

The Path of Truth



**Non-denominational
World-Wide circulation**

**MARCH/APRIL 2018
Number 56**

SCHOOL OF TRUTH (NPC)

(Reg. No. 1943/016078/08)
Organisation for the Public Benefit
SARS No. 13 000 3641

Established 1937

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Name of account: School of Truth. No. 5051 006 8543
SWIFT CODE: F I R N Z A J J

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Published bi-monthly
World Wide Circulation

March/April 2018

Editorial

Faith with Works

It does not matter how often we attend lectures, or church, or religious meetings; and it does not matter how great our faith may be, we shall not profit unless we also work, for it is by our works we shall be known. There are people who shut themselves away from their fellowmen in order to study religion, but unless they share their knowledge they are merely behaving selfishly.

If we are followers of Truth, then Truth must enter into everything we do. It must be part of the housewife's undertakings and those of the businessman. Useless to say that the teachings of the Christ are too idealistic to be brought into the world of affairs of the individual or the nation. They must be brought into business dealings, matters of State, and the little events of our everyday lives.

We must be doers of the Word and not hearers only. Unless we put our philosophy of life into practice we might as well not have one for all the use it is. Then let us be diligent workers in God's service at all times.

“I asked you to pray...”

Extracts from letters received by the School of Truth.

I owe you a great big thank you. Above all I am grateful to you for teaching me to pray. Due to my prayers and yours I was blessed with a miracle I would not have believed possible. A few months ago I went to see you as I was experiencing a great deal of trouble with my back. After I was X-rayed the doctor told me my spine was calcifying and that the discs were liable to slip out at any time with the result that I would be an invalid indefinitely. I was treated with all sorts of medicines, electric pads, machines, and steel corsets. I was not allowed to make beds or to bend in any manner, not able to sneeze, and my life was just a succession of “don’ts.”

After seeing you I never went back to the doctor nor did I have any further treatment of any kind. I can now go about my work normally and am as fit as I ever was. Please join me in a prayer of thanks to our dear Father for this wonderful demonstration.

I can now walk and drive my car again after three months indoors and without an operation. Thank you for prayers which I needed very much. I have just had two more wonderful demonstrations. One is something I have been praying for ever so long, the other an unexpected surprise. My daughter and her husband were saddled with a farm for which they

had paid too much and finally they faced bankruptcy unless they could get a particular sum for the farm. My son-in-law became an insurance salesman and did so well that he was third in the province for his company (he is a very likeable, friendly chap but no farmer). Eventually last week they sold the farm for the right sum. I keep thanking the Father for taking this load off my mind. As for the second surprise, it is my birthday this month, and my other daughter has given me a trip to South America as a birthday present. I do not know how I can thank the Lord suitably for all His goodness to me.



I am happy to tell you that the pain in my wife's eye has completely gone. With your prayers and the help of a spiritual healer the pain suddenly ceased and this to me is another demonstration of God's love for us. Thank you for praying for her. We praise and thank Him every day.



I wrote and told you how distressed I was on hearing that I had been refused the disability pension for which I had applied. That was the third time my application had been unsuccessful. However, I took your advice and thanked the Lord in advance for it, believing that it would be granted to me. I have now received a letter to the effect that this time my application has been successful. I am most grateful to the Lord for His love.

When my sister-in-law lapsed into a state of the most awful depression following a brain operation, I asked you to sustain her in prayer. She was in a dreadful state, not being interested in eating anything or in leaving her bed. I can't thank you enough for those prayers. The surgeon gave her shock treatment and prescribed the right kind of tablets. She immediately took an interest in shopping, housework and looking after her little boy. In fact, she is on top of the world. I also asked you to pray for my brother who was to become redundant. He has now found a job, the kind he has done for thirty years, and near his home. Bless you, he is delighted and I am sure he will do justice to his work.



Last week I phoned you as my young granddaughter of five months old had an emergency bowel operation. The operation was successful and the little one is on the road to recovery. Thank you for your prayers for the child and also for your help and prayers in the past.



A few months ago I asked you to put the name of my brother-in-law on the prayer list. He has now stopped drinking and is kind and considerate to my sister. Their home is once again a happy place. My sister received a letter yesterday from her son who is overseas. He is well again after his skiing accident and she is pleased to hear that he will soon be coming home. God answered your prayers in a wonderful way and we send our most grateful thanks and blessings to you all.

We give thanks to those, who upon receiving the “Path of Truth”, contribute to this work that we do for God and our fellowmen, which enables us to continue printing and distributing the magazine.

Within these pages are to be found spiritual enlightenment, health, happiness and peace.

Please note that cheques made out to “The Path of Truth” cannot be processed, and have been returned. Cheques should be made out to the “School of Truth”.



Our prayers for my son who has been missing for seven months have been answered. He phoned us from Rhodesia last week to say he is well and in employment. He said that I was continually on his mind so he thought he should phone us. We are very grateful for the blessings.



It is with sincere thanks to God and all you people who so kindly offered prayers for the sale of our house that I can now say that the house has been sold. This will eliminate one of our major problems.



Lecture delivered in Johannesburg by NC Campbell

Making the effort



From my long service as a teacher a certain rapport has been built up between me and those to whom I continuously dedicate myself. I might call it a “sensitivity”, something that could be compared with the physical perceptivity that is felt when one walks past a heater and picks up a slight warmth.

The other day as I was standing at the door of the lecture hall welcoming those who were entering. I felt a certain sadness emanating from many of them and the words “Come unto Me all who are weary and heavy laden and I will give you rest” ran through my mind. There, I thought, was a promise, guaranteeing something specific to those who *did* “come unto Me”.

Last month I met three children and their parents who were out of work, so that the whole family was starving. In this extremity the father was rummaging through the neighbouring dustbins trying to find some scraps of food for them. On the following Sunday morning, when speaking at a lecture, I saw that these same people had turned up and went over to ask the father how things were going, only to learn that everything was “the same.” I wondered why and asked him what his occupation was. He told me, and I said, “What are you doing about it? Have you looked for a job?”

“No, of course not,” he replied, “I am waiting upon God.”

“What.” I asked, “are you waiting for God to do?”

“To bring forth what I have been visualising,” he said.

Turning to his wife I enquired, “What about you?”

“I can do such-and-such work,” she answered, “and I, too, have been waiting for God. You tell us to visualise, to believe that it is done, after which our good will be poured out upon us.”

“I have never said that,” I corrected her. “I have said prepare your ground, fertilise it, put in your seed, cultivate that and then await results. You have taken the whole matter out of context.”

It so happened that, later in the week, an acquaintance dropped in on me and told me that that same man had been to see him and that he had managed to find him a job, adding, “He’s not very intelligent but I have managed to get him fixed up.” This made me very happy as the thought that those children were suffering because of the indolence of their parents had greatly saddened me.

On the following night I was again lecturing and they came in just before eight o’clock. I went over to welcome them and said smiling. “Well, how are you getting on?”

“I got a job,” vouchsafed the father.

“Wonderful!” I exclaimed.

“What is wonderful about that?” was the reply.

“Well,” I said, “you have a job.”

“Yes,” he bursts out, “I have been given a car, and I am starting out at 200 rand a month, as a salesman. I am simply burning up inside!”

“Why?” I demanded in astonishment, only to hear, “Is this how God provides for me?”

I looked at him in amazement and said, “Years ago, when I had voluntarily put myself in your position of poverty, I humbled myself, bringing myself down to the level of the little man who had no background, or anything else. I sold typewriter ribbons, pencils and printing equipment, tramping from office to office until my feet were bleeding, only frequently to be very rudely received by the head typist, and you have the temerity to tell *me* that you ‘waited for God to do something.’ Do you think the School of Truth was built up upon our ‘waiting for God’ and ourselves doing nothing? We started with a tickey (if you can remember what that was). Out of that tickey and much spiritual agony, working and waiting for avenues to open up, digging ditches, fertilising and watering our ground, rooting out the weeds from our own consciousnesses, our present organisation was born. Yet you, having done no spadework or anything else at all, expect God to pour out His Bounty into your life. Are you not ashamed of yourself?”

“I am not ashamed,” he replied. “I could very easily and happily have gone back to my own kind of work but I wanted to find out if God was concerned only with a particular stratum of society, or if the little man who had nothing would also receive, or if the teaching was, to him that hath shall be given, the rich getting richer and the poor poorer”

“Christ,” I said, “taught that God is Love, that His Presence constitutes the universe, in which all are His temples and that He desires to express Himself through all of them. He went on to say, ‘The Father worketh hitherto until now and I work. Come unto Me and I will give you rest! He did not say, ‘Sit down and wait’. I am sorry but you deserve what you got. The anger, hatred and resentment you are harbouring are not only burning you up physically, they are ruining your life and hampering your future. You have attended lectures, read books on Truth, experimented with visualisation, but you have not understood the teaching or applied it correctly. *I* sat in my parent’s home for two whole years asking what I ought to do and I wish there had been someone who could have told *me* that I had, myself, to get cracking instead of waiting for God to intervene for me.”

This man reminded me of some farmers who sit on their stoeps drinking coffee, waiting for the ground to plough and cultivate itself, even to sow its own seed, then they expect God to bring the rains so that they may gather in a bounteous crop. They are very resentful when they see the Power of

Love, which they have ignored, bringing forth a golden harvest for their neighbour who has, however, not merely hoped and prayed, but has done his thinking, feeling, speaking, acting and visualising and has, in short, worked hard for his end result.

We had a student whose property is in the hail belt and every year she used to fall into an absolute panic as she asked us, “Is it possible for God to protect us as we are in the hail belt?” To which we replied, “Of course it is, since it is according to your faith that it is done unto you.” Today the hail no longer falls on her farm as it still does on the neighbouring ones, bearing out that ‘a thousand shall fall at thy side and ten thousand at thy right hand but it shall not come nigh thee if thou dwell in the secret place’ – that is, if you live in the consciousness, or the Shadow of the Almighty, for there you will be surrounded and protected by Omnipotence, Omniscience and Omnipresence.

If you have taken every practical step, done everything that is humanly possible to bring your good to pass, remember the admonition that when you are weary and heavy laden, when your shoulders are bent (as were mine) with trying, only *then* ‘Come unto me’. At that juncture, having done your part, you can sit down and demand that God produce the good which you have set in operation, for does He not say in effect “Prove Me now if I will not open the windows of heaven and pour you out a blessing that is far beyond the measure of your receptivity”?

As now I look at my life in retrospect, I thank God for the difficulties, the problems and the unkind resistance I encountered, all of which compelled me to further strivings. I worked solely with God and today my harvest is one of heaped up good that is running over in a measure to share and to spare. Our message to you is that we have a fortune of love, health, happiness, security and protection to divide with you and if you want to participate in it, let me tell you, as I have been doing for many years, that YOU ARE IT, that it constitutes you. This Love-garden is inviting you, after all your hard work, all your straining and struggling, to enter in and rest a while. It says you have done your part so turn now your burdens and problems over to God and He will give you spiritual rest. We have to wait upon God, as we work with Him. The teaching is not just that all things are possible with Him, it is that all things are possible when *we give Him our co-operation*; and this I interpret as tuning in to that Spiritual Essence which none can comprehend, with a degree of feeling that none can calculate. We know that this Presence goes with us. It is like an invisible breeze that we sense but do not see, and It constitutes us, is inseparable from us, not inside, outside or through us, but is our very Selves. We have not only to acknowledge It, but to become It.

If I talk health, that is what I must radiate, if I teach happiness, I must have a smile on my face, if I claim prosperity and security, I must display these qualities. I must manifest what in consciousness I am – not just its outside forms but

also the whole composite Being of love, joy and contentment. Then, as people want they think I have, they will learn that it is within them, AS them.

I read only the headlines in the Press today, and then, if there are any comics, I turn to them. I wonder how Truth students react to what the papers print? Are they inspired with hope, upliftment, encouragement a feeling that God is in heaven, all is right with the world, or do they feel, as I sometimes do, a sense of deep depression? Let me, for a moment, look out objectively, not subjectively, and ask, “Is there a Presence that we name God?” The answer is an emphatic “Yes.” Then I continue, “Is It All-power, All-knowledge, everywhere evenly present at the same time? Is It concerned with our affairs and us? Have we immediate access to It and is the Wholeness of God expressing through us; or are we but fragments of Him?” These are questions that I have to answer and there are other problems also – lies, appearances, conditions – of the present and the future.

Life is always balancing things. That is what we do continuously. We weigh up the pros and cons, the negative and positive, the good and the bad, God and the Devil, the rich and the poor, the healthy and the sick, the happy and the miserable. Unfortunately we have been so conditioned that the negative concept tilts the scales in the wrong direction. Students of Truth (who are called a peculiar people) have a great responsibility in respect of the example they are setting. They have to be what they purpose to be; they must radiate God, glorify His Presence,

show others that He is greater than conditions, personalities, groups of people, appearances and circumstances; that His nature (the only Presence in the entire universe) is inviting every single human being, white, black, brown and yellow, to “Come unto Me.” God is not biased. From His point of view all who are weary and heavy laden, all who have done their part, are welcome to enter in and Omnipresence, Omniscience and Omnipotence shall give them rest, setting them forever free, free from all that is unlike the infinite LOVE that can only bless and bless, give, and give, and give.

THOUGHTS ARE THINGS

We have found that thoughts are actual things; things that take actual shape and go forth on actual errands. Thoughts of hate and malice and revenge take barbed, pointed or jagged shapes and lurid colours, and go swiftly and surely to those to whom they are directed often with the result of causing illness or producing disaster which, in turn, produce more inharmonious thoughts and unhappy mind attitudes. If, as often happens, the harmful thought is not received by the one to whom it is sent – who may be too securely protected by his own good thoughts or the good will of others, or may be too positive to be receptive – it rebounds back to its sender with redoubled force, making him its victim. This ‘good hater’ never has robust health, a happy heart, or a joyous nature.

Linda A. Churchill in *The Master Demand*

The Image and Likeness



It is an accepted and established fact today that we all carry before us, in mind and heart, a self-image – an image of what we consciously or sub-consciously believe ourselves to be. This has been suspected by leading psychologists for many years, but it was a renowned plastic surgeon, Dr Maxwell Maltz, who as the result of close observation brought it to light.

Some thirty years ago he had written a book, ‘New Faces New Futures,’ in which he tells of the amazing changes that often occur quite suddenly and dramatically in a person’s personality when he or his face is altered by plastic surgery. However, as time went on, he began to ponder the many failures among his patients, for despite his skill in beautifying their features, by the removal of certain blemishes and irregularities, many of those thus treated continued to feel, behave and act just as they had before undergoing surgery.

On further investigation he found more and more phenomena which confirmed the fact that the ‘self-image’ or ‘picture’ of the individual was the real key to personality and behavior. In consequence, he published another book, ‘Psycho-Cybernetics’, which deals with the subject from the psychological angle.

Now, as students of Truth, we are concerned with Spirit – First Cause – from which all secondary causes stem, and the

truth concerning ourselves is that ‘WE ARE MADE IN THE IMAGE AND LIKENESS OF GOD.’

God – Spirit – the Universal Creator is FIRST CAUSE. To quote St Paul: ‘One God and Father of us all, Who is above all, through all and IN you all.’ Whatever ‘self-images’ we may have had, or are still holding concerning ourselves – images of ill-health, failure, depression, lack and unhappiness – let us calmly accept the fact that these negative conditions became manifest in our life because they are what we have CONCEIVED ourselves as being. In Biblical terms we have been worshipping false gods and images. We have broken the Commandment: ‘Thou shalt have no other gods but ME.’

Being made in God’s Image, it follows that whatever is true of Him must be equally true of ourselves. Now one cannot imagine the Great Originating and Sustaining Life Principle of the Universe to be poor, weak, miserable, ugly, jealous, angry, uncertain or in any way limited. Then, because we are one with this Great ‘I AM’, companions of this same Spirit, the same must be true of ourselves. Naturally, we must learn to distinguish the True Self or Image from the little personality with which we have masked it, and then learn that this Real Self controls the outer manifestations and not vice versa.

What God is Universally, we are Individually. As we advance in knowledge and awareness, we know ourselves to be unlimited, and that in the miniature world whose centre we are, we ourselves are the very same Spirit which was known to the ancients as the ALL IN ALL, for the Great I AM is ONE.

This is the foundation – the Rock upon which we, as students of Truth, must endeavour to establish our unity with the Great Creator of All. Let us no longer be held in bondage by the seeming negative conditions with which we have surrounded ourselves, but recognise them for what they are – the effects of our own image of ourselves, the shadows cast by our own erroneous beliefs, thoughts and feelings. Accepting responsibility for them deprives them of any sinister power extraneous to ourselves and enables us to centre our minds on the Inner Spirit, implanted in us from the foundation of the world, the Christ Image of Love, Wisdom and Power.

Away then, with the old Adamic image of failure, ill health, want, inharmony and limitation. In the words of St Paul: ‘Be renewed in the Spirit of your mind, and put on the New Man, that after God hath been created in righteousness’, so that we may enter into ‘the glorious liberty of the sons of God,’ according to the Biblical promise and claim with the valiant poet, Henley:

“It matters not how strait the gate,
How charged with punishment the scroll,
I AM the master of my fate,
I AM the captain of my soul.”



There are three things that ought to be considered before some things are spoken – the manner, the place and the time.
– Southey.

The Precious Substance of Men



There are people who are content to spend their lives in pleasure seeking, and this is particularly true of some moneyed folk who have no need to earn a living. Fortunately not all the wealthy ones are content to fritter away the precious days of life on trivialities. Many of them use their time in trying to make some contribution to the world which will be of benefit to their fellowmen, and they are ready to share what they have with those less fortunately situated.

On the other hand there are those who have had a good excuse to sit back and do nothing but who have refused to make use of it. Think how many of the great ones in history have been partial invalids, yet have overcome their ill health or affliction and by so doing have enriched the world. Milton was blind; in spite of his deafness Beethoven continued to work as long as he was able; and Robert Louis Stevenson was a sick man – to quote but a few instances. Actually, creative work such as these men did must have helped considerably to take their thoughts away from their afflictions.

In the Bible we read that the precious substance of men is to be diligent. So wrote Solomon of old; and certainly it is not in God's plan for us that we should be lazy. Those who have money and time to spare have no excuse for indolence. God's vineyard is large and the labourers few, and there is always work for those who are willing to undertake it, if they can

give their service without remuneration. There are hundreds of ways in which they can occupy their time fruitfully. There are so many societies which would welcome their services, and so many millions who need their aid that no one should be able to sleep at night if he is not doing his share.

With regard to this question of work, there are people who have the will to fail, who say that they were never meant to succeed, and appear to feel almost virtuous about it. That is not the right attitude to adopt, for we are not doomed to failure except by our own wrong thinking. And it is normal to want to succeed. But as long as we believe we cannot achieve our goal we cannot expect to do so. Such folks may not be doing the work they most want to do and so find it difficult to put their best into it; but if it is necessary for them to do it they should change their attitude towards it and make up their minds to like it. This can be done by regarding it as work done for God and as service to Him; and all work can be so regarded if it is good and necessary. In the meantime they can be preparing themselves for something which will interest them more. Success in one's chosen work is important, but in order to achieve it we must get into the habit of thinking in terms of success and putting all thought of failure entirely out of our minds. It requires self-confidence and sustained effort as a rule, and the will to win. If we believe in our unity with the God within us these should not be difficult, for unity with Him means unity with all power, wisdom and strength. But if we would be successful we must do our share – our human

part. We must work and persevere, for God helps those who help themselves – He helps them through their own efforts.

There are some who cannot bear any criticism of their work. If it is adverse they lose all faith in themselves; and yet everyone should learn to accept constructive criticism humbly and gratefully, and it should be a spur to further efforts. Unfortunately there are those who, even when they ask for criticism, do not really want it – all they are looking for is praise. But when it is genuine it should be helpful, and far from being discouraged they should welcome it. They may not agree with it, and then they should use their own judgment and get further opinions on it.

We should all be grateful for work and the ability to accomplish it. It is one of God's good gifts to mankind, for there can be no sense of fulfillment for anyone who wastes his life. We must work if we are to live fully and richly.



RELIGIOUS – SPIRITUAL

Religious experience does not need rational proof or substantiation.

Religious experience is absolute – it is undisputable, the one who has it, possesses the great treasure of a thing that has provided him with a source of life, meaning, and beauty and that has given a new splendour to the world, and to man-kind.

C. Jung

Believe ye receive

“Therefore I say unto you, what things soever ye desire when ye pray, believe ye receive them and ye shall have them.” – Mark 11:24.



When Christ made this sweeping promise, He had just demonstrated the destructive power of the spoken word, by withering away a fig tree. We cannot suppose that, in destroying the tree in this way, the Master of Love could have been actuated by any motive of pride or bad temper, and so it is obvious that He wished to show His Disciples what power there is in the word spoken with faith. To some it may seem that, by making this promise, He gave to the worthy and unworthy alike an almost frightening power. For that reason, most people have been unable to believe in this statement as a literal promise, and have “spiritualised” it away as something only for the Disciples, or the Initiates, or perhaps for some future state of being. It could not be true for us, here in this life, they think.

If Christ or the Prophets were speaking to, or writing for, only the people of their own time and world, of what value would their teaching be to us? What could the Scriptures mean to us if they were no more than an historical record of certain people? If the Bible is Scripture at all, it is so because it is for all men at all times, in any country and at any period of the world’s history. It must be eternal, universal Truth, as

mathematics is eternal and true, for both come from the same eternal and true Divine Mind. Perhaps the Master had some such thought of assurance in mind when, in John 17:20, He prays to the Father, “Neither pray I for these alone, but for them also which shall believe on Me through their word; that they all may be one; as Thou, Father, art in Me, and I in Thee, that they also may be one in us: that the world may believe that Thou hast sent Me.”

For most people, trying to make a demonstration of supply or some human harmony, the difficulty is in believing that they receive, that they actually are now receiving that for which they pray. If the body is sick, our own or that of a loved one, or if the rent has to be found today or tomorrow and there is no money in the house, or if one is hunting a job in desperation, or if there is some acute or urgent need, it is not easy to believe that demonstration is already accomplished. We try so hard to convince ourselves of this, by denial and affirmation, by concentration, will power, prayer and meditation, even by such devices as fasts and penances, and some even torture the body, but we still are unable to prove the promise.

Strangely enough we fail to make our demonstration because we are *trying* to make it, and the harder we try, the further we push it from us. It is quite simple. If we try desperately to get health, we are trying only for one reason, and that is that we are convinced that we *have not got health*. Obviously, if we believe we receive we would not have to try and *get*. So in trying to get health we are telling ourselves

that we lack health and our minds are not on having, they are on *lack*. And as long as we believe in lack, how can we demonstrate what we want? Here we are in a sort of spiritual cul-de-sac, because we can see and feel that the body is sick, or we know we have no money. What is the way out?

The Master clearly gave us the answer to this question in John's Gospel, 15:7. "If ye abide in Me and My words abide in you, ye shall ask what ye will, and it shall be done unto you." So His words must abide in us if we are to be successful in prayer, and if they do not, then we achieve nothing, as He so clearly tells us. Why? Because He was not telling us just His own ideas but expounding for us the operation of a Divine law. And we find His words in the fifth, sixth and seventh chapters of Matthew, in what has been called "The Sermon on the Mount." Are we following these instructions? Have we forgiven those who offended against us and prayed for those who spitefully used us? Have we any resentment in our minds? Are we criticising or condemning or hating anyone? Are we working against the commandments, in thought if not in deed? Are we doing our charities in secret? Do we only desire some good for our own private benefit, so that we may indulge ourselves in some way? In modern language, are we only asking God to fix our ulcer quickly so that we can get back to the party?

The mere words we speak have no power of themselves. The power is in the feeling behind them, the ideas of which the words are only the symbols. We may affirm regularly,

but perhaps we are thinking thoughts the very opposite of our affirmation. How frequently, for instance, do we find resentment and dislike to be the bars to the student's spiritual progress! How often we have to point out the impossibility of praying to a God of Love when we have a heart full of hate! How patiently we have to try and convince them that the very actions of others, which seemed so evil, are no more than steps to some good that God has provided for us? If Joseph had failed to keep his faith, in spite of what his brothers did to him, he would never have reached the eminence of Prime Minister of Egypt and then, in a position to save from starvation the very brothers who had so ill-used him, be able to say, "Ye thought evil against me, but God meant it unto good." So nothing is so "evil" but that God can turn it into good, and then we find that those who ill-used us, or the "evil" condition in which we find ourselves, is converted into an agency for good. Our enemies are but God's unconscious agents through whom He brings our good. Cannot we then forgive and even bless them?

It is as though we sat before a spiritual radio set, tuning in by the way we think. God is continually broadcasting, every moment of every day, on a wavelength of love, harmony, health, success and joy. But if our minds are on resentment, hate, failure, sickness, evil and misery, we are not receiving His broadcast. Nor can we ever receive it until we change our thought and "tune in" on the right wavelength. If we will not forgive, have we any right to expect forgiveness? If we will

not give of love, good will, tolerance, patience, friendship, service and money, have we any right to expect to receive these things? If we lived in a community where everybody was always trying to *get*, would we get anything? On the other hand, to live with those who are always *giving*, would that not result in an all-round circulation with everybody giving to everybody else, including us? So can we expect only to get, and give nothing in return?

Unless His word abides in us, unless we are prepared to follow Truth we cannot hope to “believe we receive,” because we are not even praying to the One True God, but to some strange god of our own creation – a god of hate or failure or sickness. But when we have done our part we find how truly He spoke when He promised, “Seek first the Kingdom of God and His righteousness, and all these things (material blessings) will be added.” Elsewhere He tells us that “the Kingdom of God is within you,” and St Paul tells us, “Ye are temples of the Holy Spirit which is in you, and which ye have of God.”

When we understand something of the significance of what Jesus taught us, we begin to see that demonstration does not result from going after things, from will power, or from any human activity, but in the words of the Prophet Isaiah it comes, “Not by might, nor by power, but by my Spirit.” When we, having done our part in abiding in Him and letting His word abide in us, we can relax in the knowledge that God is now in charge and that His perfect will of Life and Love

is now being done in us and all our affairs, we find that all things have been working together for good just as they did for Christ, for Joseph and for many other Bible characters.

Going after some blessings, desperately denying and affirming, concentrating, willing, wishing and declaring, only creates in us a state of anxious tension, which is the very antithesis of faith, and must result in non-demonstration. But giving of what we have, of love, friendship, goodwill, forgiveness, tolerance, patience, and of our money, with the feeling that we are the agents of God, that it is He giving through us from His inexhaustible resources – this is the sure way. When we understand that it is God giving through us we are no longer giving from our limited supply, but He is giving from His own limitless riches. We then become, so to say, “partners with God,” and the more we dwell on this fact in our thoughts, the more we develop the ability to “believe we receive.” So we acquire the consciousness of wealth, not only wealth of money, but also wealth of all those spiritual qualities mentioned above, which alone bring us blessing and happiness. There is no short cut to material good, there are no magic formulas or affirmations to give us what we think we want. Our part is to develop, by a change of our own thinking, the consciousness of the Presence of God in our minds, bodies and affairs, and that is to become channels of God’s blessings.

Every idea which exclusively occupies the mind is transformed into an actual physical or mental state. – Emile Coué

The Knower of the Way

On one new day of fuller growth, I stood puzzled concerning its purpose, and discouraged as to finding the way.

Then I remembered that within me is one, that always when I ask – become still, and earnestly listen – tells me the right path to take, the right thing to do. The Knower of the way speaks when I turn within, and when I hear and heed, whatever I need in order to go forward is given to me.

On this new day, the undertaking that the Knower pointed out to me as the way of fuller growth loomed before my mind like a mountain of difficulty. Reason question, and ought to turn me aside; but the Knower calmly said ‘Go Forward’.

As I stood, yet undecided, there came the heartening words, ‘be not afraid, neither be thou dismayed, for I am with thee’. Intellect sought to restrain me, to impress on me its great knowledge of the way. Appearances erected a mental barrier that seemed insuperable. Yet as I turned from them and listened, the Knower again said ‘Go forward’, and like an echo from the silence came the words, ‘I will not fail you, nor forsake you’. Then emotion shook me, and made me weak. But again the Knower said ‘Go forward’ and, as I listened, ‘be strong and of good courage. I will strengthen you with my hand’.

**The School of Truth has prayers at
9:30 a.m. and 11:30 a.m.**

Students are encouraged to join us in prayer at those times.
Prayers are indeed very powerful.

*A suggested prayer may be:
The Light of God surrounds me
The Power of God protects me
The Peace of God is over me
Wherever I am, God is.*

This prayer may be used at any time.



Meetings: March/April 2018

Johannesburg

Theosophical Society

Corner Lothbury & Streatley Avenue, Auckland Park
First and third Sunday of each month at 11:00 a.m.

Lecturers: Sunday 4 March: John Paulsen
Sunday 18 March: Edwin Wood
Sunday 1 April: Gerd Pontow
Sunday 15 April: Edwin Wood

Durban

Phone: 072 319 8666 031 201 5860

Second Sunday of each month at 10:00 a.m.

Sundays: 11 March and 8 April
Lecturer: Diane Evelyn

Pretoria

Theosophical Society Lodge

Via D.T.I. Building, Entrance Meintjies Street, Sunnyside
Second Sunday of each month at 10:00 a.m.

Sundays: 11 March and 8 April
Lecturer: Edwin Wood

Hoedspruit

Venue: Drakensig Sports Centre, Conference Room
Last Sunday of each month at 10:00 a.m.

Sundays: 25 March and 29 April
Contact: Mark Tomlinson

Home: 0015 793 0100 – Cell: 079 369 4604

Cape Town, Erin Hall

Erin Hall, 8 Erin Road, Rondebosch

First Sunday of every month at 10:00 a.m.

Sundays: 4 March and 1 April

Lecturers: David Grant, Nicky Swartz and Penny Grottlieb
(alternating)

School of Truth Zimbabwe

Harare (00263) 488-5186: Mary Jane Williams

Bulawayo (00263) 288-679: Geoff & Gwen Calvert

To confirm date and times of meetings, contact your
representative or Johannesburg Centre:

Telephones: +27 (11) 482 5622/5856

Fax: (011) 482 4857

Members' Guide

We believe that students of truth should make their daily life reflect their beliefs and faith. One way of doing this is to choose an idea or affirmation that can be thought of during the waking hours, perhaps the affirmation offered in the daily thoughts.

“THE PATH” provides a number of guidelines, some of which may help one to focus in a spare moment of time:

21. We let go of all outgrown ideas, attitudes of mind, and conditions that may be hindrances to our progress.
22. We are convinced God not only can, but does bless us through many channels other than our regular income.

March 1**Thursday**

◆ *Every good gift and every perfect gift is from above.* – James 1:17.

**THANK YOU, FATHER, FOR THE GIFTS YOU SO
FREELY CONFER ON ME**

God is the Giver of all Good and nothing that is not good comes from Him. He is Love, Joy, Goodness, Truth, Justice, Peace, and all that is perfect. When He is expressed in, to, and through us, we live harmoniously; our affairs progress satisfactorily; and we are healthy. All the beauty in the world is God in expression.

When adversity overtakes you, do not fold your hands and tell yourself that it is the Will of God. It is the result of something you have brought on yourself. You have been thinking and acting wrongly at some time – you have set up the cause and are suffering from the effect. If you would change the reaping you must change the sowing and examine your mind to find out what seeds you have planted in it to produce such a harvest.

Anything that is not good in your life is not of God. He is perfect, and nothing that is imperfect can come from Him. He has bestowed on you the gift of His Spirit to guide and aid you in all the changes of your daily life.

March 2**Friday**

◆ *Draw nigh to God, and He will draw nigh to you.*

– James 4:8.

I TRY TO BECOME EVER MORE CONSCIOUS OF THE GOOD WITHIN ME

We know that God is within us, but He does not force His Presence upon us. He is there waiting to help us at all times but we must contact Him.

Have you ever noticed, when you have taken up some new line of thought or some new study, how you seem to meet others who are also interested? We attract them to us. And so it is with the things of the Spirit – we draw them to us when we begin to take an interest in them. Think of the number of others you met who were students when you first took up the study of Truth. Like attracts like.

We must lift up our hearts to God if we wish to feel His Presence. If we desire most earnestly to get in touch with Him we shall become aware of Him. We are told to ask, and it shall be given us; seek and we shall find; and to knock and it shall be opened unto us. We must play our part; for there is always something we have to do if we are to draw near to the Father.

March 3**Saturday**

◆ *A great and strong wind rent the mountains, and brake in pieces the rocks before the Lord, but the Lord was not in the wind. – 1 Kings 19:11.*

I WILL LOOK UNTO YOU, FATHER, IN THE MIDST OF THE STORMS OF LIFE

In the midst of every storm there is a centre of silence, so the scientists tell us. In the middle of every whirlpool there is a point of complete stillness.

So often, when we face apparently insurmountable difficulties, we get to a point where we feel that we cannot cope with things anymore, and then we hand over to God completely. What a wonderful blessing when we get to this state. It is then that we contact the centre of silence within ourselves and hear the “still small voice”. We will now become aware of the love of God.

It is in these moments of true communion that we begin to know the Heart of the Eternal and, when the storm has passed, we realise how much nearer we are to knowing God aright.

“And to know God aright is Life Eternal.”

March 4**Sunday****April 1****MEDITATION****TAKE NO ANXIOUS THOUGHT...**

My Father,

Today I would take You at Your word which invites me, in common with all others who are in trouble, or under any kind of stress, to “Come unto Me all ye that labour and are heavy laden, and I will give you rest.”

For some time I have been wrestling with a problem, trying to find a way of overcoming it, asking for advice from this one and that, but I have made no progress. On the contrary, it is becoming more pressing day by day as the eleventh hour approaches and I am exactly where I was when I began anxiously “taking thought for the morrow”.

I remember very well that the Master said, “the morrow shall take thought for the things of itself”, and I realise also that because You know nothing of any *kind* of negation, you are not away of problems, only of their solutions. Yet, even so, I have not the strength of mind to drop this – to me – so real menace right out of my consciousness; therefore, trusting implicitly in Your never failing love, I come into Your Presence crying, “I believe! *Help Thou mine unbelief*,” and I find peace, for I know that it shall be done and all will be well.

March 5**Monday****April 2**

◆ *Thee shall thy brethren praise.* – Gen. 49:8.

**I TRY TO BE AN INSPIRATION TO ALL WITH
WHOM I COME INTO CONTACT, AND WITH
GOD'S HELP I SUCCEED**

Most of us need to be encouraged at times. When our work is not going too well, for instance, and someone praises us, not necessarily for our work but for something we do well, we gain courage.

Fulton Oursler says that without praise and encouragement any one of us can lose self-confidence. Thus we all have a double necessity – to be commended and to know HOW to commend. He tells us that there is a technique in giving a compliment; and that it is no real compliment to praise a man for some obvious attainment.

We do not know what a word of praise may accomplish provided it is genuine and comes from the heart. It may inspire a man to do great things. To quote Oursler again, no one great or obscure is untouched by genuine appreciation.

Do not be too shy to pay a compliment. Be a spendthrift with praise and a miser with blame as someone has said. Search for the good in people – find out the things that deserve praise and play your part. You do not know how helpful it may be.

March 6**Tuesday****April 3**

◆ *He returneth to the days of his youth.* – Job 33:25.

WITH THE HELP OF GOD I REMAIN YOUTHFUL IN SPIRIT

There are people who dread the thought of growing old. They feel that after a certain time has passed life will have lost its savour.

Why should this be so? We may not be able to do at seventy what we did at seventeen, but do we wish to do so? Age has many compensations. Experience must count for something, surely? It can be used to guide others if they are prepared to listen and benefit from what we have to say – though it is probable that most people will prefer to prove things for themselves. Nevertheless our advice may be of value to some.

We are content to move at a more leisurely pace in the autumn of our days – or we should be. And so we have more time to do the things we enjoy and more time to give to others. And we are never too old to learn as long as we have all our faculties.

Life should have taught us the value of kindness and tolerance and brotherly love; and it can be as full and rich as we choose to make it.

March 7**Wednesday****April 4**

◆ *Be ye doers of the Word and not hearers only.* – James 1:22.

**LET ME GIVE FREELY OF MY LOVE, TREASURE,
AND SERVICE**

There are all too many people who routinely go to church or attend lectures and at the end of the service set out for home very pleased with themselves feeling that they are not as other men are but have really done their duty. They have indeed “heard” the Word, but what during the coming week are they going to *do* about it? Therein lies the rub for it is by our works, not our words, that we are judged and justified.

There is only one way in which we can vindicate our presence here on earth and that is by loving and serving our neighbour, for whatsoever we do unto him we do also unto our Creator. God is Love and all He asks of us is that we love first Him (who loves us) and then our fellowmen. Each of them is a brother to whom we owe dedicated service and care. If in this we fall not short we shall receive the Father’s accolade, “Well done, thou good and faithful servant in whom I am well pleased.”

March 8**Thursday****April 5**

◆ *Open thou mine eyes, that I may behold wondrous things.* – Ps. 119:18.

**I CULTIVATE AN ALERT MIND THAT I MAY
APPRECIATE TO THE FULL THE GIFTS OF GOD**

So many of us go through life only half awake and so miss much of the beauty in this world.

Have you ever looked through a microscope at the little yellow flower of the weed which we root out of our gardens? Rightly so, of course, since we cannot expect flowers to flourish where weeds are allowed to run riot. Yet it is a miracle of beauty.

Instead of glancing at things casually, let us learn to examine them closely that we may appreciate them. God has covered the earth with loveliness and our appreciation is a form of gratitude to Him for His gifts. See how, when man damages the earth, He covers the scars with grass. Take time to ‘stand and stare’ sometimes and notice the way trees grow; look at the hills purpling in the afterglow; and gaze up at the myriads of stars.

Let us cultivate seeing eyes, hearing ears, and understanding hearts, that we may pay tribute to the One who has provided this earth with so much loveliness.

March 9**Friday****April 6**

◆ *The fathers have eaten sour grapes, and the children's teeth are set on edge. As I live, saith the Lord God, ye shall not have occasion any more to use this proverb.* – Ezekiel 18:2.

**MY FATHER, BECAUSE YOUR NATURE IS LOVE, I
ACCEPT ONLY YOUR BOUNTIFUL GOODNESS**

Heredity makes people feel defeated before they have begun, and they accept their diseases and lack of opportunities as if there were nothing they could do about them.

God is the only true Father, Jesus said, “Call no man your father upon the earth; for one is your Father, which is in heaven”, because He knew that each human being is the image and likeness of God. What do we inherit from God? Health, perfection, joy, peace, beauty and love.

Our outer world is the reflection of our inner vision. So let us behold, in our consciousness, not the diseases and limitations that we seem to have inherited from our earthly parents, but the health and abundance that we have inherited from our Heavenly Father.

March 10**Saturday****April 7**

◆ *And other sheep I have, which are not of this fold.* – John 10:16.

LET ME SO LIVE THAT I MAY ATTRACT OTHERS TO TRUTH, FATHER

There are many forms of religion in the world but let no one sect think that it has found the only path that leads to God.

T.S. Knowlson says that personal experience is the centre-stone of all authority in religion. He tells us that any corporate embodiment which does not allow individual freedom, and which not only asks but also compels submission to a group, is contrary to the spirit of faith.

Let us never try to force others to accept our way of life and our ideas. We teach so much better by example than by precept. If someone says to you that he sees what your religion has done for you, and why should it not do the same for him, you have probably found a follower. Being and doing are so much more persuasive than talking.

And never let us argue over religion. We can discuss it reasonably by all means with reasonable people; but argument can so often become heated and end in friction, so let us do our best to avoid it.

March 11**Sunday****April 8****MEDITATION****BLESSINGS ARE EVERYWHERE...**

My Father,

All around me I see the manifestation of Your Love and Goodness. I delight in the colour and beauty of the flowers, the loveliness of the country, the charm of well cared for homes, and the amazing expressions I see in Nature. My heart gives praise for these bountiful blessings around me.

Much that I had previously taken for granted I now recognise as of real value in promoting my spiritual growth. I behold Divine Love working in and through all, and in beholding the Truth I am blessed.

All sense of doubt has been eliminated from my consciousness, for my understanding has grown with each experience. I know that you have set your Love upon me and my perfect abiding place is in the quiet acceptance of Your guidance at all times.

I accept the multifold blessings that You have given me and I do my part in blessing all whom I contact.

March 12**Monday****April 9**

◆ *I am with you always, even unto the end of the world.* – Matt. 28.20.

GOD WITHIN ME IS MY STRENGTH AND MY SALVATION

God is in us, around us, above, and below us. He never leaves us – His spirit is within us and we can turn to It at any time of the night or day.

Do you, when you are likely to become harassed, look to the God within you for help? Do you turn to Him often during the day in order to realise your unity with Him? We should look to Him in our joy as well as in our times of stress. We should give thanks to Him for the consciousness of His Presence within us. We should show our gratitude to Him in word and deed.

In this way we shall FEEL our unity with Him, which will give us a sense of security and well-being. When we are conscious of our oneness with the Spirit of all Love, all Goodness, all Power, all Truth and all Beauty, we shall know the peace that passes understanding. People may disappoint us or fail us but God never does. He knows what is best for us and sees that we get it when our full trust is in Him.

March 13**Tuesday****April 10**

◆ *Oh how great is thy goodness.* – Ps. 31:19.

**THANK YOU, FATHER, FOR YOUR GOODNESS TO
ME AND ALL MY FELLOW-BEINGS**

Emerson tells us that our regrets are false prayers, and if that is so then surely our gratitude must be true prayers.

Daily God pours His love into our lives in various forms. In the sun without which there could be no life at all; in the fresh air; in the affection of those around us, and a hundred other ways to which we have grown so accustomed that we probably seldom remember to give thanks or show our gratitude for them. We take them all for granted – look upon them as our due.

God is the Source of all the good there is and we should learn to express our thankfulness for our share of it. All we need is already ours in the invisible and our faith brings it into manifestation. What, then, could we not achieve if we had enough faith? For there is no limit to God's goodness unless we ourselves limit it by our lack of trust.

March 14**Wednesday****April 11**

◆ *And let the peace of Christ rule in your hearts.* – Col. 3:15.

I TRY ALWAYS TO BE AN INSTRUMENT OF PEACE IN MY WORLD

Christ is the Prince of Peace. He said: “Peace I leave with you; my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be fearful.”

Yet most of us are often troubled and fearful because we do not FEEL that His Spirit is within us bringing us tranquility and giving us courage. We are lacking in faith.

Make up your mind that today will be a day of peace. If some upsetting experience comes to you, turn to the Spirit within and claim Its aid. Say to yourself: “This does not move me, for the power to be still is mine through the Presence of Christ, which is in me and around me.”

We all want a peaceful world if we are normal people, but to have universal peace we must first establish it in our own hearts and minds. It must start with the individual. We must be able to live harmoniously in our own homes if we are to have world harmony.

Let us each do his share towards promoting this.

March 15**Thursday****April 12**

◆ *Your Father knoweth what things ye have
need of.* – Matt. 6:8.

**I LIFT MY HEART IN GRATITUDE TO GOD
THAT ALL MY NEEDS ARE NOW MET IN HIS
PERFECT WAY**

God knows our requirements better than we do ourselves, so is there any need to tell Him all about them and to beg Him to give us this or that? Since He has already provided for us in every way we should try to become ever more conscious of our unity with Him and all that He is and has. There is no need to plead.

Our very thoughts are prayers. If we think in terms of sickness and poverty how can we expect to be well and to have all our needs fulfilled? We are closing up the channels through which God's help flows to us. What we should do is to claim the spiritual equivalent of what we want in the spirit of love, giving thanks even BEFORE the manifestation, as a token of our faith as well as our gratitude. We should claim BELIEVING that we have already received, for then we are helping God to help us. If it is more money we need we should give thanks that we share in God's abundance. If health we should give thanks that we express His perfection.

March 16**Friday****April 13**

◆ *Be of good courage.* – Ps. 31:24.

**I SHALL NOT FEAR APPEARANCES BUT
ACKNOWLEDGE GOD WORKING THROUGH
THEM**

No matter how alone and abandoned we may be feeling at any given moment we never are isolated, for One is always watching over us “strong to save”, and if when everything seems to be going wrong we would remember that “I am with you always even unto the end of the world”, our hearts would simply have to take courage irrespective of the seeming odds.

All error, all danger, all shattering circumstances and situations are but a “seeming” for God is Omnipresence and in His ambience only the Good prevails. It is for us to judge righteous judgment as we refuse to be deceived by the testimony offered to us by our fallible human senses and accept instead the Perfection in all things which God saw in the beginning and pronounced “very good.”

Never have we anything to fight, for His Presence fills full the thing we fear, and when we stand firm on this realisation the illusory evil will dissolve.

March 17**Saturday****April 14**

◆ *Give, and it shall be given unto you. – Luke 6:38.*

**I GIVE IN THE SPIRIT OF LOVE AND SERVICE,
AND IN GRATITUDE FOR WHAT I RECEIVE**

Today's text goes on to say: "Good measure, pressed down, shaken together, running over, shall they give into your bosom," but you **MUST GIVE**, not with any desire for reward, but for the sake of giving.

Money is not the only thing we can give, although it is the easiest if we have it. What is simpler than to hand over some money? Money we must give, that God's work may continue, but if we have none there are other things. Emerson says that the only gift is a portion of ourselves. So the poet brings his poem; the shepherd, his lamb; the farmer, corn – and so on. The great thing is to give our best in the spirit of love.

There are times when we don't give because we are afraid, possibly in case we shall not have enough in our old age. That is because we do not look on God as our Source of Supply. We do not realise that everything we need has already been provided for us in the Kingdom of God and **OUR FAITH** will bring it into manifestation.

March 18**Sunday****April 15**

MEDITATION
MY TRUE BEING...



My Father,

I now concentrate on my being – on my awareness. I quietly enter the deep recess of my Soul to a place of peace and rest. Here I realise my unity with You. I know that the ego is but a changing thing of time and circumstance, whereas the real immortal Self is birthless, deathless, changeless.

I am patient, for I am one with All-Time. I am wise, for I am one with All-Knowledge. In this awareness I am beyond pain for I see beyond pain's sense limitation to the Truth within me.

I am rich, for there is no limit to the abundance which is my divine inheritance. I am successful, for my mind at one with Your Mind ensures achievement beyond human imagination.

Vanity and ego, time and shadow depart from my consciousness as, more and more, I understand what the Master meant when He said, "I and the Father are one."

March 19**Monday****April 16**

◆ *Be not anxious.* – Matt. 6:25.

**GOD ALONE IS MY ARMOUR WHEREIN I TRUST
THIS DAY AND ALWAYS**

If you were the beloved child of the most powerful, wisest, most loving being on earth, would you have anything to worry about? Would you be afraid of poverty, abandonment, failure, or would you know that this mighty entity would provide for you, cherish you and rescue you from the effects of your own bungling? You actually have such a Provider and Protector, One whose Love and Power far from being limited are unbounded.

You are God's instrument of Self-expression here in His visible world; you are "more precious to Him than rubies" and, that you may be enabled to carry out your mission, you have been equipped with all His qualities of perfection. You have nothing to ask for and nothing to fear – all you have to do is to set His attributes in motion, first in His service and then for the good of all your fellowmen. If you do this you will have fulfilled His purposes in creating you and He will be well pleased.

March 20**Tuesday****April 17**

The Lord my God will enlighten my darkness. – Ps. 18:28.

**I ACCEPT WITH GRATITUDE ANY KNOWLEDGE
WHICH OTHERS HAVE TO OFFER ME AND KEEP
AN ALERT AND ACTIVE MIND**

We can learn something from most people if we have alert minds and if we are willing to learn. We may learn what to do or what not to do.

If we are truly interested in people we shall want to discover what their views are on different matters – their ideals, their work, and their hobbies. And most people are only too happy to talk to anyone who is interested enough to listen to the things they think and do. In this way we shall often obtain valuable information.

From the man who tills the earth and from the tramp roaming the countryside we may possibly learn some bit of philosophy which will be useful to us in our daily lives – which will throw light on some dark spot in our minds. Those who live in close contact with Nature often have something to offer us. Living close to God's good earth may have given them wisdom.

At any rate, never let us be too proud to learn from anyone however unimportant he may appear to be.

March 21**Wednesday****April 18**

◆ *In all thy ways acknowledge him, and he will direct thy paths.* – Pro. 3:6.

I REST IN THE LORD AND WAIT PATIENTLY FOR HIM

We so often need guidance on our way through life. We come to the crossroads, perhaps, and we do not know which way to take.

There is, however, a simple thing for us to do. We can claim guidance from the Spirit within us in perfect faith, and then wait for it calmly. You may not know what to do, but God can lead you in the right path when your trust is in Him. But you must wait quietly for His help and not block up the channels through which it flows by fussing and struggling in your own human strength. So many people when they hand a matter over to God continue to worry about it and so take it back again.

You can obtain the guidance you need by lifting up your heart to God, but once you have placed Him in control do not make up your mind that His help will come in any particular way. The how and the when are for Him to decide in His perfect time. Your task is to wait calmly in faith.

March 22**Thursday****April 19**

◆ *The lips of the righteous feed many.* – Pro. 10:21.

**I USE THE SPOKEN WORD TO HELP OTHERS AS
WELL AS MYSELF, AND THANK THE FATHER
THAT HIS STRENGTH IS MY STRENGTH ALSO**

Do you send out good thoughts daily, not only to those you love but also to all people everywhere?

In the ideal state we should want to do as much for others as we do for our own, but not all of us have reached that stage of spiritual advancement. How many of us are as fond of other people's children as we are of our own? Yet we would be if we loved, as we should. We would rejoice in another's success, as much as if it were ours, since in truth we are all one great family with one Father.

We need to be constructive in all we say if we are to 'feed many.' Instead of commiserating with people we should try to uplift them and inspire them. Instead of moaning with the sick we should send out thoughts of health to them. Instead of pitying the poor we should try to teach them how to claim God's Abundance.

Let us use His Power within us to help others as well as ourselves by sending out good thoughts to them, and by using constructive affirmations for them.

March 23**Friday****April 20**

◆ *I pray that in all things thou mayest prosper.* – III John:2.

**I KNOW, BECAUSE THERE IS NO SEPARATION,
THAT IN SERVING MY FELLOWMAN I AM
SERVING GOD**

It is not so easy to pray for the prosperity of others unless we understand that in so doing we are praying – and that very effectively – for our own all-encompassing wellbeing.

When the Christ declared, “I and My Father are one” He was laying down for all time the Truth that there is no separation between man and man. Just as you are your brother’s keeper so am I your guide, philosopher and friend. Your interests come before me in all things. How easy that is to say, and how hard of implementation, yet we are enjoined to give our cloaks with our coats and to go the second mile.

We need have no misgivings; we can never lose by “taking a back seat” for inevitably at the most auspicious moment we shall hear the Father’s word bidding us to “come up higher.”

March 24**Saturday****April 21**

◆ *Be strong, and let your heart take courage.* – Ps. 31:24.

**THANK YOU, FATHER, FOR YOUR STRENGTH
WITHIN ME**

There is physical strength, there is moral strength, and there is spiritual strength. While it is good to have the first, the others are of greater importance. There are men who have achieved great things without physical strength, but if we are to attain anything of value we must be strong morally and spiritually.

We are sometimes inclined to be weak where our loved ones are concerned. They may make unreasonable demands on us and we yield to them, knowing that it is bad for them and bad for us. People should be encouraged to be sturdy oaks, not clinging vines; and we should be allowed to lead our own lives as far as possible. Naturally there are times when we give up our own wishes in order to help others and we should do so willingly and lovingly. We should not, however, do things for them which they should do for themselves.

Spiritual strength is necessary if we are to resist the many temptations in life's pathway. God helps us, but He does so through our own efforts, when we are able to make them.

March 25**Sunday****April 23**

MEDITATION
RIGHTEOUS JUDGMENT



My Father,

I come into Your Presence today to “choose” whom I will serve because I know of the many influences with which I come hourly into contact that turn my wayward thoughts to negative appearances and so hinder me from judging “righteous judgment.”

As, deliberately, I become still, shutting out of my awareness the many stresses and strains that life on earth imposes upon all of us, in order to commune with You, it is born in upon me that, at my beginnings, I was invested with dominion and that, *if I so elect*, I can spend my time in close companionship with You.

The Spirit, my Father, is willing, but the flesh is weak, so my prayer is that You flood my mind and heart with Your Grace that I may walk The Path of Truth hand in hand with You, *thinking Your thoughts after You*.

March 26**Monday****April 23**

◆ *Because he is at my right hand, I shall not be moved.* – Ps. 16:8.

**I AM AN IMPREGNABLE CITADEL WHICH THE
SHAFTS THAT OTHERS FLING AT ME
CANNOT HARM**

Many of us are far too sensitive. We take offence where no offence is meant – we imagine people are slighting us, perhaps, where no slight is intended. To be over-sensitive shows that we are thinking too much of ourselves. If we were sufficiently interested in those around us we should forget about ourselves, and the less we think about ourselves the better it is for us.

No one can insult us unless we give him or her the power to do so. If we refuse to accept an insult, what harm is done? We should build an invisible wall around ourselves which no slights can penetrate. We should learn to say: “None of these things moves me.”

If we are living up to our own principles the opinions of others should not upset us. We should be content to live as we think right, for then we can look the whole world in the face without flinching.

You can, if you will, become immune to the views which others hold about you provided that you are being true to your higher self.

March 27**Tuesday****April 24**

◆ *Know ye not that your body is a temple of the Holy Spirit which is in you? – 1 Cor. 6:19.*

**MY HEART IS NOT TROUBLED NOR IS IT AFRAID
FOR GOD IS WITH ME ALWAYS**

It is because we are not conscious of our unity with God that so many unhappy experiences come to us. If we proved our oneness with all that is good and lived up to our knowledge we should not have to suffer as we sometimes do.

The Father and we are one, and it is only when we separate ourselves from Him in our thoughts, words, and deeds that we have to endure adversity. He is all Goodness, all Truth, all Justice, all Purity, all Love; and also Omniscience, Omnipotence and Omnipresence. If, then, we are one with Him we are also one with all that He is and has. What therefore have we to fear? Yet most of us do fear. We fear sickness, poverty, unhappiness, death and even life itself sometimes – or all too many do.

What shall we do to oust this fear? We must try to become ever more conscious of the Spirit of God within us. We must turn to Him often during the day to give thanks, or to make a positive affirmation, thus keeping in touch with Him and knowing our oneness with Him.

March 28**Wednesday****April 25**

◆ *Cast thy burden upon the Lord and He shall sustain thee. – Ps. 55:22.*

GOD WORKS FOR ME THROUGH ME. I WILL TRY TO DO MY PART

In the Bible we are assured that God is an ever-present help in time of trouble, so it is only logical when we find ourselves laboring under a load of negation – sickness, lack or sorrow – to call upon the divine aid. We do this not by petitioning for what we think we have not got, but by giving Him the burden as we would give a garment to the cleaners knowing that, just as they would deal efficiently and successfully with it, so will God work out our problem for us.

From the moment when we turn the matter over completely to Him we are entirely free of it, and this we must realise otherwise we shall not be reposing the trust in Him which is all He asks of us in order to be able to work through us for us. When however we know in faith that we have received the answer, it will surely manifest for us here in our visible world under grace and in a perfect way.

March 29**Thursday****April 26**

◆ *These things must needs come to pass.* – Matt. 24:6.

**I SPEND NO TIME IN REGRETTING THE PAST BUT
GIVE THANKS FOR WHAT I NOW HAVE KNOWING
THAT IT SERVES MY SPIRITUAL GROWTH**

If a thing appears inevitable we should accept it with a good grace.

In this life we are continually having to adapt ourselves to circumstances and people and possibly places, too. The more easily we are able to do this the happier we shall be.

Some people spend their time regretting the past and this is futile. As Jane Austen said: “Think only of the past as its remembrance gives you pleasure.” Of what use is it to moan about former mistakes or to regret former glories? If conditions at present are not what we would like them to be let us concentrate our thoughts on how to change them and in the meantime accept them.

You may have wasted your time in the past. If so, instead of regretting it, start immediately to make the best use of the years that are left to you. That is the positive thing to do. If you once held a high position and have now taken a lesser one, be thankful for what you have had and spend no time in vain remorse, but make the best of things.

March 30**Friday****April 27**

◆ *Where jealousy and faction are there is confusion.* – Jas. 3:16.

**ALWAYS I WILL TRY TO LET MY GOODWILL
FLOW OUT TO MY FELLOWMEN**

“Take My yoke upon you,” said the Christ “and learn of Me, for I am meek and lowly in heart and ye shall find rest unto your souls.” That is the promise given to those who will accept His teaching and serve Him, loving their neighbours as He first loved them.

Because we are all members one of another we owe all men without distinction of race, religion, colour or creed our brotherly love, given freely with no thought of a return. It is not a payment for benefits received and it cannot be withheld because of wrongs done, friendship refused, factions and jealousies since it is the spontaneous outflowing of the Love Divine that was implanted in every living thing at its creation.

Without love there is no happiness, no peace, no vital flame for God is LOVE, and where He is not (in consciousness since He is Omnipresence) there is no Life, merely confusion of spirit as ignorance assumes sway.

March 31**Saturday****April 28**

◆ *My soul, wait thou in silence for God only.* Ps. 62:5.

**RELYING IN ALL THINGS SOLELY UPON GOD,
I POSSESS MY SOUL IN SILENCE**

We are not accustomed to being silent; we like to “speak up” for ourselves. Very rarely do we let pass an opportunity to prove that we are in the right or that our neighbor is in the wrong, and what does that profit us?

God knows the Truth of everything concerning us, we do not need to protest It, and there are many better uses to which we could put our energies and time. We are here to see how much service we can give to our fellowmen, how many blades of grass we can produce where one grew before, how much light we can shed in the dark corners of the world as we radiate our love into them. Our job is to express God’s *nature* here in His visible world and this we shall do only as we commune continuously with Him, listening to His Voice, following His guidance, and serving Him in all we do “unto the least of these little ones.” Only as in the silence, harkening to Him, we give of ourselves unto Him will our souls find that peace which passeth understanding.

Sunday**April 29****MEDITATION****THIS DAY**

My Father,

This day contains everything that heart or mind could ever desire. This day is a breath in the life of eternity. There is only God expressed in, to, through as His creation this day. To be aware of anything else is to give credence to an illusion.

This day, this *now*, we are functioning as outlets for Your Will. This day the ceaseless current of Divine Life which flows harmoniously throughout the universe cleanses our thoughts, feelings and aspirations. This day we, the temples of Omnipresence, fulfill our purpose here and there is an endless giving of good through us.

This day all longings are satisfied, all hungers appeased, all separation is dispelled. This consciousness of the Good is established and all is light and freedom and vitality and all share in Love's abundance.

Monday**April 30**

◆ *Now abideth faith, hope and love.* – 1 Cor. 13:13.

I SEEK HUMBLY TO EXPRESS THE TEACHING OF TRUTH IN MY DAILY LIFE

What a different world this would be if faith, hope and love abode in all its denizens. No one would want, none would envy his neighbour and all would live in peace and harmony together.

This could, of course, be brought to pass. The Christ showed us the way when He said, “One last commandment I leave with you, that ye love one another.” That of itself should not be too difficult if we accepted the fundamental Verity that we are all a unity.

Faith and hope are a little different being less personal, less emotionally stimulated. Faith is the acceptance of the Truth of being, the realisation that destructive appearances cannot permanently overwhelm us in any way because God alone exists. As to hope, it takes its rise automatically in faith being a direct sequel to it so that if we have the one we have the other also. Let us then take our first steps along the Path of Truth as we proceed to carry out the Master’s admonition.

The Great Invocation

From the Point of Light
 within the Mind of God
Let Light stream forth into
 the minds of men.
Let Light descend on Earth.

From the point of Love
 within the Heart of God
Let Love stream forth into
 the hearts of men.
May Christ return to Earth.

From the centre where the
Will of God is known
Let purpose guide the little
 wills of men –
The purpose which the
Masters know and serve.

From the centre which we
 call the race of men
Let the Plan of Love and
Light work out.

Let Light and Love and
Power restore the Plan on earth.

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*Published by School of Truth
31 Streatley Avenue,
Auckland Park,
2092*

*Printed by
Imagine It Print It (Pty) Ltd*