from all lack.

We are now going to put this to the test ourselves and see how great is the happiness and is the harmony it will bring us. For it is in the stillness of our own inner consciousness that we feel the steady vibration of our one-ness with God. It is when we feel and know this perfect unity with God that we manifest that joy in our lives which will enable the “Kingdom of Heaven” to emerge here on earth.

All that the meditation is designed to do, we emphasise, is to awaken and spiritualise the consciousness of the one communing with the Creator. In this way affirmations like “There is only God, all seeming else is a lie”, cease to be just strings of words that are observed by the human intellect alone. Instead, they become an illumined inner realisation: the Truth about Love (God) and man, is that there is no “AND” at all, because Love (God) is the very SELF. It is the whole being – the spiritual, mental, emotional, physical and material aspects – of the one who is meditating. This is so because Love (God) is All-Presence – Omnipresence.

When this light breaks through, the communion will no longer be between us and God. Instead, it will be an inner realisation of our complete ‘at-one-ment’ with God – the knowledge that we and our Father are One – and a firm identification of ourselves with God That Is.

Behold! I, love, am love

I Love, give thanks that Good is omnipresent; that the universe is geared to perfect Order, Harmony and rhythm and that this world in which I now live, move and exist, is a place of Beauty, Plenty, Security and Peace. I rejoice that I am, this day and ever, perfectly equipped, conditioned, surrounded and supplied; that in me there is nothing to change, to heal, or to acquire, for I-and-my-Father-are-One, so that I, Love AM Love and all that IS, I too AM.

As I seek to know this, with the inner knowledge that is conviction, I go within to the Spirit at the centre of my being – the Love consciousness in me.

I enter into communication with It: “My Spirit indwelling, infuse into my intellect and heart the awareness of the Love that alone constitutes me, that I may radiate It to all humankind, not as a gift that I am bestowing, but as a spontaneous outpouring from an inexhaustible Reservoir which is full to overflowing, streaming forth not into selected places of my arbitrary choosing, but in all directions to heal and to refresh. Awaken His Mind in me that I may think His thoughts after Him; keep, day by day, in my heart the Law of my own being. This Law is Love Fulfilled.

I am expressing the “Love-Presence” that I am, to all I meet, recognising that they themselves are Love, next to Whom there is none else.

As I look about me at my fellowmen I see no separation between myself and them, for all – in Love – are members of one another and as I bless and honour them, I bless myself in even greater measure. I greet only the Divinity in all humankind and therefore take all men to my heart as my beloved brethren.

As my eyes wander over the expanded landscape and I realise that Love is this, His visible world, I claim the Love-beauty in the flowers patterning the earth, the Love-strength in the towering hills, the Love-serenity in the clouds drifting by, the Love-vitality in the self-renewing grass, the Love-wealth in the teeming harvests, the Love-activity in the oceans’ ebb and flow. I enter into the spiritual illumination symbolised by the light shining from above. I make my own the emotional warmth represented by the gleaming orb that is the sun, for these, too, are of the Divinity that is me.

I count the stars swimming in the sky and in fancy reckon up the grains of sand in all the deserts and all the shores of all the widespread seas and I know that the toll falls short, far short, of the bounties that are mine, for I, Love, am the All-ness of the Godhead.

Wherever I go, in all at which I gaze, I see myself, for I, Love, am that which is above, beneath and roundabout me. This Glory is Love-Expressing the “I AM”. In humble exaltation I think about these truths which are the Truth of being, I know that all my needs are met and all my desires abundantly fulfilled, for these are Love-redeemed and Love-inspired and since Love is me, all that I crave, I AM.

All that IS, is Love-in-manifestation, Love expressing Itself as me, humanity, phenomena, all creatures great and small, all things hidden and revealed – Love, the Indivisible and Indestructible, magnified in and AS, his boundless creation.

In the perfection of His far-flung universe I behold my Love – because in it I see Him face to face. I rejoice that I am the sum-total of this wondrous Good, that I, Love, am Perfect Being,

Complete Wholeness, Blissful Happiness, True Prosperity, All Blessedness and what is more than all of these, Infinite, Everlasting, All-Encompassing Love.

God's Law of Supply

The founder of the School of Truth, Nicol C Campbell, early in his career, set out to prove that nothing can hinder us from receiving our Supply from God's Abundance unless we consciously or unconsciously allow ourselves to become out of harmony with God's Law of Universal Supply. Once he had proved to himself that his trust in God had not been misplaced, Nicol Campbell's consciousness developed rapidly with the realisation that God is forever Giving and that nothing can hinder us from receiving unless we insert a wrong attitude of mind and heart between God and ourselves.

The Affirmation

There are many Biblical quotations that support the use of affirmations, among these we will cite only three:

- ❖ "For by your words will you be justified and by your words you will be condemned",
- ❖ "Death and Life are in the power of the tongue",
- ❖ "Whatever you desire, when you pray, believe that you receive them and you shall have them".

As long as, for lack of spiritual understanding, your thinking runs along negative lines and your feelings respond to this mental attitude, which brings problems and difficulties into your life, you will need to use affirmations to help you to reverse this erroneous state of awareness, for it is always as the individual thinks in his heart that it is done unto him.

Man does not make the clay out of which all things consist, but each one of us moulds it according to the pattern we envision in our minds and cherish in our hearts. While we remain unacquainted with the Truth we accept, in consciousness, human testimony and the evidence of our own senses, both of which bear false witness to the reality of negation, with the result that this externalises for us. If we would alter this, we must change that which brought it forth – the mental-emotional cause – not superficially and in parrot fashion, but with spiritually illuminated understanding. To do this we must acquaint ourselves with the Truth of Being which declares that there is no separation between the Creator and His creation, no such thing as God and man, but only God-as-Man, consequently nothing can have substance or attach itself to the individual, which is not of God.

This rules out of his life every kind of negation – problems, discord, sickness, limitation, ALL Not-good. He has none of these things to fight, to overcome, or to eliminate. All he has to do is to recognise his unity with the Father and to claim that which He is and has, by means of positive thinking and emotional acceptance. This, of course, is more easily said than done. If for years and years he has been practising downward visioning and negative thinking, he will have to put forth quite a considerable effort in order to reverse this process and it is here that an affirmation, which acknowledges the Reality already in being and denies the erroneous appearance, will help enormously.

It might run something like this:

- ❖ In His Love and Power, God, this day, richly fulfils my good. I give thanks that I have nothing whatever to seek, to ask for, or to fear.

Love is the basis of all that is and the fulfilment of the whole Law. Only thinking which is attuned to Love can be constructive, potent and devoid of fear, for “perfect Love casteth out fear”. Consequently, where your thinking hitherto has been chaotic, filled with fear and other destructive qualities which spring from fear, you now intelligently begin to direct your thoughts into the right channel. The affirmation gives your thought the pattern of harmony on which to work and according to the sincerity, steadfastness and feeling with which you use it, so does the pattern commence to take on visible form as the health, happiness, prosperity, or whatever the blessing you may need. In simple words, the statement of Truth trains you to keep your mind “stayed on God” in order that He may “keep you in perfect peace”.

Your words very quickly betray where your trust is placed – in God, or in an apparent lack of God, for the spoken word is merely an expression in sound of the quality of your thought and emotion. “Out of the fullness of the heart the mouth speaketh”. If it is then so vital for you to change the negative quality of your thought and emotion, you must make the effort to express this change in your spoken words – to give them FORM, as it were. The fact that you have the desire to SPEAK the word of Truth and to acknowledge the spiritual reality of your Good despite the temporary appearance of lack, will in itself help your thought and emotion to take on the quality of increased trust.

Believing that you receive the things, you will be “justified” by the power of your spoken word; you will have spoken “life” into your intellect, body and affairs.

Let it always be remembered, however, that as St. James put it, “Faith (like love and prayer) without works is dead”. It is not sufficient to use the affirmation in the form of mere lip-service. You have got to show by the way you carry yourself, by your reaction and attitude towards the experience confronting you, that you are trying to the best of your ability to make your trust a living, active thing. It is useless to affirm the Truth for a few moments and then for the rest of the day to conduct yourself as though you had no trust in the Truth you have affirmed. You will then just be indulging in vain repetitions; you will “receive not, because you ask amiss”.

The affirmation presents to you in word-pattern the answer to your problem, but for that answer to manifest itself as the fulfilment of your good in visible form, the word-pattern must constantly be infused with your constructive thought, emotion, spoken word and action. So you must continually check on yourself to discover whether you are genuinely trying to think, feel and act in tune with the fundamental principle underlying the affirmation – namely, LOVE. Love, (as exemplified in this booklet, *The Path*), not only casts out fear, but at the same time, it sets you free. As in the working out of an arithmetical problem, one is required to add, subtract, multiply or divide, after which the answer automatically presents itself to us. If we fulfil the Principles, so does the Creative Life Principle (which is Love and which we call God) naturally and according to Its own perfect Spiritual Law, fulfil itself as the harmony we may be lacking.

God is my Prosperity

Nicol C. Campbell

Now we come to what, because of its so-called materialistic aspects, seems to be one of the hardest principles to apply in Truth. The course is laid upon us in the admonition “Give and it shall be given unto you, good measure, heaped up, pressed down, shaken together and running

over. For the measure you give will be the measure you get back". To those who have not yet learned to know God as unfailing Supply, this may sound quite unfeasible, but if we want the consciousness of prosperity and that of all our needs having been already met, this is the one practice which will free unlimited substance, symbolised by money, in our lives. In Truth, it should be written "Give and it shall be given THROUGH you" for, "To him that hath (the awareness) shall be given and to him that hath not (this consciousness) shall be taken away from him, even that which he hath.

The only reason that you lack prosperity, happiness or health is because you have not taught yourself to liberate these things, being too hampered by your own thoughts of limitation. Your trust in the lack has been so great that no power on earth could free the supply and "According to your faith", as the Master said, "it has been done unto you". Job also made this very clear when he declared, "That which I greatly feared" (had faith in) "hath come upon me".

Do you see how simple it all is? The underlying truth that, according to our faith in good or not-good, it is done unto us, is agreed upon in both statements?

On starting out in Truth, I came up against the principle of Giving. My reaction was like that of most new students today. Firstly, I told myself that God did not need my money. It was only much later that I realised that Giving is an outward expression – based on very firm psychological grounds – of an inward trust and that I therefore could not afford NOT to give! In this way it taught me how to eliminate the negative faith (fear) in lack and how to build up the positive faith in plenty.

Obviously if, as we imagine, we cannot afford to give, we must have faith in lack. This conviction, until it is reversed, remains with us – but if we constantly practise giving, are we not demonstrating trust in God as Supply? Are we not exercising that quality of confidence in Him that will bring us consciously into tune with our own unlimited supply-ideas, dwelling in us? What better practice could we engage in than that of giving a portion of all we earn, or receive in gifts, willingly and joyously? By being systematic and orderly in this, our affairs become ordered and supply flows naturally into our lives, because we are keeping the channel open.

When you give regularly and methodically you take God, Love, Omnipotence (All-power), Omniscience (All-knowledge) and Omnipresence (All-presence) consciously into the whole of your affairs as an active presence.

In view of what has just been said about giving, let us take Love at its word and as the writer in the bible puts it:

- ❖ "Bring ye the whole tithe that there may be food in my house, (The giving of yourself, your substance and your good deeds), and prove Me now herewith if I will not open you the windows of heaven" (your mind) "AND pour you out a blessing that there shall not be room enough to receive it".

Tithing requires you, when you give, to be very sure that you do this to the work you consider, from your heart, to be the teaching that will definitely help others to find the Kingdom of Love HERE AND NOW. In other words, make your contribution willingly and gladly to the highest spiritual agency you know of, in the realisation that there is unlimited Wealth behind your gift and that you can never lack any good thing, because in the first instance you are releasing your supply through your trust and in the second, you are setting it free through your faith (Knowledge) as you progress in understanding.

This aspect of teaching can be understood only by thoughtful people and as they desire to prove Truth for themselves, they will keep an open mind until they acquire enlightenment.

Here we wish to point out that the founder of the School of Truth built up his own prosperity and that of the work now being done, on this Law of Giving – his own giving. Did not the Master say, “Give and it shall be given you?” Give without thought of return! The truth of this Law has been proved in countless instances and it is for those who have derived divine blessings from Its fulfilment to pass on their understanding of It to their neighbours, who have as yet no knowledge of It.

The exposition of giving, or tithing, which follows is prompted by the spirit of goodwill and love. We know the illimitability of God’s Supply and also of how we have contacted Its source. It is with the sincere and earnest desire that others too may share His Abundance that we teach this fundamental Law of success.

It must be remembered that the School of Truth exists solely in order to teach what it knows to be the Truth. The student seeks guidance from us and we give it as we have learned from experience. Truth cannot be applied in lukewarm fashion by skirting around seemingly stony patches. Our eyes must be held steadily upon the mark and with this ever in view, we must work with the knowledge we possess.

Our Method of Giving

Very many students have asked us about our own personal system of giving. Here it is:

WHAT IS TITHING? It is the giving of one tenth (or more) of our income to the highest spiritual agency we know, in order to help spread the work of teaching man to know God, the Law. It is not exclusive to any form of religious thought. The teaching of tithing is to be found in various forms of religion, ancient and modern, and it is the outcome of the results produced by its application. We teach our workers to tithe and we all practice this observance, because the effects of so doing have been consistently demonstrated and are therefore not theoretical or problematical but certain.

All the blessings of life, so much desired by humanity, derive from God. They cannot come from any other source than that of ALL that exists. They follow on the fulfilment of the Law, which therefore becomes our individual task.

Under the Law, all four blessings of Health, Happiness, Peace and Prosperity are really one and should never be mentally separated. Humanity as a whole has tried to separate them by recognising the first three as God-bestowed and the fourth as a purely secular matter in no wise connected with the others. Sometimes the idea is held that, if only this last can be attained, it will be possible to buy, with it, the other three. The disastrous effect of that misconception in the lives of people subscribing to it needs no stressing.

The act of tithing, if properly understood and applied, combines all our blessings, making them into ONE, which none can receive until he has given. That is the Law. It is of course not possible (as in the case of God’s Substance, the symbol of which is money) to divide Health, Happiness and Peace into tenths, nor can they be taken into physical hands and bestowed upon others, but what can and must be done to fulfil the Law, is to give these by means of thoughts and speech. In this direction there can be no minimum, no limitation to the gifts, for all can give of them to the fullest extent of their capacity.

❖ Why Do We Practice Tithing?

- Because Love, which is the fulfilment of the Law, is eternal, unlimited “*Givingness*”, so our love can demonstrate its gratitude to Love-Divine for what has already been

manifested in the Heavenly Kingdom ONLY by giving. In addition, Love is intent upon us learning how to set it free.

- Secondly, because we know that, under the operation of the Law, the more we give of the blessings of life to others, the greater will be the supply that can flow through us and the more people shall we be enabled to aid.
- Thirdly, because of the act of giving to God for His work, from however meagre a supply we may as yet have been able to manifest, is a positive act of disciplinary trust in His power to replenish and increase His provision for ourselves. The story of the widow's two small copper coins illustrates and confirms this.

❖ How Do We Practice Tithing

First we have to recognise that we, in common with the rest of humanity, are Love-fulfilled. We share in God's Life, the one and only Life in the universe. By implementing His Law, which governs our being, we are, to put it bluntly, bringing God, Love, into activity in our business life.

We know what Love wants done. It desires the fulfilment of the Law and it wants the technique, that will bring this about, to be placed in the possession of all people everywhere. The unfolding of this *modus operandi* has been the duty and privilege of teachers and religions of all ages and places from time immemorial up to today. We therefore decide, under Love's guidance, which of the present leaders, or systems of teaching, is helping us and others the most and we tithe through that to Love.

Tithing and Charity

Students often ask if the act of giving to charity is tithing. It is not. The offering, or the share of God's substance with which you have been blessed, should be bestowed and used for the purpose of helping others to a knowledge of the Law so that they may be enabled, for themselves, to demonstrate its power to supply their every need. When they can do that, they will in turn become channels through which more and more people can be taught to rely on God's universal-Providing, rather than upon the temporary alleviation of their adverse conditions by means of charity. This should not be taken as a reason for doing away with philanthropy; it merely makes clear the fact that charity, unaccompanied by the teaching of the Law and Its application, can never do more than temporarily relieve poverty, which must recur as soon as the amount bestowed is exhausted. It follows, therefore, that as far as possible, charity should be individual in its dissemination and when the immediate need has been met, the teaching of how, permanently, to remove the condition should follow. Without such enlightenment of the individual donor, charity can only wage an endless war upon *effects* while doing nothing to eliminate *causes*.

In what order should God's Substance, now in my possession, be used?

- The work that God wants done comes first.
- Personal obligations to others second.
- Alleviation of the immediate needs of others, third. (Only if guided so to do).
- Personal requirements, take last place. In other words – tithing, debts, charity, self.

To do this requires trust in the power of the Law of Universal Supply to provide the wherewithal for these commitments. This trust grows and becomes unshakeable knowledge, *as a result* of putting the teaching into practice and in no other way.

Mentally thank God on receiving money from employment, or any other source. Look upon Him as the Gift and the Giver and quietly bless your offering when you tender it and then bless the work it will help to carry on.

Neither the offering nor anything else you give must ever be thought of as being handed to an individual or an organisation; your viewpoint must always be that it is with God, and God alone, that you are dealing.